



IN-ROOM DINING

FOOD & BEVERAGE OPTIONS



INTERCONTINENTAL®
SANCTUARY COVE RESORT

OUR PROMISE TO YOU

Nourish the soul; inspire the palate.

Re-energise and indulge with a range of inspired food and beverage options. Curated by award-winning Executive Chef, Hamish Watt, and his team of culinary geniuses, this InterContinental In-Room Dining Menu is a testament to the rich agriculture of Australia, with fresh ingredients transformed entirely on-site to ensure an exceptional food and beverage experience.

Yours Sincerely,

Matt Rippin
General Manager

IN-ROOM DINING

BREAKFAST

Available from 6.30 am – 11.30 am

THE INTERCONTINENTAL BREAKFAST (V)

46

Your choice of chilled juice: apple, orange, grapefruit, pineapple or tomato

Fresh seasonal fruit plate and berries with your choice of plain yoghurt, fruit-flavoured yoghurt or low-fat yoghurt

House-made Bircher muesli or your choice of one cereal

A selection from our gourmet bakery (choice of three): chocolate croissant, plain croissant, Danish pastry, banana bread, toasted white, wholemeal, multigrain, mini baguette or gluten-free bread
Served with a selection of preserves

Your choice of Campos Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

AMERICAN BREAKFAST

57

Choose from The InterContinental Breakfast with the addition of:

Two free-range eggs cooked to your liking

Smoked bacon, chicken and herb sausage, field mushrooms, hash brown, slow-roasted tomato with pesto

Your choice of Campos Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

HEALTHY CHOICE BREAKFAST

52

Chilled orange juice

House-made bircher muesli

Fresh seasonal fruit plate with low-fat yoghurt

Two free-range eggs cooked to your liking with herb-roasted tomato, grilled field mushrooms, fetta and avocado served on multigrain bread

Your choice of Campos Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

(GF) - Gluten-free (GFO) - Gluten-free option (V) - Vegetarian (DF) - Dairy-free
(A) - Australian Seafood (I) - Imported Seafood (M) - Mixed Seafood

To place your room service order, kindly use the QR code displayed on the small sign in the room.
For further assistance, please contact Instant Service (ext. 9). Please advise our team of any dietary requirements.
Service delivery charge of \$8 per order applies. 15% surcharge applies on Public Holidays.

IN-ROOM DINING

BREAKFAST

Available from 6.30 am – 11.30 am

GOLD COAST BREAKFAST

72

Glass of sparkling wine

Chilled orange juice

Freshly baked croissant and Danish pastry

Eggs benedict with smoked salmon, spinach, and poached eggs on sourdough toast (I)

Your choice of Campos Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

ALL DAY BREAKFAST

Available from 11.30 am – 10.00 pm

TWO FREE RANGE EGGS

26

Your style: fried, poached, boiled or scrambled

Roasted tomato, Gympie field mushrooms, double-smoked bacon and sourdough toast

INTERCONTINENTAL EGGS BENEDICT

31

Hollandaise sauce and sautéed spinach on an English muffin

Your choice of ham or smoked salmon (I)

SMASHED AVOCADO (V, GFO)

29

Green peas, mint, cucumber and radish with sourdough toast

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ALL DAY DINING

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FLEXIBLE DINING

Tasty, versatile and nutritionally balanced dishes, available all day, everyday.

ANYTIME PLATE (V)	25
Grilled halloumi, organic falafel and hummus served with a poached egg and grilled sourdough	
NOURISH BOWL (Vegan)	25
Organic quinoa, beetroot hummus, baby spinach and fermented pickled vegetables	

SOMETHING TO SHARE

MEZZE PLATTER	34
Marinated olives, stuffed baby peppers, falafel, dukkha, spiced halloumi, tabbouleh, hummus, vegetable crudites with grilled flat bread	
CHARCUTERIE BOARD	45
Three locally sourced artisan cured meats with homemade pickles, relish, marinated olives and toasted sourdough	
FROMAGE BOARD	45
Three locally sourced cheeses with homemade lavosh, chutney, dried fruits and water crackers	

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ALL DAY DINING

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TAPAS

FRIED LEMON MYRTLE SQUID (I) Served with lime chilli dipping sauce	25
PEA & MINT ARANCINI (GF, V) With passata sauce and shaved parmesan	25
SWEET POTATO CROQUETS (GF) With beetroot hummus, pepitas and crumbed feta	25
TRUFFLE FRIES With parmesan mayo	17

