

SPA MENU

Welcome to Semiramis InterContinental Spa

Semiramis Spa is a serene sanctuary offering luxurious, tailored treatments to restore balance and well-being. Rejuvenate with our curated selection of treatments designed to restore balance to the body and mind.

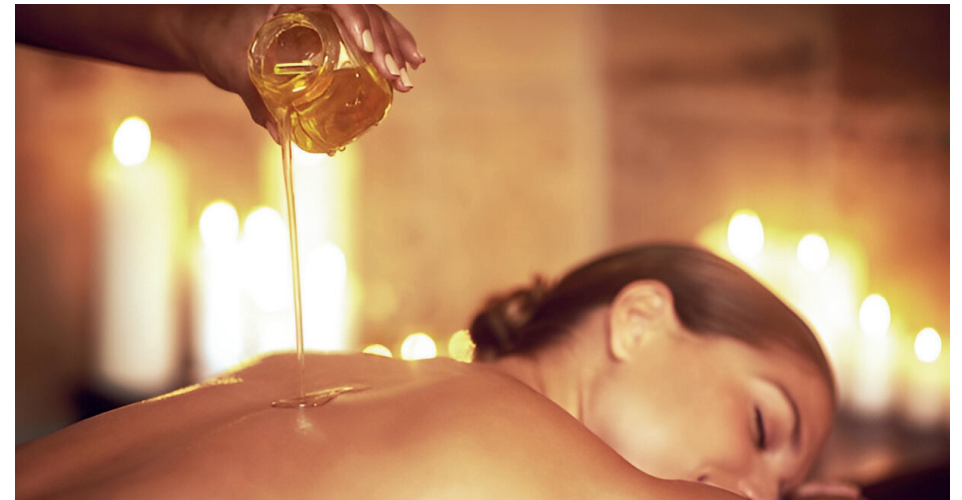
Maintain your fitness at our modern, fully equipped Fitness Centre and for a refreshing escape, relax in our outdoor pool while soaking in the stunning Nile view.

Every detail at Semiramis Spa is designed to elevate your sense of tranquility and luxury.



SPA MENU

BODY MASSAGES



Gold Oil Massage

Our signature luxurious treatment features 24K golden oil, expertly blended with precious essential oils of ginger, zedoary, and clove. Combined with soothing massage techniques, this golden elixir deeply hydrates the skin, enhances elasticity, and provides lasting protection—leaving you feeling renewed, radiant, and relaxed.

Duration: 55 min / 85 min

Swedish Massage

Combining light to moderate pressure with a blend of nourishing oils. Designed to release muscle tension and promote circulation, this treatment enhances physical relaxation and overall well-being, leaving you feeling balanced and renewed.

Duration: 55 min / 85 min

SPA MENU

BODY MESSAGES

Semiramis Massage

Experience deep relief with our signature massage, combining intensive techniques and the targeted use of hot stones to ease sore muscles, release built-up tension, and calm the neuromuscular system. This restorative treatment promotes profound relaxation and physical renewal.

Duration: 55 min / 85 min

Deep Tissue Massage

This revitalizing treatment uses targeted, intensive techniques to boost circulation, flush out toxins, and restore balance to the body and nervous system. Feel deep tension melt away as your muscles are renewed, healed, and reenergized.

Duration: 55 min / 85 min

Candle Massage

Surrender to the warmth of our aromatic candle massage, as the melted wax gently glides over the skin, releasing nourishing properties and enveloping you in a captivating scent. This indulgent ritual blends aromatherapy with deep relaxation, promoting blissful balance, rejuvenation, and complete well-being.

Duration: 55 min / 85 min

SPA MENU

BODY MESSAGES

Traditional Thai Massage

This unique treatment harmoniously blends deeply relaxing massage techniques with traditional Thai pressure and stretching. Designed to release stress, ease muscle soreness, and enhance flexibility, it offers both physical and mental restoration for a truly therapeutic experience.

Duration: 55 min / 85 min

Hot Stones Massage

Let warmth embrace you as smooth, heated stones glide across your body, melting tension and restoring inner peace. This luxurious full-body massage eases tight muscles, clears blockages, and relieves stress, leaving you renewed, recharged, and deeply relaxed.

Duration: 55 min / 85 min

Aromatherapy Massage

Unwind and restore with this customized aromatic massage, combining light to moderate pressure with a soothing blend of essential oils. Designed to ease tension, this treatment promotes physical relaxation, emotional balance, and overall well-being.

