

HOP

# New Biscuits

Flaky buttermilk biscuits that satisfy any craving.

#### **BUTTERMILK BISCUIT & GRAVY COMBO**

Warm & flaky buttermilk biscuit served with country gravy, 2 eggs\*, 2 pork sausage links, 2 hickory-smoked bacon strips & hash browns. 1400-1500 cal | 12.49

#### **CHICKEN BISCUIT SANDWICH**

Warm & flaky buttermilk biscuit filled with buttermilk crispy chicken breast, hash browns, pickle chips & country gravy (1100 cal). Served with choice of hash browns (220 cal), French fries (320 cal), 2 buttermilk pancakes (320 cal), or seasonal fresh fruit (50 cal). 12.29

#### **FRESH STRAWBERRIE**

& CREAM BISCUIT Warm & flaky buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our Old-Fashioned syrup, whipped topping & powdered sugar. 940 cal | 11.49

#### **FRESH STRAWBERRIES & CREAM BISCUIT COMBO**

Fresh Strawberries & Cream Biscuit with 2 eggs\*, 2 hickory-smoked bacon strips or pork sausage links & hash browns. 1380-1590 cal | 12.49

# MERAKANASANDA KUMUKANAN KANYA KAN **BREAKFAST BISCUIT SANDWICH**

REPORTED BALANCERS

Warm & flaky buttermilk biscuit filled with 2 fried eggs\*, American cheese, 2 strips of hickory-smoked bacon & cheese sauce (990 cal). Served with choice of hash browns (220 cal), French fries (320 cal), 2 buttermilk pancakes (320 cal), or seasonal fresh fruit (50 cal). 12.29

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. NOTICE: ITEMS MARKED WITH AN \* MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. IHOP cannot ensure menu items do not contain ingredients that might cause an allergic reaction or impact other dietary restrictions. Allergen information is available at IHOP.com.

# Waffles Crispy edges, fluffy insides.

#### **CHICKEN & WAFFLES**

Golden-brown Belgian waffle topped with 4 buttermilk crispy chicken strips & served with choice of sauce. 1170-1180 cal | 12.99

### BELGIAN WAFFLE 💙

Our traditional golden-brown Belgian waffle topped with whipped real butter. 560 cal | 9.99

#### NEW NASHVILLE HOT CHICKEN & WAFFLES S

Golden-brown Belgian waffle topped with 4 buttermilk crispy chicken strips tossed in spicy Nashville hot sauce & served with a side of ranch dressing. 1740 cal | 12.99

NEW OREO® COOKIE CRUMBLE Golden-brown Belgian waffle filled with OREO® cookie pieces & topped with creamy cheesecake mousse, more OREO® cookie pieces & whipped topping. 980 cal | 10.99

> Try it drizzled with our Old-Fashioned syrup!

#### NEW STRAWBERRY CHEESECAKE

Golden-brown Belgian waffle topped with creamy cheesecake mousse, fresh strawberries & whipped topping. 710 cal | 10.99

Key: Vegetarian Spicy GIuten-Friendly 2,000 calories a day is used for general nutrition advice, but calorie needs vary. auto-tionoy as menu items prepared without gluten-containing ingredients based on information from our approved suppliers. We do not claim that items marked as gluten-friendly are "gluten free" auto-confirm that they meet the FUX's definition of "gluten free" (<20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, including the they meet the FUX's definition of "gluten free" (<20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, including they suggestate an menu item can be completely free of gluten. <sup>O</sup> HOP defines vegetarian as a menu item that may contain dairy, eggs, and honey but does not contain beef, poultry, pork, or HOP's vegetarian menu items do not contain animal sourced gelatin, flowors, colors, or erzymes. Because we have multiple sources of animal products in our shared cooking and prep areas, including or of, we are unable to guarantee that any menu item be completely free of animal products. OREO® and the OREO® Water Design are trademarks of Mondeläz International group, used under license.

