



#### I Hours of Operation

10:00 AM ~ 10:00 PM (Monday, Tuesday)  
10:00 AM ~ 01:00 AM (Wednesday - Sunday)  
7 Days A Week, 365 Days A Year

#### I 営業時間

午前10時～午後10時 (月曜日、火曜日)  
午前10時～午前01時 (水曜日～日曜日)  
365日 年中無休



We are dedicated to fulfilling  
your inner needs and revitalizing  
your body, mind and soul.

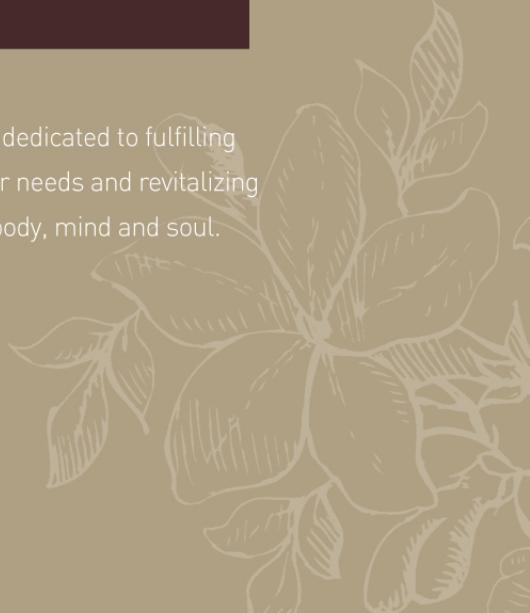


2F InterContinental Seoul COEX, Samseong-dong, Gangnam-gu, Seoul

ソウル市 江南区 三成洞 インターコンチネンタル ソウル コエックス2階

TEL. (82)-(2)-3430-8181 [www.inspa.kr](http://www.inspa.kr)

IN SPA is operated under an outsource operation agreement within the hotel.





## IN SPA

2F InterContinental Seoul COEX  
インターコンチネンタル ソウル コエックス2階

### Make spa reservations

Hotel Room : Press '0' to transfer you to IN SPA  
or Call us directly at 3430-8181

### スパサービス予約

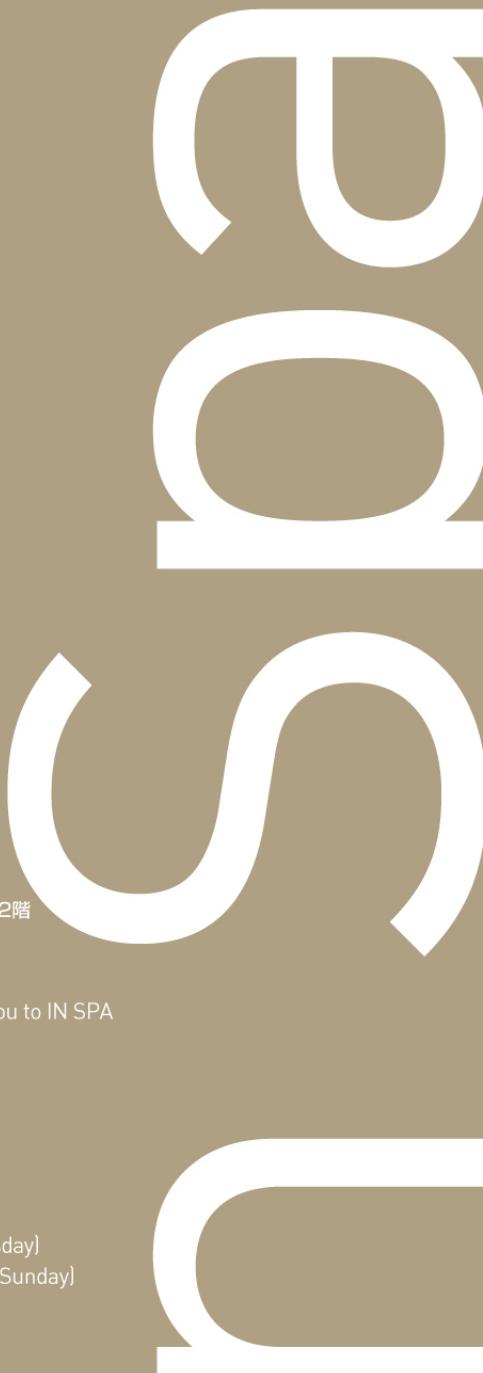
ホテル客室の電話機から'0'を押し、  
インスパ(IN SPA)へつなぐよう要請  
または直通電話 3430-8181

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## BODY MASSAGES



- All prices shown below include 10% VAT
- 表示価格はすべて10%の付加価値税(VAT)が含まれています。

- Swedish Massage ..... 70min • ₩170,000  
100min • ₩220,000  
110min • ₩240,000  
(with Face Acupressure Massage)

This classic relaxation therapy uses long, smooth strokes to release tension, improve circulation and ease aching muscles.

