

# Prospect Local Bar & Kitchen

## LIGHT & FRESH

### Yogurt & Gronala 10

Fresh fruit, house made granola, Indigo Rooftop Honey

### LOCAL Prospect Breakfast Sandwich 12

House made buttermilk biscuit, Lovera's cheese, straight from the farm breakfast sausage patty, fried egg.

- Served with fresh fruit or home fries

### Avocado Toast 10

Two slices of thick cut wheat toast with fresh avocado

- With bacon \$12

## HOT & HEARTY

### Oilman Biscuits & Gravy 12

Another oil field favorite. Two large fluffy house made buttermilk biscuits smothered in a creamy, fresh, homemade sausage gravy.

- Choice of side includes: home fries or fresh seasonal fruit

### LOCAL Roughneck 14

Hearty oilman's breakfast featuring two farm fresh eggs (any style); choice of country ham, sausage patty, or bacon; choice of Texas toast, wheat or sourdough bread.

- Choice of side includes: home fries or fresh seasonal fruit

### Derrickman Omelet 14

Hearty offering made with three fluffy farm fresh eggs, smoked country ham and local cheeses. Choice of Texas toast, wheat or sourdough bread. Ask you server about additional toppings for just \$1.00 each

- Choice of side includes: home fries or fresh seasonal fruit

### LOCAL Breakfast Taco 13

Two breakfast tacos stuffed full of fluffy farm fresh eggs, chorizo sausage, and local cheeses. Serve with Chef's house made salsa.

- Choice of side includes: home fries or fresh seasonal fruit

Add additional Taco at \$2 per breakfast taco

For gluten free we will turn this into a breakfast bowl

### Veggie Hash 14

A healthy alternative to start any day. Locally sourced squash, yams, red potatoes, onion, wild mushrooms, topped with farm fresh poached eggs, local sharp cheddar cheese, sliced avocado and house-made pico. Eggs can be substituted to be cooked any style.

- Served with fresh fruit.

### LOCAL Chicken & Waffles 14

Golden baked made waffle served sandwich-style with our famous house made-hand battered fried chicken. Topped with local farm fresh crispy bacon and powdered sugar with a side of maple syrup.

- Choice of side includes: home fries or fresh seasonal fruit

## FRUITY & SWEET

### Malted Flapjacks 12

Two large house made malted flapjacks, maple syrup, Indigo Rooftop Honey, with butter.

- Choice of side includes: home fries or fresh seasonal fruit

### Steel-Cut Oatmeal 12

Fresh steel cut oats, topped with brown sugar, seasonal fresh fruit, toasted almonds.

### LOCAL French Toast 14

Cinnamon French toast, seasonal fruit compote, house made candied pecans, Indigo Rooftop Honey cheesecake cream.

### LOCAL The Acai Berry Bowl 14

Acai berry juice, topped with banana, fresh seasonal fruit and berries, chia seeds, pepitas, and toasted almonds

## A LA CARTE

### Thick-Sliced Bacon (2) 5

### Yogurt 5

### Farm Fresh Sausage Patty 5

### Side of Toast 5

### Fresh Seasonal Fruit 5

### Two Farm Fresh Eggs, Any Style 5

### Waffle 5

### Smoked Country Ham 5

### Home Fries 5

### Small Flapjack 5

## BEVERAGES

### Locally Roasted Coffee 3

She Brews Coffee is a local community roaster supporting the opportunity of giving women and men a second chance at life. To learn more visit [www.shebrewscoffeehouse.org](http://www.shebrewscoffeehouse.org)

### Shri Lanka Iced Tea 3

### Coke Products 3

Coke, Diet Coke, Dr. Pepper, Diet Dr. Pepper, Sprite

### Fresh Fruit Juices 4

Apple, Orange Juice, Grapefruit, Pineapple, Cranberry, Tomato

### Hot Tea 3

Ask server about our various seasonal tea offerings


## FROM BLACK GOLD TO BOLD GRIT

### Our Neighborhood Story

Our location on the site of a former train depot on Santa Fe Square puts you at the crossroads of the city's downtown cultural and dining scene. The Blue Dome District takes its name from the old Gulf Oil station and reflects Tulsa's place in the early 20th century as the "Oil Capital of the World." Today a series of industry buildings dating from that era have been transformed into a happening neighborhood filled with restaurants, bars, music, clubs and boutiques.

## LEGEND


LOCAL = Local Favorites

 = Recipe contains honey provided by Hotel Indigo Rooftop bee hives.


