

Taste of Mediterranean

Food Menu

SAI & SOL

Cold Appetizer

Smoked Eggplant

Smoked Eggplant | Tahini | Coriander Leaves.

EGP 125

Shrimp Walnut Muhamara

Spiced Red Pepper Paste | Breadcrumbs | Walnuts | Shrimps

EGP 700

Renga Salad

Herring Fillet | Sesame Paste | Lemon Juice | Onion | Toasted Walnut

EGP 350

Hot Appetizer

Octopus Provençale

Sauteed Octopus | Garlic | Coriander | Lemon | Tomato Cherry

EGP 550

Shrimp Roll

Fried Kunafa R0olls | Shrimps | Coriander Dressing | Tartare

EGP 700

Crispy Calamari

Marinated Fresh Calamari | Anchovies Tartare Sauce.

EGP 450

Seafood Gratin

Mix Seafood | Cream Sauce | Parmesan Cheese | Parsley

EGP 800

Batata Harra Ve

EGP 125

Potatoes | Garlic | Chili | Lemon | Olive Oil | Parsley

Burrata Caprese

EGP 450

Burrata | Cherry Tomato | Arugula | Lemon Zest | Balsamic

Salad

Halloumi Eggplant Fattoush Salad

EGP 250

Fried Halloumi Bites | Cherry Tomato | Cucumber | Green Onion | Parsley | Lettuce | Mint | Green Olives | Pomegranate | Crunchy Eggplant Chips Sumac | Lemon Garlic Dressing Or Pomegranate Molasses

Salmon Avocado Salad

EGP 750

Smoked Salmon | Avocado | Rocca | Shredded Carrots | Caper | Honey Dijon Dressing

Quinoa Shrimp Salad

EGP 700

Quinoa | Shrimp | Parsley | Tomato | Mint | Onion | Lemon | Orange | Lemon Mustard

Allergies List

-  Sesame
  Shrimp
  Nuts
  Gluten
  Fish
  Mollusc
-  Egg
  Milk
  Mustard
  Celery
  Cream
  Crustacean

Soup

Shrimp Bisque S

Shrimp Stock | Garlic | Celery | Shallots | Tomato | Cream

EGP 350

Tuscan Minestrone V

Zucchini | Carrot | Potato | Green Beans | Tomato

EGP 200

Wild Mushroom Cream Soup

Mushroom | Truffle | Cream | Roasted Almond

EGP 300

Pasta

Fisherman Spaghetti

Mussels | Squid | Shrimps | Salmon | Shellfish Reduction | Parmesan

EGP 750

Chicken Pasta Ala Forno

Chicken | Parmesan Cheese | Fresh Cream | Mushroom

EGP 650

Linguine Wild Mushroom Cream Sauce

Homemade Pasta | Fresh Cream | Mushroom | Olive Oil | Parsley

EGP 450

Seafood Ravioli

Stuffed Ravioli | Tomato Cream Sauce | Capsicum | Dry Tomato | Olives

EGP 1200

Risotto

Mushroom Truffle Risotto

EGP 700

Mushroom | Truffle | Risotto | Mascarpone Cheese | Parmesan

Beef Ribs Risotto

EGP 1750

Beef Ribs | Mushroom | Risotto | Mascarpone Cheese | Parmesan | Beef Jus

Grilled Salmon Saffron Risotto

EGP 2000

Salmon | Saffron | Risotto | Mascarpone Cheese | Parmesan

Seafood

Grilled Sea Bass

EGP 900

Fresh Sea Bass Fillet | Lemon Caper Sauce | Olive Oil | Mashed Potato And Vegetable

Butterfly Shrimp

EGP 1300

Grilled Shrimp | Lemon Butter | Olive Oil | Dill | Syadia Rice

Fish & Chips

EGP 1000

White Perch Tempura | Potato Chips | Tartar Sauce

Allergies List

-  Sesame  Shrimp  Nuts  Gluten  Fish  Mollusc
 Egg  Milk  Mustard  Celery  Cream  Crustacean

Meat

Grilled Beef Tenderloin

EGP 1600

Beef Fillet | Green Pepper Sauce | Herbal Butter | Olive Oil | Mushrooms

Lamb Shank

EGP 1300

Lamb Mouza | Oregano | Creamy Potato Pure | Asparagus

Grilled Herbs Rib Eye

EGP 2000

Rib Eye Steak | Rosemary | Potato Mill-Feuille | Cheese Gorgonzola Sauce

Ox Tail

EGP 800

Slow Cooking Oxtail | Onion | Potato | Cherry Tomato

Rack Of Lamb

EGP 1600

Rack Lamb | Sautéed Spinach | Crispy Baby Potato

Crafted Cuts

PREMIUM SELECTIONS, EXPERTLY PREPARED TO DELIVER
DEPTH, RICHNESS, AND UNDENIABLE CHARACTER

Poultry

Chicken Souvlaki

EGP 650

Chicken Breast | Lemon | Garlic | Pita Bread | Oregano | Tzatziki Sauce

Moroccan Chicken Tajine

EGP 650

Slow Cooking Chicken | Oregano | Coriander | Chickpeas | Mint | Green Olive | Pickled Lemon

