

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:05 - 7:50 AM		CYLE - DIANA	SUNRISE YOGA - SHYLIE	CYCLE - DIANA	
12:05-12:50 PM	YOGA - TIDA ZUMBA - DE'ANNA	GRAVITY - OLIVIA BARRE - ELLEN	YOGA - TIDA	CYCLE - KRISTY	YOGA - FAYE GRAVITY - ABBY
4:30-5:15 PM	CORE & MORE - CHAD (4:45)		CORE & MORE - CHAD (4:45)		CYCLE - YASMIN
5:30-6:15 PM	SCULPT YOGA - CHAD BOXING - MICHAEL	BODY SCULPT - JOHNNA	SCULPTING YOGA - CHAD	BODY SCULPT - JOHNNA	ZUMBA - REGINA