

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yoga Karen 09:30am - 10:30am	Pilates Rosalyn 09:30am - 10:15am	Pilates Lisa 09:30am - 10:15am	Pilates Lisa 09:30am - 10:15am	Yoga Beverley 09:15am - 10:15am	Swim Lessons 08:30am - 12:00pm	Yoga Lizzie 09:00am - 10:00am
Aqua Aerobics Anne-Marie Pool Closed 10:15am - 11:00am	Thai Chai Rosalyn 10:30am - 11:15am	Aqua Aerobics Mike Pool Closed 09:45am - 10:30am	Aqua Aerobics Mike Pool Closed 10:45am - 11:30am	Aqua Aerobics Anne-Marie Pool Closed 10:30am - 11:15am	Spin Dan 09:00am - 09:45m	Yoga Lizzie 10:15am - 11:15am
Pilates Teresa 13:00pm - 13:45pm	Pilates Teresa 11:30am - 12:25pm			Yoga Beverley 10:30am - 11:30am	Yoga Claire J 10:00am - 11:00am	
Pilates Teresa 14:00pm - 14:45pm	Aqua Aerobics Beta Pool Closed 12:30pm - 13:15pm		Yoga Nella 12:15pm - 13:00pm		Pilates Nisha 11:30am - 12:15pm	
Swim Lessons 16:00pm - 18:30pm	Swim Lessons 16:00pm - 18:30pm	Swim Lessons 16:00pm - 18:30pm	Swim Lessons 16:00pm - 18:30pm	Swim Lessons 16:00pm - 18:30pm	Aqua Zumba Jovena Pool Closed 12:15pm - 13:00pm	
LBT Matt 18:00pm - 18:45pm	Spin Joel 18:20pm - 19:05pm	Body Conditioning Matt 18:15pm - 19:00pm	Circuits Matt 18:00pm - 18:45pm			
Spin Jeremy 19:00pm - 19:45pm	Yoga Beverley 19:25pm - 20:25pm	Zumba Kimi 19:05pm - 19:45pm	Spin Keiley 19:00pm - 19:45pm			