# World-Famous Pancakes

### Light & fluffy world-famous buttermilk pancakes griddled fresh to order.

**CINN-A-STACK®** THE FAN FAVORITE IS BACK 4 pancakes layered with cinnamon roll filling & topped with cream cheese icing. 870 cal | 10.79

STRAWBERRY BANANA V 4 pancakes filled with fresh banana slices Topped with glazed strawberries & more banana slices. 680 cal | 11.49

DOUBLE BLUEBERRY 💟

4 pancakes filled with blueberries & topped with blueberry topping. 610 cal | 10.79

NEW YORK CHEESECAKE V 4 pancakes filled with cheesecake bites & topped with glazed strawberries. 890 cal | 11.49

MEXICAN TRES LECHES 4 pancakes layered with vanilla sauce & dulce de leche caramel sauce. 700 cal | 10.79

# CHOCOLATE CHOCOLATE

4 chocolate pancakes filled with chocolate chips & topped with chocolate drizzle. Available in buttermilk. 770/750 cal | 10.79

CUPCAKE 4 pancakes filled with rainbow sprinkles. Topped with cupcake icing. 800 cal | 10.79

**ORIGINAL BUTTERMILK** 5 world-famous buttermilk pancakes topped with whipped real butter. 690 cal | 8.99 Available in a 3-stack. 450 cal | 6.99

ORIGINAL GLUTEN-FRIENDLY **C** V 4 fluffy gluten-friendly pancakes topped with whipped real butter. 550 cal | 7.99 Available in a 2-stack. 310 cal | 5.79

### Protein Pancakes

LEMON RICOTTA MIXED BERRY PROTEIN V 4 protein pancakes loaded with blueberries, topped with lemon ricotta & seasonal mixed berry topping. Add a squeeze of lemon for an extra zing! 800 cal | 10.79

STRAWBERRY BANANA PROTEIN V 4 protein pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices. 740 cal | 10.99

PROTEIN POWER V 4 protein pancakes topped with whipped real butter. 660 cal | 10.99

Free from high-fructose corn syrup. Availability may vary.

Choose from: Old-Fashioned (110 cal) Blueberry (110 cal) Strawberry (100 cal) Butter Pecan (110 cal)

# Thick 'N Fluffy French Toast

Thick & fluffy artisan bread dipped & griddled in our vanilla, cinnamon french toast batter.

**STRAWBERRY BANANA** 2 slices topped with glazed strawberries, fresh banana slices & powdered sugar. 960 cal | 10.99

#### LEMON RICOTTA MIXED BERRY

2 slices topped with lemon ricotta, seasonal mixed berry topping & powdered sugar. 1020 cal | 10.99

CLASSIC

2 slices topped with whipped real butter & powdered sugar. 900 cal | 9.99

# Make it a Griddle Combo

**NEW WAFFLE COMBO** Choice of Belgian, Strawberry Cheesecake or OREO\* Cookie Crumble Waffle, 2 eggs\* your way, 2 bacon strips or pork sausage links & hash browns. 990-1630 cal | 11.99

### THICK 'N FLUFFY FRENCH TOAST СОМВО

Choice of 1 slice of Classic, Strawberry Banana or Lemon Ricotta Mixed Berry Thick 'N Fluffy French Toast, 2 eggs\*, 2 bacon strips or pork sausage links & hash browns. 920-1250 cal | 12.49

## WORLD-FAMOUS PANCAKE COMBO

Choice of any 2 same-flavored pancakes, 2 eggs\*, 2 bacon strips or pork sausage links & hash browns. 760-1140 cal | 12.49 Make it with Original Gluten-Friendly Pancakes! 750-960 cal | 12.49

CREPE COMBO Choice of 2 Fresh Berry, 1 Lemon Ricotta Mixed Berry, or 1 Cinnamon Bun Crepe, 2 eggs\*, 2 bacon strips or pork sausage links & hash browns. 710-980 cal | 12.49

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# Add a Side

NEW BUTTERMILK BISCUIT V Warm & flaky buttermilk biscuit served with whipped real butter. 810 cal | 3.99