Duration: 55 min / 85 min

SPA MENU

BODY MESSAGES

Lava Hot Shells Massage

Experience a deeply soothing full-body massage using natural hot seashells to melt away muscle tension, dissolve stress, and restore inner balance. This luxurious treatment harnesses the healing warmth of the sea, leaving you renewed, relaxed, and re-energized.

Duration: 55 min

Argan (Body, Face & Hair) Massage

Unwind with a soothing full-body massage using nutrient-rich argan oil, renowned for its restorative properties. This luxurious treatment relieves muscle tension while nourishing the skin. The ritual is completed with a relaxing scalp massage, promoting healthy hair growth and revitalizing dry, stressed hair through the powerful blend of essential fatty acids and antioxidants in argan oil.

Duration: 95 min

Anti-Cellulite Massage

This specialized treatment is designed to visibly reduce the appearance of cellulite through a series of focused massage techniques. Using deep kneading and rolling movements, it targets stubborn fat deposits and stimulates circulation to help smooth skin texture, tone the body, and support collagen restoration over time.

Duration: 40 min

SPA MENU

BODY TREATMENTS

Pharaoh

A tailored treatment crafted for the modern man, combining full-body exfoliation with a deeply relaxing massage using energizing oils. Designed to soften the skin, ease muscle tension, and restore vitality, this revitalizing ritual promotes deep regeneration and total well-being.

Duration: 80 min

Golden Pharaonic Key

Immerse yourself in a luxurious body treatment enriched with gold, silk, ginger, and a delicate blend of essential oils. This indulgent ritual combines deep hydration, firming benefits, and a relaxing massage using our signature 24K golden oil—leaving your skin smooth, radiant, and beautifully rejuvenated.

Duration: 100 min

Nefertiti

A Royal Glow treatment that begins with a refreshing herbal and fresh petal body scrub or wrap, followed by a nourishing full-body massage to leave your skin soft, smooth, and deeply relaxed. Conclude with a tailored express facial for a radiant, glowing complexion.

Duration: 100 min

SPA MENU

FACE TREATMENTS



Cleopatra Gold Beauty

Indulge in the ultimate anti-aging experience with our luxurious 24K gold-infused facial, designed to deliver a radiant, glass-like skin effect. This exclusive treatment deeply hydrates, enhances elasticity, and smooths fine lines and wrinkles. A powerful blend of 24K gold, silk proteins, oligopeptides, and marine collagen rejuvenates the skin, promoting a youthful, firmer, and more lifted appearance.

Duration: 95 min

Sparkling Eyes

Illuminate and rejuvenate your eyes with this exclusive treatment designed to target the delicate eye area. A potent blend of plant stem cells, oligopeptides, hyaluronic acid, and advanced biotechnological ingredients works to firm, hydrate, and smooth the skin, reducing signs of stress and aging for a refreshed, luminous eye contour.

Duration: 40 min

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COUPLE PACKAGES



Romance on the Nile

Retreat into your own private couple's suite for an unforgettable journey of relaxation and connection. Your experience begins with a traditional foot ritual. Let our expert therapists soothe your muscles with a warm candle massage using pure essential wax, followed by a refreshing express facial for both. Enjoying private Jacuzzi and Sauna, accompanied by fresh juices and seasonal fruits—an experience to enjoy together in perfect harmony.

Duration: 95 min

Luxurious Gold Treatment

A luxurious head-to-toe experience infused with the power of 24K gold oil. Begin with a calming foot ritual, golden body exfoliation, and a decadent chocolate wrap. Melt into a full-body massage with our Signature 24k Gold Oil, followed by a glow-enhancing express facial. End your journey in your private heated Jacuzzi and sauna, with fresh fruits and juice.

Duration: 150 min

SPA MENU

MINI TREATMENTS

Body Polish

A revitalizing full-body exfoliation, enriched with your choice of captivating aromas. Delicate crystals slough off dead skin cells, boosting circulation and restoring elasticity. Leave you with smooth skin with a radiant, velvety finish.

Duration: 25 min

Chocolate Body Wrap

A deeply nourishing and hydrating experience that replenishes the skin's moisture while providing antioxidant and anti-aging benefits. The indulgent full-body chocolate wrap leaves your skin velvety smooth, hydrated, and naturally scented with a subtle, delightful aroma.

Duration: 25 min

Body Scrub

A deeply nourishing and hydrating experience that replenishes the skin's moisture levels. Our expert therapists exfoliate your skin with an invigorating herbal scrub, removing dead cells and rough patches, leaving your skin soft, smooth, and revitalized.

