

THE LEGEND OF NAVO

For centuries, Navo Island has been revered by the Sanasana Villagers for its sacred role in the survival of their people. Located across the channel from Navo Restaurant, the island was once used as a place of safe retreat during times of war and conflict, where women and children sought shelter in its secret interior caves guarded by warriors.

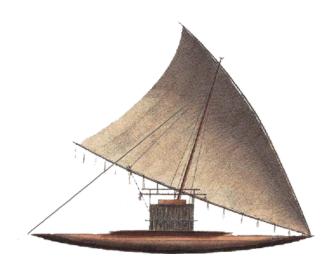
We honor the legend of Navo by showcasing the finest Fijian produce with an authentic Fijian touch, accompanied by old and new world wines, all served by our dedicated Navo team.

Inspired by our surrounding sea and land, and through intensive research for the perfect local ingredients, we strive to deliver a dining experience with a refined touch and technique, while staying true to Fiji's enriching culture through the colors, aromas, and textures.

Supporting the local industry is paramount to the success of InterContinental. The map of the Fijian Islands identifies the areas where we source the ingredients you will find on your plate this evening.

We trust that you will enjoy your dining experience with us.

"MARAU TAKA NA NOMU VAKAYAKAVI"



YOUR NAVO EXPERIENCE

You can expect a unique experience that brings to life the very best of Fijian ingredients and flavours infused with international cooking styles and techniques. As we bring our Fijian experiences to life, please allow us to share with you more information about our menu and table accessories.

The menu offers a selection of delicacies from the 14 provinces of Fiji and a combination of international-grade meats. For example, you can expect fresh vegetables from the nearby Sigatoka Valley, succulent poultry from Vitogo, the finest-grade pork from Vuda, the freshest lobsters from the Yasawa Islands, and the tastiest fish from the Koro Sea. We also have international imports such as beef, salmon, and lamb on offer. The culinary experience aims to delight your senses.

In line with our sustainable efforts to support the local community, we have partnered with "Rise Beyond the Reef", a Fijian non-profit that bridges the divide between remote communities, government and the private sector in the South Pacific, sustainably creating a better world for women and children.

Your table is thoughtfully adorned with decorative pieces all handmade by women and children from rural communities located in the Western interior of Fiji. The place mats are handmade by the women of Vatawai Village, located at the base of Mt. Evans in the province of Ba. The table runners resemble an ibe ni kana or table mat, and these are made by women from within the provinces of Ra and Ba. The table runners and napkins are all handmade, and for some families, the purchase of these products is the single source of income they have coming into their homes.

Local artisans have extended their techniques to crafting especially made mother-of-pearl shells for your side plate, with a knife also made from mother-of-pearl and a handle made from coconut wood.

Your dining experience is brought to life by our exceptional team of waitstaff. Please feel free to let them know if there is anything additional they can do to enhance your dining experience this evening. We have much pleasure in looking after you and are delighted to be of service.



NAVO DEGUSTATION MENU

Dine off our chef's carefully crafted signature menu, using the finest Fijian produce. FJD\$160 | AUD\$109 per person, food only

Madrai Vavi

Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection

1st Course

Ika va tavutavu (CS / DF)

Tataki of tuna

Raw papaya salad, nahm jihm, lychee, avocado, kikkoman jelly

2nd Course

Dakoba ni kakana dina (V/CN)

Textures of beetroot

Goat cheese, rocket, pistachio, macadamia, honey pepper dressing

Main Course

Toa ni Colo-I-Suva (GF / DF)

Smoked chicken

Locally grown chicken, braised in banana leaf, cassava, coriander chutney

or

Ika ni baravi (GF / CS / DF)

Grilled Barramundi

Sweet potato, bongo chilli, mussel and mushroom ragout, tomato and dhaniya salsa

Dessert

Purini vaka niu (CD / CE)

