



INTERCONTINENTAL®  
LUSAKA



ROOM SERVICE MENU

The Private Dining is designed to offer the culinary delights created by our Executive Chef within the privacy and comfort of your own room.

On the following pages you will find a vast range of dishes which shall suit all occasions and appetites during your stay.

To place your order, please press **ROOM SERVICE** button on your telephone or dial 2059

All prices are in Zambia Kwacha inclusive of taxes and service.

Enjoy your meal,





## HEALTHY EATING

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### ABOUT BREAKFAST

Served from 06:30hrs until 10:30hrs Weekdays  
from 06:30 to 11:00hrs Weekends and public  
holidays

Breakfast is the most important meal of the day!

Your Body relies on a constant supply of energy to function well and after sleeping for 6 to 10 hours, breaking the fast provides a boost of energy in the form of food. Breakfast is essential in providing your body with vital nourishment for the day ahead and kick start the body's metabolism, digestion and the brain into action.

Eating breakfast has been proven to improve concentration, mental performance, memory and mood, as well as in maintaining long term weight loss and reducing the risk of obesity and insulin resistance

A good breakfast includes complex carbohydrates, which are slow to release energy and provide vitamins, minerals and fibre.

## BREAKFAST MENU

FRESH FRUIT SALAD WITH SYRUP OR FRESH SLICED FRUITS (Vegan)	140
CHEESES, COLD CUTS & GREENS PLATTER 3 cheeses, assorted polony Cucumber, tomato <i>D/G/E/P</i>	190
HEALTHY BREAKFAST Seasonal fresh fruit salad served with a choice of muesli or cornflakes, fresh fruit juice or fruit or vegetable centrifugate <i>G/D/RAISINS/V</i>	220
GLUTEN FREE BREAKFAST Fresh squeezed juices, fresh seasonal fruit platter, fructose-free toasted granola, with prunes, almond milk, two organic eggs, chicken strips, cherry tomatoes <i>E/raisins</i>	210
CONTINENTAL BREAKFAST Freshly squeezed juices or daily smoothies, assorted pastries, french toast or bread rolls, assorted honey and preserves, cereals and milk <i>D/E/G/raisins</i>	260
EGGS OF YOUR CHOICE Scramble, fried, boiled eggs or omelet: Select your filling from cheese, beef Macon or pork bacon or mixed vegetables. Served with pork, beef or chicken sausage, bakery basket with breakfast rolls, croissant Danish & toast, selections of preserves or honey & butter, coffee, tea, or hot chocolate on your choice <i>D/G/E/P/N/Raisins</i>	280
OUR SMOKED SALMON EGG BENEDICT Two poached eggs served with smoked salmon; cream cheese avocado served on a French toast brown bread <i>D/G/E/F</i>	310
AMERICAN BREAKFAST Fresh squeezed juice, assorted pastries, cereals and milk, eggs on your choice and three side garnishes within: (pork bacon, chicken or beef sausages, roasted potatoes, mushrooms, baked beans, grilled tomato), seasonal fresh fruit platter, hot beverages on request <i>D/G/E/P/N/Raisins</i>	300
CEREALS OAT MEALS OR MUESLY Choose your favorites: (Corn flakes, rice crispies, Choco pops, Bircher muesli) accompanied with full-fat or skimmed milk, soya bean milk, hot or cold <i>D/G</i>	110
YOGURT: plain or fruit flavored Served with two compotes <i>D</i>	95

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## FRESHLY BAKED EVERY MORNING

### BAKERY BASKET

Mini Danish pastry, croissant, muffin, breakfast roll, served with butter and assorted preserves or jams *D/G/N/E/Raisins*

110

### ASSORTED MINI CROISSANT WITH BUTTER AND JAM

Traditional French puff pastry 3 pcs *D/G*

90

### ASSORTED MINI MUFFINS:

Plain or stuffed with chocolate or blueberries 3 pcs *D/G*

90

### ASSORTED MINI DANISH PASTRY

3 pcs puff pastry topped with fruit and custard cream *D/G/Raisins/N*

90

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**ALL DAY MENU**  
**AVAILABLE FROM 11:30AM TO 23:00PM**  
**SNACKS AND SANDWICHES**