Duration: 25 min

Back & Neck Massage

An invigorating yet deeply relaxing massage, infused with the calming aromas of lavender and the fresh brightness of rosemary. Warm, delicately scented oils enhance the experience, guiding you into a soothing, intoxicating journey of relaxation.

Duration: 25 min

SPA MENU

MINI TREATMENTS

Legs Massage

Unwind and de-stress with a leg massage designed to boost circulation. Through targeted pressure and specialized techniques, this treatment stimulates blood flow, reducing swelling, relieving discomfort, and promoting overall leg health.

Duration: 25 min

Foot Reflexology

This therapeutic treatment is renowned for its ability to relieve stress, improve circulation, aid detoxification, and enhance overall wellness. By stimulating specific pressure points, reflexology helps shift the body from stress to relaxation, promoting tranquility and boosting overall well-being.

Duration: 25 min

Instant Moisture & Glow Facial

Instantly restore a healthy, radiant glow with a customized mini treatment designed to rejuvenate, hydrate, protect, and nourish your skin. Let us help you select the perfect regimen to support and refresh your skin during this demanding time of the year.

Duration: 25 min

Face Anti-age Massage

Experience the ultimate anti-aging treatment with a soothing facial massage using light, sweeping motions. This technique stimulates the lymphatic system, reducing puffiness and detoxifying the skin. Regular lymphatic drainage enhances skin health and youthful appearance, while acupressure targets key points for relaxation and vitality.

Duration: 25 min

SPA MENU

HAMMAM RITUALS

Turkish Detox Hammam

Rooted in the ancient Ottoman tradition, the Turkish Bath offers a deeply cleansing and rejuvenating experience. The journey begins with a steam session to open the pores, promoting relaxation and detoxification. A Moroccan soap exfoliation with a kessa glove reveals smoother, radiant skin, followed by a luxurious foam cleanse for a truly indulgent finish.

Duration: 55 min

Total Rejuvenation

This luxurious Turkish Bath (Hammam) experience includes a purifying steam session that opens the pores, allowing toxins to be released and promoting relaxation. A body exfoliation with Moroccan soap and the traditional kessa glove removes dead skin, revealing a radiant complexion. The ritual continues with a soft, foam cleansing, followed by a relaxing body massage to complete your rejuvenating journey.

Duration: 150 min

Pharaonic Body Revitalization

This rejuvenating treatment begins with a complete body exfoliation, followed by a relaxing massage using energizing essential oils. Designed to soften and relax the body, it promotes deep skin regeneration, muscle decongestion, and overall rejuvenation.

Duration: 25 min

SPA MENU

HAMMAM RITUALS



SPA MENU

SPA ETIQUETTE

Facilities

In a serene and inviting atmosphere, guests are invited to embark on a transcendent journey for the senses, immersing themselves in a rejuvenating experience. Our heated Jacuzzi, equipped with power jets, offers a revitalizing escape, while the Hammam and sauna provide therapeutic benefits, ensuring a unique and relaxing experience. For those wishing to maintain their fitness routine, our state-of-the-art Fitness Center is available to help you stay active and energized throughout your stay.

Spa Arrival

Arrival should be at least 15 minutes prior to the scheduled appointment time to allow time for relaxation and completion of a health consultation form. This ensures the treatment is tailored to individual needs. Please note that late arrivals will result in a reduced treatment duration to avoid delaying subsequent appointments.

Advanced bookings are recommended. The Spa Reception team is available to assist in selecting the most appropriate treatment. Therapists are professionally trained to ensure the highest level of comfort, privacy, and discretion at all times.

Health Conditions

Kindly inform the Spa Reception of any health conditions, allergies, or injuries at the time of booking, as these may affect the choice or suitability of treatments. Please note that heat and water facilities are not recommended during pregnancy.

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SPA ETIQUETTE

Cancellation Policy

Cancellations made less than 4 hours prior to the scheduled appointment will incur a fee of 50% of the treatment cost.

Spa Etiquette

Our Spa environment is one of relaxation and tranquility. Please respect all Spa guests' right to privacy and serenity. Considering this, the Spa is a smoke-free and mobile phone free zone (please enable silent mode on your device).

Loss or Damage

The spa is not responsible for the loss or damage of personal belongings. Guests are advised to keep valuables securely stored in the provided lockers during their visit.

Age Policy

Please note that access to the spa facilities is for guests aged 16 years and above.

Operating Hours

Spa: 10:00 AM - 10:00 PM

Gym: 06:00 AM - 12:00 AM

Tel.: +(202)27988080

Mob.: +(20)1029986364

Ext.: 1381-2

Email: spa.semiramisic@ihg.com