Purini coconut pave

Purini cake, coconut crémeux, tropical fruits, coconut lemongrass sorbet

Coffee

Your selected espresso

Madrai Vavi ($GF/DF/V$) Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection		
DROKA RAW	FJD	AUD
Kokoda urau (GF / DF) Yasawa lobster Lime, coconut cream, lemon grass, coriander	75	51
Ika ni cakau (CN / CS / DF) Salmon tiradito Local greens, fresh salmon, coriander, chilli, chia seeds	58	40
Ika va tavutavu (CS / DF) Tuna tataki Raw papaya salad, nahm jihm, lychee, avocado, kikkoman jelly	42	29
SALUWAKI NI KAKANA DRAUDRAU SALAD		
Saluwaki ni Qari vaka turaga (GF / CN / CS / DF) King crab Cucumber, grapefruit, tamarind chutney, papadum, fried onion, garlic	<i>38</i>	26
Dakoba ni kakana dina (V / CN) Textures of beetroot Goat cheese, rocket, pistachio, macadamia, honey pepper dressing	<i>35</i>	24
Jisi tomato ($GF/V/CN$) Tomato mozzarella Local made fresh mozzarella, heirloom tomato, honey balsamic, cassava bread, pesto	42	29
Vuaka ni vuda kei na ura (GF / CN / CS / CP) Glocal pork & prawn Lumi custard, pork belly, sweet potato, prawn tempura, chuga wakame cream	45	31
Please notify your wait staff should you have any special dietary requirements, special requests or allergens. Our Chefs are fur equests. Payments are transacted in Fijian dollars and inclusive of Fiji Government taxes. AUD prices are as a guide and base the time menu was printed. The venue is cashless and bill will be charged to your room to be settled at check out.		

VG Vegan | V Vegetarian | GF Gluten Free | DF Dairy Free | CP Contains Pork | CS Contains Seafood | CN Contains Nuts

BREAD WITH COMPLIMENTS

VA QA HOT STARTER	FJD	AUD
Urau ni vei vatu (GF)	50	34
Slipper lobster		
Mornay, gruyere cheese		
Sasalu ni wai tui (CN / CS)	42	29
Spirit of ocean		
Truffled spinach oat porridge, toro salmon, local clams, curried scallops, crispy		
mussels, purple sweet potato crisps		
Sasalu ni wai tui kei na kakana draudrau (CN / CS / DF)	<i>38</i>	26
Buckwheat soba noodles		
Garden vegetables, Fijian pesto, melange of seafood		
Topoi vaka cilimi e na daliga ni tevoro (CN)	<i>35</i>	24
Mushroom tortellini		
Pumpkin & green pea ragout, toasted pinenut, basil oil		

AI LUTUA VA GA MAIN Ika vaka turaga va rokete (GF / CS / DF) Masala spiced king salmon Curried cauliflower puree, bush lemon gel	FJD 70	AUD 48
Ika ni baravi (GF / CS / DF) Barramundi Sweet potato, bongo chilli, mussel and mushroom ragout, tomato & dhaniya salsa Served steamed or pan fried	68	47
Ga ni Vitogo (GF) Pan fried duck breast Steamed carrot and lemongrass, braised beetroot, duck salad, pressed potato, duck jus	60	41
Yava ni Sipi Braised lamb shanks Ras el hanout, textures of artichoke, soft polenta, lamb jus, burnt bush lemon	68	47
Toa ni Colo-I-Suva (GF / DF) Smoked Chicken Locally grown chicken, braised in banana leaf, broiled cassava, coriander chutney	50	34
Sasalu ni wai tui kei na tamarini (GF / CS / DF) Tamarind seafood White snapper, mussels, clams, prawns, tamarind, rice crackers, garden vegetables	75	51
Kakana draudrau vaka raisi malumu (GF / V) Locally grown oyster mushroom risotto Ota greens, parmesan Please notify your wait staff should you have any special dietary requirements, special requests or allergens. Our Chefs are fully train requests. Payments are transacted in Fijian dollars and inclusive of Fiji Government taxes. AUD prices are as a guide and based on cu		
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TAVU GRILLS		
Our Lobsters are sold per 100g	FJD	AUD
<pre>Urau (GF / CS) Hand caught tropical lobster</pre>	21	15
<pre>Urau vaka jisi (GF / CS) Lobster thermidor - baked with a light mustard sauce and gruyere cheese</pre>	23	17
Urau vaka rokete kei na moli (GF / CS)Lobster bongo chilli and garlic – local chilli paste, grilled lime & herb	21	15
Yatunitoga (GF / CS) Yellowfin tuna 180g – locally caught Coconut & cauliflower puree, confit garlic, potato gratin, lemon butter sauce	60	41
Ika vaka turaga (GF / CS) King salmon Coconut & cauliflower puree, confit garlic, potato gratin, lemon butter sauce	70	48
Wai ki vanua (GF / CS / CP) Sea & fire Grilled filet mignon, parma ham wrapped prawns, pok choy, Fijian influenced pepper sauce	85	58
Bulumakaku 250gm Black Angus Ribeγe Curried mushroom cous cous, grilled zucchini, red wine jus	86	59

