





THE PARLOUR

BREAKFAST BUFFET
7AM - 11AM, DAILY












CONTINENTAL | 37.50
Includes Cold Buffet

QUINTESSENTIAL | 47.50
Includes Cold + Hot Buffet

COLD

- Organic Hard-Boiled Eggs  
- Whole and Cut Seasonal Fruit  
- Organic and Greek Style Yogurts  
- House Made Parfait & Mixed Berries  
- Overnight Oats
- Realm Superfood Shots 
- Artisanal Pastries & NYC Bagels
- Upstate NY Smoked Salmon 
- Assorted Cereal
- Cheese & Charcuterie  
- Gluten Free Bakery 
- Assorted Breakfast Bakery Breads 
- Assorted Mini Eclairs 
- Chocolate & Strawberry Babka 
- Assorted Mini Donuts 

HOT

- Scrambled Organic Whole Eggs  
- Scrambled Egg Whites  
- Featured Potato of the Day  
- Featured Vegetarian Item of the Day 
- McCann's Organic Irish Oatmeal
- No-Nitrate Bacon or Pork Sausage 
- Turkey Bacon or Chicken Apple Sausage 
- Featured Griddle Item of the Day
- INTERCONTINENTAL STATION  
- Chef's Selection of Plain, Scallop, Pork, or Chicken Congee
- Dim Sum or Potstickers
- Includes: Scallion, Soy, or Chili Oil

INCLUDES

Unlimited Fresh Squeezed Juice [Fruit & Vegetable]
+
illy Coffee or Dammann Frères Tea



Specialty Coffee Available Upon Request

EGGS-TO-ORDER

sunny side up, over easy, fried, poached or omelet

Optional Omelet toppings: Ham, Turkey, Onions, Tomatoes, Peppers,
Cheddar Cheese, Feta Cheese, Mushrooms, Spinach

+11 per for Continental. Included in Quintessential.



Gluten Free



Locally Sourced



Vegetarian

An 18% service charge, and 8.875% local sales tax will be added to each check.

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.