

COFFEE

	<i>Regular</i>	<i>Large</i>
Espresso (13kcal)	2.3	2.6
Macchiato (89kcal)	2.8	
Americano (42kcal)	3	3.5
Cappuccino (165kcal)	3.5	3.8
Latte (185kcal)	3.5	3.8
Flat White (155kcal)	3.5	3.75
Mocha (754kcal)	3.75	
Hot Chocolate (802kcal)	3.85	4

Fancy a little something extra

**Extra Shot | Flavour Syrups
Whipped Cream | Marshmallow
50p each**

SPECIALITY TEA

Breakfast Tea (2kcal)	3
Breakfast Decaf Tea (2kcal)	3
Sencha Green Tea (2kcal)	3
Peppermint Tea (2kcal)	3
Chamomile Tea (2kcal)	3
Lemongrass & Ginger (2kcal)	3
Earl Grey Blue Flower Tea (3kcal)	3
Red Berry Tea (2kcal)	3
Apple Loves Mint (3kcal)	3

Please ask if you don't see your favourite

ICED COFFEE

Iced Latte (904kcal)	4
Iced Cappuccino (545kcal)	4
Iced Americano (176kcal)	4
Iced Mocha (1345kcal)	4

ICED TEA

Iced Peach Tea (245kcal)	16oz 3.5
Iced Lemon Tea (232kcal)	16oz 3.5

FRAPPÉ

Caramel (1246kcal)	4.5
Vanilla (1137kcal)	4.5
Hazelnut (1284kcal)	4.5
Strawberry (1576kcal)	4.5

MILKSHAKE

Healthy Banana (1527kcal)	4.5
Strawberry (1646kcal)	4.5
Vanilla Love (1428kcal)	4.5
Pumpkin Spicy (1578kcal)	4.5

Please ask if you don't see your favourite

TOASTIES

Ham & Cheese (225kcal) **6.5**



Red Onion & Cheese (225kcal) **6.5**

Tuna Melt (225kcal) **6.5**

Tomato & Cheese (225kcal) **6.5**

SANDWICHES & WRAPS

Fish Finger **8.99**

Fried fish fingers, homemade tartar sauce,
buttered buns
(596kcal)

Falafel Wrap **7.5**

Spiced falafel, wilted spinach, roasted red pepper,
hummus, sumac
(558kcal)

Chicken Wrap **8**

Roasted chicken tikka, goat cheese, rocket,
caramelised onion
(690kcal)

BREAKFAST

Available
UNTIL
12 midday

Full English Breakfast

9.95

Baked bacon, hash brown, egg,
black pudding, mushroom,
grilled tomato, baked beans (867kcal)

Vegetarian Breakfast

9.95

Vegetarian sausage, hash brown, egg,
mushroom, grilled tomato,
baked beans (757kcal)

Egg Bap

5

Two fried eggs, buttered English bap (489kcal)

Bacon Bap

6.5

Back bacon, buttered English bap (524kcal)

Sausage Bap

6.5

4oz Cumberland sausage,
buttered English bap (567kcal)

Eggs Florentine

7.5

Wilted spinach, poached eggs,
Hollandaise sauce (487kcal)

Eggs Benedict

8.5

Smoked ham, poached eggs,
Hollandaise sauce (567kcal)

Eggs Royal

10

Smoked salmon, poached eggs,
Hollandaise sauce (586kcal)

Avocado on Sourdough

8.5

Smashed avocado, poached egg,
sourdough bread (290kcal)

American Style Pancake

7.5

Seasonal berry compote, maple syrup (397kcal)

PIZZA

Available
FROM
12 midday

- | | |
|---|-------------|
| Herby Garlic Bread  | 10 |
| Mozzarella & Grana Padano cheese
<i>(907kcal)</i> | |
| Margherita Pizza  | 14 |
| House tomato sauce, Mozzarella
cheese & basil
<i>(970kcal)</i> | |
| Wild Mushroom & Roquette Pizza  | 15 |
| House tomato sauce, Mozzarella cheese,
truffle & balsamic oil
<i>(885kcal)</i> | |
| Pollo & Funghi Pizza | 15.5 |
| Chargrilled chicken, pesto,
wild mushrooms, cherry tomatoes
& Parmesan shavings
<i>(987kcal)</i> | |
| Diablo Peperoni Pizza | 15.5 |
| Chorizo & jalapeños, house tomato sauce,
mozzarella & Grana Padano cheese
<i>(1293kcal)</i> | |
| 'Nduja & Salami pizza | 16.5 |
| Roasted red peppers, house tomato sauce,
mozzarella & Grana Padano cheese
<i>(1380kcal)</i> | |

Please check our counter for daily selection of cakes and traybake







PASTRY

Butter Croissant (407kcal)	2.5
Almond Croissant (404kcal)	2.75
Chocolate Croissant (410kcal)	2.75
Cinnamon Swirl (229kcal)	2.75

MUFFIN

Triple Chocolate Flowerpot Muffin (468kcal)	3.99
Blueberry Flowerpot Muffin (427kcal)	3.99

SMALL PLATES

Mixed Market Olives   (172.8kcal)	4.5
Artisan Wholemeal Pittas & Houmous  (743kcal) <i>Gluten-free option available</i>	6
Crispy Fried Thai Squid Salad  Vermicelli noodles, Nam Jim dressing, sweet chilli jam (391kcal)	10.5
Caprese Salad  Mozzarella, tomato, basil and balsamic glaze (391kcal)	8.5
Crispy Courgette Fritters  Shaved Parmesan & blossom honey (446kcal)	7.99

HIGH TEA

11.95 per person

(2665kcal)

Baked Fruit Scones

Raspberry jam

**One piece
to select of cake**

Speciality Coffee

AFTERNOON TEA

24.95 per person

(3614kcal)

Baked Fruit Scones

Raspberry jam

**Cakes and
fresh sandwiches
selection**

Unlimited tea and coffee

*One day
prior
booking*