

Continental Breakfast Buffet available 6:30am~10:30am

#### Continental Breakfast 16.50

freshly baked croissants, muffins, Danish pastries, bagels, oatmeal preserves, butter, juice, standard hot beverages cereal, fresh fruit & yogurt parfait

Special upgrade with the purchase of the Continental Buffet

# Two Eggs Any Style 7

choice of bacon, pork sausage, chicken sausage or ham, breakfast potatoes

# **EGGS**

\* All eggs are served with breakfast potatoes

# Two Eggs Any Style 14

choice of bacon, pork sausage, chicken sausage or ham, breakfast potatoes

# **Eggs Benedict 18**

Two poached eggs toasted English muffin, Canadian bacon, hollandaise

# Three Egg Omelet 18

choice of three: bacon, ham, pork sausage, onion, bell peppers, sautéed mushrooms, spinach, tomatoes, cheddar cheese, Swiss cheese, goat cheese, American cheese, provolone cheese Each additional item 1.00 charge

# Steak & Eggs 25

grilled 6oz sirloin steak, choice of two eggs, breakfast potatoes, choice of toast

#### Egg White Frittata 18.50 (GF) (VEG)

roasted tomatoes, wilted kale, sauteed mushrooms & goat cheese

#### FROM THE GRIDDLE

#### **Apple Cinnamon Pancakes 16 (VEG)**

apple pancakes, cinnamon syrup, powdered sugar & whipped cream

#### **Cream Cheese Stuffed Brioche French Toast 17 (VEG)**

cream cheese, pear compote, toasted pecans

# Chicken & Waffles 17

two chicken tenders, four house made waffles, Ohio maple syrup & cinnamon spiced whipped cream

# **Breakfast Skillet 18 (GF)**

weekly inspired topping with breakfast potatoes & two eggs any style

# **GRAINS**

# Granola Parfait 9 (VEG)

homemade granola, fresh berries, yogurt

#### Lox Bagel 16

smoked salmon, lemon dill cream cheese, arugula, pickled red onions, fried capers, everything bagel

#### Maple & Apple Steel Cut Oats 8 (GF) (V) (DF)

apple butter, fresh apples, maple syrup & toasted almond pieces

# **BEVERAGES**

Orange, Cranberry, Tomato, V8, Apple **4.50** Freshly Brewed Coffee sm **4.50** lg **6.50** Espresso **4.50** Cappuccino /Café Latte **5.50** Hot Chocolate / Hot Tea **4.50** 

#### SIDES 7

breakfast potatoes, turkey, pork sausage, chicken sausage, smoked bacon, fresh fruit, bowl of berries, 3 pancakes

toast \$4

Please ask your server for Gluten Free options



# **APPETIZERS**

# Truffle Fries 8 VEG

parmesan cheese

# Chicken Wings (6pcs) 13 (12pcs) 19 GF

applewood seasoned, served with celery and blue cheese or ranch dressing and choice of sauce: BBQ, Korean BBQ, Buffalo, Garlic Parmesan, Cajun dry rub, Carolina Reaper hot sauce

# Pepperoni Flatbread 16

marinara, four cheese blend, pepperoni, chiffonade basil

#### **BBQ** Chicken Flatbread 16

red onion, corn, peppers, mozzarella, green onion

# Teriyaki Chicken Pot Stickers 13

sesame ginger dipping sauce

#### Braised Beef Tacos (3) 18

chipotle seasoned braised beef, white cheddar in a flour tortilla with black bean salsa, chipotle aioli

# Blackened Salmon Taco (3) 16 DF

grilled blackened salmon, napa slaw, pico de gallo, flour tortillas

# Loaded Hummus Dip 14 VEG

hummus topped with, tomato, cucumber, olives, artichokes, feta dill served with grilled naan

# **SOUPS**

Chicken Noodle Soup 7/Cup - 9/Bowl

Soup of The Day 7/Cup - 9/Bowl

# **SALADS**

# Arugula & Beet Salad 14 VEG

arugula, roasted beets, orange segments, goat cheese, red onion vinaigrette

#### Greek Salad 15 VEG

kalamata olives, tomato, red onions, feta, cucumbers, Greek dressing, grilled naan bread

#### Shaved Brussels 14

brussels sprouts, golden raisins, crumbled blue, almonds, dijon vinaigrette

#### Classic Caesar 14

romaine, parmesan cheese, croutons, Caesar dressing

#### Cobb Salad 14 GF

iceberg wedge, bacon, tomato, cucumbers, blue cheese, eggs with ranch

#### **Arcadian Greens 13**

cucumber, tomato, pickled red onion, shredded carrots

Add Protein: 6oz Chicken 8

5pc Shrimp 11

6oz Steak 14

7oz Salmon 12

# **SANDWICHES**

All sandwiches are served with chips, side salad or fries

# Build Your Own Burger 20

choice of cheese, bacon, fried egg, served with lettuce, tomato, pickle

# Turkey Club 18

smoked turkey, lettuce, tomato, bacon, roasted garlic aioli, choice of bread

#### Grilled Chicken Sandwich 18

herb marinated grilled chicken, arugula, tomato, caramelized onion, honey mustard, cheddar on toasted brioche bun

# Greek Chicken Pita 20

grilled chicken, romaine, roasted tomatoes, pickled red onions, roasted garlic olive tzatziki, pita

# Grilled Cheese Sandwich 14 VEG

cheddar, provolone, Swiss, American cheese on sourdough bread



# **ENTREES**

#### Herb Roasted Chicken 28

french breast of chicken, buttered green beans, herb basmati rice, roasted chicken gravy

#### Braised Beef Short Ribs 30

garlic and asiago polenta, roasted root vegetables, merlot demi

# Grilled Salmon 31

potato hash, grilled asparagus, lemon herb butter

# Tuscan Linguini 25

cannellini beans, blistered cherry tomatoes, baby spinach, basil, parmesan

# Grilled Bistro Steak 32

herb roasted redskin potatoes, grilled asparagus, merlot demi

#### Mushroom Stroganoff 18 V VEG

leeks, arugula, wild mushrooms, garlic, coconut milk, vegetable broth, tahini, campanelle pasta

#### C2 Meatloaf 24

lamb & sirloin blend, mashed potatoes, green beans, beef gravy

#### SIDES 7

Side Salad Sweet Potato Fries
Grilled Asparagus Herbed Basmati Rice
French Fries Roasted Red Skin Potatoes

# FLEXIBLE DINING

Tasty, versatile & nutritionally balanced dishes, available all day, everyday

#### **ANYTIME PLATES**

# Avocado Toast 18 VEG

crushed ripe avocado, poached farm fresh eggs, toasted sour dough, olive oil, roasted tomatoes served with breakfast potatoes

# Power Wrap 17

scrambled egg whites, roasted wild mushrooms, smoked turkey, wilted spinach, feta, tomato wrap, salsa served with fresh fruit

#### **NOURISH BOWLS**

#### Mediterranean Grain Bowl 22 GF

lentil salad, tomatoes, kalamata olives, artichokes, feta, grilled chicken, oregano vinaigrette

#### Farro & Sweet Potato Bowl 20 VEG

Maple roasted sweet potatoes, wild mushrooms, charred onion, arugula, toasted almonds, sriracha aioli

# Relax. Restore. Reset.

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# **DESSERT MENU**

Butter Toffee Bundt Cake 10 caramel & chocolate sauce

Red Velvet Cake 10 caramel & pecans

Chocolate Flourless Torte Cake 10 berry sauce & fresh berry

Ice Cream & Sorbet 10