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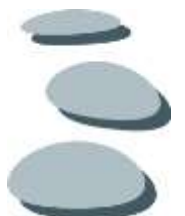
## NOKU SPA IS MORE THAN JUST SPA

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Enter a journey of a unique combination of wellness!  
to give you a truly holistic experience.

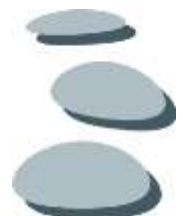
Once you are with us, you will be the most important  
person in the world and no amount of pampering,  
care and expertise will be spared.

All our treatments and wellness activities are  
designed to have therapeutic value and will be  
carefully tailored to your needs.



KASHI NOKU  
SIGNATURE JOURNEY

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## KASHI NOKU SIGNATURE JOURNEY

120 MINUTES

USD380 PER COUPLE

Restore your skin's luster with this amazing local coconut scrub followed by hydrating tropical coconut oil massage. This treatment uses a blend of finest quality natural ingredient to suit your individual needs, leaving your skin soft and supple whilst releasing your stress with a scalp massage, followed by a Maldivian coco body wrap.

### Island Foot Bath

A purifying foot ritual, infused with rich aromatic essential oils, starts your journey to total relaxation.

### Coconut Body Scrub

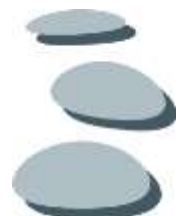
A full body exfoliation ritual follows, invigorating and revitalizing the body, using an exotic blend of coconut to deeply cleanse and moisturize. Skin will appear radiant and flawless.

### Coconut Body Wrap

Our traditional coconut Body Wraps help to shape and tone the muscles, restore minerals and moisture to the skin.

### Noku Fusion Massage

Continue with a unique massage using Maldivian coconut oil. Providing a unique sensation and relieving muscle tension.



\*Above prices are subject to 10% Service Charge and 17% GST\*

## NOKU SIGNATURE MASSAGE

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### NOKU SIGNATURE MASSAGE

60 MINUTES

USD140 PER PERSON

90 MINUTES

USD170 PER PERSON

Experience the most intuitive massage as you get different classical strokes of massage from effleurage to different techniques of relaxation combined with the sound and vibration of singing bowl.

### RELAXING YOUR MIND

90 MINUTES

USD190 PER PERSON

Gentle and caring touch to remind you of mother's touch when you are still in her care. Let the warm coconut oil and warm stones help you get restful slumber after long travels, deep healing with relaxation and wake up with purity, clear mind and Zen mode keeping all your worries and nervousness at bay.

### NOKU OCEAN DREAM

60 MINUTES

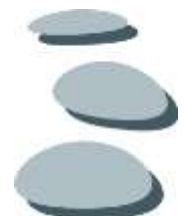
USD140 PER PERSON

90 MINUTES

USD170 PER PERSON

Traditional healing massage using oriental techniques in medium to strong pressure combining with stretching will help you ease up your tired and sore muscles, calming emotions yet recharged the body and spirit.

\*Above prices are subject to 10% Service Charge and 17% GST\*



## JETLAG MASSAGE

60 MINUTES

USD140 PER PERSON

Inspired by Asian technique of soothing back and foot relief enhanced by warm stones; this massage experience will help to heal all symptoms of jet lag.

## NO MORE CELULLITE

60 MINUTES

USD145 PER PERSON

A skillful manual detoxifying massage with Ayurvedic inspired techniques to help slim down, remove cellulite resulting in weight loss, shelp toning the loose muscles and tighten the skin pores.

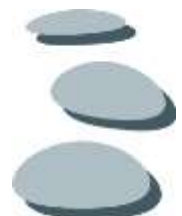
## MOTHER TO BE

60 MINUTES

USD140 PER PERSON

A deeply nourishing body treatment designed to target areas prone to stress and tension during pregnancy.