TAVU GRILLS	FJD	AUD
Ura vaka turaga (GF / CS)	<i>70</i>	48
Harrisa King Prawns Ving praying gyest notate rigotte plants in china prayin care mel		
King prawns, sweet potato risotto, plantain chips, prawn caramel		
Bulumakaku uasivi (GF)	<i>70</i>	48
250gm prime cut Porterhouse		
Potato gratin, garlic, mustard & peppercorn sauce, celeriac & onion puree, confit garlic		
RUKUNA SIDES	FJD	AUD
Pateta (DF / V)	18	13
Roasted chat potatoes		
Pateta tavuteke (GF / DF / VG)	18	13
Truffled shoestring fries		
Ota va niu (GF / DF / VG)	18	13
Long beans & ota, coconut & garlic	10	19
Raisi va lolo (GF / DF / VG) Coconut rice	17	12
	18	13
· · · · · · · · · · · · · · · · · · ·	20	15
Coconut rice **Bhindi (GF / DF / VG)** Fried okra with spiced tomato & curry leaves **Voreti kei na kakana draudrau (GF / DF / VG)** Quinoa vegetables & herbs	18	13

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VAKA LOMA VINAKA DESSERT		
	FJD	AUD
Keke Jokeliti Malumu (CD, CE)	<i>30</i>	20
Chocolate Fondant		
Chocolate fondant, raspberry sorbet, berry gel, chocolate crisp		
Purini Vaka Niu(CD, CE)	29	20
Coconut Pave		
Purini cake, coconut crémeux, tropical fruits, coconut lemongrass sorbet		
Dakoba Ni Jokeliti (CD, CE, CN)	29	20
Texture of Chocolate		
Chocolate ganache, dehydrated chocolate mousse, brownie, raspberry sorbet, berry gel		
Maqo Vaini Kei Na Sago Voreti (VG, GF)	29	20
Mango Passion Sago Pudding		
Mango, sago, coconut, mango passion sorbet		
Vuata Vei Waki (VG, GF)	18	<i>12</i>
Selection of local fruits		
Digitaka Nai Vaka Loma Vinaka (VG, GF)	15	10
Selection of sorbet		
Mango passion, coconut lemongrass, raspberry sorbet		
(choice of two scoops per portion)		

AN INDULGENT LIMITED-EDITION CREATION

FJD AUD

Savour the magic of Navo with our exclusive limited-edition dessert.

30 20

Introducing **'Keke jokeliti malumu'**, a decadent Bailey's Chocolate Fondant crafted to tantalise your taste buds.

This rich and indulgent dessert pairs velvety chocolate fondant with luscious **Bailey's ice cream**, complemented by a **delicate berry gel** and **crispy chocolate** accents.

Each bite is a harmonious blend of deep, luxurious flavours and contrasting textures, offering a truly unforgettable culinary experience.

