# SAR & RESTAURANT

# OPEN 7 DAYS A WEEK

Breakfast · Lunch · Dinner 6:30AM · 11:30PM

> 248-06 Rockaway Blvd Jamaica N.Y. 11422



## APPETIZERS

8" Individual Pizza	4.95
Spring Rolls (4)	8.95
With Sweet Chili Sauce	
Zucchini Sticks	8.95
Mozzarella Sticks (6)	8.95
Pork Potstickers	
Pan Seared Oriental Dumplings, served with Soy Ginger Dipping Sauce	
Chicken Tenders	8.95
Golden Crispy, All White Meat, with Honey Mustard Dipping Sauce	
Grilled Chicken Quesadilla	9.95
Seared Flour Tortilla, Smoked Gouda Cheese, Scallions & Chicken Breast,	<b>3.</b> 33
served with Salsa & Sour Cream	
Buffalo Jumbo Chicken Wings (8)	<b>11.</b> 95
Crispy Fried Party Wings, tossed in Your Choice of Spicy Buffalo, Asian or	
Honey Barbecue Sauce, served with Bleu Cheese Dressing & Celery Sticks	
Fried Calamari Light & Crispy, served with Spicy Marinara Sauce	12.95
Light & Crispy, served with Spicy Marinara Sauce	
Coconut Shrimp	12.95
Butterflied Shrimp in Coconut Batter, served with Honey Mustard Sauce	
Jalapeño Poppers	9.95
Fresh Jalapeños Hand-battered and Stuffed with Cheese	
Stack of Nachos	11.95
Beef, Sour Cream, Guacamole, Salsa	
Fresh Mozzarella and Tomato	12.95
With Roasted Red Peppers, Basil, and Extra Virgin Olive Oil	
Clams on the Half Shell	<b>16.</b> 95
One Dozen Cherry Stone Clams as Cold as the Atlantic	
Onion Rings	7.95
Homemade Beer-battered Vidalia Onion Rings	
Baked Clams	18.00
One Dozen Fresh Clams Overflowing with Herb Stuffing	
Shrimp Cocktail	15.95
4 Jumbo Shrimp, Chilled with Cocktail Sauce	
Original Beef and Cheese Empanadas	8.95
Stuffed with Homemade Fresh Ground Beef, Cheese and House Salsa	

## SANDWICHES

All Sandwiches are served with French Fries, Cole Slaw & Pickles

Old Fashioned Grilled Cheese  American Cheese with Your Choice of Bread	7.95
Grilled Swiss Swiss Cheese, Bacon & Tomato on Grilled Multi-Grain Bread	9.95
B. L. T	9.95
Crisp Bacon, Romaine Lettuce, Tomato & Mayo on Sliced Multi-Grain Bread	
Turkey Triple Decker Club	<b>11.</b> 95
Sliced Breast of Turkey, Bacon, Lettuce, Tomato & Mayo,	
on Your Choice of Bread, served with French Fries, Cole Slaw & Pickle	
Grilled Chicken Triple Decker Club	
Grilled Chicken, Bacon, Lettuce, Tomato & Mayo, on Your Choice of Bread,	
served with French Fries, Cole Slaw & Pickle	
Grilled Chicken Avocado B. L. T.	13.95
Grilled Chicken, Melted Swiss, Sliced Avocado, Bacon, Lettuce, Tomato	
on Toasted Brioche Roll with Bleu Cheese or Ranch Dressing on the Side	
Grilled Chicken On A Roll	10.95
Served with French Fries, Lettuce, Tomato, Cole Slaw & Pickle	
Triple Smoked Grilled Chicken On A Roll	12.95
With Smoked Bacon, Smoked Gouda & Smoky Barbecue Sauce,	
served with French Fries, Cole Slaw & Pickle	
Grilled Chicken Caesar Wrap	10.95
Julienned Chicken, Romaine Lettuce, Shaved Parmesan and Caesar Dressing	
Grilled Chicken Fajita Wrap	11.95
Julienned Fajita-Seasoned Chicken, Peppers & Onions, Cheddar	
Jack Cheese, Lettuce, Salsa & Chipotle Dressing	
Veggie Wrap	<b>11.</b> 95
Tomatoes, Peppers, Onions, Mushrooms, Broccoli & Mozzarella	
Cheese, served with French Fries, Cole Slaw & Pickle	
Philly Cheese Steak Wrap	10.95
Served with French Fries, Cole Slaw & Pickle	
Hot Pastrami	
Thin Sliced First-Cut Pastrami on Rye Bread with Spicy Brown Deli Mustard	12.95
Pastrami Reuben	
Thin Sliced First-Cut Pastrami, Swiss Cheese, Sauerkraut & Russian Dressing	13.95
on Grilled Rye	
Fish Sandwich	10.95
Crispy Fried Flounder, Lettuce, Tomato, Tartar Sauce on a Toasted Brioche Roll	





Soup of the Day - Ask your server...



