



IN-ROOM DINING

FOOD & BEVERAGE MENU



INTERCONTINENTAL[®]
SANCTUARY COVE RESORT

OUR PROMISE TO YOU

Nourish the soul; inspire the palate.

Re-energise and indulge with a range of inspired food and beverage options. Curated by Executive Chef, Hamish Watt, and his team of culinary geniuses, this InterContinental In-Room Dining Menu is a testament to the rich agriculture of Australia, with fresh ingredients transformed entirely on-site to ensure an exceptional food and beverage experience.

Yours Sincerely,

Matt Rippin
General Manager

IN-ROOM DINING

BREAKFAST

Available from 6.30 am – 11.30 am

THE INTERCONTINENTAL BREAKFAST (V)

44

Your choice of chilled juice: apple, orange, grapefruit, pineapple or tomato

Fresh seasonal fruit plate and berries with your choice of plain yoghurt, fruit-flavoured yoghurt or low-fat yoghurt

House-made Bircher muesli or your choice of one cereal

A selection from our gourmet bakery (choice of three): chocolate croissant, plain croissant, Danish pastry, banana bread, toasted white, wholemeal, multigrain, mini baguette or gluten-free bread
Served with a selection of preserves

Your choice of Vittoria Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

AMERICAN BREAKFAST

55

Choose from The InterContinental Breakfast with the addition of:

Two free range eggs cooked to your liking

Smoked bacon, chicken and herb sausage, field mushrooms, hash brown, slow-roasted tomato with pesto

Your choice of Vittoria Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

HEALTHY CHOICE BREAKFAST

50

Chilled orange juice

House-made bircher muesli

Fresh seasonal fruit plate with low-fat yoghurt

Two free-range eggs cooked to your liking with herb-roasted tomato, grilled field mushrooms, fetta and avocado served on multigrain bread

Your choice of Vittoria Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

GOLD COAST BREAKFAST

70

Glass of sparkling wine

Chilled orange juice

Freshly baked croissant and Danish pastry

Eggs benedict with Tasmanian smoked salmon, spinach, and poached eggs on sourdough toast

Your choice of Vittoria Coffee, hot chocolate or loose-leaf tea

Full cream, skim, soy, almond, oat or lactose-free milk is available upon request

(GF) - Gluten-free (GFO) - Gluten-free option (V) - Vegetarian (DF) - Dairy-free

To place your room service order, kindly use the QR code displayed on the small sign in the room.

For further assistance, please contact Instant Service (ext. 9). Please advise our team of any dietary requirements.

Service delivery charge of \$8 per order applies. 15% surcharge applies on Public Holidays.

IN-ROOM DINING

ALL DAY DINING

Available from 11.30 am – 10.00 pm

ALL DAY BREAKFAST

TWO FREE RANGE EGGS	25
Your style: fried, poached, boiled or scrambled	
Roasted tomato, Gympie field mushrooms, double-smoked bacon and sourdough toast	
INTERCONTINENTAL EGGS BENEDICT	30
Hollandaise sauce and sautéed spinach on an English muffin	
Your choice of ham or smoked salmon	
SMASHED AVOCADO (V, GFO)	28
Green peas, mint, cucumber and radish with sourdough toast	

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IN-ROOM DINING

FLEXIBLE DINING

Tasty, versatile & nutritionally balanced dishes, available all day, everyday.
Available from 11.30 am – 10.00 pm

ANYTIME PLATE

GRILLED HALLOUMI 24 (V)

Organic falafel and hummus served
with a poached egg and grilled sourdough

NOURISH BOWL (Vegan)

ORGANIC QUINOA 23

Beetroot hummus, baby spinach
and fermented pickled vegetables

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ALL DAY DINING

Available from 11.30 am – 10.00 pm

SOMETHING TO SHARE

MEZZE PLATTER 33
Marinated olives, stuffed baby peppers, falafel, dukkha, spiced halloumi, tabbouleh, hummus, vegetable crudites with grilled flat bread

CHARCUTERIE BOARD 44
Three locally sourced artisan cured meats with homemade pickles, relish, marinated olives and toasted sourdough

FROMAGE BOARD 44
Three locally sourced cheeses with homemade lavosh, chutney, dried fruits and water crackers

