



# *Regent*

PORTO MONTENEGRO

“Sir,” replied the commander,  
“I am nothing to you but Captain Nemo;  
and you and your companions are nothing  
to me but the passengers of the Nautilus.”

**JULES VERNE,**  
Twenty Thousand Leagues Under the Sea

Family Activities Programme



# Captain Nemo's Invitation



Dear Children, Mums, and Dads – all aboard! We are sailing away into the exciting summer seafarer's adventure. The list of thrilling activities available whilst staying at Regent Porto Montenegro is listed below so, dear little and big officers and captains, ALL ABOARD!

## NAUTICAL EXPERIENCES

### Family guided tour of the “Hero” Submarine

*Recommended for families with children aged 5+*

This 50 m long loved artefact of Naval Heritage Collection was built in Split in 1968. It served 23 years in the Montenegrin Navy with a total of 726 sailing days, 910 dives, and a total of 46 659 nautical miles, equalling journeying around the Earth twice! A total of 28 crew members would sleep in shifts and could spend a month and a half underwater. It was one of the most advanced submarines at the time of its construction.

Length of the tour: 1 hour

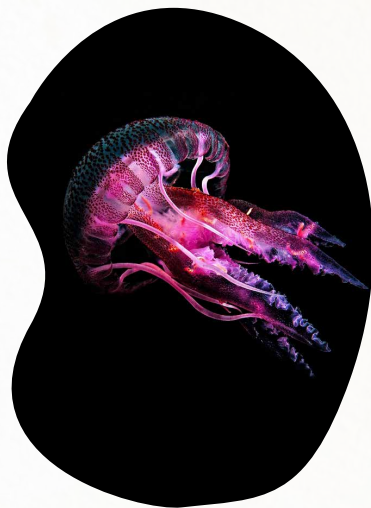


## NAUTICAL EXPERIENCES

### Boka Bay boat tour & Aquarium Boka visit

*Families with children aged 5+ may consider the experience*

A family boat tour to Aquarium Boka sets the stage for the ideal day. Cruising through the still waters of Boka Bay, considered to be the most southern fjord in Europe, ensures that you can take in the Mediterranean's most striking landscape – the perfect photo point! You will pass the point in the Bay that pirates would use to try to access the waters, but the Illyrian Queen Teuta put chains between the hills to stop the pirates in their path!



Aquarium Boka's remarkable selection of the marine wonders and fish species found in Boka Bay, the Mediterranean, and the warm seas will be the highlight of the day. The guided tour is a fascinating introduction to your visit to Aquarium Boka.

The dramatic mountains drop to meet the crystal-clear sea where visitors can explore UNESCO-protected Medieval towns, old stone villages, and beautiful palazzos dotted along the coastline.

Length of the tour: 2 hours

## CAMPS

# Knightsbridge School Little Summer Camp

Ages 3 – 6

July 4 – 16 & July 18 – 30

This daily camp offers a fantastic selection of preschool activities. Children will have a morning routine of arts and crafts that will help them to develop fine motor skills and play thrilling games indoors and outdoors. It allows the children to be creative and, most importantly, have fun!

All activities will be in English.  
Snacks and lunch included.



## CAMPS

# Knightsbridge School Adventure Camp

Ages 6 – 16

July 4 – 29 (4 weeks)

During this Adventure Camp, children can enjoy a combination of indoor, outdoor, and educational activities. Outdoor adventures include kayaking, sailing, stand-up paddleboarding, team-building games, and group sports. Indoor activities include arts and crafts projects and indoor team games. Once a week, campers will have a day trip to either the Aqua Park, Lovcen Adventure Camp, or a Hiking Tour through the Montenegrin Hills.

Children will be divided into two groups based on age, 6-10 and 11-16. Some activities will be separated, and some will be combined so that they can develop team-building skills.



Adventure Camp will provide a safe, creative, and fun environment for all children where they will improve their language skills, social skills, learn to accept differences and make new friendships.

All activities will be in English. Instructors are native English speakers and local teachers who have experience working in summer camps both nationally and internationally.

Snack and lunch provided.



## CAMPS

# Real Madrid Camp

Ages 6 – 17

July 25 – September 2

This summer, children aged from six to 17 years old will be given the exclusive opportunity to take part in a football camp hosted by world-class coaches from the Real Madrid Foundation.

The Camp will offer a series of five-day programmes across six weeks, with football sessions hosted twice a day. Players will be assessed individually at the start of the programme before teams are divided and organised according to existing skills and the training is adapted accordingly.

Participants will receive the same training approach used by all Real Madrid youth teams. They will have the opportunity to develop their football skills under the guidance of the Real Madrid Foundation's world-class coaches. Open to all genders across all levels, groups of 25 children will be split into two age groups and will enhance their football skills, boost technical and tactical know-how in all positions on the team, develop problem-solving skills on the field and prepare players for competitions.