PORK SAUSAGE LINKS (4) 420 cal | 4.99 (2) 210 cal | 3.69

SLICE OF HAM 120 cal | 4.99

**TURKEY BACON STRIPS GF** (4) 120 cal | 4.99 (2) 60 cal | 3.69

NEW IMPOSSIBLE™ SAUSAGE PATTIES FROM PLANTS ☞ V (2) 240 cal | 4.99 HICKORY-SMOKED BACON STRIPS (4) 200 cal | 4.99 (2) 100 cal | 3.69

ENGLISH MUFFIN 180 cal | 2.99

BUTTERED TOAST 170-350 cal | 2.99

HASH BROWNS GF V 220 cal | 3.99

CRISPY BREAKFAST POTATOES G V 280 cal | 3.99

SEASONAL FRESH FRUIT GF V 50 cal | 4.29

# Sweet & Savory Crepes

Thin, delicate, French-style pancakes made with real eggs & griddled to order.

#### BREAKFAST

2 crepes filled & rolled with scrambled eggs<sup>t</sup>, hickory-smoked bacon, crispy hash browns, white cheese sauce & jack & cheddar cheeses. 1210 cal | 11.49

#### **CHICKEN PESTO**

2 crepes filled & rolled with grilled chicken, nut-free pesto, jack & cheddar cheeses & roasted cherry tomatoes. 870 cal | 13.49

#### LEMON RICOTTA MIXED BERRY

2 delicate crepes filled with lemon ricotta, topped with seasonal mixed berry topping, more lemon ricotta & powdered sugar. Add a squeeze of lemon for an extra zing! 610 cal | 11.29

#### FRESH BERRY 💟

4 crepes folded & topped with fresh strawberries. Add a squeeze of lemon for an extra zing! 540 cal | 11.49

#### **CINNAMON BUN**

2 crepes filled & rolled with cheesecake mousse, drizzled with cinnamon bun filling & cream cheese icing, topped with fresh strawberries & powdered sugar. 630 cal | 11.49

# Eggs Benedict

Creamy hollandaise, poached eggs, toasty English muffin. Served with choice of hash browns (V) (220 cal), crispy breakfast potatoes V (280 cal), or seasonal fresh fruit V (50 cal).

CLASSIC Black forest ham, poached eggs\* & hollandaise on a toasted English muffin. 450 cal | 10.99

#### **PESTO VEGGIE**

Sautéed spinach, mushrooms, roasted cherry tomatoes, nut-free pesto, poached eggs\* & hollandaise on a toasted English muffin. 620 cal | 12.29

#### **BOURBON BACON JAM**

Bourbon bacon jam, hickory-smoked bacon strips, poached eggs\* & hollandaise on a toasted English muffin. 680 cal | 12.99

#### SPICY POBLANO 🔕

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, chopped serrano peppers, poached eggs\* & poblano hollandaise on a toasted English muffin. 570 cal | 12.79

V 🕓 Spicy 📴 Gluten-Friendly

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# Omelettes

#### Made with a splash of buttermilk & wheat pancake batter to make our omelettes light & fluffy!

Served with choice of 3 buttermilk pancakes V (450 cal), hash browns V (220 cal), buttered toast (170-350 cal), 3 flavored pancakes from pancakes section adds 2.29 (470-690 cal) or seasonal fresh fruit V (50 cal). Excludes Pesto Egg White Veggie Omelette, which is served as described.

