

## Adults need around 2000 kcal a day

### FOR THE TABLE (11AM – 10PM)

ITALIAN OLIVES (Ve) (Gf) 24 128 kcal 4.50

CHARGRILLED BLOOMER  
BREAD BOARD (V) 1438 kcal  
Salted butter 6.50

GARLIC PIZZA BREAD (V) 1193 kcal 8.50  
Add cheese 208 kcal 1.50

HOMEMADE CAJUN TORTILLA  
CRISPS (Ve) (24) 621 kcal 4.00

HOMEMADE ROSEMARY SALTED SWEET  
POTATO CRISPS (Ve) (Gf) (24) 196 kcal 4.00

### STARTERS (11AM – 10PM)

HOMEMADE SOUP OF THE  
DAY (Ve) (24) kcal on request  
Toasted sourdough 7.00

SALT "A LA PLANCHA" (Gf) 343 kcal  
Shredded chilli, wasabi crème fraîche 8.50

PORK MEATBALLS "RAREBIT" 1239 kcal  
Served with crisp tortillas 9.50

GRILLED AUBERGINE  
AND TOFU (Ve) (Gf) 278 kcal  
Five spice dressing, pickled kale slaw 8.50

HERITAGE TOMATO & BASIL  
SALAD (Ve) (Gf) 198 kcal 8.50  
Add mozzarella pearls (V) (Gf) 232 kcal £2.50

POACHED DUCK EGG & PORTOBELLO  
MUSHROOM 497 kcal  
Black pudding crumb 8.00

PORK, DUCK LIVER & PORT PARFAIT (24) 744 kcal  
Toast, gherkin, pickled shallot 8.50

BUFFALO CHICKEN FILLETS (Gf) 753 kcal  
Lime crème fraîche 8.00

KING PRAWNS & NDUJA (Gf)  
Beef tomato, red onion, spinach 12.00

### PIZZA (11AM – 11PM)

ITALIAN (V) (24) 1191 kcal  
Tomato, garlic, mozzarella, basil 14.00

ITALIAN (Ve) (24) 931 kcal  
Tomato, garlic, vegan cheese, basil 14.00

JAMAICAN (24) 1301 kcal  
Jerk chicken, jalapeños, tomato salsa, coriander  
16.00

LONDON 1478 kcal  
Cumberland sausage, smoked bacon, mushroom,  
hens egg 16.50

ASIAN (24) 1369 kcal  
Shredded duck, hoisin sauce, courgette, spring  
onion 18.50

SHEPPERTON (24) 1816 kcal  
Charcuterie, red onion, cheddar 19.50

CHARGRILLED VEGETABLE (Ve) 968 kcal  
Cashew pesto 15.50

THE SPICY ONE 1673 kcal  
'Nduja, salami, garlic, fresh chilli, sriracha 18.00

GARLIC PUCCIA (V) 597 kcal  
Garlic & chive butter 6.00  
Add cheese (V) 104 kcal 1.50

### DESSERTS (11AM – 10PM)

WINTER BERRY CHEESECAKE (V) (24) 534 kcal  
Raspberry coulis 9.50

CHOCOLATE CHERRY PUDDING (Ve) (Gf) 449 kcal  
Custard or ice cream, sour cherries 9.50

BAKEWELL TART (V) 507 kcal  
Custard, ice cream or clotted cream 9.50

APPLE TART TATIN (V) 487 kcal  
Custard, ice cream or clotted cream 9.50

LEMON MERINGUE PIE (V) (24) 738 kcal  
Raspberry sorbet, elderflower syrup 9.50

BANOFFEE PIE (V) (24) 947 kcal  
Rum & pistachio caramel, salted caramel ice cream 9.50

PANETTONE BREAD & BUTTER  
PUDDING (V) 535 kcal  
Custard, ice cream or clotted cream 9.50

CLASSIC CHEESEBOARD (V) (Gf) (24) 926 kcal  
Oatcakes, grapes, onion chutney, celery 12.50

SELECTION OF ICE CREAMS  
& SORBETS (V/Ve) (Gf) (24) kcal on request  
Please ask for today's options 6.50

(V) Vegetarian (Ve) Vegan (24) are available 24 hours a day. (Gf) Gluten-free dishes are produced utilising non-gluten containing ingredients.

If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen-free due to the potential of cross-contamination. A 10% discretionary service charge will be added to your bill. Prices include VAT. Kids stay and eat free means that children under the age of 13 years can enjoy breakfast free of charge. Lunch and dinner are also free when chosen from the kids' menu and the child is accompanied by at least one adult eating at least one main course. This offer applies to the hotel in which the child's family is staying.

