

APPETIZERS

Truffle Fries 8 **VEG**

parmesan cheese

Chicken Wings (6pcs) 13 (12pcs) 19 GF

applewood seasoned, served with celery and blue cheese or ranch dressing and choice of sauce: BBQ, Korean BBQ, Buffalo, Garlic Parmesan, Cajun dry rub, Carolina Reaper hot sauce

Pepperoni Flatbread 16

marinara, four cheese blend, pepperoni, chiffonade basil

BBQ Chicken Flatbread 16

red onion, corn, peppers, mozzarella, green onion

Teriyaki Chicken Pot Stickers 13

sesame ginger dipping sauce

Braised Beef Tacos (3) 18

chipotle seasoned braised beef, white cheddar in a flour tortilla with black bean salsa, chipotle aioli

Blackened Salmon Taco (3) 16 DF

grilled blackened salmon, napa slaw, pico de gallo, flour tortillas

Loaded Hummus Dip 14 VEG

hummus topped with, tomato, cucumber, olives, artichokes, feta dill served with grilled naan

SOUPS

Chicken Noodle Soup 7/Cup - 9/Bowl

Soup of The Day 7/Cup - 9/Bowl

SALADS

Arugula & Beet Salad 14 VEG

arugula, roasted beets, orange segments, goat cheese, red onion vinaigrette

Greek Salad 15 VEG

kalamata olives, tomato, red onions, feta, cucumbers, Greek dressing, grilled naan bread

Shaved Brussels 14

brussels sprouts, golden raisins, crumbled blue, almonds, dijon vinaigrette

Classic Caesar 14

romaine, parmesan cheese, croutons, Caesar dressing

Cobb Salad 14 GF

iceberg wedge, bacon, tomato, cucumbers, blue cheese, eggs with ranch

Arcadian Greens 13

cucumber, tomato, pickled red onion, shredded carrots

Add Protein: 6oz Chicken 8

5pc **Shrimp** 11

6oz Steak 14

7oz Salmon 12

SANDWICHES

All sandwiches are served with chips, side salad or fries

Build Your Own Burger 20

choice of cheese, bacon, fried egg, served with lettuce, tomato, pickle

Turkey Club 18

smoked turkey, lettuce, tomato, bacon, roasted garlic aioli, choice of bread

Grilled Chicken Sandwich 18

herb marinated grilled chicken, arugula, tomato, caramelized onion, honey mustard, cheddar on toasted brioche bun

Greek Chicken Pita 20

grilled chicken, romaine, roasted tomatoes, pickled red onions, roasted garlic olive tzatziki, pita

Grilled Cheese Sandwich 14 VEG

cheddar, provolone, Swiss, American cheese on sourdough bread



ENTREES

Herb Roasted Chicken 28

french breast of chicken, buttered green beans, herb basmati rice, roasted chicken gravy

Braised Beef Short Ribs 30

garlic and asiago polenta, roasted root vegetables, merlot demi

Grilled Salmon 31

potato hash, grilled asparagus, lemon herb butter

Tuscan Linguini 25

cannellini beans, blistered cherry tomatoes, baby spinach, basil, parmesan

Grilled Bistro Steak 32

herb roasted redskin potatoes, grilled asparagus, merlot demi

Mushroom Stroganoff 18 V VEG

leeks, arugula, wild mushrooms, garlic, coconut milk, vegetable broth, tahini, campanelle pasta

C2 Meatloaf 24

lamb & sirloin blend, mashed potatoes, green beans, beef gravy

SIDES 7

Side Salad Sweet Potato Fries
Grilled Asparagus Herbed Basmati Rice
French Fries Roasted Red Skin Potatoes

FLEXIBLE DINING

Tasty, versatile & nutritionally balanced dishes, available all day, everyday

ANYTIME PLATES

Avocado Toast 18 VEG

crushed ripe avocado, poached farm fresh eggs, toasted sour dough, olive oil, roasted tomatoes served with breakfast potatoes

Power Wrap 17

scrambled egg whites, roasted wild mushrooms, smoked turkey, wilted spinach, feta, tomato wrap, salsa served with fresh fruit

NOURISH BOWLS

Mediterranean Grain Bowl 22 GF

lentil salad, tomatoes, kalamata olives, artichokes, feta, grilled chicken, oregano vinaigrette

Relax. Restore. Reset.