#### **BIG STEAK**

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & cheddar cheese. Served with salsa. 1040 cal | 14.89

#### SPICY POBLANO 📎

Fire-roasted poblano peppers, red bell peppers & onions, shredded beef, jack & cheddar cheeses, avocado, poblano cream & chopped serrano peppers. 1000 cal | 14.29

#### **CHICKEN FAJITA**

Grilled chicken breast with fire-roasted poblano & red bell peppers, onions & jack & cheddar cheeses. Served with salsa, sour cream & a grilled serrano pepper. 900 cal | 13.99

#### **SPINACH & MUSHROOM**

Sautéed spinach, mushrooms, onions, tomatoes, hollandaise & jack & cheddar cheeses. 900 cal | 13.99

**COLORADO** Bacon, shredded beef, pork sausage, ham, green peppers, onions & cheddar cheese. Served with salsa. 1270 cal | 14.49

**BACON TEMPTATION** Chopped hickory-smoked bacon, jack & cheddar cheeses, tomatoes & white cheese sauce. 1190 cal | 13.29

**PESTO VEGGIE EGG WHITE • V** Cage-free egg white omelette with sautéed mushrooms, roasted cherry tomatoes, nut-free pesto & avocado. Served with seasonal fresh fruit. 480 cal | 13.49

#### WHOLESOME SUBSTITUTIONS: Cage-free egg whites subtracts 310 cal per omelette.

## Build Your Own Omelette

**BUILD YOUR OWN OMELETTE** 400 cal | 9.79

#### **CHOOSE YOUR CHEESE**

American 100 cal Jack & Cheddar 220 cal V Cheddar 230 cal V Four-Cheese Blend 230 cal 💟

#### **CHOOSE YOUR ADD-INS 1.19 each** Bacon 80 cal

Pork Sausage 210 cal Nut-Free Pesto 90 cal V Ham 35 cal Extra Cheese 100-230 cal Sautéed Mushrooms 70 cal V Sautéed Green Peppers & Onions 70 cal V Hash Browns 220 cal V Roasted Cherry Tomatoes 30 cal 💟 Fresh Tomatoes 10 cal V Sautéed Spinach 80 cal 💙 Fresh Avocado 80 cal | adds 2.29 V

# Breakfast Combos

WHOLESOME SUBSTITUTIONS: Cage-free egg whites subtracts 30-80 cal per egg. Turkey bacon subtracts 20 cal per piece.

#### **BREAKFAST SAMPLER**

2 eggs<sup>\*</sup>, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes<sup>+</sup>. 1030-1130 cal | 13.99

#### SIRLOIN TIPS\* & EGGS

Sautéed with onions & mushrooms, served with 2 eggs\*, hash browns & 2 buttermilk pancakes. 1160-1260 cal | 16.49

#### **SMOKEHOUSE COMBO**

2 jumbo smoked sausage links, 2 eggs\*, hash browns & 2 buttermilk pancakes. 1140-1240 cal | 12.69

#### 2×2×2

2 eggs\*, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes. 540-750 cal | 10.99

#### SPLIT DECISION BREAKFAST

2 eggs\*, 2 bacon strips, 2 pork sausage links, 2 buttermilk pancakes & 1 slice of our Classic Thick 'N Fluffy French Toast. 1240-1340 cal | 12.99

#### COUNTRY FRIED STEAK & EGGS

A golden-battered beef steak, smothered in country gravy. Served with 2 eggs\*, hash browns & 2 buttermilk pancakes. 1460-1560 cal | 14.29

#### NEW IMPOSSIBLE™ PLANT-BASED SAUSAGE POWER COMBO ♥

2 Impossible™ sausage patties made from plants, scrambled cage-free egg whites, seasonal fresh fruit & choice of 2 protein pancakes or multigrain toast. 760/550 cal | 12.29

#### **CHICKEN & PANCAKES**

4 buttermilk crispy chicken strips & 3 buttermilk pancakes. Served with choice of sauce. 1060-1070 cal | 12.49

#### **QUICK 2-EGG BREAKFAST**

2 eggs\*, hash browns, 2 bacon strips or 2 pork sausage links & toast. 610-1000 cal | 10.99

#### T-BONE STEAK & EGGS

10 oz. T-Bone steak\* served with 3 eggs\* & 3 buttermilk pancakes. 910-1060 cal | 16.99

