

# all plates are T♥ Share



# **SMALL PLATES**

<b>Hummus</b> , sumac onions, salsa verde (Ve) 214kcal Add crispy braised beef 279kcal	8 - 3 -	Iberico ham croquetas, piquillo pepper jam, smoked garlic aioli 739kcal	<b>ER</b> 9 <sup>50</sup>
Beetroot borani, smoked feta, toasted seeds, mint, dill (V) 214kcal	7 <sup>50</sup>	Buttermilk-fried chicken, chip shop curry sauce, mushroom ketchup 435kcal	9 <sup>50</sup>
Driftwood goat's cheese, pickled heritage beets, basil (V) 377kcal	15-	<b>Grilled squid,</b> vizcaina sauce, Spanish black pudding 160kcal	9-
Flatbread (Ve) 259kca1	3 <sup>50</sup>	Manchester Gin-cured salmon,	
Locally made sourdough, cultured butter 636kcal	6 <sup>50</sup>	dill, mustard 596kcal	12-

#### **BIGGER PLATES**

Roasted squash, whipped sheep's cheese,		Mojo rojo pork belly, SOME ARE LARGE	R
bilbiana (V) 491kcal	12-	miso aubergine, yoghurt 1515kcal	26-
Black figs and ricotta, molasses, winter leaves, pumpkin seed dukkah (V) 452kcal	11-	12oz dry-aged rib-eye steak, peppercorn sauce 1314kcal	45-
Pan-fried hake, braised leeks, smoked pancetta, turbot cream 1349kca1	27 -	Slow-cooked beef cheek, butterscotch celeriac, remoulade 558kcal	22-
Great North Pie Co. keema pie, black peas 599kcal	21-	<pre>Pearl barley risotto, Polyspore mushrooms, Jerusalem artichoke (V) 676kcal</pre>	12-

## **EXTRA**

Beef fat mashed potatoes, overnight onions, beef gravy 744kcal	9-
Triple-cooked chips (Ve) 290kca1	
Charred tenderstem broccoli, romesco (Ve) 107kcal	8-
Heritage carrots. cumin. honey (V) 505kcal	8-

## POUR OVER

Chip shop curry sauce (Ve) 33kcal	3 -
48-hour beef gravy 119kcal	6-
Peppercorn sauce (V) 346kcal	5 -

# Eat Well MCR

#### GHOST FRIES

Adding this to your order is a simple way to help our charity partner Eat Well MCR to feed people in our city. Each portion pays for a meal for someone in need.

## **AFTERS**

Sticky toffee pudding, orange-miso caramel, old fashioned ice cream (V) 985kca1	8 <sup>50</sup>
Lemon meringue pie, tipsy lemonade sorbet (V) 654kcal	9 <sup>50</sup>
Cheeky Vimto trifle 981kca1	11-
Apple strudel, cinnamon, Eccles cake ice cream (V) 1020kcal	9-
Grandpa Greene's ice creams (V) and sorbets (Ve) 540kca1	5-

## FRIENDS OF REFUGE

#### POLYSPORE - MUSHROOMS

A low-waste urban farm cultivating mushrooms in Altrincham

#### GRANDPA GREENE'S - ICE CREAM

Ice cream made with Saddleworth cream in Oldham, inspired by their grandpa's recipe from his Salford corner shop

# MANCHESTER GIN - GIN

An award-winning distillery that's just a 10-minute walk from The Refuge

Stay all day, play all night.

#### Chat about us @TheRefugeMcr

