

IN ROOM MASSAGE & BEAUTY TREATMENTS



INTERCONTINENTAL.
AUCKLAND



The Ultimate

\$210 / 90 min

A deeply restorative and calming massage that works from the soles of your feet to the crown of your head. This unique treatment is more than just a massage—it will leave you feeling completely rejuvenated and absolutely fabulous.

Deep Tissue

\$180 / 60 min

This therapeutic bodywork focuses on the deeper layers of muscle, using slower strokes and friction techniques across the muscle grain. Some clients may experience mild soreness for one to two days following a deep tissue massage.

Deep Relax

\$180 / 60 min

This full-body experience is designed to calm and balance the emotions, providing a deep sense of relaxation and mental clarity. It also stimulates an exhausted immune system, helping to reinvigorate the body, while gently aiding circulation to support overall well-being. You'll leave feeling refreshed, restored, and renewed.

De-Stress

\$95 / 30 min

Release stress and restore focus with this upper-body treatment. Perfect for those with a demanding lifestyle or anyone needing a moment to pause, breathe, and recharge.

Pregnancy Massage

\$150 / 60 min

Pregnancy massage helps reduce stress, ease swelling, relieve aches and pains, and support emotional well-being. Each massage is tailored to meet the individual needs of the mother-to-be.

Thai Foot Ritual

\$110 / 45 min

This treatment softens, conditions, and soothes the feet while helping to relieve stress, tension, fatigue, and headaches. It also promotes detoxification through the feet. Your experience includes a warm foot bath, an antioxidant exfoliation, and a relaxing foot massage.

Facial Treatments

Reawaken your skin with our restorative facial experiences, designed to nourish, hydrate, and revitalise. Each treatment is tailored to your individual needs, leaving you with a radiant glow and a renewed sense of wellbeing in the comfort of your room.

Mini Facial

\$100 / 30 min

A perfect pick-me-up when time is short. This express facial delivers instant freshness and hydration, leaving your skin clean, radiant, and revitalized in just half an hour.

Revive Facial

\$150 / 60 min

Designed to awaken and re-energize the skin, this treatment focuses on hydration, balance, and a youthful glow. Perfect for those needing a quick boost, it leaves your complexion smoother, brighter, and visibly renewed.

Renewal Facial

\$170 / 90 min

A luxurious treatment that restores radiance and vitality to tired skin. This facial deeply cleanses, nourishes, and hydrates while encouraging natural cell renewal. With soothing massage techniques and targeted care, it leaves your complexion glowing, and beautifully revitalized.

Dear Guests

Please find above our menu of wellness treatments available for you to enjoy.

To make a booking, kindly contact our Concierge Team to confirm available appointment times.

All treatments will be charged to your hotel room account.

We wish you a relaxing and rejuvenating experience.



In-Room Spa Hours:

8:00am – 6:30pm

- A 10% surcharge may apply for appointments outside these hours.
- A minimum appointment charge of \$60 per person applies.
- Please provide at least two hours' notice for cancellations to avoid charges.
- A minimum of one hour's notice is required when booking to allow for travel time (subject to availability).
- A 15% surcharge applies on public holidays.



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