

午晚餐自助餐菜单 A (268)

Buffet Lunc/Dinner Menu

Seafood 海鲜

Small abalone/South American shrimp/Bread Crab/Rose Conch

小鲍鱼、南美对虾、面包蟹、玫瑰螺

Western-style Salads 西式沙拉

Kale & Avocado Salad

羽衣甘蓝牛油果沙拉

Niçoise Salad

金枪鱼尼斯沙拉

Grilled Chicken Quinoa Salad

烤鸡胸藜麦沙拉

Cold Cut Platter

冷肉拼盘

Optional Salad 自选沙拉

Four types of lettuce: (mixed leaf, romaine, Rucola salad.

Wheatgrass)

四款生菜(球形生菜、红叶生菜、苦菊、冰草

Eight garnishes & dressing

八款配菜及汁

Cherry tomato cut in half, Julienne cucumber, Red julienne snow
peas, fresh chopped chili rounds, Julienne carrot, Bean sprouts, Red
kidney bean, onion rings

樱桃番茄、黄瓜、熟荷兰豆、青红辣椒圈、胡萝卜丝、豆芽、红腰豆、洋葱圈

Vinaigrette dressing, French vinaigrette dressing, Thousand Island
dressing

Sesame & peanut sauce. Truffle paste

油醋汁、法汁、千岛汁、芝麻花生酱、松露酱

Fresh Fruits 鲜果

4 kinds of Seasonal fruit cube

4 种时令水果 (切)

4 kinds of Seasonal whole fruit

4 种时令水 (整)

Soup 汤

Lime and pumpkin soup

青柠南瓜汤

Worldwide silkie Soup

养生乌鸡汤（炖盅）

Chinese cold Dish 中式凉菜

Spicy Cuttlefish Bites

麻辣墨鱼仔

Yining Smoked Horse Meat

熏马肉

Xinjiang Pepper-Max Chicken

新疆椒麻鸡

Turnip in ginger sauce

凉拌恰玛古

Xinjiang Pi La Hong Salad

新疆皮辣红

Cold Mixed Sand Chives

凉拌沙葱

Hot Flavors - Western 西式热菜

Pan-Fried Beef Tongue

香煎牛舌

Grilled chicken with Japanese samurai sauce

碳烤鸡中翅

Lyons potato chips

香辣薯仔

Chinese Hot Dishes 中式热菜

Fried Chicken in Xinjiang Style

新疆大盘鸡

Hand-Grasped Lamb

手抓羊肉

Stir-fried beef with mushroom emperor

菌皇炒牛肉

Steamed fish with Chili pepper

剁椒蒸鱼块

Steamed baby vegetables with garlic and vermicelli

HOTEL
INDIGO®

英迪格酒店

IHG® 旗下酒店

SAYRAM LAKE

赛里木湖

蒜蓉粉丝蒸蒸娃娃菜

White heart of tender vegetables

白灼嫩菜心

Stir-Fried Noodles with Xinjiang Dried Chili

新疆辣皮子炒面

Pizza Station 披萨档

Fruit pizz

水果披萨

Hawaiian pizza

夏威夷披萨

Black Pepper Beef Naan Pizza

镶饼黑椒牛肉披萨

Deep Fried / Grilled 炸/烤物

Potato Wedges, grilled squid. Xinjiang Baked. Hemp ball. deep-fried

bananas

炸薯角、鱿鱼串、烤包子、麻球、炸香蕉

Grilled Station 扒档

Sirloin Steak , Chicken, Mutton shashlik..French Lamb Chop.Beef

Skewer.Chicken Skewer

牛扒. 鸡扒. 羊肉串. 法式羊扒. 牛肉串. 鸡肉串

Tomato sauce /BBQ sauce / sea salt / Black Pepper / Mustard /

Lemon wedge/ Cumin powder/ Chili powder

番茄酱/BBQ 酱/海盐/黑胡椒/芥末酱/柠檬角/孜然粉/辣椒粉

Noodles Station 面食类

Xinjiang Noodles, rice noodles, dumplings, Wonton

新疆拉面, 河粉, 米线, 云吞

Three types of soup and condiments

三款汤类及配料

Braised beef in spicy sauce, tomato and egg soup, Stir-fried lamb

红烧牛肉, 番茄鸡蛋, 过油肉

Soy sauce, mature vinegar, chopped green onion, caraway, minced

garlic/ginger, capsicol, sesame, sesame paste, peanut butter,

酱油、陈醋、葱花、香菜、蒜茸, 姜茸、辣椒油、芝麻、芝麻酱、花生酱

Chinese style Dim Sum Station 中式点心档

Sweet corn, Pumpkin, Yam, Vegetable bun, Walnut Bun , Lamb Mantu

甜玉米, 南瓜, 山药, 蔬菜包, 核桃包, 薄皮包子

赛里木湖英迪格酒店 Hotel Indigo Sayram Lake

中国新疆省博乐市赛里木湖金海路 2 号 邮编 833408

No. 2 Jinhai Road, Sayram Lake, Bole City, Xinjiang Uygur Autonomous Region, P. R.

China Postal Code: 833408

Dessert Station 甜品档

Mango Mousse

芒果慕斯

Chocolate Mousse

巧克力慕斯

Puff

泡芙

Italian milk jelly

意式奶冻

tartle

水果挞

Blueberry Pie

蓝莓派

Chocolate brownie

巧克力布朗尼

Tiramisu

提拉米苏

Xinjiang milk skin cake

新疆奶皮子蛋糕

Napali Yung

娜帕里勇

晒灯 Sun lamp

crispy durian cake

榴莲酥

Portuguese Egg Tart

葡式蛋挞

冰淇淋 Ice Cream

Strawberry Ice Cream

草莓冰淇淋

Blueberry Ice Cream

蓝莓冰淇淋

Vanilla Ice Cream

香草冰淇淋

Cantaloupe Ice Cream

哈密瓜冰淇淋

Chocolate Ice Cream

巧克力冰淇淋

HOTEL
INDIGO®

英迪格酒店

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SAYRAM LAKE

赛里木湖

Apricot Ice Cream

杏子味冰淇淋

Served with: raisins, Oreo crumbs, butter crisps, strawberry sauce,
blueberry sauce, apricot sauce

配: 葡萄干, 奥利奥碎, 黄油脆片, 草莓酱, 蓝莓酱, 杏酱

Chocolate fountain 巧克力喷泉:

Served with: Green grapes, red grapes, marshmallows, Hami melons,
cherry tomatoes

配: 青提, 红提, 棉花糖, 哈密瓜, 圣女果

Drinks 饮品:

Coke. Sprite. Fanta. Beer. Orange juice. Grapefruit juice

可乐、雪碧、芬达、啤酒、橙汁、西柚汁

Coffee. tea

咖啡、红茶

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