TAPAS

FRIED LEMON MYRTLE SQUID 24
served with lime chilli dipping sauce

PEA & MINT ARANCINI (GF, V) 24
with passata sauce and shaved parmesan

SWEET POTATO CROQUETS (GF) 24
with beetroot hummus, pepitas and crumbed feta

TRUFFLE FRIES 16
with parmesan mayo

SOUP

ROAST TOMATO SOUP (V) 19
corn, edamame, crusty bread and Manchego cheese

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ALL DAY DINING

Available from 11.30 am – 10.00 pm

SALADS

SEASONAL GARDEN SALAD (Vegan, GF) Heirloom tomatoes, lebanese cucumbers, mesclun and lemon vinaigrette	19
QUINOA AND EDAMAME NOODLE BOWL (Vegan, GF) Rice vermicelli, edamame, broccolini, spinach with Japanesse dressing	24
CLASSIC CAESAR SALAD Baby cos, bacon, egg, white anchovies, parmesan and herbed croutons	26
Add grilled chicken	8
Add grilled prawns	8

SANDWICHES & BURGERS

INTERCONTINENTAL CLUB SANDWICH Smoked bacon, grilled chicken, fried egg, cos, tomato, mayonnaise, Dijon mustard, cheese and fries	33
INTERCONTINENTAL BEEF BURGER Cos lettuce, sliced tomato, dill pickles, cheese, tomato relish, aioli and onion rings on a milk bun served with fries	36
EARTH BURGER (Vegan, DF) Cos lettuce, sliced tomato, dill pickles, vegan cheese, tomato relish, vegan aioli on a vegan bun with fries.	34
FRIED CAULIFLOWER, SWEET POTATO AND FALAFEL WRAP (Vegan) Hummus, baby spinach, cauliflower, sweet potato, falafel wrap with fries	26

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PIZZA

MARGHERITA (V) Heirloom tomato, mozzarella and basil	29
PRAWN AND ROCKET PIZZA Chilli, pineapple, red onion and coriander	31

All pizza bases are thin crust. Gluten-free bread and pizza are available upon request.

SUBSTANTIAL DINING

FRESH PUTTANESCA FETTUCCINI Lemon myrtle, cavolo nero, chilli, leeks and 12 month old Manchego cheese	34
With grilled prawns	42
BEER BATTERED FISH & CHIPS Barramundi, tartare sauce, garden salad and fries	39
ROAST TASMANIAN SALMON (GF) Charred corn, baby spinach, fennel puree and finger lime dressing	46
SLOW COOKED BUTTER CHICKEN Bok choy, steamed basmati rice, mango chutney, cucumber salad and pappadums	38
GRILLED ANGUS SCOTCH FILLET (GF) Garden salad and fries. Sauces - red wine jus or peppercorn	51

SIDES	15
Fries with aioli (DF)	
Garden salad, heirloom tomatoes and cucumber (Vegan, GF, DF)	
Steamed green garden vegetables with olive oil and lemon (Vegan, GF, DF)	
Roast potatoes with sea salt and rosemary (Vegan, GF, DF)	

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AFTERNOON TEA

DEVONSHIRE TEA

House made scones (4) with homemade jam and cream

27

DESSERTS

ICE CREAM

Your choice of three scoops - vanilla bean, dark chocolate, salted caramel, rainbow

16

CARAMEL CHOCOLATE MOUSSE (GF)

Vanilla crumble and raspberry compote

22

VEGAN BROWNIE (Vegan)

Coconut cream and roasted apricot

22

PASSIONFRUIT CHEESECAKE

Fresh blueberries and dark chocolate sheet

22

LEMON TART

Fresh vanilla cream and berries salad

22

SEASONAL FRESH FRUIT PLATE (Vegan, GF, DF)

20

AUSTRALIAN CHEESE PLATE (V)

Fruit chutney, lavosh and dried fruits

30

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PLANET TREKKERS CHILDREN'S MENU

Available from 11.30 am – 10.00 pm

SMALL PLATES	16
Smiley tomato soup (V, GF)	
Crunchy veggies and hummus dip (V, GF)	
Super salad with avocado, greens and Asian dressing (V, GF)	
 BIG PLATES	 21
Happy tomato and basil fettuccine	
Fettuccine bolognese	
Crunchy munchy chicken tenderloins	
Fish fingers	
Yummy beef burger	
 SIDES	
A-maze-ing corn-on-the-cob (V, GF)	12
Broccolini trees with butter (V, GF)	12
French fries (V)	13
 DESSERTS	 12
Iced watermelon popsicles (V)	
Chocolate brownie ice cream sundae (V)	
Hilly Billy ice-cream with 100s & 1000s	
 DRINKS	
Milk	6
Chilled juices: apple, orange, grapefruit, pineapple or tomato	6
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	

