



#### Dear Guest

Welcome to our world of In-Room Dining.

We understand that when you order in-room dining you want fresh food, expertly cooked, beautifully presented and delivered in good time. Our extensive menu covers a wide range of dishes to suit all tastes and appetites prepared from the freshest ingredients and all dishes are made specifically to order, ensuring your meal arrives perfectly.

Please read on for our Chef's selections for breakfast, lunch, dinner, overnight meals and snack options. If the item you would like does not appear on the menu, please ask and we will be delighted to create something tailored to your preference. Wherever possible local food suppliers receive preferential treatment based on sustainability and eco-friendly practices.

When you have made your choice, please press the Room Service button on your telephone to place your order. We welcome enquiries from guests who wish to know whether any meals contain particular ingredients or allergens. If you have a food allergy or intolerance, please inform your server upon placing your order.

Our breakfast is available from 05H30 - 11H00. For earlier breakfast options and to ensure prompt delivery, please complete the breakfast door hanger with your order before 02h00 and place on the outside of the door, on the door handle. Diabetic jam available on request.

All our prices include VAT at the prevailing rate.

We trust your dining experience will be a pleasant one. Bon appétit!

BREAKFAST

Full Breakfast Continental A la carte

ALL DAY DINING

Soups and Salads Sandwiches, Burgers Specialities Dessert

CHILDREN MENU

LATE NIGHT MENU

BEVERAGES

Wines Champagnes & Sparkling Wines Soft Drinks Hot Beverages

08/2025































EIII I ENGLICH DDEAVEACT	290	SMOVED SALMON DI ATE	150
FULL ENGLISH BREAKFAST  Continental breakfast and your choice of one of	320	SMOKED SALMON PLATE  Smoked salmon lemon, capars, pickled red onio	150
Continental breakfast and your choice of one e dish served from the hot A la carte breakfast me	Smoked salmon lemon, capers, pickled red onion		
disir served from the not it is carte breakfast in	ciru	BREADS	
		White (\$)	75
CONTINENTAL BREAKFAST	280	Brown (*)	75
	7	Gluten Free	75
The below items are all included in the contine	ntal	Rye (*)	75
breakfast. We have also priced the items individ	lually	Whole Wheat (\$)	75
for your convenience should you wish to not ha		Ciabatta (*)	75
the full continental breakfast		Baguette 🐞	75
COLD FRESHLY PRESSED MORNING BEVER	ACES	Sarvad taastad or plain	
Orange, grapefruit	40	Served toasted or plain	
Veggie juice	40	Accompanied by salted butter or margarine and	local
Fruit smoothie	40	preserves ①	iocai
Guava, mango, apple, fruit cocktail	50	preserves	
HOT MORNING BEVERAGES		HOT A LA CARTE BREAKFAST	
Fresh filter coffee	50		100
Decaffeinated coffee	65	EGG FLORENTINE O O O O	120
Hot chocolate	50	Toasted English muffin, spinach, poached egg,	
Chamomile Green, Ceylon, Rooibos, English	50	topped with hollandaise	
Breakfast, Earl Grey	1	EGGS BENEDICT 🕲 🗓 🔘 🛞	0.40
Full cream, low fat, skimmed, soya bean, almon and oat milk served hot or cold	α		240
and oat mink served not of cold		Toasted English muffin, Parma ham, poached eg wild rocket topped with hollandaise	gg,
YOGHURTS (b)	60	who rocket topped with honaridaise	
Fruit yoghurt, Artisan flavoured low fat or	00	SOUTH AFRICAN BENEDICT (O) (I) (II)	190
Bulgarian		Toasted English muffin, boerewors pinwheel,	100
200500		poached eggs, chakalaka style baked beans,	
CHEESE PLATE ①	120	topped with hollandaise	
A selection of four local cheeses;		1 1	
mature cheddar, blue rock, camembert, brie ch	ieese,	VEGAN BENEDICT 😡 🛞	165
dried fruit and crackers		Beetroot English muffin, Baba Ghanoush, grilled	d
		zucchini, avocado, sesame seeds, artichoke,	
FRUIT PLATE 😡	100	cayenne pepper and hollandaise	
Three types of sliced seasonal fruit served with			
ginger and passionfruit syrup		SMOKED SALMON BENEDICT 🕲 🗓 🔘 🚳 🎉	200
		Whole wheat toast, cream cheese, crisp rocket,	
CEREAL, MUESLI OR PORRIDGE 🏶 🗓 🛇	60	poached eggs, smoked salmon, topped with	
All bran, corn flakes, coco pops, warm oat meal		peppered hollandaise	
porridge, bircher or toasted muesli			250
Full cream, low fat, skimmed, soya bean, almon	d	AMERICAN BREAKFAST (24HR) (24HR)	250
and oat milk served hot or cold		2 eggs cooked any style with bacon, tomato,	. 1
BAKERS BASKET 🗓 🐞	1.40	mushroom, hash brown potato, sausage and flap	
	140	Egg style: Scrambled, Fried, Boiled, Poached, Or	meiette
Croissant, two types of Danishes Blueberry, lemon poppy seed or health muffin,		or Frittata	
Served with home crafted preserves, salted butt		QUILLS SHAKSHOUKA	200
or margarine	C1	Sheba sauce cooked with two soft boiled eggs (	
or margarine		Lamb	300
CHARCUTERIE ®®	150	Beef 🗑	240
Selection of smoked and cured meats	-00	Venison	260
Smoked chicken, beef pastrami, parma ham, salami,		Chicken	220
relish and mustard	,	Prawns ®	320