The camp benefits are:

- Two daily sessions of training, five times a week
- Complimentary Real Madrid Foundation training kit
- Certificate of participation
- A chance to train at Real Madrid Foundation Camp for the most talented participants

## WATER SPORTS

### Sailing

*Ages 8 – 16*

The Sailing Club allows children to learn all aspects of dinghy sailing, from preparation, launching, on-water activities, washing down, and stowing the boats. Sessions run on a weekly bases during the Spring and Autumn and three times a week during the Summer.

### Stand-Up Paddle Boarding (SUP)

*Families with children aged 10+ may consider exploring the bay on a SUP.*

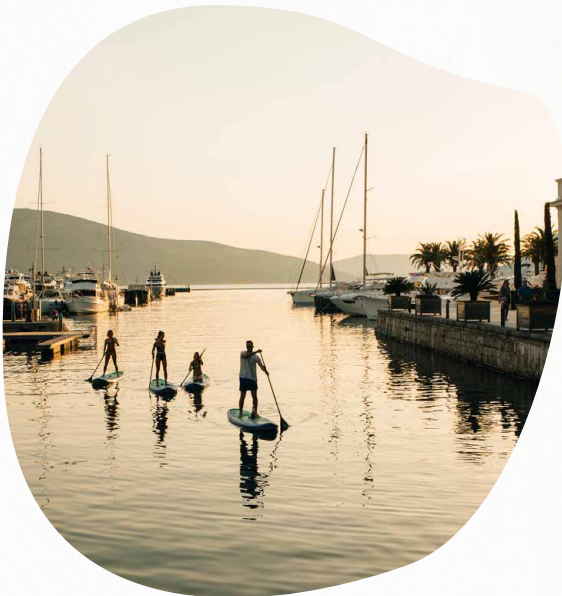
Stand-Up Paddleboards (SUP) are available for hourly and half-day hire. The misty mornings are ideal for an adventure for the whole family when the fisherman are coming back to the ports with the daily catch and seagulls following close behind.



### Kayaking

*Families with children aged 8+ may consider exploring the bay on a kayak.*

A family tour gliding through the calm bay waters creates lifelong memories. One of the recommended tours is kayaking from Tivat Salinas to the (now abandoned) Island of St Mark, which used to be the eco-luxury village of Club Mediterrane. For a more adventurous kayak, visiting the island of the Lady of the Mercy boasts spectacular views of Porto Montenegro and Tivat Bay. Families can then kayak to an elegant seafront restaurant to enjoy a lunch of freshly caught fish and seafood. For the ultra-adventurous and brave officers and captains, the Adriatic Sea route is thrilling! Kayaking beyond the bay, the families visit the Blue Cave then watch the sunset beneath the horizon on their return journey.



## AROUND THE BAY

### Tuk Tuk Tour of the Bay

*Families with children aged 5+ may enjoy touring the bay.*

Adult officers and little captains may wish to unwind and be taken on the electric Tuk Tuk tours around the bay. The moderate speed of the Tuk Tuk tour and fantastic photo stops will create great photographs for the family photo album.

Length of the tour: 2 hours

### Cooking Class

*Families with cooking preferences and children aged 10+ will enjoy cooking lesson*

The experienced and highly skilled chef at Regent Porto Montenegro can engage the family in a meal cooking lesson during which the typical seafarer's meal is prepared. The cooking lesson can be adapted to each family's particular tastes and style and may include a trip to Kotor's green market to shop for fresh ingredients.

The cooking lesson is in English.  
Cost of ingredients and groceries is included.



### Tivat Salinas

*Families with small children may enjoy Tivat Salinas experience.*

For birdwatchers, Tivat Salinas is the perfect location! Just a stone's throw away from Regent Porto Montenegro, the seaside town of Tivat in the Bay of Kotor, has undergone an incredible transformation in recent years. It now features a world-class marina, luxury restaurants, and attracts a wealthy international clientele. Away from the glitz and glamour of the town centre, no visit to Tivat is complete without a trip to Solila Nature Reserve – 150 hectares of salt flats where gulls, wigeons, mallards, herons, grebes, and numerous endangered species nest before the winter season. Perfect for a family day out, a walking path through the Reserve offers excellent views of the birds and bay.



## BREEZY AFTERNOON

# The Blue Room

*Ideal for the afternoon at the outdoor café for families with children of age 3+*

The Blue Room Porto Montenegro combines a local café vibe with a local sporting hub. It is the place to go for parents to enjoy the favourite drink whilst children enjoy the spaciousness of the large open green of the Porto Montenegro Arena.

Offering lawn games, archery, laser clay shooting and many other activities available daily with the ping pong and table footballs, newly released video games and golf simulator – it may quickly become the favourite spot steps away from the hotel.



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