

YOUR WELLNESS, OUR PROMISE.

# CHERISH YOUR ME TIME

**GROUND FLOOR** 

SPA Daily 9 AM- 9 PM

GYM Daily 6 AM - 10 PM



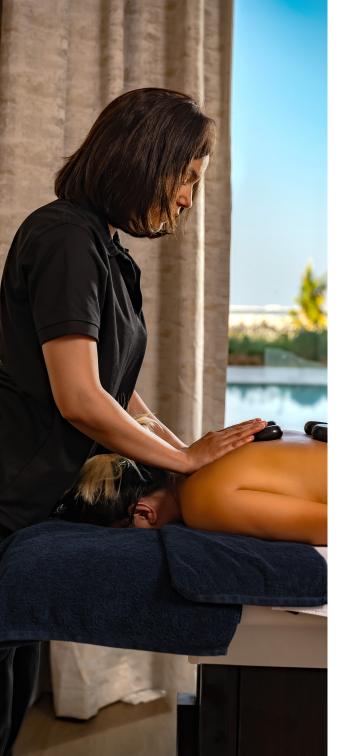
Monaco Dubai

# Where to find us:

The World Islands - Dubai - United Arab Emirates
T: +971 4 549 0800 (Extension 7155) | E: spa@thoe-hotels.com



DO MORE OF WHAT MAKES YOU HAPPY





AED 840

**AED 420** 

AED 420

**AED 420** 

**AED 420** 

**AED 420** 



Cabana Treatment

**Body Massage** 

AED 500 AED 630 AED 380

Delight in a tailored body massage that uses a variety of techniques to release your muscle tensions.

**Foot Reviver Massage** 

AED 350

Treatment focused to relief overworked feet and leg and induce a lighter feeling. Massage is applied on your feet and the lower half of legs.

# Facial treatments

#### Source marine moisturizing treatment

Deeply hydrate and replenish moisture in the skin, particularly beneficial for those with dehydrated skin types.

60m AED 500 | € 126

#### Cold cream marine nourishing treatment

Intensive nourishment and hydration to the skin, especially beneficial for dry and sensitive skin types.

60m AED 500 I € 126

#### Purette marine purifying treatment

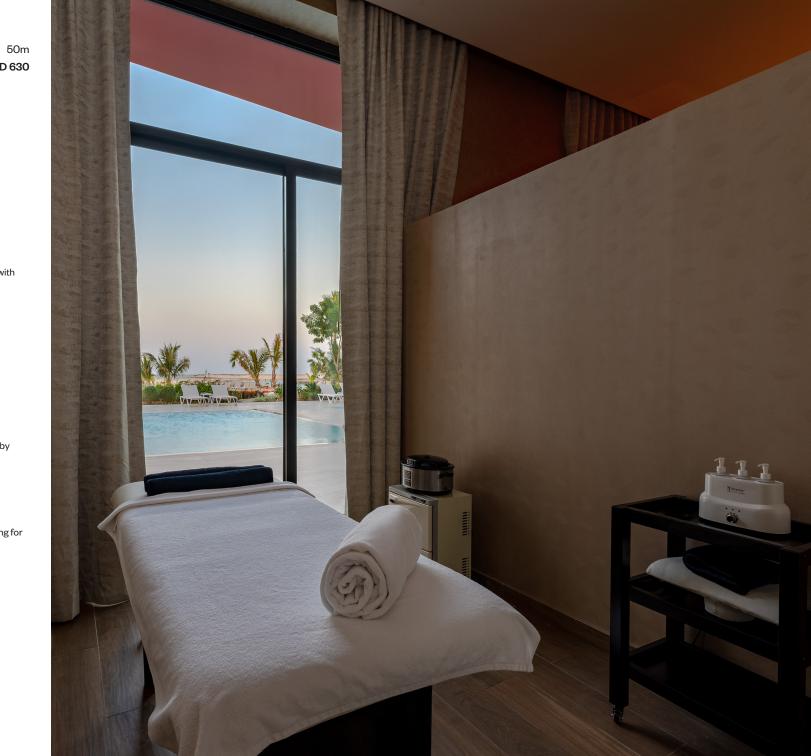
Cleanse and purify the skin, ideal for those aiming to achieve a clearer complexion by eliminating impurities and excess oil.

60m AED 500 | € 126

### Exception marine redensifying treatment (Anti-Aging)

Treatment tailored to rejuvenate and firm the skin, effectively reducing signs of aging for a more youthful complexion.

60m AED 500 I € 126



All prices inclusive of 10% service charge, 7% Municipality fee and 5% VAT

Massages

Couple massage

Swedish massage

reduce tension.

Guest can choose a variety of massage types

volcanic heat, deep muscle and stress relief

Experience gentle, flowing strokes designed

to relax muscles, improve circulation, and

Volcanic heat/ hot stone massage

Experience deep relaxation with our Hot Stone Massage. Warm, smooth stones are strategically

placed on your body, melting away tension.

Unwind and drift away from stress with our

experience targets tension, promoting deep relaxation throughout your mind and body.

A Balinese massage blends gentle stretches,

acupressure, and aromatherapy to relax, relieve

A relaxing massage uses gentle strokes to ease tension, boost circulation, and promote a calm,

Revitalize your body with our detoxifying

treatment. Eliminate impurities and dead skin cells for refreshed, smooth, and radiant skin.

Embrace renewed radiance with our invigorating body scrub. This treatment polishes away dullness, revealing a complexion that's smooth, refreshed,

Following a thorough consultation the therapist will design the perfect massage for guest to suit guest style

of massage and preferred pressure.

stress relief massage. This therapeutic

Deep muscle and stress relief

Balinese massage

tension, and rejuvenate.

Relaxing massage

refreshed feeling.

Full body wrap

Body scrub

and glowing.

Bespoke massage

**Body treatments** 

including relaxing massage balinese massage,

All prices inclusive of 10% service charge, 7% Municipality fee and 5% VAT