<b>FRENCH FRIES</b>		90
plain, served in a basket with mayonnaise and tomato sauce	V/D/E	
Or		
<b>LOADED</b> Topped with melted cheddar cheese	V/D/E	110
<b>BBQ BUFFALO WINGS 6 PCS</b>		155
Served in a lava pot with French fries and a side blue cheese sauce	G/D	
<b>SAMOOSAS</b>		120
<b>INDIAN</b>	Stuffed with spicy potato served with mint chutney	V/G/D
<b>CHICKEN</b>	Stuffed with spicy minced chicken and served with mint chutney	G/D
<b>BEEF</b>	Stuffed with grounded spicy beef served with mint chutney	G/D
<b>CHICKEN TENDERS 6 PCS</b>		185
Crumbed chicken strips fried, topped with melted cheddar cheese, served with spicy sauce	D/G	
<b>CHICKEN QUESADILLAS</b>		185
Chicken strips & cheddar cheese stuffed tortillas served with salsa, melted cheddar cheese & guacamole	G/D	
<b>BEEF SLIDERS</b>		195
Three mini cheeseburgers served with a basket of French fries	G/D/Sesame	
<b>BEEF or CHICKEN SALAD</b>		185
Beef or Chicken strips, colored bell peppers, assorted lettuce, cabbage, cherry tomatoes, walnuts, orange segments, blue cheese, topped with orange dressing	N/D	

**TOASTED SANDWICHES (SINGLE/DOUBLE)**

PLEASE CHOOSE IF YOU WANT YOUR SANDWICH WITH WHITE OR BROWN BREAD, CIABATTA  
BAGUETTE OR BROWN BREAD LOAF

<b>BOTANICAL CLUB SANDWICH</b>		210
Layers of toasted bread with grilled beef or pork bacon, grilled chicken breast, egg omelet, lettuce, tomato and mayo served with a basket of French fries	G/D/E/P	
<b>CHEESE AND TOMATO SANDWICH</b> served with a basket of French fries	D/V/G	85/170
<b>CHICKEN &amp; MAYO SANDWICH</b> served with a basket of French fries	E/G	90/180
<b>HAM CHEESE &amp; TOMATO SANDWICH</b> Served with a basket of French fries	E/G/P/D	90/180

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<b>BACON &amp; EGG SANDWICH</b>	90/180
served with a basket of French fries <i>E/G/P/D</i>	
<b>CIABATTA VEGETARIANA</b> (Vegan)	185
Ciabatta bread pressed with grilled vegetables, cornichons, and basil pesto sauce <i>V/G/N</i>	
<b>CLASSIC BURGER</b>	210
100% Beef burger patty, lettuce, tomato, onion, and pickles in sesame bun served with a basket of French fries <i>G/D/Sesame/E</i>	
Extra Cheese	10
Extra Bacon	20
<b>MEXICAN CHEESEBURGER</b>	220
Cheeseburger topped with guacamole, chili Jalapenos and black beans served with French fries & salsa Pico de Gallo <i>G/D/Sesame/E</i>	

## STARTERS AND SALADS

<b>SMOKED NORWEGIAN SALMON PLATTER</b>	290
Served on a bed of fresh salad and topped with capers and onion rings <i>F</i>	
<b>GUAZZETTO 6 PCS TIGER PRAWNS</b>	340
In spicy tomato ragout served with garlic bread <i>C/G/D</i>	
<b>EGGPLANT "PARMIGIANA"</b>	160
Golden-fried eggplant with tomato ragout, Grana Padano cheese and basil leaves <i>V/D/G/Celery</i>	
<b>CAESAR SALAD</b>	135
Iceberg lettuce with Caesar dressing bread croutons and parmesan shavings <i>F/C/D/E</i>	
Extra Chicken	50
Extra Prawn tails	75
<b>GREEK SALAD</b>	160
Iceberg, tomato, cucumber, red onion, bell peppers and kalamata olives Infused in lemon, oregano & olive oil dressing, topped with feta cheese <i>V/D</i>	
<b>CHICKEN SALAD</b>	185
Chicken strips, colored bell peppers, assorted lettuce, red cabbage, cherry tomatoes, walnuts, orange segments, blue cheese with orange dressing <i>N/D</i>	