#### AVOCADO TOAST 🔮

Grilled multigrain bread topped with freshly sliced avocado & roasted cherry tomatoes. Served with choice of seasonal fresh fruit or hash browns. Seasonal availability may vary 630/800 cal | 9.29 Top it off with 2 eggs\*. (adds 120-220 cal) 11.99 Top it off with 2 eggs\* & 2 bacon strips. (adds 220-320 cal) 12.49

#### BREAKFAST BURRITO OR BOWL

Scrambled eggs<sup>‡</sup>, bacon or sausage, jack & cheddar cheeses, hash browns & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl (850-1200 cal). Served with a choice of 2 buttermilk pancakes (320 cal), hash browns (220 cal), buttered toast (170-350 cal), seasonal fresh fruit (50 cal) or French fries (320 cal). 11.29 Add avocado (adds 80 cal) for 11.99.

#### SOUTHWEST CHICKEN BURRITO OR BOWL

Grilled chicken, scrambled eggs<sup>t</sup>, bacon pieces, green peppers & onions, tomatoes, queso sauce, jack & cheddar cheeses, hash browns, avocado & a side of salsa. Served either wrapped in a warm tortilla or scrambled in a bowl (1380/1080 cal). Served with a choice of 2 buttermilk pancakes (320 cal), hash browns (220 cal), buttered toast (170-350 cal), seasonal fresh fruit (50 cal), or French fries (320 cal). 13.49

# Ultimate Steakburgers & Chicken Sandwiches

Served with choice of French fries V (320 cal), onion rings V (570 cal), seasonal fresh fruit V (50 cal), 2 buttermilk pancakes V (320 cal) or side salad V (300-310 cal).

### Choose Your Protein: -

All-Natural 100% USDA Choice Black Angus Beef Buttermilk Crispy Chicken Breast Made with all-natural chicken. Seasoned Grilled Chicken Breast Made with all-white meat chicken. Impossible™ Burger Patty ♥ Made from plants for meat lovers. Adds 1.49

Upgrade your cheese to a four-cheese crisp made with sharp cheddar, swiss, fontal & gruyère. Adds 230 cal | Adds .99

#### JALAPEÑO KICK 📎

Now with a four-cheese crisp. Spicy blend of sautéed jalapeños, serrano peppers & onions, hickory-smoked bacon, four-cheese crisp, lettuce, tomato & mayo. 1110-1260 cal | 12.49

#### **COWBOY BBQ**

Onion rings, hickory-smoked bacon, American cheese, lettuce, tomato & tangy BBQ sauce. 920-1070 cal | 12.49

#### **BOURBON BACON JAM**

Bourbon bacon jam, hickory-smoked bacon, American cheese, lettuce & mayo. 870-1020 cal | 12.49

#### **THE CLASSIC**

American cheese, lettuce, tomato, red onion, pickles & IHOP<sup>•</sup> sauce. 630-780 cal | 10.99 Make it a double steakburger with cheese. Adds 360 cal | Adds 1.99

IMPOSSIBLE

**BIG BRUNCH** Hickory-smoked bacon, fried egg\*, American cheese & IHOP\* sauce. 770-920 cal | 12.49

#### THE CLASSIC WITH BACON

Hickory-smoked bacon, American cheese, lettuce, tomato, red onion, pickles & IHOP<sup>\*</sup> sauce. 730-880 cal | 11.99 Make it a double steakburger with cheese. Adds 360 cal | Adds 1.99

# Hand-Crafted Melts

Served with choice of French fries  $\heartsuit$  (320 cal), onion rings  $\heartsuit$  (570 cal), seasonal fresh fruit  $\heartsuit$  (50 cal), 2 buttermilk pancakes  $\heartsuit$  (320 cal) or side salad  $\heartsuit$  (300-310 cal).