## MAIN PLATES (11AM – 10PM)

### BEER BATTERED COD FILLET *1612 kcal*

Chunky chips, minted mushy peas, charred lemon *20.00*

### CHICKEN SALTIMBOCCA (Gf) *1962 kcal*

Prosciutto, sage, onion chutney, confit hens egg, Italian hard cheese shavings *19.50*

### ORIGINAL CHEESEBURGER *1713 kcal*

Relish, lettuce, tomato, red onion, brioche bun, green salad, onion rings, skinny fries *19.50*

### CHINESE STYLE DUCK LEG SALAD *477 kcal*

Crispy beansprout, vegetable salad, spiced cashew dressing *16.50*

### CAESAR SALAD (24) *635 kcal*

Crisp cos, creamy Caesar dressing, croutons, anchovies, Parmesan shavings *13.50*

*Add chicken (Gf) 220 kcal, goats cheese (V) (Gf) 291 kcal, smoked streaky bacon (Gf) 373 kcal, salmon (Gf) 278kcal. All 5.00*

### SHEPPERTON HOMEMADE CURRY OF THE DAY (24) *kcal on request*

*Please ask for todays meat and vegan options*

Steamed rice, mango yoghurt *18.00*

*Add naan bread (Ve) 231 kcal, vegetable pakoras (Ve) 151 kcal, poppadoms & lime pickle (Ve) 262 kcal, onion bhajis (Ve) 422 kcal. All £4.00*

### STEAK FRITES (Gf)

Roasted salt aged bavette steak, skinny fries, green salad, garlic & chive butter

*4oz 1471 kcal 18.00 8oz 1731 kcal 25.00*

### CHARGRILLED 10oz RIBEYE STEAK (Gf)

Chunky chips, green salad, roasted tomato, portobello mushroom *1816 kcal 32.50*

*Add sauce, all 4.00*

*bearnaise (V) (Gf) 281 kcal, diane (Gf) 263 kcal, peppercorn (V) (Gf) 175 kcal, garlic butter (V) (Gf) 203 kcal*

### SPATCHCOCKED HALF CHICKEN *1269 kcal*

Chimichurri sauce, skinny fries, green salad *19.50*

### MAC N CHEESE (V) *1403 kcal*

Mature cheddar, sourdough pangritata, crispy onions, green salad *17.00*

*Add garlic puccia (V) 597 kcal 6.00*

*Add chicken (Gf) 220 kcal, goats cheese (V) (Gf) 291 kcal, smoked streaky bacon (Gf) 373 kcal, salmon (Gf) 278kcal. All 5.00*

### CHICKEN, LEEK & HAM HOCK PIE *1401 kcal*

Colcannon mash, Tenderstem broccoli, roasted carrot, gravy *19.50*

### LOCAL SAUSAGE & MASH *kcal on request. Please ask for todays flavours*

Greens, roasted carrot, crisp onion rings, gravy *18.50*

### 10oz BACON CHOP (Gf) *1035 kcal*

Chunky chips, garden peas, fried egg *16.50*

*Add chargrilled pineapple wedge 50 kcal 1.50*

### PUMPKIN RAVIOLI (V) *744 kcal*

Wilted greens, sage butter *17.50*

*Add garlic puccia (V) 597 kcal 6.00*

### AUBERGINE PARMIGIANA (V) (Gf) *1070 kcal*

Green salad *17.50*

*Add garlic puccia (V) 597 kcal 6.00*

### POTATO GNOCCHI (Ve) (24) *673kcal*

Mixed pepper piperade, black olive tapenade *15.50*

## SIDES (11AM – 10PM)

BROCCOLI, GREEN BEANS & TOASTED CASHEWS (Ve) (Gf) (24) *222 kcal 7.50*

SLOW-ROASTED GARLIC BUTTERED NEW POTATOES (Ve) (Gf) (24) *443 kcal 6.50*

ROASTED CARROT & PUMPKIN SEEDS (Ve) (Gf) (24) *294 kcal 6.50*

GREEN SALAD (Ve) (Gf) (24) *342 kcal 6.50*

TRUFFLE & PARMESAN FRIES (Gf) *538 kcal 7.00*

CHUNKY CHIPS & ROSEMARY SALT (Ve) (Gf) *449 kcal 4.50*

ONION RINGS (Ve) *600 kcal 4.50*

SKINNY FRIES (Ve) (Gf) *397 kcal 4.50*

SWEET POTATO FRIES (Ve) (Gf) *481 kcal 5.50*