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## SOUPS

OVEN ROASTED TOMATO SOUP Topped with parsley sauce V/G	(Vegan)	115
MUSHROOM SOUP With truffle scent V/D		155
SOUP OF THE DAY Please ask our staff for the availability of the day V/D		105

## OUR TRADITIONAL FOOD

ZAMBIAN CHIKANDA SALAD Traditional Zambian vegetable polony served with tomato & onions V	(Vegan)	115
NCHENGA: Fried fish, served with fresh tomato and onion gravy F/G		125
VILLAGE CHICKEN “TUMBUSKA STYLE” Chicken stew served with Nshima and traditional condiments.		335

## PASTA & RISOTTO

“ARRABBIATA” Penne pasta in spicy tomato ragout G/V		245
“BOLOGNESE” Home made tagliatelle pasta with beef ragout G/E/Celery		280
“ALFREDO” Penne pasta with chicken and mushrooms creamy sauce D/G		280
TIGER PRAWNS' RISOTTO Arborio risotto with tiger prawn tails and baby marrow, also available with baby lobster C/F/D/A	<b>chef signature risotto</b>	410

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## MAIN COURSES

<b>BBQ PORK CHOPS</b> 350g	370
Served with spicy potato wedges & seasonal vegetables <i>G/P</i>	
<b>T-BONE STEAK</b> 350g	440
Premium cut T-bone with peppercorn or mushroom sauce served with spicy potato wedges and seasonal vegetables <i>D</i>	
<b>BEEF FILLET</b> -350g	500
With red wine reduction served with crashed potatoes and seasonal vegetables <i>D/A</i>	
<b>FRIED BREAM</b> 350g	325
Whole bream fish deep fried, served with Nshima and traditional condiments <i>F/G</i>	
<b>SALMON FILLET</b> 200g	420
Coated with poppy seeds and served with potato puree, pan-fried onions, cherry tomatoes, lemon and parsley sauce <i>F/D</i>	

## SIDE DISHES

<b>NSHIMA</b> Accompanied with traditional condiments (Vegan)	95
White corn meal and accompaniments upon the availability <i>V</i>	
<b>FRENCH FRIES</b>	90
Plain, served in a basket with mayonnaise and tomato sauce <i>V/D/E</i>	
Or	
<b>LOADED</b> Topped with melted cheddar cheese <i>V/D/E</i>	110
<b>BUTTERED SEASONAL VEGETABLES</b> <i>V/D</i>	85
<b>GRILLED VEGETABLES</b> <i>V</i> (Vegan)	85

## VEGETARIAN AND VEGAN DISHES

<b>OVEN ROASTED TOMATO SOUP</b>	115
Topped with parsley sauce and served with toasted bread <i>V/G</i>	
<b>SPAGHETTI NAPOLITANA</b>	230
In rich tomato ragout <i>G/Celery</i>	
<b>MEDITERRANEAN GRILLED VEGETABLE PLATTER</b>	190
Selection of seasonal Vegetables <i>V</i>	
<b>VEGETABLE RISOTTO</b>	200
Arborio risotto with vegetables and Parmesan cheese <i>D/V</i>	

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## SWEET ENDINGS

CHOCOLATE FUDGE CAKE	150
Topped with chocolate ganache <i>D/E/G</i>	
MALVA PUDDING	100
Softly soaked in caramel sauce <i>G/E/D</i>	
LEMON MERINGUE PIE	135
A shortcake tart with lemon cream topped with meringue <i>D/E/G</i>	
CHEESECAKE	145
Topped with berries coulis <i>D/E/G</i>	
SCOOP OF ICE CREAM	45

