

		FROM THE KITCHEN			
Cream of Mushroom Soup	14	Falafel Pocket 😡 🚫 🚱	20	Classic Club Sandwich	2
Classic French Fries	12	Deep-fried falafel served in a pita bread with fresh salad, onion, tahini and harissa sauce. Served with salad		Grilled Cajun marinated chicken paired with bacon, fried egg, cheddar cheese, lettuce and tomato. Served with frie	S
Truffle Fries with Parmesan	14	Ham and Cheese Toast	24	Classic Wagyu Beef Burger	3
Popcorn Chicken	14	Toasted sour dough with gooey cheddar and mozzarella cheese paired with honey pork ham. Served with fries		200g wagyu beef patty served on a toasted brioche bun paired with lettuce, tomato, onion, cheddar cheese and	
Grilled Chicken Wrap	16	Spaghetti Bolognese ()	22	mustard sriracha aioli. Served with fries	
		Slow-cooked Italian minced beef sauce with carrots, celery, onion, tomatoes. Served with parmesan cheese		Please allow 10 -15 minutes preparatio	n time
		GRAB & GO			
		nter, please approach our friendly staff for th			
Danish/ Pain Au Chocolat/ Croissant	4	Caesar Salad With Grilled Chicken	8.90	Selection of Fresh Whole Fruits	
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin	4.50	Caesar Salad With Grilled Chicken Grilled Salmon Salad	8.90 9.90	Selection of Fresh Whole Fruits Seasonal Fruit Cup	
Danish/ Pain Au Chocolat/ Croissant	4	Caesar Salad With Grilled Chicken	8.90	Selection of Fresh Whole Fruits	
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin Giant Vegetable Samosa	4.50	Caesar Salad With Grilled Chicken Grilled Salmon Salad	8.90 9.90	Selection of Fresh Whole Fruits Seasonal Fruit Cup	
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin	4 4.50 5	Caesar Salad With Grilled Chicken Grilled Salmon Salad Chicken & Egg Mayo Ciabatta	8.90 9.90 10.90	Selection of Fresh Whole Fruits Seasonal Fruit Cup Granola Bowl	÷ .
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin Giant Vegetable Samosa	4 4.50 5	Caesar Salad With Grilled Chicken Grilled Salmon Salad Chicken & Egg Mayo Ciabatta Chicken Tikka Wrap	8.90 9.90 10.90	Selection of Fresh Whole Fruits Seasonal Fruit Cup Granola Bowl	3.5
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin Giant Vegetable Samosa Giant Potato Curry Puff	4 4.50 5 6.50	Caesar Salad With Grilled Chicken Grilled Salmon Salad Chicken & Egg Mayo Ciabatta Chicken Tikka Wrap S N A C K S	8.90 9.90 10.90 11	Selection of Fresh Whole Fruits Seasonal Fruit Cup Granola Bowl Yogurt Berry Cup	
Danish/ Pain Au Chocolat/ Croissant Chocolate & Banana Muffin Giant Vegetable Samosa Giant Potato Curry Puff Lays Classic Salt	4 4.50 5 6.50	Caesar Salad With Grilled Chicken Grilled Salmon Salad Chicken & Egg Mayo Ciabatta Chicken Tikka Wrap S N A C K S Hershey's Cookie and Cream Bar	8.90 9.90 10.90 11	Selection of Fresh Whole Fruits Seasonal Fruit Cup Granola Bowl Yogurt Berry Cup Reeses Peanut Butter Cup	3.5 3.5



SOUL BREW

BEER & WINE

	Per Glass	Per Bottle
Tiger Draught Beer Selection of Half Pint or Full Pint	12 / 16	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -
White Wine		
Gayda T'Air d'Oc Sauvignon Blanc, 2022, France	14	65
Oxford Landing Chardonnay, 2023, Australia	14	65
Twin Island Sauvignon Blanc, 2022, New Zealand		75
Yalumba Y Series Pinot Grigio, 2022, South Australia	3 -	80
Red Wine		
Gayda T'Air d'Oc Syrah, 2022, France	14	65
Tyrell's Old Winery Shiraz Australia Hunter Valley 20.	21 15	72
Terrazas Reserva, Cabernet Sauvignon, 2021,		78
Mendoza, Argentina		
Yalumba Pinot Noir Y Series 2021 South Australia		80
Prosecco and Sparkling Wine		
Belstar Prosecco Bisol DOC, Non-Vintage, Italy	14	70
Bisol Belstar Cuvee Rose, Non - Vintage, Italy	16	70

HAPPY HOUR (Available from 6pm - 9pm daily)

Full Pint Tiger Draught Beer	12
White/Red Wine	

White/Red Wine	
Gayda T'Air d'Oc Syrah, 2022, France	12
Tyrrell's Old Winery Shiraz Australia Hunter Valley 2021	12
Gayda T'Air d'Oc Sauvignon Blanc, 2022, France	12

