

# MENU

KINARA

# SMALL PLATE, GRILLED AND TANDOOR

## POPPADUM CHUTNEYS

Assorted mini poppadum and trio chutney selection

(264 kCal)(Mustard, Sulphite, Dairy)

(MC: Gluten, Nuts, Peanuts, Sesame, Soya)

£10

## KINARA CHAAT

Wheat crisp | Sally potato | Spiced sweet potato & chickpea | Sweetened yoghurt | Tamarind chutney

(371 kCal)( Dairy, Gluten)

(MC: Mustard, Nuts, Peanuts, Sesame, Soya, Sulphite, Celery, Egg)

£13

## PALAK PATTA CHAAT

Crispy Baby spinach | Sally potato | Gram flour | Sweetened yoghurt | Tamarind chutney

(564 kCal)(Dairy)

(MC: Gluten, Mustard, Nuts, Peanuts, Sesame, Soya, Sulphite, Celery, Egg)

£13

## MUSHROOM KE GALOUTI KEBAB

Mushroom | Crispy saffron sweet bread | Roasted pineapple & coconut chutney

(642kCal)(Dairy, Sulphite, Gluten)

(MC: Mustard, Nuts, Peanuts, Sesame, Soya, Celery)

£16

## GRILLED BROCCOLI (V)

Smoky marinade of honey and Kashmiri chili | Roasted cashew | Curried yoghurt

(416 kCal)(Dairy, Sulphite, Nuts)

(MC: Mustard, Celery, Gluten, Nuts, Peanuts, Sesame, Soya)

£18

## ACHARI PANEER TIKKA

Tandoori cottage cheese | Marinated with punjabi five spice | Pickled onion

(406 kCal)(Dairy, Sulphite, Mustard)

(MC: Celery, Gluten, Nuts, Peanuts, Sesame, Soya)

£18

We endeavour to source organic, eco-labelled, fair-trade labelled and / or locally produced products in the creation of our menus.

Please note adults need around 2000 kcal a day.. Some of our menu items may contain allergens. Allergy information can be obtained by talking to our waiting staff. Kindly advise your server should you have any food allergies or dietary requirements.

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate. Please note, we reserve the right to alter prices and menu content due to fluctuating conditions.

KINARA

# SMALL PLATE, GRILLED AND TANDOOR

## CHETTINAD TIKKA

Premium chicken breast | Cream cheese | Coastal spices | Beetroot pachadi  
(1362 kCal)(Dairy, Mustard, Sulphite)  
(MC: Celery, Gluten, Nuts, Peanuts, Sesame, Soya)

£21

## BARRAH KEBAB

New Zealand lamb chop | Kashmiri chilli paste | Roasted black garlic  
(913 kCal)(Dairy, Sulphite)  
(MC: Celery, Gluten, Nuts, Peanuts, Sesame, Soya, Mustard)

£29

## AMRITSARI FISH

Crispy red mullet fish | Mint chutney | Tamarind chutney | Kachumber salad | Citrus gel  
(691 kCal)(Dairy, Fish, Sulphite)  
(MC: Mustard, Celery, Gluten, Nuts, Peanuts, Sesame, Soya)

£23

## KASUNDI BASS

Smoked stone bass | Guava chutney & mint chutney | Pickled beetroot gel  
(206 kCal)(Fish, Dairy, Mustard, Sulphite)  
(MC: Celery, Gluten, Nuts, Peanuts, Sesame, Soya)

£21

## JHINGE CHUTNEY WALE

Indian ocean king prawn | Tomato chutney | Roasted beetroot  
(489 kCal)(Crustaceans, Sulphite)  
(MC: Celery, Gluten, Nuts, Peanuts, Sesame, Soya, Mustard)

£29

## AWADHI KHAZANA

Assorted lamb platter of Awadhi lamb, Chops and Chaapli served with Garlic Naan  
(Dairy, Sulphite, Gluten, Egg, Nuts, Sulphite)  
(MC: Celery, Mustard, Peanuts, Sesame, Soya)

£32

We endeavour to source organic, eco-labelled, fair-trade labelled and / or locally produced products in the creation of our menus.

Please note adults need around 2000 kcal a day. Some of our menu items contain allergens. Allergy information can be obtained by talking to our waiting staff. Kindly advise your server should you have any food allergies or dietary requirements.

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate. Please note, we reserve the right to alter prices and menu content due to fluctuating conditions.

## MAIN COURSE

### PANEER TIKKA MASALA

Tandoori cottage cheese | Rich tomato and onion gravy | Creamy garlic foam

(1082 kCal)(Dairy)

(MC: Mustard, Nuts, Peanuts, Sesame, Soya, Sulphite)

£21

### RAJASTHANI DAL BATI

Tempered lentils | Ghee drenched stone-ground wheat globe | Pickled onion

(613 kCal)(Gluten, Dairy, Sulphite)

(MC: Mustard, Nuts, Peanuts, Sesame, Soya)

£24

### DHUDI KOFTA (VE)

Panko coated bottle gourd dumplings | Creamy tomato sauce

(648 kCal)(Gluten)

(MC: Mustard, Nuts, Peanuts, Dairy, Sesame, Soya, Sulphite)

£21

### CHINGRI MALAI CURRY

Coconut stew | Pan seared prawn | Bengali garam masala

(970 kCal)(Crustaceans, Dairy, Mustard)

(MC: Nuts, Peanuts, Sesame, Soya, Sulphite, Celery, Gluten)

£30

### DUM ANARARI FISH

Roasted halibut | Rich pomegranate & onion gravy | Masala quinoa

(972 kCal) (Fish, Dairy)

(MC: Mustard, Sulphite, Sesame, Soya, Nuts, Gluten, Peanuts, Celery)

£32

We endeavour to source organic, eco-labelled, fair-trade labelled and / or locally produced products in the creation of our menus.

