

Pure by Serenity invites you on a journey of natural restoration and indulgence. Each treatment is crafted with carefully selected ingredients, celebrated for their purity and effectiveness, to awaken the senses, nourish the body, and calm the mind.

Immerse yourself in rituals that combine the wisdom of nature with expert techniques, leaving your skin radiant, your spirit renewed, and your well-being elevated.

## THERMAL SUITE



Step into a world of tranquility with our new Thermal Suite, your private haven for ultimate relaxation. To ensure an intimate and peaceful experience, advance booking is required for this exclusive sanctuary. Begin your journey by unwinding in the warm, bubbling waters of our hydrotherapy Jacuzzi, designed to melt away muscle tension. Embrace the purifying warmth of our restorative sauna to release toxins, then envelop yourself in the moist air of our steam room to cleanse your skin and soothe your respiratory system. Conclude your journey with a refreshing shower, leaving you feeling utterly revitalized and serene.

## SIGNATURE TREATMENTS

## Purity of Dubai

A celebration of the UAE's natural treasures, Purity of Dubai is a signature treatment designed to purify, nourish, and restore balance to the body. It begins with an energizing coffee body scrub, known for its antioxidant properties and ability to stimulate circulation, leaving the skin renewed and radiant. A luscious mango body wrap follows, deeply hydrating and replenishing the skin while providing essential vitamins to support softness and elasticity. The ritual concludes with an indulgent application of oud oil, rich in natural antioxidants, which locks in moisture, enhances suppleness, and envelops the senses in the region's signature aroma. Pure, natural, and restorative, this treatment reconnects body, mind, and soul through the nourishing power of the best indigenous ingredients.

## Prodige des Océans Ritual by Thalgo 120min

The ultimate high-regeneration beauty ritual, face and body, combining a patented cocktail of 64 marine nutrients, with 7 precise techniques for total relaxation.

#### Pure Serenity Ritual by Voya 120min

A complete top to toe relaxation journey. Starting with a seaweed infused body exfoliation, followed with body massage including face and scalp that replicate the movement of the sea, combining both gentle and stimulating movements.

## COUPLES

#### Serenity For Two & Thermal Suite

60min + 60min

Share a moment of pure relaxation with your loved one and enjoy side-by-side massages designed to melt away tension and restore harmony. After your treatment, continue the journey together in our Thermal Suite, where you can unwind in the sauna, steam room, and jacuzzi for a deeply soothing experience.

## Romantic Ritual & Thermal Suite

90min + 60min

Celebrate love with a deeply indulgent journey designed for two. Begin with a gentle body scrub that renews and softens the skin, followed by a soothing side-by-side massage to melt away tension and restore harmony. After the treatment, continue your time together in our Thermal Suite, where you can relax in the sauna, steam room, and jacuzzi for the perfect romantic escape.

#### Couples Escape by Voya & Thermal Suite

90min + 60min

A couples' treatment that allows lovers to connect with each other and reconnect with their bodies. Starting with a joint foot cleansing ritual, the treatment continues with breathing exercises and a full body massage. A singing bowl sound healing session completes this perfect couple's retreat. Afterward, couples can enjoy the relaxing facilities of our Thermal Suite, including the sauna, steam room, and jacuzzi.

# THALGO

## FACIAL TREATMENTS



Express Facial 30min

dehydrated skin, ideal for restoring glow and radiance.



Hyalu-Procollagene Facial
60min

acids and marine pro-collagen with Roller Boosters, for efficacy that can be seen, after the 1st treatment.

Instantly, the face looks younger, as if relaxed, and even established wrinkles appear smoothed.



Spiruline Boost Facial

The energising marine shot to energise the features, smooth wrinkles and revive the complexion's radiance.



Prodige des Océans

The ultimate high-regeneration beauty ritual combining a patented cocktail of 64 marine nutrients, with an anti-ageing massage inspired by Japanese techniques.

# VOYA BODY TREATMENTS

## **BODY SCRUBS**

#### Luscious Salt Glow

45min

Infused with Dead Sea salts, uplifting eitrus essential oils and organie seaweed, a combination that hydrates the skin and increases its glow.

#### Lavender & Seaweed Sugar Glow

45mir

A wonderful fragrant mix of lavender oil, seaweed and sugar, this treatment has a double action of gently removing dead skin cells and relaxing the mind.

## **BODY WRAPS**

#### Ocean Essence Total Body Wrap

75min

Harness the power of pure seaweed to energise and rejuvenate. Following a hydrating body exfoliation, a warm seaweed gel body mask is applied, which encourages detoxification, combats cellulite and fatigue, and moisturises the skin.