 = Vegetarian

\* Our Friends at the Tulsa Health Department want you to know that consuming raw or undercooked food increases your risk of food borne illness

TASTY BEGINNINGS


 **Chicken Wings** 11  
Prospect's homemade recipe fried chicken wings served with Indigo Rooftop Honey sweet & spicy sauce.

**Prospect Tater Skins** 11  
Crispy Yukon gold potato skins with savory pulled pork, local cheddar cheese and sour cream.


LOCAL  **Oklahoma Driller Charcuterie Board** 16  
Local meats and cheeses, Indigo Rooftop Honey, pickled vegetables, and local jams.

LOCAL **Santa Fe Quesadilla** 11  
Santa Fe style marinated chicken breast, served with heirloom baby tomato pico, house-blended Pepper Jack cheese, sour cream and salsa. Served on a locally sourced tortilla.


FRESH FROM THE GARDEN

 **Cask Cobb** 10  
Farm fresh locally sourced mixed greens, bourbon candied bacon, diced tomato, hardboiled egg, green onions, sliced avocado. Served with a creamy herb dressing.

- Add Chicken for \$5.00, Add Gulf Shrimp for \$6.00

 **Caesar** 10  
Fresh crisp romaine lettuce, aged Parmesan cheese, house made croutons. Served with a creamy Caesar dressing.

- Add Chicken for \$5.00, Add Gulf Shrimp for \$6.00

 **House Blue** 10  
Farm fresh locally sourced fresh mixed greens, gorgonzola, roasted red bell peppers, tobacco onions, charred corn off the cobb. Served with a house made vinaigrette dressing.

- Add Chicken for \$5.00, Add Gulf Shrimp for \$6.00

EAT WITH YOUR HANDS

 LOCAL **Portabella Sandwich** 12  
Herb-marinated portabella, farm fresh locally sourced mixed greens, Lovera's cheese, tomato, and roasted garlic aioli.

**Oilman Club** 14  
Slow roasted turkey, crispy thick-cut bacon, farm fresh locally sourced mixed greens, tomato, red onions and roasted garlic aioli on toasted sourdough.

**Pulled Pork Sandwich** 14  
Savory smoked pork cooked to perfection and topped with pickles served on a brioche bun.

- Head Country BBQ sauce served on side.

**Baja–Cluck–Cluck Tacos** 13  
The South meets south of the border in Propsect's mash-up on two classics... Tacos and BBQ Chicken. 3 mini soft tacos stuffed with a sweet and spicy BBQ Chicken, Baja Slaw, house made Pico Relish

- Add an additional taco for \$2 per taco

**Beef Torta Sandwich** 14  
House marinated skirt steak with farm fresh lettuce, tomato, onion, avocado, cheddar cheese and Sriracha aioli on pita bread.

LOCAL **Fried Chicken Sandwich** 14  
Buttermilk chicken breast, hand battered and fried to perfection and served on a toasted potato bun with farm fresh locally sourced mixed greens, dill pickle, topped with a smoky mayo.

- Make it a spicy chicken sandwich at no additional charge. Spicy seasoning added to batter and the sandwich is topped with a Sriracha aioli. Let your server know.

BLUE DOME STAPLES

LOCAL **Whistle Burger** 13  
Creekstone Black Angus beef, thick-sliced bacon, sharp cheddar cheese, romaine lettuce, tomato, onion, topped with a smoky mayo on toasted brioche bun.

- Black bean burger option available

LOCAL **Grilled Beef Filet** 26  
Mouth watering Oklahoma Angus steak grilled to perfection. Served with smoked gouda mashed potatoes and chef's seasonal vegetables.

LOCAL **Fried Catfish** 17  
Cornmeal battered catfish fillets served with house pickled vegetables ad house remoulade.

LOCAL **Tulsey "Old Town" Meatloaf** 15  
Sourdough topped with molasses-glazed ground pork and chuck meatloaf, gouda mashed potatoes, whiskey gravy, and tabacco onions

LOCAL **PLBK's Famous Fried Chicken Meal** 14  
A nod to a southern classic. White and dark meat smothered in a house made batter, fried to a mouthwatering perfection, served with mashed potatoes and creamy gravy, green beans, coleslaw and a dinner roll.

- Substitute all white meat for +\$2.00. (Includes Breast and Wing)

SIDES

<b>Rosemary French Fries</b> 5	<b>Loaded Potato Hash</b> 5	<b>Creamy Coleslaw</b> 5
<b>Smoked Gouda Mashed Potatoes</b> 5	<b>House Made Pickled Vegetables</b> 5	<b>Farm Fresh Side Salad</b> 5
		Your choices of a Caesar or Garden side salad

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