



The legend of Navo

For centuries Navo Island has been revered by the Sanasana Villagers for its sacred role in the survival of its people. Located across the channel from Navo Restaurant, the island was once used as a place of safe retreat during times of war and conflict, where women and children sheltered in its secret interior caves, guarded by warriors.

We honour the legend of Navo by showcasing the finest Fijian produce with authentic Fijian touch, accompanied by old and new world wines. All served by our dedicated Navo team.

Inspired by the our surrounding sea and land, our intensive research for the perfect local ingredients, we look to deliver a dining experience with a refined touch and technique, though staying true to Fiji's enriching culture through the colours, aroma and textures.

Supporting local industry is paramount to the success of InterContinental, the map of the Fijian Islands, identifies the areas where we source the ingredients you will find on your plate this evening.

We trust you will enjoy your dining experience with us.

"MARAU TAKA NA NOMU VAKAYAKAVI"

Your Navo Experience

You can expect a unique experience that brings to life the very best of Fijian ingredients and flavours infused with international cooking styles and techniques.

As we bring our Fijian experiences to life, please allow us to share with you more information about our menu and table accessories.

The menu offers a selection of delicacies from the 14 provinces of Fiji and a combination of international graded meats. As examples, you can expect fresh vegetables from the nearby Sigatoka Valley, succulent poultry from Vitogo, the finest grade pork from Vuda, the freshest of lobsters from the Yasawa Islands and the tastiest of fish from the Koro Sea. We also have on offer international imports such as beef, salmon, and lamb. The culinary experience is aimed at being a delight to your senses.

In line with our sustainable efforts to support the local community, your table is adorned with decorative pieces all hand made by women and children from rural communities located in the Western interior of Fiji. The place mats are handmade by the women of Vatawai Village, located at the base of Mt. Evans in the province of Ba. The table runners resemble an ibe ni kana or table mat and these are made by women from within the provinces of Ra and Ba. The table runners and napkins are all handmade and for some families the purchase of these products is the single source of income they have coming into their homes.

We have local artisans who have extended their techniques to crafting especially made mother of pearl shells for your side plate with a knife made also from mother of pearl and a handle made from coconut wood.

Your dining experience is brought to life by our exceptional team of wait staff. Do feel free to let them know if there is anything additional that they can do to enhance your dining experience this evening. We have much pleasure in looking after you and are delighted to be of service.

NAVO DEGUSTATION MENU

Dine off our chef's carefully crafted signature menu, using the finest Fijian produces. \$140 per person, food only

Madrai

Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection

1st Course

Ika koda

Local caught tuna cudo, toasted nori, wasabi aioli & avocado

2nd Course

Qari

Mud crab and clam linguini, dashi butter, tossed sesame and pea sprouts

Main Course

Sipi (GF)

Smoked lamb shoulder in banana leaf, wild ginger and carrot and pan jus

or

Ika drodrolagi (GF)

Line Caught fish of the day, Wainadoi vanilla cream, crab & potato puree, taro crisp salad

Dessert

Kofi (V)

Fiji-misu, lady fingers soaking in Kofi vodka, coconut mascarpone and pineapple

Coffee

Your selected espresso

Please note this is a cashless venue and payment is only accepted by room charge or credit card. All prices in the resort is inclusive of government taxes and levies.

Please inform your attendant of any special dietary or allergen requirements. VGVegan | VVegetarian |GF Gluten Free | GFO Gluten Free Option | DF Diary Free

BREAD WITH COMPLIMENTS

MADRAI

Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection

DROKA | RAW

Kokoda urau 70 (GF/DF)

Yasawa lobster, lime, coconut cream, lemon grass & coriander

Ika ni cakau 38 (GF/DF)

Bush lemon cured reef snapper, jalapeno chilli, cucumber crisp tortilla

Ika koda 38

Local caught tuna cudo, toasted nori, wasabi aioli & avocado

SALUWAKI NI KAKANA DRAUDRAU | SALAD

Qari wai tom 36 (GF/DF)

Mud crab, Wai tom dressing, young coconut, green papaya, dhanya leaves

Letisi 33 (GF/DF/VG)

Grapefruit carpaccio, local salad leaves, yellow beets & candied walnuts

Jisi tomato 36 (GF/V)

Local made fresh mozzarella, heirloom tomato, honey balsamic

Vuaka ni vuda 36 (GF/DF)

Crispy Vuda pork & prawn, grated coconut, mint, pickled pineapple, bongo chilli jam

VA QA | HOT STARTER

Urau ni vei vatu 50 (GF)

Slipper lobster halves with Mornay creamy cheese sauce and Gruyere cheese

Civa 38 (GF)

Baked sea scallops in local spice curry, grilled lime & dhanya leaf relish

Qari **35**

Mud crab and clam linguini, dashi butter, tossed sesame and pea sprout

Topoi papukeni 32 (V)

