



MENU

APPETIZERS AND SHAREABLES	
Cheese Quesadilla -Seasoned Cheddar and Jack Cheeses, Flour Tortilla, Salsa, Sour Cream	\$10
Seasoned Chicken or Beef Quesadilla	\$13
Toasted Ravioli with Marinara Sauce (St. Louis Favorite)	\$11
Loaded Tots - Crispy Tater Tots, Queso, Bacon, Green Onion	\$11
Chicken Wings (8) - Buffalo, Maple Chili, or BBQ	\$15
Loaded Nachos - Chips, Queso, Cheese Blend, Jalapeno, Salsa, Sour Cream, Seasoned Grilled Chicken or Ground Beef	\$15

FLATBREADS	
Buffalo Chicken - Diced Grilled Chicken, Buffalo Sauce, Mozzarella/ Provel Cheese	\$15
Margherita - Marinara, Fresh Tomato, Mozzarella / Provel Cheese, Basil	\$12
Cheese - Marinara, Mozzarella / Provel Cheese	\$10
Pepperoni - Marinara, Pepperoni, Mozzarella / Provel Cheese	\$13

ENTREE	
Grilled Ribeye (12oz) - Dijon Demi-Glace, Chef's Vegetables, Mashed Potato	\$33
Bourbon BBQ Salmon - Bourbon BBQ Sauce, Wild Rice, Chef's Vegetables	\$30
Bruschetta Chicken - Grilled Chicken, Bruschetta, Provolone Cheese, Balsamic Glaze, Chef's Vegetables, Wild Rice	\$24
Chicken Carbonara - Bacon, Peas, Diced Chicken, Red Onion, Garlic, Alfredo, Linguini, Garlic Ciabatta	\$19
Country Fried Chicken - Hand Breaded Chicken, Country Pepper Gray, Mashed Potato, Chef's Vegetables	\$17

ELEMENTS RESTAURANT AND BAR

**Have an upcoming event?
We've got you covered.
314-291-6800**

SANDWICHES (SERVED WITH CHIPS or Substitute Side + \$2)	
Build Your Own Burger - Brioche Bun, Lettuce, Tomato, Onion, Pickle, Choice of Cheese (add Bacon +\$1.25)	\$15
Maple Chili Chicken - Breaded and Fried Chicken Breast, Brioche Bun, Cole Slaw, Maple Chili Hot Sauce	\$15
Turkey Club - Wheat Bread, Turkey, Cheddar, Lettuce, Tomato, Mayonnaise	\$16
Philly Beef - Shaved Prime Rib, Hoagie, Choice of Cheese, Grilled Onion, Bell Pepper, Mushroom	\$16
Philly Chicken - Grilled Diced Chicken, Hoagie, Choice of Cheese, Grilled Onion, Bell Pepper, Mushroom	\$14
Salmon BLT Wrap - Grilled Salmon, Bacon, Lettuce, Tomato, Mayonnaise, Flour Tortilla	\$17
French Dip - Shaved Prime Rib, Choice of Cheese, Au Jus	\$15

SOUP / SALAD	
Chef Salad - Romaine, Iceberg, Carrot, Tomato, Bacon, Cheese Blend, Ham, Turkey, Egg, Onion, Cucumber	\$16
House Salad	\$9 sm / \$13 lg
Caesar Salad	\$9 sm / \$13 lg
Soup Of The Day	\$6 Cup / \$8 Bowl

SIDES	
Mac & Cheese	\$7
Onion Rings	\$6.5
Fries	\$5
Tots	\$5
Veggies	\$4.5

FOR THE KIDS (SERVED WITH CHIPS)	
Grilled Cheese	\$6
Burger	\$7.5
Chicken Fingers	\$7

**Consuming raw or under cooked meat, seafood, poultry, shellfish, or eggs, may increase your risk of food borne illness, especially if you have certain medical conditions.*

All food sales are subject to 7.74% sales tax

elements

RESTAURANT • BAR • BANQUETS • EVENTS

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www.elementsstlouis.com