## CHILDREN'S CORNER

Small plates @145 ZMW

### BREADED CHICKEN TENDERS 4 PCS

Served with French fries and sauces *G/E/D*

### ROASTED TOMATO SOUP WITH A GREEN SMILE (Vegan)

Roasted tomato soup with parsley sauce *V/G*

### MOZZARELLA STICKS FRIED "JENGA" 4 PCS

Served with French fries, ketchup and mayo *G/D/E*

Big plates @ 195 ZMW

### CHINESE FRIED EGG NOODLES

With chicken and vegetables *G/E/S/sesame*

### GRANMA' SPAGHETTI WITH MEAT BALLS

With Bolognese sauce *G/Celery*

### PENNE PASTA WITH RED-RED SAUCE

This classic pasta dish includes three of the foods Italy is most famous for: pasta, tomato and parmesan cheese *G*

### BREADED FISH FINGERS FISH AND CHIPS

Served with French fries ketchup and mayo *E/G/D/F*

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**LATE NIGHT MENU**  
**AVAILABLE FROM 23.00PM TO 7.00AM**  
**SOUP, SALADS & SNACKS**

<b>SOUP OF THE DAY</b>	115
Please ask our staff about the availability of the day. <i>V</i>	
<b>ZAMBIAN CHIKANDA SALAD</b> (Vegan)	105
Traditional Zambian vegetable polony served with tomato & onions. <i>V</i>	
<b>CHICKEN SALAD</b>	185
Chicken strips, colored bell peppers, assorted lettuce, red cabbage, cherry tomatoes, walnuts, orange segments, blue cheese with orange dressing. <i>N/D</i>	
<b>GREEK SALAD</b>	155
Tomato, cucumber, red onion, bell peppers and kalamata olives infused in lemon, oregano & olive oil dressing, topped with feta cheese. <i>V/D</i>	
<b>CLASSIC CHEESEBURGER</b>	215
Beef burger patty topped with melted cheddar cheese in sesame bun served with French fries. <i>G/D/Sesame/E</i>	
<b>CLUB SANDWICH</b>	210
Layers of toasted white bread with grilled beef bacon or pork bacon at your choice, grilled chicken breast, egg's omelet, lettuce, tomato and mayo served with French fries. <i>G/D/E/P</i>	
<b>CIABATTA VEGETARIANA</b> (Vegan)	185
Toasted Ciabatta bread with grilled vegetables, cornichons, and basil pesto sauce. <i>V/G/N</i>	

**MAIN COURSES**

	<b>ZMW</b>
<b>BEEF FILLET 250g</b>	500
With red wine reduction served with crashed potatoes and seasonal vegetables. <i>D/A</i>	
<b>BBQ PORK RIBS 400g</b>	370
Served with spicy potato wedges & vegetable ratatouille. <i>G/P</i>	
<b>MEDITERRANEAN GRILLED VEGETABLE PLATTER</b> (Vegan)	160
Selection of seasonal Vegetables. <i>V</i>	
<b>VILLAGE CHICKEN "TUMBUSKA STYLE"</b>	335
Chicken stew served with Nshima and traditional condiments.	

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## BEVERAGE MENU

### BEERS

#### International

Corona	80.00
Budweiser	70.00
Heineken	85.00
Stella Artois	70.00
Windhoek Draught	90.00
Windhoek Lager	85.00

#### Local

Mosi Lager	50.00
Castle Lager	50.00
Castle Lite	60.00
Flying Fish Lemon	70.00

### CIDERS

Brutal Fruit	70.00
Hunters Dry	80.00
Hunters Gold	80.00
Savanna Dry	90.00
Smirnoff Spin	70.00

### SOFT DRINKS

Coke, Sprite, Fanta 300ml	45.00
Coke Sprite, Fanta Coke Zero 500ml	60.00
Red Bull 250ml	120.00
Mineral Water 500ml	25.00
Sparkling Water 500ml	30.00
Fitch & Leeds India Tonic Can 200ml	55.00
Fitch & Leeds Ginger Ale Can 200ml	55.00
Fitch & Leeds Lemonade Can 200ml	55.00
Fitch & Leeds Soda Water Can 200ml	55.00
Fitch & Leeds Pink Tonic Can 200ml	55.00

### JUICES

Apple Juice	60.00
Cranberry Juice	60.00
Freshly Juice	90.00
Guava Juice	60.00
Mango Juice	60.00
Orange Juice	60.00
Pineapple Juice	60.00
Tomato Juice	60.00
Tropical Juice	60.00

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## WINE BY THE GLASS

ZMW

### HOOPENBURG

Fruit driven with loads of freshment and nice sucroce , expect granadila and pear aromas which follow through on a palate, good balance of fruits and acidity and lingering finish.