#### BREAKFAST MENU

FLAPJACKS @ O O & EARLY MORNING OMELETTE (24HR) © (1) 180 120 Flapjacks, crispy bacon, flavoured maple syrup, 3 egg fluffy omelette with toasted or plain white or brown bread, selection of local preserves grilled banana, icing sugar, cinnamon sugar, whipped cream, (Vegan option available) Choose from the below fillings to tailor make your WAFFLES 🖞 🔘 🚇 130 omelette: • Ham 🕲 • Bacon 🕲 Freshly baked waffles, mixed berries, grilled • Tomato • Onion banana, Chantilly cream, syrup, compote • Mushroom • Cheese (Vegan option available) FRENCH TOAST 0 0 8 Egg white omelette available on request 130 Egg soaked fried bread, mixed berries, grilled VEGAN BREAKFAST 🚳 🏽 170 banana, cinnamon sugar, maple syrup, cream, Fried plantain, avocado, chia seeds, scrambled compote tofu, hummus, panko asparagus, kale and sautéed mushrooms Compote: berry, tomato or mixed fruit HEALTHY BREAKFAST (1) (2) (8) 240 **SIDES** Whole wheat toast, hummus, avocado, poached Bacon 🕲 eggs, sautéed tomatoes on the vine 80 Tomato 🏻 🗷 50 SOUTH AFRICAN BREAKFAST GRILL © 🗑 Mushrooms 🚳 🖉 250 55 Poached eggs, boerewors pinwheel, beef fillet, Hash Brown Potato 60 served on a bed of chakalaka style baked beans Lamb Sausage 65 and fried spinach Chicken Sausage 60 Beef Sausage 🗑 60 Pork Sausage 60 Springbok biltong cooked with scrambled eggs Vegan Sausage 🚳 65 served in a wrap with rocket, tomato and avocado Baked Beans 50 Chakalaka 50 WARM PANCAKES (1) (1) Braised Spinach 120 55 Pancakes, cream cheese, mixed berries, grilled French Fries 55 banana, cinnamon sugar, flavoured maple syrup, Scrambled Eggs ① 55 compote (Vegan option available) Poached Eggs ① 55 Boiled Eggs (1) 55































### **APPETIZERS**

**SOUP** 

vinaigrette

Served with freshly baked bread

## SALADS / STARTERS

All salads are served cold

GREEN SALAD © 2110 140
Fresh garden leaves, baby carrots, Danish feta cheese, pickled baby corn, red onion, bell peppers, avocado (seasonal) with balsamic vinaigrette

BEETROOT SALAD © © ① ® 165 Micro greens, assorted beetroot, fried chickpeas, barley, pickled carrot and parsnip ribbons, halloumi cheese, avocado puree finished with a whole grain

PERI-PERI CHICKEN LIVERS (\*\*) 110 Grilled peri-peri livers finished in a tomato and chilli sauce served with fresh steamed bread rolls

SEAFOOD RISOTTO (1) 220 Seafood cooked with a tomato bisque creamy risotto

TRUFFLE MUSHROOM RISOTTO (1) (2) 165 Topped with wild mushrooms and finished off with truffle dust

## **FLEXIBLE DINING**

Tasty, versatile & nutritionally balanced dishes, available all day, everyday.





