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*Isca is a celebration of*  
local farmers  
producers  
seasonal ingredients

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Our menu is a celebration of the incredible produce found right here in the Southwest. From the rolling hills of Dartmoor, where our beef is raised, to the Pritchard family at Goosemoor, who supply our locally sourced meats, every ingredient tells a story. Our sourdough bread is baked just down the road at Hylsten Bakery in Buckfastleigh, while day boats from Brixham and Newlyn bring us the finest fish. The potatoes for our chips are grown in Cornwall, and our fruit and vegetables come from trusted local partners. Even our indulgent ice creams are crafted by Yarde Farm in Plymouth and let's not forget the herbs and berries lovingly tended by our very own hotel gardener. Thank you, Rosie! At ISCA, we ensure every bite reflects the true flavours of the region we call home.

# Our suppliers

## Chips - Tamar Fresh

There's nothing more local than a good chip! Our potatoes are grown in the fields right next to Tamar Fresh in Saltash. Picked at their peak, they're hand-processed just yards from where they're grown, before making their way straight to ISCA. It's farm-to-fork freshness that you can taste in every crisp, golden bite.

## Fish - Kingfisher Brixham

Brixham Fish Market is one of the UK's busiest day-boat markets, renowned for its daily auctions and commitment to sustainability. Local fishermen land their catch at dawn, bringing in everything from line-caught bass to hand-dived scallops straight from the crystal-clear waters of the South Devon coast. It's the freshest seafood you'll find, served at ISCA with a true taste of the English Riviera.

## Ice Cream - Yarde Farm

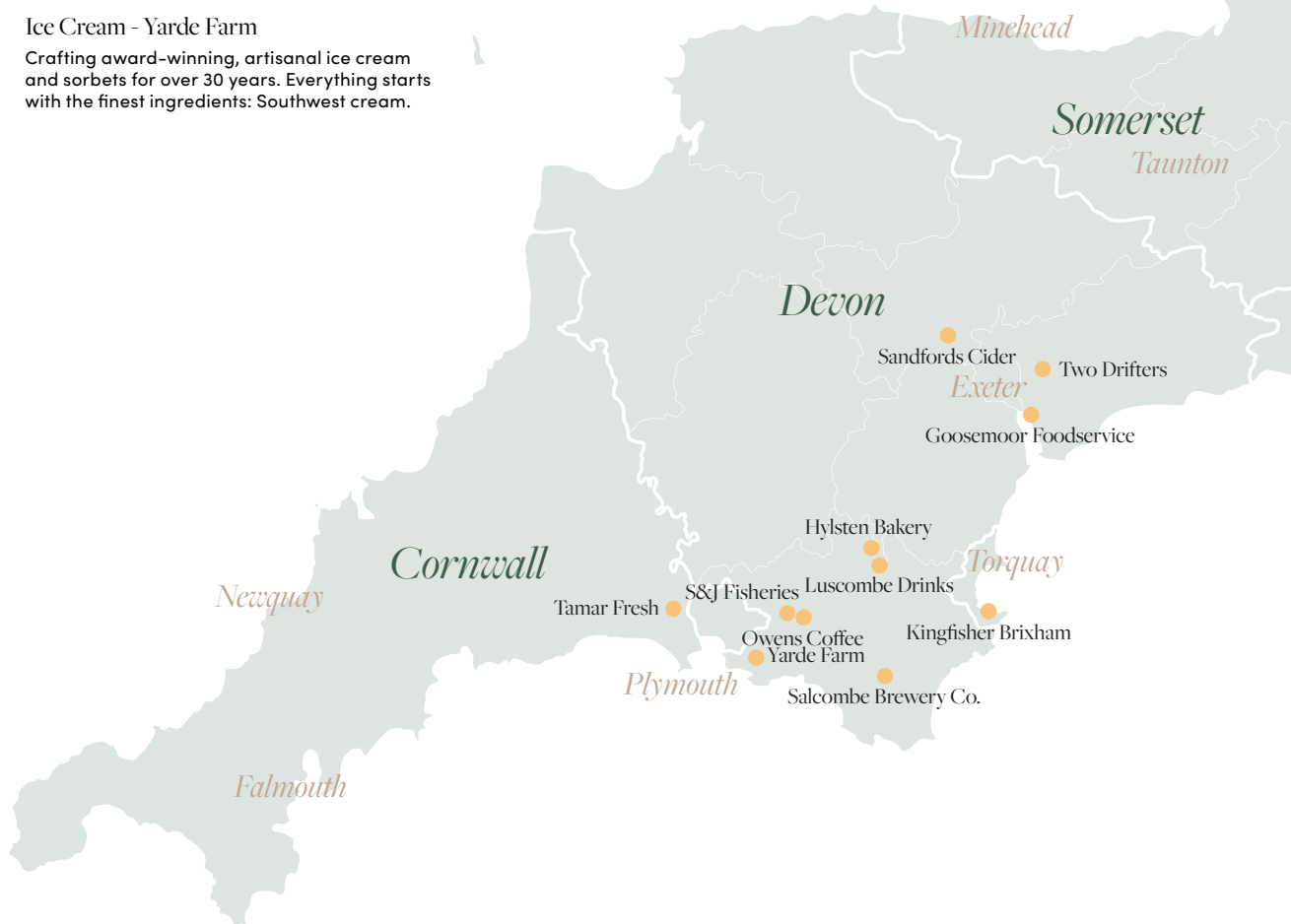
Crafting award-winning, artisanal ice cream and sorbets for over 30 years. Everything starts with the finest ingredients: Southwest cream.