ハンドタッチだからこそできる癒しと安定感で筋肉の緊張をほぐし、血液とリンパの循環を良くする効果がある。

- Korean Massage ..... 60min • ₩165,000  
90min • ₩205,000  
100min • ₩225,000  
(with Face Acupressure Massage)

This massage stimulates specific points along the meridians to help manage fatigue.

つぼを刺激し疲労回復や皮膚の張りを良くするのに効果的なもつとも韓国らしいセラピー。

- Hawaiian Detox Massage ..... 100min • ₩240,000  
110min • ₩260,000  
(with Face Acupressure Massage)

This full body massage is the most powerful forms of healing and detoxification at IN SPA with Kerstine Florian's Revitalizing Detox oil to celebrate your clarity of mind, balancing of the self, and revitalization of your body.

インスパで一番強力なデトックステクニックとコスティンフロリアンのデトックスオイルで行われる全身マッサージで全身の安定とバランスを増進させるセラピー。

## BODY MASSAGES



- All prices shown below include 10% VAT
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- Lux Deep Tissue Massage ..... 60min • ₩170,000  
100min • ₩240,000  
110min • ₩260,000  
(with Face Acupressure Massage)

This signature massage is a perfect combination of applying acupressure massage and therapeutic deep tissue massage techniques to help relieve discomfort and pain focusing on realigning deeper layers of muscles and connective tissues.

つぼを刺激するディープティッシュマッサージで、深い筋肉層と結合組織の痛む部分を重点に管理し、固まつ筋肉をほぐし痛みを緩和する  
IN SPAだけのマッサージ。

- Back massage ..... 40min • ₩95,000

This massage reduces stiffness and improves circulation to your back.  
血液の循環が悪く、こっている背中をほぐすセラピー。

- Head Neck & Shoulder ..... 40min • ₩95,000

Perfect for business travelers and office workers.  
長時間の旅行などで疲れた旅行者や仕事のストレスが多い  
社会人のためのセラピー。

- Reflexology ..... 60min • ₩120,000

This massage revitalizes and balances the body and mind through the use of compression on reflex points in the feet.  
足裏に位置するつぼを刺激し、機能を活性化させ血液の流れを  
良くし体のバランスを整えるセラピー。

## LUXURY ANTI-AGING



# LUXURY ANTI-AGING COLLECTIONS

- All prices shown below include 10% VAT
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## ■ académie Age Recovery Facial .....

110min • ₩290,000 (with Aroma Back Massage)  
140min • ₩350,000 (with Aroma Full Body Massage)

Through the power of highly concentrated Vitamin, Phyto-squalane and Raspberry, our highly active anti-oxidant facial helps strengthen collagen and elastin while firming and lifting your skin.

This treatment is the perfect cure to combat against premature signs of ageing and free radical damage.

高濃縮ビタミンとフィトスクアレン、それからラズベリー成分がコラーゲン生成または  
顔色浄化を助け皮膚中の弾力とリフティング改善効果を与えるだけでなく、  
至る時期に現れる皮膚老化と老化活性酸素から皮膚を保護するセラピー。

## ■ KERSTINE Ageless Caviar Facial .....

110min • ₩260,000 (with Aroma Back Massage)  
140min • ₩320,000 (with Aroma Full Body Massage)

Our best selling Anti-Aging facial hydrates and firms the skin with protein rich Caviar and powerful antioxidants which smoothes fine lines, improves texture, and restores radiance to the skin.

たんぱく質が豊富なキャビアの強力な抗酸化効果で肌の保湿や弾力、  
再生を施すだけでなく、小じわ改善や美しい肌のきめを維持させるセラピー。

## ■ VALMONT Anti-Aging Facial .....

110min • ₩360,000 (with Aroma Back Massage)  
140min • ₩420,000 (with Aroma Full Body Massage)

This facial, using a 100% pure Swiss VALMONT collagen mask, is designed to turn back the clock on aging, using powerful anti-aging ingredients and specialized lifting massage techniques to improve elasticity and facial contour.

コラーゲンと集中的なリフティングテクニックを合わせ、  
顔の輪郭を滑らかにし皮膚に張りと柔らかさを与えるセラピー。

# SPA PACKAGES

- All prices shown below include 10% VAT
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## ■ The Signature ..... 2hr 30min • ₩390,000

Package includes :

1. Lux Deep Tissue Massage 70min
2. VALMONT Anti-Aging Facial with Head & Korean Facial Massages 80min

## ■ The Classic Package ..... 2hr • ₩250,000

Package includes :

1. Swedish or Korean Massage 60min
2. Pevonia Botanica Facial 60min

## ■ Soul Package ..... 2hr 30min • ₩350,000

Package includes :

1. Korean Ginseng Korean Massage 70min
2. Korean Lifting Facial 80min

## ■ Jet Package ..... 1hr 30min • ₩220,000

Package includes :

1. Swedish or Korean Massage 60min
2. Pevonia Express Facial 30min

## ■ In Spa Package ..... 3hr • ₩390,000

Package includes :

1. PURE FIJI Body Scrub - Coconut sugar rub 50min
2. Swedish or Korean Massage 70min
3. One of Pevonia Botanica Facials 60min