COFFEE & TEA

5 / 5.50 / 6.50	Tea Selection (A) 0 (%)	7
	Selection of English Breakfast, Earl Grey, Chamomile, Jasmine Green Tea,	
	Rose with French Vanilla and Peppermint	
	Masala Chai D2%	7
	Chocolate 2%	8
	Selection of Hot, Iced or Iced-Blended Chocolate	
	5 / 5.50 / 6.50	Selection of English Breakfast, Earl Grey, Chamomile, Jasmine Green Tea, Rose with French Vanilla and Peppermint Masala Chai Chocolate O 2%

COCKTAIL & MOCKTAIL

Additional \$2 for iced option.

Cocktail

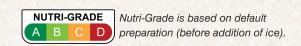
Long Island Iced Tea		15
Mojito		15
Margarita		15
Bloody Mary		15
Singapore Sling		18
<u>Mocktail</u>		
Lemongrass Cooler	10%	12
Virgin Mojito	6%	12
Tropical Fruit Punch	10% sugar	12
Sun Riser	7% sugar	12

BEVERAGES

Soft Drinks		5
Coke	Ginger Ale	
Coke Light	Soda Water	
Coke Zero	Tonic Water	
Sprite	Bitter Lemon	
Still/Sparking	Mineral Water	7
Selection of Acqu	a Panna or San Pellegrino	
Chilled Juice	s	6
Apple 08%	Pink Guava Orange Orange)
Tomato (7%)	Pineapple ()10%	
Cold Pressed	Juices	6.50
All Things Good	A 1% Kale Me Up 5%	
Beat the Heat	3%	
Fresh Juices		8
Lemon		
Lime		
Milkshake		8
Chocolate D	Strawberry 9%	
Vanilla 9%	_	
valilla sugar		



12



Oxford Landing Chardonnay, 2023, Australia



NUTRITION INFORMATION PANEL

Americano (A) 0% sugar		
Sugal	Short	Tall
Energy	1.4	1.7 kcal
Protein	0.2	0.2 g
Fat	0.0	0.0 g
Saturated Fat	0.0	0.0 g
Carbohydrate	0.3	0.3 g
Total Sugars	0.0	0.0 g
Lactose	0.0	0.0 g
Total Dietary Fibre Content	0.1	0.1 g
Natrium / Sodium	0.1	0.1 mg

Cafe Latte 0% Sin		Shot*	Extra Shot*			
sugai	Short	Tall	Short	Tall		
Energy	44.6	54.3	40.9	52.4	kcal	
Protein	2.4	2.9	2.3	2.8	g	
Fat	2.3	2.9	2.1	2.7	g	
Saturated Fat	1.6	2.0	1.4	1.9	g	
Carbohydrate	3.7	4.4	3.5	4.3	g	
Total Sugars	3.5	4.3	3.1	4.1	g	
Lactose	3.5	4.3	3.1	4.1	g	
Total Dietary Fibre Content	0.1	0.1	0.1	0.1	g	
Natrium / Sodium	33.8	41.7	30.1	39.7	mg	

Mocha 5% sugar	Single Shot*		Extra Shot*		
	Short	Tall	Short	Tall	
Energy	75.9	77.2	69.0	75.4	kcal
Protein	2.9	2.8	2.6	2.7	g
Fat	2.7	2.6	2.2	2.5	g
Saturated Fat	2.0	1.9	1.7	1.8	g
Carbohydrate	10.6	11.1	10.1	11.1	g
Total Sugars	8.8	9.2	8.2	9.0	g
Lactose	4.4	4.3	3.7	4.1	g
Total Dietary Fibre Content	0.5	0.5	0.5	0.5	g
Natrium / Sodium	31.5	29.9	25.3	27.9	mg

Flat White () 0%			
	Short	Tall	
Energy	40.4	53.3	kcal
Protein	2.3	2.9	g
Fat	2.1	2.8	g
Saturated Fat	1.4	1.9	g
Carbohydrate	3.5	4.4	g
Total Sugars	3.1	4.2	g
Lactose	3.1	4.2	g
Total Dietary Fibre Content	0.1	0.1	g
Natrium / Sodium	29.7	40.4	mg

Macchiato (B) 0%	Single	Shot*	Extra Shot*		
sugar	Short	Tall	Short	Tall	
Energy	33.4	30.4	32.6	29.3	
Protein	1.8	1.7	1.8	1.6	
Fat	1.7	1.6	1.7	1.5	
Saturated Fat	1.2	1.1	1.1	1.0	
Carbohydrate	2.8	2.5	2.8	2.5	
Total Sugars	2.6	2.4	2.5	2.2	
Lactose	2.6	2.4	2.5	2.2	
Total Dietary Fibre Content	0.1	0.1	0.1	0.1	
Natrium / Sodium	25.1	23.0	23.9	21.6	

