



**YOUR WELLNESS,
OUR PROMISE.**

CHERISH YOUR ME TIME

GROUND FLOOR
SPA Daily 9 AM- 9 PM

GYM Daily 6 AM - 10 PM

VOCO[™]
AN IHG HOTEL

Monaco
Dubai

Where to find us:

The World Islands - Dubai - United Arab Emirates
T: +971 4 549 0800 (Extension 7155) | E: spa@thoe-hotels.com



**DO MORE OF WHAT
MAKES YOU HAPPY**



Massages

	60m	90m
Couple massage Guest can choose a variety of massage types including relaxing massage balinese massage, volcanic heat, deep muscle and stress relief	AED 840	AED 1040
Swedish massage Experience gentle, flowing strokes designed to relax muscles, improve circulation, and reduce tension.	AED 420	AED 520
Volcanic heat/ hot stone massage Experience deep relaxation with our Hot Stone Massage. Warm, smooth stones are strategically placed on your body, melting away tension.	AED 420	AED 520
Deep muscle and stress relief Unwind and drift away from stress with our stress relief massage. This therapeutic experience targets tension, promoting deep relaxation throughout your mind and body.	AED 420	AED 520
Balinese massage A Balinese massage blends gentle stretches, acupressure, and aromatherapy to relax, relieve tension, and rejuvenate.	AED 420	AED 520
Relaxing massage A relaxing massage uses gentle strokes to ease tension, boost circulation, and promote a calm, refreshed feeling.	AED 420	AED 520
Body treatments		
Full body wrap Revitalize your body with our detoxifying treatment. Eliminate impurities and dead skin cells for refreshed, smooth, and radiant skin.		30m AED 320
Body scrub Embrace renewed radiance with our invigorating body scrub. This treatment polishes away dullness, revealing a complexion that's smooth, refreshed, and glowing.		AED 320
Bespoke massage Following a thorough consultation the therapist will design the perfect massage for guest to suit guest style of massage and preferred pressure.		AED 320

All prices inclusive of 10% service charge, 7% Municipality fee and 5% VAT



Cabana Treatment

	30m	45m	50m
Body Massage Delight in a tailored body massage that uses a variety of techniques to release your muscle tensions.	AED 380	AED 500	AED 630
Foot Reviver Massage Treatment focused to relief overworked feet and leg and induce a lighter feeling. Massage is applied on your feet and the lower half of legs.	AED 350		
Facial treatments			
Source marine moisturizing treatment Deeply hydrate and replenish moisture in the skin, particularly beneficial for those with dehydrated skin types. 60m AED 500 € 126			
Cold cream marine nourishing treatment Intensive nourishment and hydration to the skin, especially beneficial for dry and sensitive skin types. 60m AED 500 € 126			
Purette marine purifying treatment Cleanse and purify the skin, ideal for those aiming to achieve a clearer complexion by eliminating impurities and excess oil. 60m AED 500 € 126			
Exception marine redensifying treatment (Anti-Aging) Treatment tailored to rejuvenate and firm the skin, effectively reducing signs of aging for a more youthful complexion. 60m AED 500 € 126			

All prices inclusive of 10% service charge, 7% Municipality fee and 5% VAT