#### NEW NASHVILLE HOT CHICKEN MELT 🕓

Buttermilk crispy chicken breast strips tossed in Nashville hot sauce, with mayo, pickles, four-cheese blend & American cheese on grilled, thick-cut bread. Served with a side of ranch dressing. 2100 cal | 12.29

#### CALI ROASTED TURKEY MELT

All-natural roasted turkey breast, hickory-smoked bacon, four-cheese blend, roasted cherry tomatoes, fresh avocado & mayo on grilled multigrain bread. 1110 cal | 12.29

PHILLY CHEESESTEAK STACKER Grilled sirloin steak, onions & American cheese on a grilled roll. 820 cal | 12.29

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# Appetizers

# JALAPEÑO CHEESE BITES 6 golden, crispy jalapeño & cheddar cheese bites served with buttermilk ranch for dipping. 560 cal | 8.99

CHICKEN QUESADILLA Diced grilled chicken breast, fire-roasted poblano & red bell peppers, onions & melted jack & cheddar cheeses in a warm, grilled tortilla. Served with salsa, pickled jalapeños & sour cream. 1030 cal | 11.49

MOZZA STICKS 6 mozzarella cheese sticks with a crispy outside & a gooey inside. Served with marinara. 630 cal | 8.99

**CRISPY SHRIMP** 10 crispy battered shrimp served with cocktail sauce & a lemon wedge. 460 cal | 10.99

APPETIZER SAMPLER Mozza sticks, onion rings & buttermilk crispy chicken strips served with marinara & choice of sauce. 1610-1630 cal | 12.79

**CINNAMON DIPPERS** Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce 790 cal | 5.99

CHICKEN QUESADILLA

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# Kids Menu 12 & under

Kids Drinks: 2.19 each. 1% Milk (100 cal), Chocolate Milk (190 cal), Hot Chocolate (120 cal) or Juice (45-110 cal).

#### SILVER 5

5 silver dollar pancakes, 1 scrambled egg & 1 bacon strip. 420 cal | 5.99

HAPPY FACE PANCAKE COMBO Chocolate or buttermilk happy face pancake with 1 scrambled egg, 1 bacon strip & 1 pork sausage link. 540 cal | 5.99

### JR. CUPCAKE

PANCAKE COMBO With 1 scrambled egg, 1 bacon strip & 1 pork sausage link. 570 cal | 5.99

JR. CHICKEN & WAFFLES 540 cal | 5.99

JR. MAC & CHEESE Served with MOTT'S' Applesauce. 370 cal | 5.99

#### **JR. CHICKEN STRIPS** DINNER

Served with MOTT'S' Applesauce or French fries & a side of ranch. 440/710 cal | 5.99

#### JR. CHEESEBURGER

All-natural Black Angus steakburger served with MOTT'S' Applesauce. 750 cal | 5.99

### HAPPY FACE PANCAKE COMBO

4000

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100

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# Soups & Fresh Salads

NEW TOMATO BASIL SOUP V Creamy tomato basil soup topped with a decadent four-cheese crisp. 400 cal | 4.99

FRESH BERRY SALAD Choice of grilled or crispy chicken, fresh strawberries, red onions & fresh avocado on a bed of lettuce. 630-790 cal | 11.99 Substitute Atlantic Salmon F 790-820 cal | 12.99

CHOPPED CHICKEN SALAD Choice of grilled or crispy chicken, hickory-smoked bacon, fresh avocado, tomatoes, four-cheese blend & red onions on a bed of lettuce. 1010-1180 cal | 11.69

# 55+ Menu

Special value for guests age 55+

#### BREAKFAST

#### 55+ BREAKFAST SAMPLER

1 egg\*, 1 bacon strip, 1 pork sausage link, 1 thick-cut piece of ham, hash browns & 1 buttermilk pancake. 660-710 cal | 8.49

55+ 2×2×2 2 buttermilk pancakes, 2 eggs\* & 2 bacon strips or 2 pork sausage links. 540-750 cal | 7.89

### 55+ RISE 'N SHINE

2 eggs<sup>\*</sup>, hash browns, 2 bacon strips or 2 pork sausage links & toast. 610-1000 cal | 7.89

### 55+ THICK 'N FLUFFY

FRENCH TOAST 1 slice of Classic Thick 'N Fluffy French Toast & 2 hickory-smoked bacon strips or 2 pork sausage links. 590/700 cal | 6.69

#### LUNCH

Sandwiches served with choice of French fries (320 cal), onion rings (570 cal), 2 buttermilk pancakes (320 cal) or side salad (300-310 cal).

