

COFFEE BREAKS

BEVERAGES

Coffee

Tea and Infusions Selection

Milk

Water

SELECT 3 SWEET OPTIONS AND 3 SAVORY OPTIONS:

Pastry

Mini “pastéis de nata” (custard pies)

Mini Muffins

Fruit Pies

Éclairs

“Jesuítas”(Traditional cake)

Sweet -Rice shot

Apple and Pecan Nut braids

Scones with homemade jam(P)

Mini lemon meringue pie (P)

Red Velvet

Croissant with cheese and ham

Savory

Mini roast beef sandwich (P)

Mini tuna sandwich

Chicken pies

Mini cheese and ham sandwich

Mini “paio”(smoked pork sausage)sandwich (P)

Croissant wick cheese/ham

Chicken Wrap (P)

Mini Bruschettas

Tramezzini with smoked salmon and cream cheese(P)

Fruit

Whole fruit piece

Fruit skewer

Fruit salad

Included DDR Package

(P) Products with a supplement of €5.00 per person



INTERCONTINENTAL

CASCAIS – ESTORIL

LOBBY LOUNGE MENUS

“VISTA MAR” MENU

Starter (select 1 option):

Tomato and Ham Velouté

Bass Carpaccio with Ginger, lime and green apple

Gratin Camembert with acidic onion and tender leaves

Main dish (select 1 option):

Grilled meagre with vegetable Tien and olive braisage

Salmon Pappilote

Our “À Brás” codfish

Chicken breast with Vegetable "Tagine"

Turkey Rotti with roasted potatoes and vegetables

Vegetable Risotto

Tofu with beet purée, sesame oil and ginger

Dessert (select 1 option):

“Abade de Priscos” pudding with mandarin ice cream

Laminated Seasonal Fruit

Included in the DDR Package

Service awarded to a maximum of 30 persons

“BRISA MARÍTIMA” MENU

Starter (Select 1 option):

Cauliflower soup

Marinated Salmon with fennel and arugula salad

Main Dish (Select 1 option):

Cod loin “com todos”

Duck leg confit with potato and asparagus cream

Dessert (Select 1 option):

Salty caramel “Mille feuilles”

Laminated Seasonal Fruit

Supplement of €5,00 per person

Service awarded to a maximum of 30 persons

“OCEAN” MENU

Starter (select 1 option):

Goat cheese in puff pastry with pear and grape *sautéed*

Veal Carpaccio with parmesan and truffle chips

Main Dish (select 1 option):

Bass with vitelotte potato, broccoli and Bivalves sauce

Veal “Tornedó” (steak)

Dessert (select 1 option):

Mango Entremet

Laminated Seasonal Fruit

Supplement of €18,00 per person

Service awarded to a maximum of 30 persons

LOBBY LOUNGE BUFFETS

FINGER BUFFET

SOUP (SELECT 1 OPTION)

Vegetable Soup

Pumpkin Soup

“Caldo Verde”

Chicken Broth

SNACKS (SELECT 3 OPTIONS)

“Alheira” balls

Codfish cookies

Veal croquette

Shrimp Rissoles

Caesar Salad

Greek Salad

Green Salad

Codfish Salad

SANDWICHES (SELECT 3 OPTIONS)

Roast beef and mayonnaise sandwich

Smoked salmon sandwich

Tomato and Mozzarella sandwich

Grilled chicken sandwich

Nordic Tramezzini with grilled vegetables

Tomato Tramezzini with chicken paste

Vegetable Wrap

Ham Wrap

DESSERTS (SELECT 2 OPTIONS)

Whole fruit piece (included)

Fruit salad

Sweet-Rice

Chocolate mousse

“Baba de Camelo” (caramel dessert)

Mango mousse

Egg pudding

Add to your Finger Buffet a cheese and
charcuterie board- €10.00 per person

Included DDR

Service awarded to a minimum of 25 persons

HEALTHY BUFFET

SIMPLE SALADS (INCLUDED)

Lettuce
Tomato
Cucumber
Onion

COMPOSED SALADS (SELECT 4 OPTIONS)