Chicken Tuscan

EGP 650

Chicken Breast | Capers | Basil | Topped With Tomato Sauce And Parmesan Cheese

Chicken Quattro Formaggi

EGP 650

Stuffed Chicken Breast | Four Kind Of Cheese | Caramelized Onion

Pure & Balanced

SUBTLE FLAVORS, PERFECTED THROUGH CAREFUL PREPARATION AND ELEGANT EXECUTION

Allergies List

-  Sesame  Shrimp  Nuts  Gluten  Fish  Mollusc
 Egg  Milk  Mustard  Celery  Cream  Crustacean

Dessert

Cheesecake

EGP 300

Rich And Creamy Cheesecake Served With Berry Compote

Peanut Salted Caramel Brownies

EGP 300

Served Warm With Vanilla Ice Cream

Tres Leches Cake

EGP 300

Sponge Cake | Three Milk | Meringue

The Final Touch

CAREFULLY CRAFTED DESSERTS THAT BALANCE
RICHNESS WITH REFINED SWEETNESS

Allergies List

-  Sesame  Shrimp  Nuts  Gluten  Fish  Mollusc
 Egg  Milk  Mustard  Celery  Cream  Crustacean

جميع الأسعار تشمل رسوم الخدمة والضرائب المطبقة

All Prices Are Inclusive Of Service Charge And
Applicable Taxes.

SAL & SOL

Beverage Menu

WHERE EVERY DISH REFLECTS A WORLD OF INFLUENCE.

Coffee

Latte	EGP 180
Americano	EGP 180
Cortado	EGP 180
Macchiato	EGP 180
Flat White	EGP 180
Cappuccino	EGP 200
Espresso Single	EGP 125
Espresso Double	EGP 165
Decaffeinated	EGP 150
Hot Chocolate	EGP 180
Turkish Coffee	EGP 180

Tea

Earl Grey

EGP 125

English Tea

EGP 125

Moroccan Green Tea

EGP 125

House Selections

CRAFTED BREWS AND REFINED INFUSIONS,
MADE TO BE SAVORED.

Water

Mineral Water :

Small EGP 200

Medium EGP 250

Large EGP 300

Sparkling Water EGP 250

Soft Drinks

Coca Cola / Coca Cola Zero EGP 125
Sprite / Sprite Zero / Fanta

Red Bull EGP 250

Fresh Juices

Orange	EGP 175
Mango	EGP 200
Guava	EGP 175
Signature Lemon (Glass)	EGP 175
Signature Lemon (Jar)	EGP 275

Freshly Pressed

VIBRANT BLENDS CAPTURING THE PURITY AND
BRIGHTNESS OF NATURAL FLAVORS.

Mocktails & Smoothies

Blackberry & Thyme	EGP 225
Pomegranate / Apple / Thyme	EGP 225
Kiwi Cooler	EGP 225
Apple / Lemon	EGP 225
Green Monster (Vegetarian)	EGP 225
Lemon / Mint / Basil	EGP 225
Tropical Breeze	EGP 225
Mango / Pineapple / Passionfruit	EGP 225

Beer (Bottle)

Stella	EGP 250
Sakkara	EGP 250
Heineken	EGP 250
Sol	EGP 250
Master	EGP 250
Draft Beer Small	EGP 200
Draft Beer Large	EGP 250

Local White Wine

Chateau De Carnival	EGP 750 - EGP 2810
Cape Bay	EGP 675 - EGP 2555
Beausoleil	EGP 650 - EGP 2360

Local Red Wine

Chateau De Carnival

EGP 750 - EGP 2810

Cape Bay

EGP 675 - EGP 2490

Beausoleil

EGP 650 - EGP 2360

Rosé Wine

Beausoleil

EGP 650 - EGP 2360

Baila

EGP 2810

Castello Di Travi

EGP 3190

Sangria

Red Sangria (Glass)	EGP 380
Red Sangria (Jar)	EGP 1275
White Sangria (Glass)	EGP 380
White Sangria (Jar)	EGP 1275

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