SALADS

SEASONAL GARDEN SALAD (Vegan, GF) Heirloom tomatoes, Lebanese cucumbers, mesclun and lemon vinaigrette	20
QUINOA AND EDAMAME NOODLE BOWL (Vegan, GF) Rice vermicelli, edamame, broccolini, spinach with Japanese dressing	25
CLASSIC CAESAR SALAD (I) Baby cos, bacon, egg, white anchovies, parmesan and herbed croutons	27
Add grilled chicken	9
Add grilled prawns	9

SOUP

ROAST TOMATO SOUP (V) Fried basil, crusty bread and Manchego cheese	20
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SANDWICHES & BURGERS

INTERCONTINENTAL CLUB SANDWICH	34
Smoked bacon, grilled chicken, fried egg, cos, tomato, mayonnaise, Dijon mustard, cheese and fries	
INTERCONTINENTAL BEEF BURGER	37
Cos lettuce, sliced tomato, dill pickles, cheese, tomato relish, aioli and onion rings on a milk bun served with fries	
EARTH BURGER (Vegan, DF)	35
Cos lettuce, sliced tomato, dill pickles, vegan cheese, tomato relish, vegan aioli on a vegan bun with fries.	
FRIED CAULIFLOWER, SWEET POTATO AND FALAFEL WRAP (Vegan)	27
Hummus, baby spinach, cauliflower, sweet potato, falafel wrap with fries	

PIZZA

MARGHERITA (V)	30
Heirloom tomato, mozzarella and basil	
PRAWN AND ROCKET PIZZA (I)	32
Chilli, pineapple, red onion and coriander	

All pizza bases are thin crust. Gluten-free bread and pizza are available upon request.

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ALL DAY DINING

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SUBSTANTIAL DINING

FRESH PUTTANESCA FETTUCINI	35
Lemon myrtle, cavolo nero, chilli, leeks and 12 month old Manchego cheese	
With grilled prawns (I)	43
BEER BATTERED FISH & CHIPS (A)	40
Served with tartare sauce, garden salad and fries	
ROAST SALMON (GF, A)	48
Charred corn, baby spinach, fennel puree and finger lime dressing	
BALINESE CHICKEN CURRY (DF, GF)	42
Lemongrass, turmeric, kaffir lime and coconut with Bok choy, fresh herbs and steamed rice	
GRILLED ANGUS SCOTCH FILLET (GF)	56
Garden salad and fries. Sauces - red wine jus or peppercorn	

SIDES	16
Fries with aioli (DF)	
Garden salad, heirloom tomatoes and cucumber (Vegan, GF, DF)	
Steamed green garden vegetables with olive oil and lemon (Vegan, GF, DF)	
Roast potatoes with sea salt and rosemary (Vegan, GF, DF)	

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ALL DAY DINING

Available from 11.30 am – 10.00 pm

AFTERNOON TEA

DEVONSHIRE TEA

28

House-made scones (4) with homemade jam and cream

DESSERTS

ICE CREAM

Your choice of three scoops - vanilla bean, dark chocolate, salted caramel, rainbow

16

CARAMEL CHOCOLATE MOUSSE (GF)

23

Vanilla crumble and raspberry compote

VEGAN BROWNIE (Vegan)

23

Coconut cream and roasted apricot

PASSIONFRUIT CHEESECAKE

23

Fresh blueberries and dark chocolate sheet

LEMON TART

23

Fresh vanilla cream and berry salad

SEASONAL FRESH FRUIT PLATE (Vegan, GF, DF)

22

AUSTRALIAN CHEESE PLATE (V)

32

Fruit chutney, lavosh and dried fruits

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PLANET TREKKERS CHILDREN'S MENU

Available from 11.30 am – 10.00 pm

SMALL PLATES	16
Smiley tomato soup (V, GF)	
Crunchy veggies and hummus dip (V, GF)	
Super salad with avocado, greens and Asian dressing (V, GF)	
 BIG PLATES	 21
Happy tomato and basil fettuccine	
Fettuccine bolognese	
Crunchy munchy chicken tenderloins and chips	
Fish fingers and chips (I)	
Yummy beef burger and chips	
 SIDES	
A-maze-ing corn-on-the-cob (V, GF)	12
Broccolini (V, GF)	12
French fries (V)	13
 DESSERTS	 12
Iced watermelon popsicles (V)	
Chocolate brownie ice cream sundae (V)	
Chilly Billy vanilla ice-cream with 100's & 1000's	
 DRINKS	
Milk	6
Chilled juices: apple, orange	8
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	