200

### BOSEMAN GENERATION 8

Crimson with a purple edge. Beautiful blackberry and raspberry aromas are rounded out by a long, fresh, fruit-packed finish. A velvety mouth-feel with a fruity, lingering finish

200

### BOSEMAN GENERATION 8 ROSE

A vibrant purple heart with a ruby rim. A true classic with medium body and an appealing bouquet of ripe red cherries and mulberry fruit, following through with hints of earthiness and plums on the palate.

200

### L'AVENIR SAUVIGNON BLANC

Precise and intense fruit aromas of white peach and melon, accented by subtle notes of honey and toasted almonds. On the palate it's medium-bodied, with delicate fruit, crisp acidity and subtle spice.

160

### LEBONHUER

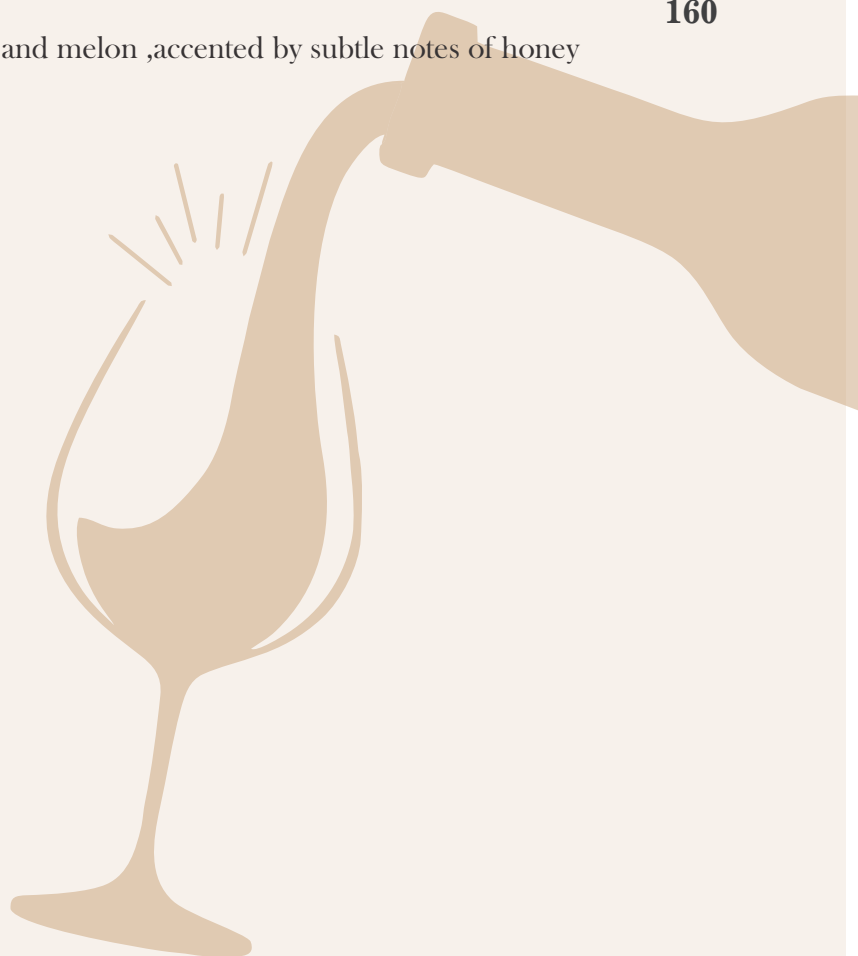
Yellow with a green tint, and subtle vanilla aromas with hints of tropical fruit and lime make for a lively exciting nose

160

### LAVENIR CHENIN BLANC

Precise and intense fruit aromas of white peach and melon ,accented by subtle notes of honey and toasted almonds.

160



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