Please note adults need around 2000 kcal a day. Some of our menu items contain allergens. Allergy information can be obtained by talking to our waiting staff. Kindly advise your server should you have any food allergies or dietary requirements.

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate. Please note, we reserve the right to alter prices and menu content due to fluctuating conditions.

KINARA

# MAIN COURSE

## BUTTER CHICKEN

Old Delhi style grilled chicken | Dried fenugreek & tomato sauce

(669 kCal)(Dairy, Nuts)

(MC: Mustard, Sulphite, Sesame, Soya, Celery, Peanuts, Gluten)

£29

## HALEEM

Slow-cooked mutton | Cracked wheat | Aromatic spices

(1296 kCal)(Gluten, Dairy)

(MC: Mustard, Sulphite, Sesame, Soya, Nuts, Peanuts, Celery)

£29

## KEEMA MATAR

Baby lamb mince | Green peas | Caramelised onion

(673 kCal)

(MC: Mustard, Sulphite, Sesame, Soya, Celery, Gluten, Dairy, Nuts, Peanuts)

£29

## NAWABI NAVRATAN BIRYANI

Traditional Awadhi style | Seasonal vegetable | Slow-cooked with fragrant basmati rice | Saffron

(613 kCal) (Nuts, Gluten, Dairy)

(MC: Mustard, Sulphite, Sesame, Soya, Nuts, Peanuts, Celery)

£25

## DUM PUKHT CHICKEN BIRYANI

Traditional Awadhi style marinated chicken, slow-cooked with fragrant basmati rice | Saffron

(1087 kCal) (Gluten, Dairy, Egg)

(MC: Mustard, Sulphite, Sesame, Soya, Nuts, Peanuts, Celery)

£29

We endeavour to source organic, eco-labelled, fair-trade labelled and / or locally produced products in the creation of our menus.

Please note adults need around 2000 kcal a day. Some of our menu items contain allergens. Allergy information can be obtained by talking to our waiting staff. Kindly advise your server should you have any food allergies or dietary requirements.

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate. Please note, we reserve the right to alter prices and menu content due to fluctuating conditions.

## SIDES AND ACCOMPANIMENTS

### MIXED VEG JALFREZI

Pan tossed tangy mixed veggies | Tampered tomato  
gravy | Mixed pepper  
(632kCal)(MC: Mustard, Sulphite, Sesame, Soya, Nuts, Peanuts)  
£12

### ALOO MATTAR

New Jersey potato | Tossed with onion & tomato |  
Green peas  
(456 kCal) (MC: Mustard, Sulphite, Sesame, Soya, Nuts,  
Peanuts)  
£12

### DAL KINARA

Black lentils cooked overnight | Ginger garlic |  
Kashmiri red chili  
(685 kCal)(Dairy) (MC: Celery, Gluten, Mustard, Sulphite, Sesame,  
Soya, Nuts, Peanuts)  
£12

### CUCUMBER RAITA

Greek style yogurt | Cucumber | Roasted cumin |  
Mint  
(192 kCal) (Dairy) (MC: Mustard, Sulphite, Sesame, Soya, Nuts,  
Peanuts)  
£7

## BREADS AND RICE

### TANDOORI ROTI

Flatbread made with wholemeal flour (118 kCal)(Gluten)  
£6

### BUTTER NAAN

Leavened bread of refined wheat flour | Unsalted clarified butter (209 kCal)(Gluten, Egg, Dairy)  
£7

### KINARA PARATHA

Multi layered flatbread made with wholemeal flour and spices (487 kCal)(Gluten, Dairy)  
£9

### GARLIC NAAN

Leavened bread of refined wheat flour | Garlic | Coriander stem  
(272 kCal)(Gluten, Egg, Dairy)  
£8

### NAWABI NAAN

Leavened bread of refined wheat flour | Dried nuts and coconut  
(378 kCal)(Gluten, Egg, Dairy, Nuts)  
£9

### TRUFFLE CHEESE NAAN

Leavened bread of refined wheat flour | Smoked cheddar cheese | Black truffle  
(345 kCal)(Gluten, Egg, Dairy)  
£9

### SAFFRON PULAO RICE

Fragrant basmati rice with cumin and saffron  
(427 kCal) (MC: Mustard, Nuts, Peanuts, Sesame, Soya, Sulphite)  
£7

### ASSORTED BASKET

Your choice of 3 naan breads for  
£21 (Gluten, Egg, Dairy, Nuts)

We endeavour to source organic, eco-labelled, fair-trade labelled and / or locally produced products in the creation of our menus.

Please note adults need around 2000 kcal a day. Some of our menu items contain allergens. Allergy information can be obtained by talking to our waiting staff. Kindly advise your server should you have any food allergies or dietary requirements.

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate. Please note, we reserve the right to alter prices and menu content due to fluctuating conditions.