## ■ Couple Package ..... 3hr 30min • ₩690,000 (for Two persons)

Package includes :

1. Full leg Aroma Massage
2. PURE FIJI Body Scrub - Coconut sugar rub
3. Swedish or Korean Massage 100min
4. One of Pevonia Botanica Facial 60min

## INTENSIVE FACIAL COLLECTIONS



- All prices shown below include 10% VAT
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### ■ **académie** Anti-Wrinkle Facial ... 60min • ₩155,000

Enjoy an anti-wrinkle facial with proven results. Special lifting facial techniques are combined with Academie anti-ageing formulations for maximum effectiveness

インスパのスペシャルリフティングテクニックと一緒にアカデミーの抗老化成分を通じたしわ改善、リフティング、それから弾力を与えるセラピー。

### ■ **VALMONT** Korean Lifting Facial ... 90min • ₩205,000

This facial is designed to dramatically reduce fine lines, wrinkles and swelling while tightening facial contour.

顔のむくみを抑え輪郭をはっきりさせ、しわ予防と皮膚に張りを与えるセラピー。

### ■ **KERSTINE** Clear Skin Organic Facial ..... 70min • ₩165,000

Perfect for normal to oily & acne prone skin types, this anti-inflammatory, soothing & cleansing facial will clear problematic skin with the use of moor mud and lavender.

Moor mud や有機農ラベンダー成分が老廃物を排除し肌を落ち着かせ、抗炎作用に効果のあるセラピー。

### ■ **KERSTINE** Antioxidant Vitamin Organic Facial ... 70min • ₩165,000

This facial utilizes ingredients brimming with active antioxidants and multi-vitamin to combat premature aging and disrupt hyperpigmentation. Excellent after sun exposure.

抗酸化物質やマルチビタミン成分が、日焼けによる色素沈着、細かいしわの改善、美白に効果的なセラピー。

## PEVONIA BOTANICA FACIAL TREATMENTS



- All prices shown below include 10% VAT
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### ■ **Soothing Sensitive** for Sensitive skin ..... 60min • ₩105,000

This facial is designed to help calm & shield the skin against harmful environmental pollutants.

外部の有害環境の刺激で保護膜が失われた敏感な皮膚を沈静するセラピー。

### ■ **Nourish & Hydrate** for Dry skin ..... 60min • ₩105,000

This facial is designed to supply the skin with moisture and support the skin moisturizing faculties.

水分供給と水分保有能力を向上させるセラピー。

### ■ **Pure Balance** for Oily & Combination skin ..... 60min • ₩105,000

This facial is designed to deep cleanse and detoxify acne prone skin. 効果的なニキビ管理とディープクレンジングで皮膚の浄化をするセラピー。

## BODY TREATMENTS



- All prices shown below include 10% VAT
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### ■ PURE FIJI Body Scrub - Coconut sugar rub ..... 60min • ₩140,000

This body treatment is designed to remove dead skin and leave the skin feeling refreshed and smooth.

スクラブで古くなった角質を除去し皮膚のきめを細かく滑らかに整えるセラピー。

### ■ Detox Body Wrap ..... 60min • ₩140,000

This body treatment is designed to effectively supply the skin with nutrients and moisture to give skin an elastic hydrated complexion.

皮膚に柔らかい保護膜を作り水分や栄養を長時間維持できるようにし、張りのあるお肌になるようお手入れするセラピー。

## SPA EXPRESS

Spa Express treatments are designed for individuals with limited time, but need a specific area worked on.

スパエクスプレスは長時間のマッサージを受けられないお客様が、時間やマッサージ部位を指定できるセラピー。

### ■ Swedish Express ..... 40min • ₩90,000

### ■ Facial Express ..... 30min • ₩60,000

### ■ Targeted Massage ..... 30min • ₩60,000

## IN SPA GOLD Membership & Gift Certificates

### ■ IN SPA GOLD Membership



Deposit을 납입하셨을 경우, 결제금액의 10%에 상당하는 추가적립금을 드리며, 인스파 이용시 15%의 할인혜택을 드립니다.

Join the 'IN SPA Membership', you will receive free 10% points of your total payments and enjoy 15% off all spa treatments.

#### Member's discount

- IN SPA membership : **15% discount**
- Double choice card membership : **15% discount**
- InterContinental Seoul Hotel Cosmopolitan / Metropolitan membership : **20% discount**

### ■ Gift Certificate



IN SPA의 모든 메뉴는 스파상품권으로 발급 가능합니다.

If you would like to purchase our spa gift certificate, it is easy to arrange.

- **방문구입** : 데스크에서 메뉴선택 후 5분 안에 발급 가능합니다.
- **전화 상 구입** : 메뉴 선택을 한 후, 계좌로 금액입금이 완료되면 고객이 원하시는 곳으로 우편 발송됩니다.
- **In person** : Visit the front desk at 'IN SPA', and choose spa treatments of your gift certificates. It can be issued directly in 5 minutes.
- **Over the phone** : Order a gift certificate over the phone, transfer you payment to 'IN SPA' bank account. Once you complete the payment, it can be sent out by registered mail.