### **NOURISH BOWL**

CRUNCH SALAD ② ③ ③ ⑤ 200

Made with quinoa tabbouleh, pomegranate seed, avocado, asparagus, tempura enoki, toasted almonds and healthy vegetables (red cabbage, carrots, bell peppers and radish)

Add a protein:
Chicken 230
Prawn 300



Patrons with food allergies are encouraged to notify management for additional information and dietry requirements, as some ingredients may cause allergic reactions

#### LIGHT MEALS

All our burgers and sandwiches are served with your choice of french fries or a mixed garden salad

CHICKEN OR BEEF BURGER (2006) (2006) 280 200g Signature beef patty or chicken breast set upon rocket, dill cucumber and tomato relish, topped with house cheddar cheese

GOURMET BOEREWORS ROLL (\*\*) (\*\*) 280 Traditional South African sausage, chakalaka, basil pesto mayonnaise

## **SANDWICHES**

All sandwiches are served with your choice of french fries or a mixed garden side salad Available plain or toasted on white, whole-wheat, rye, brown, baguette and gluten free bread or a wrap

Classic roasted chicken and mayonnaise 

200

Lemon peppered tuna mayonnaise 

①

195

Bacon, fried egg and cheddar cheese 

①
①
①
180

Mozzarella and cheddar cheese, plum tomatoes 170 and basil pesto 0 0 0

# **PASTAS**

Choice of Penne, Linguine or Spaghetti (Gluten free on request)

BEEF BOLOGNESE ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) Beef mince cooked in a tomato & red wine sauce topped with parmesan

CREAMY CHICKEN AND MUSHROOM © © 180 Chicken strips, bacon, forest mushrooms, creamy alfredo sauce topped with crispy bacon and parmesan

VEGAN PULLED JACKFRUIT AND 200 MUSHROOM  $\circledcirc$ 

Assorted mushrooms with pulled jackfruit cooked in a soy milk creamy sauce with a mushroom pasta topped with vegan parmesan

#### **SPECIALITIES**

VEGETABLE STIR-FRY Ø 150
Wok fried vegetables accompanied by sesame noodles, chilli, honey and soy sauce dressing

STEAK, EGG AND CHIPS © © 410 200g fillet of beef, poached egg and fries

LAMB SHANK (1) (1) 420 Slow cooked lamb shank set upon potato mash and roasted vegetables, finished with merlot jus (cooking time 30 min)

QUILLS CHICKEN CURRY (5) 200
Tandoori marinated chicken, cooked in a tomato
and coconut cream curry sauce, served with
basmati rice and traditional condiments

POTATO AND SPINACH CURRY © Ø 180
Potato, spinach, mushroom and lentil cooked in a rich tomato curry sauce accompanied by steamed basmati rice and traditional condiments

## GRILLS

Please choose two sides and one sauce
(Please note well done meat takes 35 to 40 minutes)
Line fish of the day \$\emptyset\$ 360
6 Tiger prawns \$\emptyset\$ 420
300g Grilled lamb cutlets 480
300g Beef rib-eye \$\emptyset\$ 480
300g Beef fillet \$\emptyset\$ 400
Deboned chicken thighs spicy or herbed 230

## **SIDES**

Rosemary and sea salt potato wedges	55
Sweet potato fries	55
French fries @	65
Mash potato @	55
Savoury rice	55
Steamed basmati rice	55
Creamy pap 🗓 🖉 🛎	50
Sautéed mushrooms with thyme	70
Mixed seasonal vegetables	60
Side green salad	55
Creamed spinach (1) (2)	60

































SAUCES / RELISH		DESSERT SELECTION	
Forest mushrooms   Creamy pepper   Garlic cream   Red wine jus	45 45 40 40	MALVA PUDDING (1) (1) (2) (3) (3) Served with a rum infused crème anglaise and a honeycomb ice cream	100
Lemon butter ① Peri-peri relish ② Chakalaka Tomato relish ②	45 40 45 45	CHOCOLATE TORTE (1) (S) Flourless chocolate torte, served with a salted peanut butter mousse, passion fruit coulis, crystalized peanut crumble and vanilla ice cream	120
		SEASONAL SLICED FRUIT  Fruit platter served with fruit sorbet	110
		TRIO OF ICE CREAM OF THE DAY ② ⑤ Enquire with your waiter what flavours are on offer today	90
		PEACHES AND CREAM CHEESE CAKE (1) (2) Peach and cream cheese cake, granola crumb, grilled peaches, tart raspberries, macerated in peach schnapps	130
		CHEESE PLATTER (1) (5) Assorted South African artisan cheeses, accompa with salted crackers, nuts, preserves and dried fru	
		CAKE OF THE DAY ( © ) C Enquire with your waiter what flavours are on offer today	145



