

SMALL PLATES

PEA & MINT SOUP 🍲🌱🌱 (320 kcals) Served with toasted ciabatta	£8.00
SALT & PEPPER CRISPY CHICKEN 🍗 (530 kcals) Drizzled in Honey Garlic soy, topped with sesame seeds & spring onions	£9.50
CHEESY GARLIC BREAD 🍞🧀🌱 (514 kcals) Garlic flatbread, topped with melted cheddar cheese	£8.50
GLAZED PRAWNS (336 kcals) Topped with toasted sesame seeds and Shichimi togarashi spice, charred lemon and cress	£11.00
STICKY BBQ PORK RIBS (434 kcals) Tender pork ribs glazed in a sticky BBQ sauce, served with crunchy slaw. Make it a sharing platter +£6.00	£9.50
LOADED NACHOS 🌮🧀🌱 (418 kcals) Warm nacho cheese sauce, melted cheddar cheese, pico de gallo, sour cream & guacamole	£9.00

HOUSE FAVOURITES

TRADITIONAL FISH & CHIPS 🐟🍟 (877 kcals) Crispy battered cod fillet, served with triple-cooked chips, mushy peas & tartare sauce	£19.00
CLASSIC CAESAR SALAD 🥗🌱 (312 kcals) A bed of fresh romaine lettuce, Caesar dressing, herb croutons & Italian cheese Add: Grilled chicken (144 kcals) + £5.00	£11.50
SUPER GREENS & GRAINS 🥬🌱🌱 (197 kcals) A vibrant mix of greens, broccoli, grains, lentils and pumpkin seeds, tossed in a maple & balsamic dressing. Add: Grilled Salmon (290Kcals) + £6.00 Add: Grilled chicken (144 kcals) + £5.00	£12.50
MEDITERRANEAN SUMMER SALAD 🥗🌱🌱 (202 kcals) £11.50 Mixed leaves, Mediterranean vegetables, cherry tomatoes and pumpkin seeds, tossed in a balsamic dressing. Add: Grilled chicken (144 kcals) + £5.00 Add: Grilled Salmon (290Kcals) + £6.00	
CHICKEN TIKKA MASALA 🍗🌶️🌱 (887 kcals) Tender chicken tikka in a creamy tomato curry sauce, served with aromatic rice, flatbread and poppadum.	£19.50
LINGUINE POMODORO WITH MEDITERRANEAN VEGETABLES 🍝🌱 (526 kcals) Linguine served in a rich pomodoro sauce with Mediterranean vegetables and aromatic herbs, Parmesan cheese Add: Grilled chicken (144 kcals) + £5.00 Add: Grilled prawns (103 kcals) + £6.00	£14.50
HOUSE SPAGHETTI BOLOGNESE (815 kcals) Slow-braised beef ragù, spaghetti, Parmesan, fresh herb & garlic flat bread.	£17.50
GRILLED BACON STEAK, FRIED EGG & CHIPS (980 kcals) Grilled bacon steak topped with a fried egg, served with triple-cooked chips, a grilled cherry tomato & pea shoots.	£18.50

THE GRILL

GRILLED CHIMICHURRI CHICKEN 🍗 (689 kcals) Grilled marinated chicken breast, topped with house-made chimichurri, served with crispy herb-roasted potatoes and stir-fried Tenderstem broccoli.	£20.00
GRILLED SOY MISO SALMON (593 kcals) Grilled soy-marinated salmon with spring onions, pink ginger, miso slaw & Tenderstem broccoli & charred pak choi	£21.00
RIBEYE STEAK (853 kcals) 8oz* Ribeye steak smothered in brown butter, served with triple-cooked chips, a grilled cherry tomato & pea shoots.	£32.50
Fancy Surf & Turf? - Add glazed king prawns (103 kcals) + £6.00	
Choose your sauce: £4.00 Peppercorn sauce (44 kcals) chimichurri (with coriander & lime) (188 kcals) sweet garlic soy (124 kcals)	

BURGERS



All served with house slaw, Skin on fries & Onion rings	
BBQ BACON CHEESEBURGER (794 kcals) Grilled beef patty, Smokey BBQ sauce, melted cheese, crispy bacon, Creamy Ranch sauce, grilled onions & pickles	£17.00
THE STRAIGHT UP CHEESEBURGER 🍗 (633 kcals) Grilled beef patty, melted cheese, signature burger sauce & sliced fresh pickles	£16.00
THE CLASSIC CHICKEN BURGER 🍗 (735 kcals) Succulent crispy fried chicken, Creamy Ranch sauce, melted cheese, pickles & shredded lettuce Add bacon (89 kcals) + £2.00 Make it Vegan? Swap to a plant-based patty and vegan cheese.	£17.00