#### Seaweed Leaf Wrap

90mir

Starting with a detoxifying seaweed body scrub, the whole body is then wrapped in warm seaweed leaves to firm and hydrate the skin. After a blissful scalp massage the skin is treated to a nourishing veil of moisture to leave it glowing and rejuvenated

## SLEEPING RITUALS

#### Mindful Dreams

60mir

Be ready to have all stresses and strains melt away in this ultimate sensory treatment to help you achieve the perfect night's sleep. Incorporating products especially chosen for their soothing properties, alongside sleep-inducing massage rose quartz crystals and meditation techniques, this wellbeing focused treatment induces instant tranquility.

#### Herbal Sleep Cocoon

90mir

Nourishing down to a cellular level, this ritual uses a combination of sound therapy while cocooned to dissolve physical and emotional blockages, facilitating deep relaxation, and promoting healing on all levels.

### MASSAGES

#### Indian Head Massage - 30/45min

Massage with scalp and neck focused movements. This Indian technique helps to stimulate circulation and reduce stress.

#### Back Massage - 30/45min

Localized massage that relieves muscle tension in the back, shoulders and neck.

#### Leg Massage - 30/45min

Local massage on the legs contributing to the immediate relief of leg fatigue, fighting fluid retention and stimulating blood circulation.

#### Reflexology - 30/45min

Feet massage with rhythmic pressure on reflex points. It stimulates blood circulation and recovers energy from the affected organs.

#### Relax Massage - 60/90min

Full body massage with light pressure to improve blood circulation and muscle relaxation.

#### Detox Massage - 60/90min

Full body relaxing massage using marine products to help release toxins.

#### Slim Massage - 60/90min

Full body massage with dynamic movements and specific techniques to help reduce cellulite

#### Deep Tissue Massage - 60/90min

Full body massage applying pressure to specific points with vigorous movements that relieve muscle pain and accumulated tensions

#### Sports Massage - 60/90min

Full body massage with strong pressure and stretching to relieve muscles, tendons and ligaments

#### Holistic Massage - 60/90mir

Full body massage with medium pressure and with specific essential oils to eliminate toxins and rebalance energy levels

#### Abhyanga Massage - 60/90mir

Full body detox and de-stress massage performed with herbal oils

#### Hot Stones Massage - 60/90min

Full body massage with vulcanic hot stones used to relieve pain and muscle tension.

#### Lymphatic Drainage Massage - 60/90mir

Localized massage, applying gentle pressure along the lymphatic system to help eliminate toxins and drain excess fluids.

#### Mother-to-be Massage [after 12 weeks] - 60/90min

A nourishing treatment, this is a full body relaxing massage, done in an adapted position for comfort.

## **PACKAGES**

## Pure Time

A restorative journey for body and mind. Begin with a rejuvenating Body Scrub, followed by a soothing Relax Massage, and finish with a revitalizing Express Facial, leaving your skin radiant and your senses renewed.

## Pure Glow 120min

A nurturing journey for body and face. It begins with a holistic massage to release tension and restore energy flow, followed by a Hyalu-Procollagene Facial to hydrate firm, and smooth the skin. The experience concludes with a luxury eye treatment, leaving you refreshed, luminous, and harmonized

#### Pure Ritual

120min

A luxurious, multi-step ritual for complete rejuvenation. The ritual starts with a gentle body scrub to exfoliate and awaken the skin, followed by a nourishing body wrap to hydrate and revitalize. The experience concludes with a soothing Abhyanga massage, leaving the body replenished, balanced, and serene.

## **BRANDS**





The sea has always been a vital source of energy for humanity, capable of regenerating both body and mind. For more than 50 years, THALGO has drawn inspiration from it, combining effectiveness with well-being. Today, its pharmaceutical and Mediterranean roots infuse this marine energy through products and protocols that revitalize body and mind, revealing radiant beauty.





VOYA brings the restorative and healing powers from the sea, utilising the minerals and vitamins from seaweed to have pronounced anti-ageing, skin conditioning, repairing and grounding effects on the mind, body and soul

## SPA ETIQUETTE

- Reservations must be made directly with Pure by Serenity by telephone, WhatsApp, e-mail, or online. Please reserve
  your treatment as early as possible to ensure availability, particularly when booking multiple treatments and packages.
- Guests who are not staying at the hotel are required to pay 100% of the value of the treatments at the time of booking in order to guarantee the appointments
- Should you require any service change or cancellation, please notify our team a minimum of 6 hours in advance.
- In case of non attendance or cancellation less than 6 hours in advance, we reserve the right to charge the
   full treatment value.
- · We recommend that you arrive at least 15 minutes before your treatment begins to fill-in our health form
- Please arrive on time to enjoy your full treatment. We may need to shorten your session if you are late to
  accommodate our next guest.
- For the comfort and hygiene of all our guests, please wear a swimsuit while enjoying the Thermal Suite facilities
- · The minimum age requirement for access to the Thermal Suite is 16 years old.
- Prices inclusive of 7% municipality fee, 10% service charge and 5% VAT
- · Prices subject to change without previous notice.



Pure by Serenity Th8 Palm Dubai Beach Resort Crescent Road West Palm Jumeirah, Dubai