

SPA

INTERCONTINENTAL



SPA MENU

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Spa InterContinental Experience includes unlimited use of the Wellness Areas including Sauna, Jacuzzi & Steam, Gym and beach access.

The Spa InterContinental Experience is complimentary (outside guest only) when you book any of our treatments with a minimum value of JD 100 per day/person.

UnlimitedSpaInterContinental Experience (in house guest) - Complimentary

UnlimitedSpaInterContinental Experience plus Beach access (outside guest) – (45 JD)

All prices applied are subject to change based on seasonality.



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Massage Treatments

A range of massages to suit varies personal needs and preferences. Massage remains the most popular of treatments and it is the ideal way to complement other Spa treatments.

Aromatherapy Massage 60 min / 70 JD

80 min / 90 JD

A relaxing hypnotic full body massage with alluring essential oils used to enhance mood and memory.

Swedish Massage 60 min / 70 JD

75 min / 85 JD

A full body massage with regulated pressure – begins softly and gradually gets deeper.

Shiatsu Massage 50 min / 75 JD

Shiatsu works with vital points and energy meridians that can help erase daily stresses on the body. It is particularly Smoothly good for joint pain, enabling the body's Qi to flow and leaving you free to enjoy all round well-being.

Balinese Massage 60 min / 75 JD

Balinese massage is a full-body holistic treatment. Balinese massage uses a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and "qi" (energy) around your body, and bring a sense of wellbeing, calm and deep relaxation.

Mother-to-be Massage 50 min / 75 JD

Designed for your comfort from three months on, this full body massage answers the development needs of you and your baby, providing the nurturing treatment you both deserve. Lying on your side, relax as your body is soothed and your skin is pampered with the nourishing properties of natural, gentle massage oils.

Heavenly Hot Stone Massage 60min / 80 JD

Hot Stone Massage therapy is a specialty massage melts away tension, eases muscle stiffness and increases blood circulation and metabolism where the therapist uses smooth, heated stones as an extension of their own hands. The heat can be both deeply relaxing and help warm up tight muscles.

Chocolate Massage 60min / 75JD

Deluxe chocolate cares for the body, caresses the skin and allows to work against stress, providing delicious sensation of great pleasure

Couples Massage 75 min / 160 JD

Together experience a luxurious full body massage designed to relax and unwind. Is an excellent way to share the experience of massage with someone very special.

Back, Neck and Shoulder Massage 25 min / 45JD

Focuses on releasing tension in the back neck and shoulders, perfect for a quick release.

Reflexology Massage 25 min / 45JD

Ancient Chinese technique using pressure point massage performed on the feet to restore the flow of energy and natural healing.

Head & Scalp Massage 25 min / 46 JD

It helps enhance blood circulation in the head and neck area. When the scalp is "tight" from the stress, circulation and hair growth are impeded.

All prices are inclusive of 7% Sales tax and 5% service charge.

Cancellation policy: Please allow 24 hours cancellation to avoid 50% charge.

Please note that rates are subject to change. For booking Treatments dial Ext: 2622.

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Body Treatments

Natural Dead Sea Salt Scrub 25 min / 35 JD

Full body exfoliation leaves the skin feeling brand new. These famous salt granules provide skin preparation for your next treatment. Recommended for tanning preparation.

Satin Shimmer Exfoliation 35 min / 45 JD

Exfoliation with salt crystals combined with a moisturizing massage for an express beautifying treatment that leaves the skin soft and silky. A full body exfoliation using a sugary scrub and sleek textured milk.

Spa Peeling Massage 90 min / 75JD

An ultra-relaxing treatment with gentle warmth and fragrant scent of lavender flowers. A combination of light strokes, pressure and stretching, this very original body massage eliminates tension knots one by one and restores balance to the body.

Relaxing Mud Wrap 50 min / 55JD

Experience pure indulgence while the Dead Sea Mud wrap works its magic.

Exceptional Mud Wrap 65 min / 90JD

This ultimate Dead Sea Mud Wrap provides a draining, decongesting action. It includes a mini mud facial with natural vitamins and minerals from the Dead Sea followed by a revitalizing scalp massage that helps ease the mind, soothe tension and headaches.

Facial Treatments

Extended Youth Wrinkle Correction Firming Treatment

75 min/ 85JD

This treatment resurfaces the skin using a new generation exfoliant, it corrects wrinkles using a specifically formulated massage wax and it restructures facial skin by combining the use of specifically concentrated ingredients with a high-tech smoothing, firming mask. Results: a younger looking face, wrinkles are less visible and skin is firmer and more radiant.

Hydra Blue Plumping Nourishing Treatment 75 min/ 80JD

This treatment perfectly balances effective moisturizing and intense relaxation. It combines signature products with ultra-sensory textures and a very relaxing massage to moisturize and comfort the skin, which instantly reveals its natural freshness. In just one treatment, the skin regains comfort and radiance.

Douceur Marine Comforting Soothing Treatment 75 min/75 JD

This cocoon treatment softens the skin and improves its defense for a soothed and ideally hydrated epidermis, producing a radiant complexion. Results: treats the sensations of tight or irritated skin or redness, the epidermis is soothed and complexion is even.

Marine Breeze Pollution Shield Treatment 75 min /75JD

This relaxing treatment is ideal for combination, oily or clogged skin and is designed to oxygenate and purify. Results: the skin is deep cleansed and purified, complexion is fresh and luminous.

Dead Sea Mud Facial 50min /65 JD

This treatment will leave your skin clean, exfoliated, smooth and full of energy.

Basic Purity Facial 30min /45JD

For all skin types, this facial uses products that are perfectly adapted to the client's needs.

Revitalizing Eye Treatment 30 min / 45JD

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Spa Intercontinental Packages

For your benefit we have combined some of our most specific concerns. All packages below are per person.

Dead Sea Adventure Package 185 JD

Dead Sea Salt Scrub

Dead Sea Relaxing Mud Wrap

Swedish Massage

Dead Sea Mud Facial

De-stress Spa Journey 160 JD

Spa Peeling Massage Treatment

Hydra Blue Plumping Nourishing Facial Treatment

Spa Manicure or Spa Pedicure (by guest choice)

Anti-cellulite Package 140 JD

Full Body Salt Scrub

Dead Sea Natural Mud Wrap

Anti-cellulite Massage

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