WINGS & TENDERS



CHICKEN WINGS 🍗 (675 kcals) 5 crispy chicken wings, drizzled in your choice of sauce & Creamy Ranch sauce and topped with sesame seeds & spring onions	£10.00
CHICKEN TENDERS 🍗 (472 kcals) 5 succulent chicken tenders, served with your choice of sauce	£11.00
Choose your flavour: Smokey BBQ (58 kcals) Korean BBQ (57 kcals) Honey Buffalo (124 kcals) 🌱	

STONE-BAKED PIZZAS

MARGHERITA 🍕🧀🌱 (898 kcals) Marinara sauce, mozzarella & oregano	£14.00
HOT HONEY & PEPPERONI 🍕🧀🌶️ (1143 kcals) Marinara sauce, mozzarella, sliced pepperoni, sliced mixed peppers, jalapeños, drizzled in hot honey	£16.00
CREATE YOUR OWN PIZZA (898 kcals) Stone-baked pizza with marinara sauce, mozzarella	£14.00
Add your favourite toppings VEGGIES 🌱 £1.50: mushrooms (5 kcal), peppers (7 kcal), onions (10 kcal), sweetcorn (25 kcal), olives (40 kcal), spinach (5 kcal) MEATS £2.00: pepperoni (80 kcal), ham (40 kcal), chicken (45 kcal), sausage (90 kcal), pulled pork (68 kcal)	
EXTRAS 🌱 £1.50: Jalapeños (5 kcal), pineapple (15 kcal), extra cheese (100 kcal)	

SANDWICHES

All hot sandwiches are served with skin-on fries
Gluten-free bread available on request

CLUB SANDWICH 🍗 (1122 kcals) Classic triple-decker club sandwich, stack of grilled chicken, bacon, lettuce, tomato, egg & mayonnaise	£15.50
THREE CHEESE CROQUE MONSIEUR 🍷 (920 kcals) Toasted three-cheese sandwich, topped with rich Welsh rarebit sauce & a golden baked cheese crust	£10.00
THE OG CHICKEN WRAP 🍗 (733 kcals) Fried chicken tenders, Creamy ranch, onions, pickles, slaw, lettuce	£14.00

COLD SANDWICHES 🥶
Served with crisps & rocket salad

PLOUGHMAN'S CHEESE & PICKLE (595 kcals) Mature Cheddar cheese and Branstion pickle on a soft bloomer	£9.50
TUNA & CRISP CUCUMBER (671 kcals) Light tuna mayo, crunchy cucumber slices on a soft bloomer	£9.50

SIDES

SKIN-ON FRIES 🍟🌱 (234 kcals)	£5.50
TRIPLE COOKED CHIPS 🍟🌱 (230 kcals)	£5.50
BEER BATTERED ONION RINGS 🍷 (350 kcals)	£5.50
STIR-FRIED GREEN BEANS AND TENDERSTEM BROCCOLI 🌱🌱 (107 kcals)	£5.50
COOL RANCH LOADED FRIES 🍟🌱 (630 kcals) Skin-on fries, drizzled in creamy ranch sauce, topped with spring onions & crispy onions	£6.50

DESSERTS

BAKED CHOCOLATE FONDANT 🍫🍫🍫🌱 (595 kcals) Served with salted caramel sauce & honeycomb ice cream	£8.50
APPLE TART TATIN 🍏🍏🍏 (409 kcal) Classic French apple tart, caramelised apples, buttery puff pastry, vanilla ice cream & caramel sauce.	£9.00
ETON MESS 🍰🌱 (520 kcals) A classic dessert of crushed meringue, fresh strawberries and whipped cream.	£8.50
LOADED ICE CREAM SUNDAES:	£8.50
Choose your flavour: CHOCOLATE BROWNIE (550 kcals): chocolate & vanilla ice cream, whipped cream, chocolate brownie pieces and chocolate drizzle HONEYCOMB EXTRAVAGANZA (676 Kcals): honeycomb & vanilla ice cream, whipped cream & crushed chocolate honeycomb pieces	