Pumpkin & cream cheese ravioli, sage and macadamia nut

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AI LUTUA VA GA | MAIN

Ika turaga va rokete **65 (GF)**

Masala spice king salmon, coconut pure, cauliflower, bush lemon gel

Ika drodrolagi **55 (GF)**

Line caught fish of the day, Wainiadoi vanilla cream, crab & potato puree, taro crisp salad

Ga ni Vitgog 56 (GF/DF)

Confit Vitogo duck, spicy braised eggplant, duck ham salad

Sipi **65 (GF)**

Smoked lamb shoulder in banana leaf, wild ginger and carrot and pan jus

Toa ni Colo-I-Suva 48

Free range chicken, baked baby onions, jus gras

Suvu sasalu 58 (DF)

Stewed Fijian seafood hotpot, saffron, fennel, local tomato & fermented taro flat bread

Kakana draudrau 45 (GF/V)

Locally grown oyster mushroom risotto, ota greens and parmesan

TAVU | GRILLS

Urau 600g \$100 | 1Kg \$160 (GF)

Hand caught tropical lobster

Urau 600g \$110 | 1Kg \$160 (GF)

Lobster Thermidor- baked with a light mustard sauce and Gruyere cheese

Urau 600g \$110 | 1Kg \$160 (GF)

Lobster Bongo chilli and garlic – Local chili paste, finished with grilled lime & herb

Ika tavu 55 (GF)

Yellowfin Tuna 220g – Fiji locally caught

ika turaga tavu 65 (GF)

King Salmon 220g – NZ served medium-rare

Wai ki vanua 85 (GF)

Filet mignon, garlic Navuaprawn tails, hollandaise, pomme puree

Bulumakaku 75 (GF)

300g Black Angus ribeye with local mushroom ragout

Bulumakaku 70 (GF)

300g Prime cut Porterhouse with kava peppercorn sauce

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RUKUNA | SIDES

Pateta 16 (DF/V)

Roasted chat potatoes

Pateta tavuteke 16 (GF/DF/VG)

Truffled shoestring fries

Ota va niu 16 (GF/DF/VG)

Long beans and ota, coconut and garlic

Raisi va lolo 16 (GF/DF/VG)

Coconut rice

Bhindi 16 (GF/DF/VG)

Fried okra with spiced tomato and curry leaves

VAKA LOMA VINAKA | DESSERT

Jokeliti niu 20 (V)

Salted Vanua chocolate and coconut tart, caramel, mascarpone cream

Kofi 20 (V)

Fiji-misu, lady fingers soaking in Kofi vodka, coconut mascarpone and pineapple

Keke vudi 20 (V)

Vudi dohnut, cinnamon sugar, custard cream, vudi chips & Wainadoi vanilla ice cream

Moli karo aisikirimu 20 (GF/V)

Bush lemon and yoghurt Galati, toasted meringue, local honey and pistachio

Vuata vei waki 20 (GF/DF/V)

Tropical local fruit salad, passion fruit jelly, glass biscuit, sorbet

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PRIVATE CABANA EXPERIENCE



Celebrate the spirit of romance and experience the luxury of dining in a private cabana, set against an inspiring ocean backdrop. Indulge off our lavish *Cabana Menu*, served by your own personal waiter, as the warm breeze and gentle waves set the mood for an evening of romance.

This experience is exclusive to two couples per evening. For reservations contact our team on 3336

CABANA MENU

24 hours' notice required for booking - maximum of 2 people per night. \$250 per person, food only

Madrai

Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection

1st Course

Kokoda urau (GF/DF)

Yasawa Lobster, lime, coconut cream, lemon grass & coriander

2nd Course

Civa (GF)

Baked sea scallops in local spice curry, grilled lime & dhanya leaf relish

Main Course

Wai ki vanua (GF)

Filet mignon, garlic Navua prawn tails, hollandaise, pomme puree

or

Suvu sasalu (DF)

Stewed Fijian seafood hotpot, saffron, fennel, local tomato & fermented taro flat bread

Dessert

Jokeliti niu (V)

Salted Vanua chocolate and coconut tart, caramel, mascarpone cream

Coffee

Your selected espresso

KIDS MENU

Available from 05:30pm until 07:00pm.

Grilled Tuna Salad with Avocado, Tomato and Local Lettuce 21

Honey Soy Baked Boneless Chicken Legs on Egg Fried Rice 21

Tempura Fish Fingers with Fries, Lemon and Aioli 21

Chicken Nuggets with Fries and Vegetables 21

Mushroom Risotto with Local Greens and Parmesan Cheese 21

Penne Napolitano with Basil, Tomato and Cheese 21

Chicken Schnitzel with Potato Bake & Mini Salad 22

Spaghetti Bolognese with Parmesan Cheese 21

Grilled Angus Beef Steak with Green Beans and Carrot Puree 30

Salmon Stir-Fry with Asian Vegetables and Soy Sauce 30