## Dartmoor Beef - Goosemoor Foodservice

Our Dartmoor beef comes from Goosemoor Foodservice, who champion the best of Devon's rich farmland. Working with trusted local farms, they ensure every cut of beef is grass-fed and naturally matured for maximum taste and tenderness. It's a true taste of the moorland - hearty, full-bodied, and proudly Devonian.

## Sourdough Bread - Hylsten Bakery

Hylsten Bakery in Buckfastleigh is a small, artisan bakery with a big heart for sourdough. Using traditional methods and long fermentations, they bake each loaf by hand, creating bread with an irresistibly chewy crumb and tangy depth of flavour. With every slice, you get a taste of Devon's craft baking at its finest.



## Beer - Salcombe Brewery Co.

Salcombe Brewery sits on the hills above the Salcombe Estuary, inspired by the sea breeze and countryside. They use pure Devon water, local ingredients, and sustainable practices to brew crisp, characterful ales with a taste of the coast.

## Cider - Sandfords Cider

Based in Devon's cider heartland, Sandford Orchards press heritage apples from long-established orchards. Each batch is carefully crafted to preserve crisp, fresh flavour - a true reflection of the local countryside in a glass.

## Soft Drinks - Luscombe Drinks

Luscombe has produced organic soft drinks in Devon for over 25 years, using Dartmoor spring water and the finest organic fruit. Every bottle is free from concentrates and full of real flavour and local craft heritage.

## Fish - S&J Fisheries

Brixham and Newlyn fish markets play an equally important role in our seafood story. Nestled on the historic Barbican, it supports a fleet of day boats and small-scale fishermen who use traditional methods to land a variety of seasonal fish. Every delivery is a testament to the market's dedication to quality, provenance, and keeping Southwest's fishing heritage alive.

## Rum - Two Drifters

Exeter-based Two Drifters is the world's first carbon-negative rum distillery. They craft their rum from scratch using sustainable practices and green energy, blending innovation and quality with care for the planet.

## Coffee - Owens Coffee

Roasted in small batches in Ivybridge, Owens Coffee uses 100% organic beans. Their award-winning blends reflect a commitment to sustainability, fair trade, and exceptional quality from bean to brew.