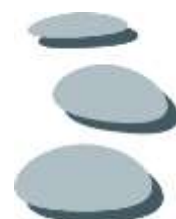
\*Above prices are subject to 10% Service Charge and 17% GST\*





## ASIAN THERAPY

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## TRADITIONAL THAI MASSAGE

60 MINUTES

USD140 PER PERSON

90 MINUTES

USD170 PER PERSON

Harmonize your body energies by combine acupressure and traditional Thai massage stretching posture. Enjoy this deep form of massage, which is an art with ancient traditions that uses therapy on pressure points, muscle, and ligament, whilst gently stretching. The body is elongated and relieved of tension creating a wonderful sense of well-being.

## TRADITIONAL BALINESE MASSAGE

60 MINUTES

USD140 PER PERSON

90 MINUTES

USD170 PER PERSON

Restoring and calming experience combining long flowing strokes with acupressure and stretching. Guaranteed to relieve stress, improve blood circulation, and calm the mind.

## WARM HERBAL POULTICE

60 MINUTES

USD140 PER PERSON

90 MINUTES

USD170 PER PERSON

Revive and rejuvenate with this intense strong pressure which is advised to active person for relaxation the deeper fascia muscles. Therapist uses thumb, forearm, and elbow to give necessary pressure; natural Maldivian warm herbal poultice application will enhance the experience to give you a memorable improvement of mobility as you feel tight limbs open to make you feel taller, lighter and detoxify.

## FOOT REFLEXOLOGY

30 MINUTES

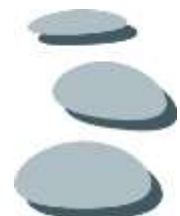
USD70 PER PERSON

60 MINUTES

USD130 PER PERSON

Stimulates blood circulation as well as relieves aches and fatigue.

*\*Above prices are subject to 10% Service Charge and 17% GST\**





## BODY TREATMENTS

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## REJUVENATE BODY AND MIND

45 MINUTES

USD110 PER PERSON

This is an exceptional skin softening body exfoliation combined with sea salt, arabica coffee bean peppermint essential oil to leave your skin moisturized, smooth, and soft.

## KURUMBA BODY BUFF

45 MINUTES

USD110 PER PERSON

This personalized body wrap is a tailor – made experience designed to comfortably raise the temperature, nourish the skin, and increase the effect and absorption of the wrap.

## BODY DETOXIFYING

75 MINUTES

USD130 PER PERSON

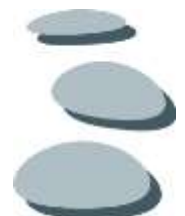
A skillful manual detoxifying massage with ayurvedic inspired massage techniques to help slim down, remove cellulite resulting in weight loss. Lemongrass oil will be used to detoxify. This will be followed by wrap applications to tone up the loose muscles and tighten the skin pores.

## SUNBURN SOOTHER

45 MINUTES

USD110 PER PERSON

Wrap up your body with a cooling natural cucumber yogurt and honey. This medicates the body and rejuvenates the skin. Whilst you're cocooned, we'll give you a nourishing scalp massage and moisturize with Aloe Vera gel to soothe and dissipate the heat from your skin. This treatment is perfect to reduce sunburn or redness. Suitable for all skin types.



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## INTO OCEAN SPA JOURNEY

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### COUPLE TO ROMANCE

120 MINUTES

USD380 PER COUPLE

Restore your energy loss with an energizing body scrub of coconut followed by uplifting body massage. Therapists will use medium to strong pressure massage technique, activating all the cells of your body with a movement rhythm to suit your body requirement. Lemongrass oil will activate the glands and help to detoxify at the same time. Finish this treatment with face massage lifting your facial muscles, toning them. Inform your therapist if you want to add a deep hydrating mask to enhance the treatment without extra time.

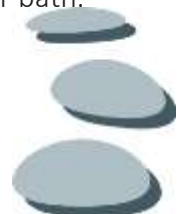
### COUPLE BLISS

120 MINUTES

USD380 PER COUPLE

Spend your intimate moment with loved ones to help achieve deeper connection and a bonding moment to remember. Experience the same relaxation, rejuvenation, and pain relief during a couple's massage that you experience to create a memory together. Enjoy Wine and cookies to lift the mood for a sensational delightful moment with our beautiful flower bath.