Fish Carpaccio
Beet Carpaccio
Greek
Codfish with chickpea
Caesar Salad
Caprese salad
Tomato and Mozzarella Bruschetta
Quinoa with vegetables
Grilled Vegetables with Curd Cheese
Beet, Apple, Yoghurt

(Extra option addition €5.00)

MAIN DISH (SELECT 1 OPTION)

(EVERY DISH HAS LESS THAN 400KCAL)

Salmon with citrus Beurre Blanc
Vegetarian Lasagna
Sweet potato and cabbage au gratin
Stuffed Turkey with nuts
Sweet Potato Gnocchi with Pesto and
Arugula
Penne with Tomato and Pesto Sauce
Pasta al Puttanesca
Farfalle with dried Tomato and Olives
Fusilli au Gratin

(Extra option Supplement €13.00)

DESSERTS

Whole Fruit Piece
Chia with Yoghurt and Fruit Mix
Healthy Avocado and Chocolate Brownies
Mango Mousse

Supplement of €5,00 per person

Service awarded to a minimum of 25 persons

Service awarded to a maximum of 50 persons



INTERCONTINENTAL®

CASCAIS – ESTORIL

BUFFET 8023

SOUP (SELECT 1 OPTION)

Creamy Pumpkin
Tomato and ham soup
Spinach and curd cheese soup
Potato and vegetable combination
Gazpacho

SALADS (SELECT 5 OPTIONS)

Coleslaw
“Algarvia”
Tuna with black eyed peas
Codfish with chickpea
Palm hearts with orange
Caesar Salad
Caprese Salad
Melon and ham skewers
Quinoa with vegetables
Beet, apple and yoghurt

FISH (SELECT 1 OPTION)

Meagre with stew sauce
Salmon with citrus Beurre Blanc
Perch with Virgin Sauce

MEAT (SELECT 1 OPTION)

Chicken Supreme with “Farinheira”
Stuffed turkey with nuts
Pork Loin with Provence herbs

PASTA (SELECT 1 OPTION)

Penne with tomato and Pesto sauce
Pasta al Puttanesca
Farfalle with dried Tomato and Olives
Fusilli au Gratin
Asian Noodles

SIDE DISHES (SELECT 2 OPTIONS)

Cauliflower au Gratin
Grilled Vegetables
Vegetables Tien
Croquette Potato
Potato au Gratin
Broccoli with toasted Almond
Roasted Pumpkin
Baked Potatoes (“Padeiro”/ “Murro”)
Asian Vegetables

DESSERTS (SELECT 3 OPTIONS)

Whole fruit piece (included)
Fruit Salad
Chocolate Mousse
“Encharcada” (traditional dessert from Alentejo)
“Baba de Camelo” (caramel dessert)
Mango Mousse
Sweet-Rice
Crème Brûlée

Supplement of €15,00 per person

Service awarded to a minimum of 25 persons

Service awarded to a maximum of 50 persons



INTERCONTINENTAL®

CASCAIS – ESTORIL

ATLÂNTICO RESTAURANT MENUS

Couvert

Bread, butter and olive oil – Chef's Selection

Starter

Portuguese Trilogy – Chef's Sugestion

Main Course

Monday

Shrimp Curry

Tuesday

Hake Fillets with Bread stew "Açorda" with Coriander and Garlic

Wednesday

Codfish "Moqueca"

Thursday

"Massada" Fish stew with Sea Bass and Sellfish

Friday

Codfish Fritters with Tomato Rice

Dessert

Chef's Sugestion

Drinks

Water

Soft Drinks

Glass of Wine or Beer

Coffee and tea included

Included in the DDR Package

Service awarded to a maximum of 30 persons

BEVERAGES SUPPLEMENT

BEVERAGES PACKAGE I

Soft drinks

Still and Sparkling Water

Coffee and Tea

Included

BEVERAGES PACKAGE II

Soft drinks

Water and Sparkling Water

Coffee and Tea

White and Red Wine InterContinental Selection

Supplement of €5.00 per person

HEALTHY BEVERAGES PACKAGE

Flavored water

2 Varieties of Seasonal Smoothies

Coffee and Tea

Supplement of €5.00 per person

WINE PAIRING - SOMMELIER

Soft Drinks

Still and Sparkling Water

Wine Pairing

Supplement of €15.00 per person