#### PLANET TREKKERS CHILDREN'S MENU

#### **SMALL PLATES SIDES** SMILEYTOMATO SOUP Ø 🛈 SCRUMMY POTATO & PUMPKIN MASH 🙋 🗓 50 75 A bowlful of hot, hearty tomato soup, cooked Potato and pumpkin mashed together for you to with the reddest plum tomatoes and topped off shape anyway you like. Did you know the largest with a dollop of fresh cream pumpkin on record is bigger than a baby elephant? CRUNCH VEGGIES AND HUMMUS DIP Ø © 0 0 90 A - MAIZE - ING CORN - ON - THE - COB 🗷 🛈 Edemame beans/spicy seared beef fillet in sesame Interestingly there is always an even number of seeds, coconut rice, radishes, cucumber, pickled ears on a cob of corn. Corn is also grown on garlic, spring onions, pickled carrot ribbons every continent in the world except Antarctica. BROCCOLI SWEET CORN FRITTERS ( 8) ( 10) 80 HOMEMADE FRENCH FRIES Ø 55 A crispy, fluffy fritter filled with broccoli, These golden homemade French fries are sweet corn and a little bit of melted cheese. parboiled before frying, to make them a healthier side serving. **BIG PLATES DESSERT** WOK & ROLL PAD THAI @ 🛇 110 Stir-fried rice noodles, vegetables and prawns VERY BERRY YOGHURT ICE CREAM 🔗 🛈 80 twisted and turned in a hot wok. We serve it with Say this five times as fast as you can, "I would like peanuts for sprinkling and lime for squeezing. a very berry dairy dessert!" HAPPY TOMATO RISOTTO 🙋 🗓 90 ICED WATERMELON POPSICLES < 60 Say ciao to this Italian Risotto made with fresh Stay cool and fresh with this slurpable sweet basil and Parmesan cheese. Did you know in Venice risotto is often served as a traditional Did you know that you can find square-shaped festive meal? watermelons in Japan? CHINESE FRIED RICE WITH CHICKEN ① 100 CHOCOLATE BROWNIE ICE CREAM SUNDAE 100 A tender chicken breast cooked with honey, A do it yourself chocolate brownie topped with soy sauce and garlic. The dish comes with soft, fragrant rice stir-fried with peas and sweet corn. classic vanilla ice cream and served with fresh fruits and sprinkles. PENNE PASTA WITH RED - RED SAUCE @ (1) 90 **DRINKS** This classic pasta dish includes three of the foods Italy is most famous for pasta, tomatoes and Parmesan cheese. Apple juice 35 Orange juice 35 KRISPIE FISH FINGERS ( ) ( ) ( ) 125 Strawberry & banana smoothie 60 Golden fish fingers coated with crushed rice Tropical smoothie 45 krispies served with healthy cherry tomatoes, Milk 35 fresh cucumber and carrot sticks. 30 Water



Texas in the USA.



Two perfectly grilled homemade mini beef burgers, served with a fresh salad. Legend has it that the birthplace of the 'Burger' is Athens,



