*\*Above prices are subject to 10% Service Charge and 17% GST\**



## BEAUTY TREATMENTS

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### COOLING FACIAL WITH THE NATURAL INGREDIENTS

60 MINUTES

USD135 PER PERSON

The special blend, designed with local ingredients, aids in relaxation and deep comfort. The healing properties will cleanse, moisturize, and refresh your skin, producing a natural glow with. Plain yogurt, green tea with honey exfoliation, oat powder with a natural milk mask and cucumber eye pads will help to maintain and hydrate your skin.

### AGE DEFYING FACIAL

75 MINUTES

USD150 PER PERSON

This groundbreaking anti-ageing facial treatment using a local product instantly resurfaces and smooths the skin to make it look young.

\*Above prices are subject to 10% Service Charge and 17% GST\*



## SPA PEDICURE OR SPA MANICURE

60 MINUTES

USD90<sub>PER PERSON</sub>

Maintain an amazing result and keep nails in good condition, calluses controlled and skin moisturized.

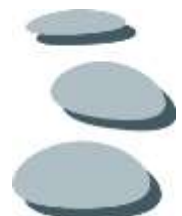
## EXPRESS MANICURE OR EXPRESS PEDICURE

30 MINUTES

USD40<sub>PER PERSON</sub>

For a quick fix, nail shaping and nail polish application.

\*Above prices are subject to 10% Service Charge and 17% GST\*



## ADD ON TREATMENTS

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### STRESS BUSTER

30 MINUTES

USD70<sub>PER PERSON</sub>

Invigorating head massages to reduce stress, tension and ease migraine or headache.

### SOUL DELIGHT

30 MINUTES

USD70<sub>PER PERSON</sub>

Boosts blood circulation and relieve tension.

### REFRESHER FACIAL

30 MINUTES

USD70<sub>PER PERSON</sub>

Deep purifying natural facials using gentle, plant-based ingredients to cleanse, hydrate, and refresh your skin for a healthy, radiant glow

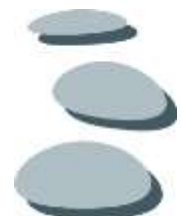
### AROMATIC FLOWER BATH

30 MINUTES

USD70<sub>PER COUPLE</sub>

Slip into therapeutic relaxing bath with your loved ones and enjoy the peaceful moment.

\*Above prices are subject to 10% Service Charge and 17% GST\*





## ACTIVE WELLNESS

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### SUNRISE/ SUNSET YOGA

60 minutes – USD 50 per person

Performing yoga at sunrise or sunset, is the optional way to experience its physical, mental, and emotional benefits.

### PRIVATE CLASSES

Private class with MINIMUM of 2 guests

60 minutes – USD 70 per person

\*Above prices are subject to 10% Service Charge and 17% GST\*



## **Reservations**

To schedule an appointment for your perfect treatment, please contact our Noku Spa team who will provide the best recommendations for you. To ensure your preferred time and service is available, we recommend that you book your treatment in advance by dialing "Operator".

## **Noku spa opening hours.**

Noku Spa is open daily from 09:00 AM to 09:00 PM and the last treatment will commence at 08.00 PM.

## **Arrival**

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend that you arrive up to 30 minutes prior to the appointment so that allow plenty of time to fill in our health assessment form.

## **Spa Etiquette**

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Considering this, the spa is a mobile-phone free zone, and smoke free-zone.

## **Pregnancy**

We have specially designed treatment for expectant woman or nursing mothers. Please allow our spa team to guide you in selecting the most suitable treatments during special times.

## **Cancellation Policy**

If your plan changes and you wish to cancel your appointment, kindly let us know at least 4 hours prior to the initial appointment time. Any treatment later will be charged at 50% of the respective rate; no show will be charged at 100% of the rate.

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