#### 55+ FRESH BERRY SALAD

Choice of grilled or crispy chicken, fresh strawberries & blueberries, red onions & fresh avocado on a bed of lettuce. 630-790 cal | 8.69

55+ BLT Bacon, lettuce, tomato & mayo on toasted white bread. 390 cal | 8.69

WHOLESOME SUBSTITUTIONS: Cage-free egg whites subtracts 30-80 cal per egg. Turkey bacon subtracts 20 cal per piece.

### DINNER

**55+ CRISPY SHRIMP** 5 crispy battered shrimp served with French fries, cocktail sauce & a lemon wedge. 780 cal | 9.99

55+ CRISPY FISH

2 crispy battered fish served with French fries, tartar sauce & a lemon wedge. 860 cal | 9.99

### 55+ ALL-NATURAL ROASTED TURKEY +

Topped with turkey gravy. Served with 2 sides. 220 cal | 9.69

#### **NEW 55+ POT ROAST +**

Tender slow-braised beef in a rich beef gravy. Served with 2 sides. 220 cal | 9.99

Guests 55+ can enjoy 10% off any regular menu item, not included in the 55+ menu. Coupons & other discounts excluded.

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Entrées

All entrées served with choice of 2 sides.

ATLANTIC SALMON + 6 oz. Salmon fillet grilled to perfection. 250 cal | 15.99

SIRLOIN SALISBURY STEAK \* Sirloin Salisbury steak topped with sautéed mushrooms & onions in a rich beef gravy. 680 cal | 15.99

SIRLOIN STEAK TIPS + A hearty portion of tender sirloin steak tips\* sautéed with mushrooms & onions. 510 cal | 15.99

ALL-NATURAL ROASTED TURKEY \* All-natural roasted turkey breast topped with turkey gravy. 290 cal | 14.29

**POT ROAST •** Tender slow-braised beef in a rich beef gravy. 360 cal | 14.99

NEW COUNTRY FRIED STEAK + A golden-battered beef steak smothered in country gravy. 800 cal | 14.99

T-BONE STEAK + 10 oz. tender, juicy T-Bone steak\* grilled to perfection. 290 cal | 16.99

### Sides:

Yellow & Green Beans V with garlic butter 100 cal Steamed Fresh Broccoli V with garlic butter 90 cal Side Salad V 300-310 cal Rice Medley V 240 cal Sharp Cheddar Mac & Cheese 350 cal Red Skin Mashed Potatoes V 240 cal French Fries V 320 cal 2 Buttermilk Pancakes V 320 cal

Add an additional side to your entrée: 2.99



# Platters

FISHERMAN'S PLATTER 2 crispy battered fish & 5 crispy shrimp served with French fries, cocktail sauce, tartar sauce & a lemon wedge. 1120 cal | 12.49

**CRISPY SHRIMP & FRIES** 10 crispy battered shrimp served with French fries, cocktail sauce, tartar sauce & a lemon wedge. 980 cal | 11.99

**CRISPY FISH & FRIES** 3 crispy battered fish served with French fries, tartar sauce & a lemon wedge. 1030 cal | 11.99

### **BUTTERMILK CRISPY CHICKEN**

STRIPS & FRIES 5 buttermilk crispy chicken strips. Original or tossed in either Nashville hot sauce or tangy BBQ sauce. Served with choice of dipping sauce. 1050-2060 cal | 11.29

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# Beverages

G All beverages are gluten-friendly except OREO<sup>®</sup> Cookie milkshake.