SOUP DU JOUR (1) (1) (1) 90 TRUFFLE MUSHROOM RISOTTO (1) 165 Served with freshly baked bread Topped with wild mushrooms and finished off with truffle dust CAESAR SALAD (O) (S) (B) (B) 110 Cos lettuce, bacon, anchovies, croutons, Grana Padano **BURGERS AND SPECIALITY SANDWICHES** served with a crumbed deep fried poached egg and All our burgers and sandwiches are served with your Caesar dressing choice of french fries or a mixed garden salad GREEN SALAD 🝈 🔗 110 280 Fresh garden leaves, baby carrots, Danish feta cheese, 200g Signature beef patty or chicken breast set upon pickled baby corn, red onion, bell peppers, avocado rocket, dill cucumber, house cheddar cheese, (seasonal) and balsamic vinaigrette wholegrain mustard mayonnaise and tomato relish EARLY MORNING OMELETTE (1) (1) (8) 180 CLUB SANDWICH (S) (D) (Egg white omelette is available on request) Bacon, egg, grilled chicken, cheddar cheese, tomato, 3 egg fluffy omelette served with white or brown lettuce and onion bread, toasted or plain, and a selection of local GOURMET BOEREWORS ROLL (\$\varphi\$) (\$\\\\) (\$\\\\\) preserves Traditional South African sausage, nestled in a freshly Choose from the below fillings to tailor make your baked bread roll with cumin and coriander scented tomato and onion relish, finished with a basil pesto omelette: • Ham 🕲 mayonnaise • Tomato • Mushroom **SANDWICHES** • Bacon 🕲 Half portion sandwiches served with your choice of • Onion 🕖 french fries or a side salad. Available plain or toasted • Cheese on white, whole-wheat, rye, brown and gluten free • Chakalaka bread or a wrap • Beef biltong ( ) Classic roasted chicken and mayonnaise ① 95 AMERICAN BREAKFAST (1) (18) (11) (18) 250 Lemon peppered tuna mayonnaise (20) 95 2 eggs cooked any style with bacon, tomato, mushrooms, hash brown potato, sausage and flapjacks **PASTAS** Egg style: Scrambled, Fried, Boiled, Poached, Omelette Choice of Penne, Linguine or Spaghetti or Frittata (Gluten free on request) BAKERS BASKET (1) (\$) 130 195 Beef mince cooked in a tomato & red wine sauce Croissant, Danishes, one blueberry, lemon poppy seed or health muffin, home crafted preserves, salted **SPECIALITIES** butter or margarine FRENCH TOAST (1) (1) (1) 130 VEGAN CHICKEN STRIPS 🚳 180 Egg soaked fried bread, served with a grilled banana, Truffles and forest mushrooms in an almond milk mixed berries, cinnamon sugar, maple flavoured syrup, cream sauce topped with vegan mozzarella cream and compote STEAK, EGGS AND CHIPS (2) (0) 410 WAFFLES O O 130 200g fillet of beef, poached egg, fries Freshly baked waffles, mixed berries, grilled banana, Chantilly cream, syrup, compote LAMB SHANK (b) (b) 420 (Vegan option available) Slow cooked lamb shank set upon potato mash and roasted vegetables, finished with merlot jus **APPETIZER** (cooking time 30 min) PERI-PERI CHICKEN LIVERS (\$) VEGETABLE STIR FRY 🥝 150 Grilled peri-peri livers finished in a tomato and chilli Wok fried vegetables accompanied by noodles

sesame, chilli, honey and soy sauce dressing

sauce, served with freshly baked bread rolls

## **DESSERT SELECTION**

MALVA PUDDING (b) (f) (0) 100 Served with a rum infused crème anglaise and

honeycomb ice cream

CHOCOLATE TORTE (1) (5) 120 Flourless chocolate torte, served with a salted peanut butter mousse, passion fruit coulis,

SEASONAL SLICED FRUIT 110
Fruit platter served with fruit sorbet

crystalized peanut crumble and vanilla ice cream



































ALCOHOLIC BEVERAGES

46

50

40

40

300

320

300

400

420

460

750

420

340

450

GLASS BOTTLE

85

90

115

120

200

115

95

95

## NON ALCOHOLIC BEVERAGES

#### **HOT BEVERAGES BEERS** Heineken Pot of Filter Coffee 50 Peroni Pot of Decaffeinated Filter Coffee 50 50 Castle Lager Cappuccino Café Latte Castle Light 55 Hot Chocolate 55 **WINES** Tea Selection - Ceylon, Rooibos, 50 English Breakfast, Earl Grey, Green Chamomile **HOUSE WHITE WINES** Warwick First Lady Chardonnay **SOFT DRINKS** Diemersdal Estate Sauvignon Blanc Coke 34 Ken Forrester Vineyards Petit Chenin Blanc 90 Coke Lite 34 Haute Cabriere Chardonnnay Pinot Noir Fanta Orange 34 Ice Tea 34 **HOUSE RED WINE** Soda Water, Lemonade, Ginger Ale 34 Bosman Generations 8 Merlot Tonic Water, Pink Tonic 30 Leeuwenkuil Shiraz Creation Pinot Noir **IUICE** Guava 40 Tokara Cabernet Sauvignon Ken Forrester Petit Pinotage Mango 40 Apple 40 **SPARKLING WINE** Fruit cocktail 40 Laborie Brut Veggie juice - Freshly Pressed 80 Grape fruit - Freshly Pressed 45 Orange juice - Freshly Pressed 45 **BLENDED DRINKS** Fruit Smoothie 60 Milkshake - Strawberry or Vanilla 40 Iced Coffee 55

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