



STARTERS

Soup of the Day £7.50

Freshly prepared seasonal soup served with a crusty warm bread roll and butter. (ce, g, mi)

Bread & Oil £4.00

Warm breads with olive oil and balsamic vinegar. (g, sd)

Cauliflower Bang Bang £8.00

With wasabi mayo and sesame seeds. (ses, so mus)

Gochujang Chicken Bites £8.50

With fresh spring onion & red peppers in spicy Korean gochujang sauce. (g, so, sd)

Khimchi Squid £8.50

With wasabi mayo and sesame seeds. (f, mo, ses, e, so, mus)

Caesar Salad £12.50

Classic Caesar salad with your choice of **grilled chicken** or **Halloumi**, gem lettuce, egg, anchovy, parmesan, croutons & Caesar dressing. (g, e, mi, f)

Quinoa and Avocado Salad £8.50

With chickpeas, pomegranate, spinach & molasses. (sd)

Tomato Mozzarella Salad £8.50

With cherry tomatoes, mozzarella, pesto, rockets & pinenuts (mi, n)

Truffle Fries £7.50

Fries with truffle oil and fresh parmesan cheese. (mi)

Cheesy Nachos £8.00

With tomato salsa, guacamole and light soured cream. (mi, sd)

VEGETARIAN AVAILABLE 24/7

VEGAN GLUTEN FREE

All prices include VAT*



Luton Vale

HOTEL

MAINS

Kashmiri Chicken Pulao Curry £18.50

Korma and saffron base sauce with naan, rice and poppadom. (g, ce, mi, n)

Butternut Squash & Ricotta Tortellini £15.50

With spinach, artichoke and pinenuts. (g, e, mi, n)

Chicken Chimichurri £15.50

With kale, sweet potato & cauliflower & grilled chicken. (sd)

Grilled Steak £24.50

Tender 8oz grilled beef steak with horseradish mayo and truffle chips. (e, mi, mus, sd) **Add Peppercorn Sauce** (mi, sd) - £2.00

Cod and Chips £13.50

With mushy peas and homemade tartare sauce, freshly battered. (f, e, mus, sd)

Pan Seared Salmon £18.50

With warm quinoa, lentil and spinach salad salsa verde. (f, mus, sd)

Club Sandwich £13.50

Classic triple-decker stack of grilled chicken, bacon, egg, tomato & crisp lettuce, in white or brown toast with fries. (g, e)

Beef Encounter Burger £16.50

Succulent beef patty topped with grilled bacon, Monterey jack cheese with crispy battered onion rings. Served with Skin-on-fries and chef's house slaw. (g, e, mi)

Grilled Chicken Burger £15.50

Grilled chicken with relish, gem lettuce, tomato, cheese and chef's house slaw, served with skin-on-fries in a brioche bun. (g, e, mi)

'Dabeli' Indian Burger £15.50

Beetroot chickpea mash, coriander and tamarind chutney, vegan mayo, pomegranate and sweet potato fries (g, sd)

Jacket Potato £10.50

Crispy oven-baked jacket potato with butter, cheddar cheese & coleslaw (mi, e) **Add extra toppings for £1.50 - beans, chilli. (g)**

All produce is prepared in an area where allergens are present.

For those with allergies, intolerances & special dietary requirements who may wish to know about the ingredients used, please ask a member of the management team.

OPEN
EVERYDAY

DESSERTS

Three Scoop Ice Cream £7.00

Chocolate, Vanilla, Strawberry or **Coffee** ice cream & soft waffle fingers. (g, e, mi, so)

Mango(VE) or **Raspberry**(VE) Sorbet

Rice Pudding Brulee £8.00

with mixed berries. (mi, sd)

Chocolate & Clementine Delice £8.00

Served with coffee ice cream. (so, mi)

Exotic Fruits £7.50

With mango sorbet. (VE)

SIDES

Onion Rings (g) £4.50

Skin-On Chips £4.50

Vegetable Medley £4.50

Pulao Rice (mi, n, sd) £4.50

Coleslaw (e) £3.50

BARREL & STONE
Fresh Stonebaked Pizzas



RUSTIC CLASSIC

12" £12.50
1128kcal

Rustic combination of oregano infused Barrel & Stone tomato sauce and creamy Fior di Latte Mozzarella. (g, mi, mus, so)

SIMPLY SALAMI

12" £14.00
1387kcal

Delicious cured Napoli salami with oregano infused Barrel & stone tomato sauce and Fior di Latte Mozzarella. (g, mi, mus, so)

CHICKEN & PESTO

12" £15.00
1357kcal

Tasty chicken and green pesto with oregano infused Barrel & Stone tomato sauce and creamy Fior di Latte Mozzarella, artichoke heart and rocket. (g, mi, mus, so)

ALLERGEN KEY

g(gluten), e(egg), (mi)milk, (ses)sesame, (so)soya, (ce)celery
n(nuts), (mus)mustard, (f)fish, (cr)crustacean, (mo)mollusc
(sd)sulphur dioxide, (pe)peanuts, (lu)lupin



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HOTEL

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SOFT DRINKS

	300ML	HALF	PINT
Coca-Cola	£4.00	£2.25	£4.50
J2O	£4.00	275ML	
Redbull	£4.50	250ML	
Appletizer	£4.00	275ML	
Mixers	£3.00	200ML	

BEER & CIDER

Budweiser 4.5%	330ML	£5.50
Guinness Can 4.2%	520ML	£7.50
Corona Extra 4.5%	330ML	£5.00
Peroni Nastro 5.0%	330ML	£5.50
Rekorderlig 4.0%	500ML	£6.90
Guinness Can 0.0%	440ML	£4.50

VEGAN VEGETARIAN AVAILABLE 24/7

VEGAN OPTION AVAILABLE GLUTEN FREE AVAILABLE

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HOT DRINKS



Tea

Ask a team member for our available tea selection.

From **£3.50**

Coffee

Ask a team member for our available coffee selection.

From **£3.50**

SANDWICHES

*Sandwiches are served with crisps and a choice of malted or white bloomer bread.

Tuna Mayo Sweetcorn

(g, so, f, e)

£6.50

Egg Mayo

(g, so, e)

£6.00

Ham & Cheese Sandwich

(g, so, mi)

£6.50

Margherita Pizza

Delicious 12" pizza with melted mozzarella cheese on a crusty stone-baked base. **Add Pepperoni for £1.50** (g, mi)

£13.00

For the full range of soft drinks & alcohol we offer, please see our full drinks menu.

All prices include VAT*

WINE SELECTION

WHITE WINE



175ML 250ML BOTTLE

Chardonnay	£7.75	£10.20	£30.00
Sauvignon Blanc	£7.00	£9.00	£26.00
Pinot grigio	£7.95	£10.50	£31.00

RED WINE



175ML 250ML BOTTLE

Shiraz	£7.75	£10.00	£30.00
Merlot	£8.00	£11.00	£32.00
Cabernet	£7.75	£10.00	£30.00

LIQUORS & SPIRITS

25ML

Absolut Vodka 40%	£4.30
Jack Daniels 40%	£4.30
Bacardi 37.50%	£4.10
Jamesons 40%	£4.70
Kraken Rum 40%	£4.90
Bells Whiskey 40%	£4.40

GET IN TOUCH!

We'd love to hear your feedback!

Contact us!

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