### Coffee, Tea & Hot Chocolate

#### NEW VANILLA CREAMY **COLD FOAM COLD BREW**

100% Arabica Iced Cold Brew sweetened with vanilla & topped with a vanilla creamy cold foam. 160 cal | 3.79 each

#### **ICED COLD BREW** COFFEE Naturally smooth, never bitter.

100% Arabica. 0 cal | 3.29 each

#### **INTERNATIONAL** HOUSE ROAST COFFEE

Made with 100% Arabica beans. Free Refills. Regular or Decaf. O cal per cup | 3.29 per person

HOT CHOCOLATE 120 cal | 3.29 each

**REVOLUTION®** PREMIUM LOOSE-LEAF HOT TEA Free Refills. O cal | 3.29 Ask for available varieties.

MANGO ICED TEA Free Refills. 60 cal | 3.29

**STRAWBERRY ICED TEA** Free Refills. 60 cal | 3.29

LEMONADE ICED TEA Free Refills. 70 cal | 3.29

**FRESHLY BREWED ICED TEA** Free Refills. 5 cal | 3.29

### Juice & Milk

**IHOP SIGNATURE 100% PREMIUM ORANGE JUICE** Regular 120 cal | 3.59 each Large 190 cal | 4.49 each

APPLE JUICE Regular 110 cal | 3.59 each Large 180 cal | 4.49 each

**1% MILK** Regular 110 cal | 3.29 each Large 180 cal | 3.59 each

CHOCOLATE MILK Regular 200 cal | 3.29 each Large 330 cal | 3.59 each

### **IHOP Splashers**<sup>®</sup>

STRAWBERRY LEMONADE SPLASHER A blend of lemonade, lemon-lime soda & strawberry syrup. Topped with blueberries & strawberries. 190 cal | 4.39 each

STRAWBERRY LEMONADE Free Refills. 200 cal | 3.29

MANGO LEMONADE Free Refills. 200 cal | 3.29

LEMONADE Free Refills. 140 cal | 3.29

#### MANGO LEMONADE **SPLASHER**

A blend of lemonade, lemon-lime soda & mango syrup. Topped with blueberries & strawberries. 200 cal | 4.39 each

#### **BLUE RASPBERRY** LEMONADE SPLASHER

A blend of lemonade, lemon-lime soda & blue raspberry syrup. Topped with blueberries & strawberries. 190 cal | 4.39 each

Fountain Drinks Free Refills, 3.29





130 cal

130 ca





**OREO® COOKIE** 750 cal

**STRAWBERRY** Made with real fruit.

CHOCOLATE 670 cal

VANILLA 590 cal

580 cal

#### PEPSI, DIET PEPSI, the Pepsi Globe, MTN DEW and the MTN DEW logo are regis trademark of LIFEBRANDS US. OREO® and the OREO® Wafer Design are trade s UC. DR PEPPER is a regi nark of Dr Pepper/Se ven Up, inc. R red trade n® is a rec

# Desserts

5.99 each

# ULTIMATE CHOCOLATE

A decadent slice of chocolate cake layered with velvety chocolate mousse on a chocolate cookie crust with chocolate ganache. 750 cal | 5.99

#### **CINNAMON DIPPERS**

Donut holes tossed in cinnamon sugar. Served with cream cheese icing & dulce de leche caramel sauce. 790 cal | 5.99

IHOP.COM 2,000 calories a day is used for general nutrition advice, but calorie needs vary. © 2023 IHOP Restaurants LLC. 0923\_C0\_ASH\_MIDWE\_1185

#### **NEW WAFFLE SUNDAE**

Golden-brown Belgian waffle quarter topped with vanilla ice cream, chocolate syrup, whipped topping & choice of fresh strawberries or dulce de leche caramel sauce. 320/280 cal | 5.99

#### **NEW FRESH STRAWBERRIES** & CREAM BISCUIT

Warm & flaky buttermilk biscuit split & filled with cheesecake mousse, fresh strawberries, a drizzle of our Old-Fashioned syrup, whipped topping & powdered sugar. 940 cal | 11.49

NEW WAFFLE

