

SPA

INTERCONTINENTAL®

BODY TREATMENTS & RITUALS

JET LAG MASSAGE

Lymphatic techniques are incorporated into your massage to help with symptoms of fatigue, sleep disturbances and fluid retention.

50 minutes \$235

80 minutes \$350

DEEP TISSUE MASSAGE

This invigorating treatment is tailored to relax, restore and recharge the body using deep tissue techniques focused on releasing tension in the deeper layers of the muscle tissue, tendons and fascia.

50 minutes \$220

80 minutes \$320

HEALING HONEY AGAVE MASSAGE

This healing massage begins with a dry brush exfoliation and warm compress to release tension followed by a soothing massage with a warm honey butter treatment for hands and feet..

50 minutes \$235

80 minutes \$320

THE OCEAN EXPERIENCE

Total body wellness begins with a unique oil to foam natural enzyme exfoliation, instantly smoothing and refining the skins texture. Stimulating circulation and enhancing lymphatic flow to prepare the skin for a deeply nourishing cocoon cream wrap. Concluding this revitalizing experience is a body massage using botanical oils enriched with eucalyptus and calming lavender.

50 minutes \$235

80 minutes \$350

Add hot stones to any body service for \$30

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FACIAL TREATMENTS

DOCTOR BABOR COLLAGEN FUSION FACIAL

Ultra potent hyaluronic acid and collagen plump the skin smoothing fine lines and wrinkles. The effect of this treatment is amplified with a collagen infused mask to lift and reshape.

50 minutes \$220

80 minutes \$320

DOCTOR BABOR CRYO-SCULPT

Cold therapy and sculpting Gua Sha alleviate puffiness, diminish fatigue, and firm and tighten skins appearance. This facial is complemented by a firming mask, unveiling radiant complexion.

50 minutes \$235

80 minutes \$350

DOCTOR BABOR ENERGIZING FACIAL TREATMENT FOR MEN

This treatment is tailored for a man's specific skincare needs, eliminating toxins, reducing excessive oil, and refining the texture to rejuvenate the skin, leaving it visibly healthier.

50 minutes \$220

80 minutes \$320

DOCTOR BABOR BRIGHTEN & GLOW

A fusion of powerful plant extracts and potent vitamin C are used to brighten and even the skin tone. A triple exfoliation featuring a gentle AHA peel smooths tired and dull skin resulting in a bright radiant glow.

50 minutes \$235

80 minutes \$350

To book your spa experience, dial extension 5090