## Small Plates

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Sourdough, sea salt butter <span>V</span>	6.50
Bang bang cauliflower, spring onion, sesame <span>VE</span>	8.00
Purple sprouting broccoli, whipped feta, toasted almonds <span>V</span>	9.50
Seasonal soup, sourdough <span>VE</span>	7.50
Fresh Southwest mussels, cider and leek cream, sourdough	12.95
Crunchy chicken strips, garlic mayonnaise	9.00

## Sides

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Fresh cut fries <span>VE</span>	5.50
Sautéed leeks, pumpkin seeds <span>V</span>	5.00
Buttered greens <span>V</span>	5.50
Garlic and rosemary new potatoes <span>VE</span>	5.50
Roasted carrots, maple glaze <span>VE</span>	5.50
Roasted winter vegetables <span>VE</span>	5.00

## Soil

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Roasted winter vegetable salad, brie, Devon Blue mousse, pumpkin and herb crunch, sourdough croutons, vinegar glaze <b>V</b>	18.00
Beetroot and walnut rigatoni, grilled goat's cheese, fresh herb salsa <b>V</b>	16.50
Wild mushroom risotto, fresh and dried mushrooms, Cheddar, tarragon herb salad <b>V</b> ( <b>VE</b> option available)	18.95
Celeriac and kale cassoulet, butter beans, herb crumb <b>VE</b>	16.50

## Land

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Dartmoor beef cottage pie, glazed maple carrots	18.95
Dartmoor pork sausages, onion and apple gravy, mustard mash	19.95
Chicken schnitzel, garlic butter, herb salad, fresh cut fries	19.00
Zeal smash burger, brioche-style bun, lettuce, tomato compôte, red onion, Gouda chilli cheese sauce, brown sugar candied bacon, fresh cut fries	19.00
8oz Dartmoor rump steak, fresh cut fries, herb salad, peppercorn sauce or garlic butter*	24.95
Confit chicken and sausage cassoulet, butter beans, tomato sauce, herb crumb	19.95

## Sea

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Fresh Southwest mussels, cider and leek cream, fresh cut fries	19.95
Fish and chips, lightly battered day boat fish, mushy peas, house tartare sauce, fresh cut fries	23.95

**See our Market Place menu for the daily catch**

# pudding

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Passion fruit pavlova, passion fruit coulis, vanilla cream, pineapple <span>V</span>	9.00
Chocolate brownie, vanilla ice cream, orange gel <span>V</span>	9.00
Sticky toffee pudding, toffee date sauce, toffee ice cream <span>V</span>	8.50
Cheese plate, pickled walnuts, celery, chutney, biscuits <span>V</span>	9.95
Yarde Farm ice creams and sorbet - 3 scoops	7.50
Chocolate <span>V</span> White chocolate and honeycomb <span>V</span> Mint choc chip <span>V</span> Strawberry <span>V</span> Lotus Biscoff® <span>V</span> Caramel <span>V</span> Pistachio <span>V</span> Toffee fudge <span>V</span> Lemon sorbet <span>VE</span> Mango sorbet <span>VE</span> Raspberry sorbet <span>VE</span>	

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ISCA means *'water'*  
or *'river'* in the Celtic  
language and was the  
name for Exeter in  
Roman times.

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Scan here to view  
calorie menu

V vegetarian VE vegan

Adults need around 2,000 Kcal a day. All items are subject to availability and all weights are approximate uncooked weights. Please inform your server before ordering if you have a food allergy or intolerance. All of our dishes are prepared in kitchens that handle allergens and it is possible that some of our ingredients may have come into contact with traces of allergens during the preparation process. Speak to a member of our team if you have any additional enquiries. A 12.5% service charge will be added to your bill. Any discretionary gratuities will be distributed in full to our team members. All prices are in Sterling and inclusive of VAT at the current rate. There is an additional supplement charge for dishes marked with an *'\*'* when guests are dining as part of a dinner inclusive package.