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OVERNIGHT MENU

Available from 10.00 pm – 6.30 am

FRIES (V) 16
Crispy fries served with aioli

CLASSIC CAESAR SALAD (I) 27
Baby cos, bacon, egg, white anchovies, parmesan and herbed croutons

INTERCONTINENTAL BEEF BURGER (Vegan burger on request) 37
Cos lettuce, sliced tomato, dill pickles, cheese, tomato relish, aioli and onion rings
on a milk bun served with fries

PIZZA

MARGHERITA PIZZA (V) 30
Tomato, mozzarella and basil

All pizza bases are thin crust. Gluten-free bread and pizza are available upon request

DESSERTS

CARAMEL CHOCOLATE MOUSSE 23
Vanilla crumble and raspberry compote (GF)

ICE CREAM 16
Your choice of three scoops - vanilla bean, dark chocolate, salted caramel, rainbow

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WINE

SPARKLING WINE AND CHAMPAGNE	Glass	Bottle
Até Sparkling Cuvee, Riverland, South Australia	14	60
Bimbadgen Sparkling, Hunter Valley, New South Wales		70
NV Bimbadgen Moscato, Hunter Valley, New South Wales		70
Jansz Premium Cuvée, Pipers Brook, Tasmania		90
Mumm Grand Cordon Champagne, Reims, France		145

WHITES

Bimbadgen Ridge Chardonnay, Hunter Valley, New South Wales	16	70
Bimbadgen Ridge Semillon-Sauvignon Blanc, Hunter Valley, New South Wales	14	70
Innocent Bystander Pinot Gris, Yarra Valley, Victoria		80
Petaluma Chardonnay, Adelaide Hills, South Australia		75
Leeuwin Estate Art Series Riesling, Margaret River, Western Australia		75

ROSÉ

La Luna Rosé, Hunter Valley, New South Wales	14	60
Rameau d'Or Rosé, Cotes De Provence, France		85

REDS

Até Shiraz, Riverland, South Australia	14	60
La Luna Shiraz, Hunter Valley, New South Wales	14	60
St. Hallet 'Garden of Eden', Barossa, South Australia		70
Smith & Hooper Merlot, Wrattenbully, South Australia		75
Lala Land Pinot Noir, Mildura, Victoria		70

BEER AND CIDER

LOCAL BEER	Bottle
Balter XPA, Currumbin Water, Queensland	14
Great Northern Super Crisp, Yatala Queensland	12

DOMESTIC BEER

Pure Blonde, Southbank, Australia	14
Pure Blonde Mid Strength, Southbank, Australia	12

IMPORTED BEER

Peroni Nastro Azzurro, Vigevano, Italy	14
Peroni Nastro Azzurro 0%, Vigevano, Italy	12
Asahi Super Dry, Osaka Japan	14

CIDER & GINGER BEER

Somersby Apple Cider, Denmark	14
Brookvale Union Ginger Beer, Manly, New South Wales	16

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BEVERAGES

SOFT DRINKS	6.5
Pepsi, Pepsi Max, lemonade, Solo	
Soda water, dry ginger ale, tonic water	
Sparkling mineral water, 750ml	12
Still water, 500ml	7

JUICES AND SHAKES	8
Chilled Juice: apple, orange, grapefruit, pineapple or tomato	

Freshly squeezed juices:	14
Refreshing: watermelon, strawberry, mint	
Awakener: orange, carrot, ginger	

Milkshakes:	15
Speak with a member of our team to discover our flavours	

COFFEE	7.5
Hand-crafted Campos Coffee	
Full cream, skim, soy, almond, oat or lactose-free milk available upon request	
Extra shot + 1.0	
Vanilla / Caramel / Hazelnut + 0.5	
Iced Coffee + 1.0	

TEA	6.5
Loose-leaf Tea by LMDT, choose your favourite from our selection:	
English Breakfast, Earl Grey, Green Tea, Camomile, Lemon & Ginger, Peppermint	
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	

HOT CHOCOLATE	7.5
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	

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Sanctuary Cove, Manor Circle, Hope Island QLD 4212
To make a reservation or for more information,
call +61 7 5530 1234 or visit our Concierge team