Cappuccino (1) 0% sugar	Single	Shot*	Extra Shot*	
	Short	Tall	Short	Tall
Energy	34.5	34.6	32.9	33.0
Protein	1.9	1.9	1.9	1.8
Fat	1.8	1.8	1.7	1.7
Saturated Fat	1.2	1.3	1.1	1.2
Carbohydrate	2.9	2.9	2.9	2.8
Total Sugars	2.7	2.7	2.5	2.5
Lactose	2.7	2.7	2.5	2.5
Total Dietary Fibre Content	0.1	0.1	0.1	0.1
Natrium / Sodium	25.9	26.3	23.9	24.5



NUTRITION INFORMATION PANEL

English Breakfast	O% sugar	Earl Grey	A 0% sugar	Chamomile	O% sugar	Jasmine Green Tea	O% sugar
Energy	0.8 kcal	Energy	0.8 kcal	Energy	0.7 kcal	Energy	0.7 kcal
Protein	0.1 g	Protein	0.1 g	Protein	0.1 g	Protein	0.1 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g
Carbohydrate	0.0 g	Carbohydrate	0.0 g	Carbohydrate	0.0 g	Carbohydrate	0.0 g
Total Sugars	0.0 g	Total Sugars	0.0 g	Total Sugars	0.0 g	Total Sugars	0.0 g
Rose with French Vanilla	A 0,%	Peppermint	O% sugar	Masala Chai	2% sugar	Classic Hot Chocolate	2%
Energy	0.7 kcal	Energy	0.8 kcal	Energy	32.2 kcal	Energy	99.4 kcal
Protein		Protein	0.1 g	Protein	1.8 g	Protein	3.2 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	6.6 g
Carbohydrate	0.0 g	Carbohydrate	0.0 g	Carbohydrate	12.2 g	Carbohydrate	11.0g
Total Sugars	0.0 ^g	Total Sugars	0.0 g	Total Sugars	16.0 g	Total Sugars	24.0g
					700		
Apple Juice	8% sugar	Orange Juice	10% sugar	Pink Guava Juice	7% sugar	Pineapple Juice	10% sugar
Energy	25.0 kcal	Energy	27.0 kcal	Energy	24.0 kcal	Energy	26.0 kcal
Protein	0.0 g	Protein	0.9 g	Protein	0.0 g	Protein	0.0 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g
Carbohydrate	14.0 g	Carbohydrate	11.5 g	Carbohydrate	24.0g	Carbohydrate	26.0g
Total Sugars	18.0 g	Total Sugars	15.0 g	Total Sugars	27.0g	Total Sugars	29.0g





NUTRITION INFORMATION PANEL

Tomato Juice	7% sugar	Chocolate Milkshake	10% sugar	Vani <mark>lla</mark> Milkshake	9% sugar	Strawberry Milkshake	9% sugar
Energy	20 kcal	Energy	240 kcal	Energy	115 kcal	Energy	115 kcal
Protein	1.0 g	Protein	4.0 g	Protein	2.0 g	Protein	2.0 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	0.0 g	Saturated Fat	6.0 g	Saturated Fat	7.1 g	Saturated Fat	7.1 g
Carbohydrate	0.0 g	Carbohydrate	52.5g	Carbohydrate	56 g	Carbohydrate	56 g
Total Sugars	0.0 g	Total Sugars	70 g	Total Sugars	60 g	Total Sugars	60 g
Lemongrass Coo	ler 10%	Virgin Mojito	D 6%	Tropical Fruit Punch	10% sugar	Sun Riser	7% sugar
Energy	51 kcal	Energy	84.0kcal	Energy	27.0kcal	Energy	27.0 kcal
Protein	2.9 g	Protein	0.0 g	Protein	0.9 g	Protein	0.9 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	13.4 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g
Carbohydrate	25.3 g	Carbohydrate	36.1g	Carbohydrate	26.5g	Carbohydrate	5.0 g
Total Sugars	35 g	Total Sugars	40.0g	Total Sugars	35.0g	Total Sugars	2.9 g

All Things Good	1% sugar	Beat The Heat	3% sugar	Kale Me Up	5% sugar
Energy	14.0kcal	Energy	42.0kcal	Energy	44.0 kcal
Protein	0.0 g	Protein	0.4 g	Protein	0.7 g
Fat	0.0 g	Fat	0.0 g	Fat	0.0 g
Saturated Fat	0.0 g	Saturated Fat	0.0 g	Saturated Fat	0.0 g
Carbohydrate	0.9 g	Carbohydrate	10.0g	Carbohydrate	15.0g
Total Sugars	20.0g	Total Sugars	26.0g	Total Sugars	26.0g