At InterContinental Hotels & resorts, we want you to be at your best when you travel. Try Timeshifter on your way home or on your next trip to reduce jet lag. It's on us.









C2 Breakfast Buffet available 6:30 am ~ 10:30 am

C2 Breakfast 19

freshly baked pastries, donuts, bagels, oatmeal, boiled eggs, egg dish of the day, crispy bacon, breakfast potatoes, preserves, butter, juice, standard hot beverages cereal, fresh fruit & yogurt parfait

Special upgrade with the purchase of the C2 Breakfast Buffet (Cannot substitute existing buffet offerings)

Two specialty eggs any style 5 Choice of pork, chicken sausage, or ham 3

EGGS

* All eggs are served with breakfast potatoes

Two Eggs Any Style 14

choice of bacon, pork sausage, chicken sausage, or ham, breakfast potatoes

Eggs Benedict 18

two poached eggs, toasted English muffin, Canadian bacon, hollandaise

Three Egg Omelet 18

choice of three: bacon, ham, pork sausage, onion, bell peppers, sautéed mushrooms, spinach, tomatoes, cheddar cheese, Swiss cheese, goat cheese, American cheese, provolone cheese each additional item 1.00 charge

Homestyle Steak & Eggs 25

breaded and fried sirloin steak, breakfast gravy, choice of two eggs, breakfast potatoes, choice of toast

Egg White Frittata 18.50 (GF) (VEG)

roasted tomatoes, goat cheese, spinach, your choice of toast

FROM THE GRIDDLE

Blueberry Pancakes 16 (VEG)

blueberries stewed in maple syrup, whipped cream and butter, powdered sugar

Pumpkin Roll French Toast 17 (VEG)

pumpkin cake roll, cinnamon powdered sugar, whipped butter, stewed apples

Chicken & Waffles 18

two chicken tenders, buttery maple waffles, topped with whipped butter, side of sriracha honey glaze

Breakfast Skillet 18

biscuits and gravy, topped with scrambled eggs and breakfast potatoes

Egg & Cheese Sandwich 12

egg frittata, cheddar, tomato, toasted kaiser roll, side of breakfast potatoes add sausage 4, add bacon 4

Ham & Cheese Croissant 12

Breakfast ham, melty Swiss cheese, egg frittata, buttery croissant bun, side of breakfast potatoes

GRAINS

Granola Parfait 9 (VEG)

granola, fresh berries, yogurt

Lox Bagel 16

smoked salmon, dill, cucumber, tomato, red onions, everything bagel

Maple & Apple Steel Cut Oats 8 (GF)

stewed apples, fresh apples, toasted almond pieces

BEVERAGES

Orange, Cranberry, Tomato, V8, Apple **4.50**

Freshly Brewed Coffee sm **4.50** lg **6.50** Espresso **4.50**

Cappuccino / Café Latte 5.50

Hot Chocolate / Hot Tea 4.50

SIDES 7

breakfast potatoes, turkey, pork sausage, chicken sausage, bacon, fresh fruit, bowl of berries, 3 pancakes, toast (4)



Dessert Menu

Basque Cheesecake 9

ricotta cheese cake, fresh berries, whipped cream, powdered sugar

Two Layer Sweet Potato Maple Cake 9

silky smooth cinnamon layers, buttery graham cracker crust, sweet potato spice cake, and cream cheese maple icing

Fudge Lava Cake 9

creamy, dark, dense chocolate center, the rich chocolate cake served warm, with raspberry glaze and whipped cream

Ice Cream & Sorbet 9