

# SMALL PLATES

- **Tuscan Pappa al Pomodoro** 625  
Kcal 310 🌱 🌱  
Farm harvested plum tomatoes,  
seasoned with basil and garlic.  
Served with cheese croutons
- **Asian Clear Soup** Kcal 195 675  
A light, flavourful soup with Asian  
greens, lemongrass and galangal  
▲ Add on Chicken Kcal 158 150  
▲ Add on Prawns Kcal 232 🌱 200
- **L&S Caesar** Kcal 250 🌱 🌱 🌱 725  
Romaine lettuce, croutons with  
Caesar dressing and parmesan  
▲ Add on Grilled Chicken Kcal 158 150  
▲ Add on Prawns Kcal 238 🌱 200
- **Young Beet, Quinoa  
Granny Smith Salad** Kcal 290 🌱 🌱 725  
Thyme scented roasted beets, green apple,  
quinoa, feta, maple mustard vinaigrette  
coated with breadcrumbs and deep-fried  
Served with pico de gallo
- **Burnt Dragon Chilli Cottage  
Cheese** Kcal 550 🌱 🌱 825  
Wok fried cottage cheese, tossed  
with dragon chilli, soy and red wine
- ▲ **Shish Taouk** Kcal 489 🌱 🌱 1150  
Middle Eastern spiced chicken  
skewers, served with creamy  
muhammara

# FLEXIBLE DINING

Tasty, versatile and nutritionally balanced dishes, available all day, everyday

## ANYTIME PLATES

- **Avocado & Feta Toast** Kcal 413 🌱 750  
Hass avocado, cherry tomatoes, paprika butter, balsamic drizzle
- ▲ **Chicken Kathi Roll** Kcal 342 🌱 🌱 750  
Kolkata style chicken roll with sautéed onions, peppers, kasundi mustard  
and mint chutney. Served with masala fries

## NOURISH BOWLS

- **Dubu Salad** Kcal 413 🌱 825  
Steamed tofu and sliced avocado with soy sesame dressing, on a  
bed of sautéed spinach
- ▲ **Herbed Smoked Indian Snapper** Kcal 490 🌱 1750  
Snapper smoked with herbs, served with barley pilaf, and chipotle  
cherry tomato emulsion

Government taxes extra, we levy no service charge.

● Vegetarian ▲ Non-Vegetarian 🌱 Vegan 🌱 Jain 🌱 Gluten Free  
🌱 Sulphite 🌱 Lactose 🌱 Soya 🌱 Egg 🌱 Nuts 🌱 Seafood 🌱 Crustaceans  
Please notify your server of any food allergies or intolerances when ordering.  
We cannot guarantee the total absence of allergens in our dishes.

# SHARING PLATES

## Pasta In Your Style Kcal 420 1050

- Choice of pasta :  
Penne / fettuccini / spaghetti
- Choice of vegetables :  
Broccoli / mushroom / olives / carrots /  
zucchini / asparagus
- ▲ Choice of non-vegetarian  
Chicken 150  
Bacon 200  
Fish 200  
Prawn 225
- Choice of sauce :  
Mornany / alfredo /arabiatta / pesto /aglio oil /  
paprika
- ▲ Choice of sauce :  
Carbonara

## ● Mumbai Masala Toasties 825

Kcal 460  
Mumbai's local sandwich, stuffed with  
spiced mashed potatoes and toasted

## ● Vegetable Kebab Paratha 825

825 Kcal 420  
A lucknowi bread roll filled with  
spiced vegetable kebabs and  
served with masala fries

## ▲ Classic Club Sandwich 895

Kcal 576  
Toasted bread, ham, cheese,  
tomato, lettuce, egg, chicken in mayo

## ▲ Classic Griddle Burger 895/950

Kcal 520  
Grilled patty, aged melted cheddar,  
caramelised onions, truffle garlic crème.  
Your choice of meat, chicken or buff

# FLAT BREADS

- Rustic handpulled flat bread with home made  
tomato sauce mozzarella and extra virgin olive oil
- Mushroom, leek and feta cheese kcal: 390
- Roasted bell pepper, olives and basil kcal: 350
- ▲ Spicy smoked chicken and roasted shallots kcal: 405
- ▲ Pepperoni kcal: 450

## SIDES

- Home Fries Kcal 320 495  
Sea salt / peri peri / truffle oil

- Buttery Potato Mash Kcal 240 495

- Garlic Bread Kcal 264 495  
With cheese

- House Salad Kcal 165 595

- Exotic Veggies Kcal 265 595

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# DESSERTS

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- **Ice Creams** Kcal 240 🌱 🌾

A choice of bavarian chocolate, very berry strawberry, alphonso mango, classic vanilla

525
- 🌱 ● **Seasonal Fruit Platter** Kcal 316

625
- **Hazelnut Mandarin Brownie** Kcal 310 🌱 🌾 🌿

Dense and gooey brownie with mandarin zest, served with hot orange infused chocolate sauce

625
- **Sticky Date Pudding** Kcal 310 🌱 🌾 🌿

A sugar free dessert served with homemade date coulis

650
- **Baked Cheesecake** Kcal 440 🌱 🌾 🌿

Fresh seasonal fruits or berries, mascarpone and cookie crumbs

750
- ▲ **Tiramisu Cup** Kcal 450 🌱 🌾

Italian coffee sponge layered with coffee and rum infused mascarpone  
Served with a cold espresso shot

675

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