(CD, CE, CA)

Available only from 28th January to 15th February 2025.

PRIVATE CABANA EXPERIENCE



Celebrate the spirit of romance and experience the luxury of dining in a private cabana, set against an inspiring ocean backdrop. Indulge off our lavish Cabana Menu, served by your own personal waiter, as the warm breeze and gentle waves set the mood for an evening of romance.

This experience is exclusive to two couples per evening. For reservations contact our team on 3336.

CABANA MENU

24 hours' notice required for booking - maximum of 2 cabanas per night FJD\$250 | AUD\$170 per person, food only

Madrai Vavi

Freshly baked bread, olive oil & 'SOUTH SEA SALT' selection

1st Course

Kokoda urau (GF / DF)

Yasawa lobster

Lime, coconut cream, lemon grass & coriander

2nd Course

Sasalu ni wai tui (CN / CS)

Spirit of ocean

Truffled spinach oats porridge, toro salmon, local clams, curried scallops, crispy mussels, purple sweet potato crisp

Main Course

Wai ki vanua (GF / CS / CP)

Sea and Fire

Grilled filet mignon, parma ham wrapped prawns, pok choy, Fijian influenced pepper sauce

or

Sasalu ni wai tui kei na tamarini (GF / CS / DF)

Tamarind Seafood

White snapper, mussels, clams, prawns, tamarind, rice crackers, garden vegetables

Dessert

dakoba ni jokeliti (CN)

Textures of Chocolate

Sea salt brownie, cremeaux, ganache, dehydrated chocolate, citrus fruit, goji berry, macadamia

Coffee

Your selected espresso



CABANA MENU

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Spirit of ocean

Truffled spinach oat porridge, toro salmon, local clams, curried scallops, crispy mussels, purple sweet potato crisp

Main Course

Wai ki vanua (GF / CS / CP)

Sea and Fire

Grilled filet mignon, parma ham wrapped prawns, bok choy, Fijian inspired pepper sauce

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Sasalu ni wai tui kei na tamarini (GF / CS / DF)

Tamarind Seafood

White snapper, mussels, clams, prawns, tamarind, rice crackers, garden vegetables

Dessert

Dakoba ni jokeliti (CN) Textures of Chocolate

Sea salt brownie, cremeux, ganache, dehydrated chocolate, citrus fruit, goji berries, macadamia nuts

Coffee

Your selected espresso

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SOUTH SEA SALT



Pristine sea water is sourced from the open Pacific ocean and brought to the South Seas Salt Farm in Fiji.

To ensure optimum purity, the seawater goes through a three stage filtration process before being poured into covered solar evaporation tables or salterns. It takes one to three weeks (depending on the weather) before crystallization naturally occurs. South Seas Salt is harvested by hand before being wrapped in muslin and dried gently in the sun.

Skilled artisan salt makers use age old techniques to ensure South Seas Salt retains the minerals of the sea, tastes delicious and provides the perfect crunch and burst of flavour when sprinkled on food. With a taste that has been described as "straight from the sea". South Seas Salt is bright, clean and gentle in taste and enhances the flavours of foods to perfection.

You are able to purchase South Seas Salt for FJ\$30 to take back home. Talk to your wait staff on how to order.







KIDS MENU

Available from 05:30pm until 07:30pm	FJD	AUD
Grilled tuna salad with avocado, tomato and local lettuce	21	15
Honey soy baked boneless chicken legs on egg fried rice	21	15
Tempura fish fingers with fries, lemon and aioli	21	15
Chicken nuggets with fries and vegetables	21	15
Mushroom risotto with local greens and parmesan cheese	21	15
Penne napolitano with basil, tomato and cheese	21	15
Chicken Schnitzel with potato bake & mini salad	21	15
Spaghetti Bolognese with parmesan cheese	21	15
Grilled Angus beef steak with green beans and carrot puree	<i>30</i>	21
Salmon stir-fry with Asian vegetables and soy sauce	<i>30</i>	21