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OVERNIGHT MENU

Available from 10.00 pm – 6.30 am

FRIES (V)	15
Crispy fries served with aioli	

CLASSIC CAESAR SALAD	26
Baby cos, bacon, egg, white anchovies, parmesan and herbed croutons	

INTERCONTINENTAL BEEF BURGER (Vegan burger on request)	36
Cos lettuce, sliced tomato, dill pickles, cheese, tomato relish, aioli and onion rings on a milk bun served with fries	

PIZZA

MARGHERITA PIZZA (V)	29
Tomato, mozzarella and basil	

All pizza bases are thin crust. Gluten-free bread and pizza are available upon request

DESSERTS

CARAMEL CHOCOCOLATE MOUSSE	22
Vanilla crumble and raspberry compote (GF)	

ICE CREAM	16
Your choice of three scoops - vanilla bean, dark chocolate, salted caramel, rainbow	

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WINE

SPARKLING WINE AND CHAMPAGNE	Glass	Bottle
Até Sparkling Cuvee, Riverland, South Australia	14	60
Bimbadgen Sparkling, Hunter Valley, New South Wales		70
NV Bimbadgen Moscato, Hunter Valley, New South Wales		70
Jansz Premium Cuvée, Pipers Brook, Tasmania		90
Mumm Grand Cordon Champagne, Reims France		145

WHITES

Bimbadgen Ridge Chardonnay, Hunter Valley, New South Wales	16	70
Bimbadgen Ridge Semillon-Sauvignon Blanc, Hunter Valley, New South Wales	14	70
Innocent Bystander Pinot Gris, Yarra Valley, Victoria		80
Petaluma Chardonnay, Adelaide Hills, South Australia		75
Leeuwin Estate Art Series Riesling, Margaret River, Western Australia		75

ROSÉ

La Luna Rosé, Hunter Valley, New South Wales	14	60
Rameau d'Or Rosé, Cotes De Provence, France		85

REDS

Até Shiraz, Riverland, South Australia	14	60
La Luna Shiraz, Hunter Valley, New South Wales	14	60
St. Hallet 'Garden of Eden', Barossa, South Australia		70
Smith & Hooper Merlot, Wrattenbully, South Australia		75
Lala Land Pinot Noir, Mildura, Victoria		70

BEER AND CIDER

LOCAL BEER	Bottle
Balter XPA, Currumbin Water, Queensland	14
Great Northern Super Crisp, Yatala Queensland	12

DOMESTIC BEER

Pure Blonde, Southbank, Australia	14
Pure Blonde Mid Strength, Southbank, Australia	14

IMPORTED BEER

Peroni Nastro Azzurro, Vigevano, Italy	14
Peroni Nastro Azzurro 0%, Vigevano, Italy	12
Asahi Super Dry, Osaka Japan	14

CIDER & GINGER BEER

Somersby Apple Cider, Denmark	14
Brookvale Union Ginger Beer, Manly, New South Wales	14

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BEVERAGES

SOFT DRINKS	6
Pepsi, Pepsi Max, lemonade, Solo	
Soda water, dry ginger ale, tonic water	
Sparkling mineral water, 750ml	11
Still water, 500ml	7
JUICES AND SHAKES	8
Chilled Juice: apple, orange, grapefruit, pineapple or tomato	
Freshly squeezed juices:	12
Refreshing: watermelon, strawberry, mint	
Awakener: orange, carrot, ginger	
Milkshakes:	14
Speak with a member of our team to discover our flavours	
COFFEE	7
Hand-crafted Vittoria Coffee	
Full cream, skim, soy, almond, oat or lactose-free is milk available upon request	
TEA	6
Loose-leaf Tea by LMDT, choose your favourite from our selection:	
English Breakfast, Earl Grey, Green Tea, Camomile, Lemon & Ginger, Peppermint	
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	
HOT CHOCOLATE	7
Full cream, skim, soy, almond, oat or lactose-free milk is available upon request	

Jet lag? Timeshifter has your new time zone covered.

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Sanctuary Cove, Manor Circle, Hope Island QLD 4212
To make a reservation or for more information,
call +61 7 5530 1234 or visit our Concierge team