Fresh Tuna Salad.
On a White Rye or a Whole Wheat



# ENTRÉES

#### POULTRY

Grilled Chicken Served with Rice	16.9
Coconut Chicken	16.9
with Honey Mustard, served over Rice	
Chicken Marsala	16.9
Served with Pasta & Vegetables	
Chicken Parmigiana	16.9
Crispy Breaded Cutlet topped with Fresh Tomato Sauce & Melted Mozzarella	
with a Side of Linguine	
Chicken Fajitas	18.98
Julienned Fajita-Seasoned Grilled Chicken Breast with Sautéed	
Garlic, Peppers, Onions & Cilantro, served with Sides of Seasoned	
Rice, Warm Flour Tortillas, Salsa, Sour Cream & Guacamole	
Fried Chicken	13.9
Served with French Fries, Cole Slaw & Pickle	
Chicken Française	<b>19.</b> 9
Two Chicken Cutlets in a Lemon, Butter, White Wine Sauce served	
with Vegetables and Potatoes	
Chicken Milanese	19.9
Pounded Thin and Breaded with Italian Bread crumbs, topped	
with a Salad of Baby Romaine Lettuce, Fresh Tomatoes,	
Red Onions, Basil and Balsamic Vinegar	

#### FROM THE GRILL

Cowpoy Steak	29.9
16 Oz. Boneless Black Angus Rib-Eye Steak, Char-Grilled, served with Mashed Potatoes & Vegetables	
Grilled Pork Chops	18.95
Two Twin Rib Pork Chops, Char-Grilled, served with	
Mashed Potatoes and Vegetables	
Pork Chop Milanese	<b>19.</b> 95
12 Oz. Pork Chop Pounded Thin and Finely Breaded with Italian Bread crumbs	
Topped off with a Salad of Baby Romaine Lettuce, Fresh Tomatoes, Red Onions	s,
Basil and Balsamic Vinegar	
Pork Chop Marsala	<b>21.</b> 95
Two 8 Oz. Pork Chops Simmered in our Homemade Marsala Wine Sauce and	
Mashed Potatoes	



#### STRATEGOOD

Fish & Chips  Beer Battered Cod, Fried Golden, served with French Fries, Cole Slaw and Tartare Sauce	18.95
Grilled Salmon Filet Simply Grilled, topped with Garlic Butter, served with Mashed Potatoes & Vegetables	<b>22.</b> 95
Shrimp Française Four Butterflied Jumbo Shrimp served with your Choice	<b>24.</b> 95
of Vegetables or Potatoes  Shrimp Parmigiana  Served with Pasta	<b>24.</b> 95
VEAL	
<b>Veal Parmigiana</b> Breaded with Marinara and Cheese, over Your Choice of Pasta	24.95
Veal Piccata	<b>24.</b> 95
Veal with Capers in a Lemon, White Wine Butter Sauce, served with Linguini, Garlic and Olive Oil	
GREEK	
Gyro	11.95





PASTA	
Cheese Ravioli Marinara  Five Jumbo Cheese Filled Ravioli in a Blend of Tomatoes with Fresh Garlic, Onions & Basil	
<b>Rigatoni Alla Vodka</b> 16.95 /with Grilled Chicken	22.95
Fettuccine Alfredo	<b>16.</b> 95
with Grilled Chicken 22.95 /with Shrimpwith Shrimp	24.95
Penne Chicken & Broccoli Penne Pasta, Julienned Grilled Chicken & Broccoli Florets in Sun-Dried Tomato Pesto Cream Sauce	<b>16.</b> 95
Penne Primavera	19.95
Classic Penne Pasta Tossed with a Medley of Fresh Vegetables, Garlic and Herbs	
Linguine with Clam Sauce Served with your Choice of Red or White Clam Sauce	19.95
Linguine with Broccoli and Chicken  Infused with Fresh Herbs, Garlic and Olive Oil	19.95
Mushroom Ravioli  Mushroom Ravioli served in a Dried Porcini Sauce with Cream	18.00
Whole Wheat Pasta with Chicken	19.95
Penne Pasta with Tomato, Basil, and Fresh Mozzarella served in Garlic and Oil Sauce  Spinach Linguine	19 os
Italian Sausage, Mushrooms, Fresh Spinach, Light Marinara Sauce	10.55

### BURGERS

Made With Fresh 10 Oz. of Black Angus Beef. All Burgers Served with French Fries, Cole Slaw & Pickle. Substitute Sweet Potato Fries 2.00 Extra

The House Burger	<b>11.</b> 95
Fresh Black Angus Beef Burger with Lettuce, Tomato & Red Onions	
Spicy Jalapeño Burger	12.95
Sautéed Fresh Jalapeños, Onions, Pepper Jack Cheese, Salsa & Guacamole	
Dijon Swiss Burger	<b>12</b> .95
Sautéed Onions, Mushrooms & Peppers, Melted Swiss Cheese &	
Our Dijonnaise on the Side	
Blue Sage Burger	13.95
Crumbled Blue Cheese, Crisp Bacon & Sautéed Onions, Bleu	
Cheese Dressing on the Side	
Triple Smoke Burger	13.95
Smoked Bacon, Smoked Gouda & Smoky Barbecue Sauce	
Turkey Burger	<b>11.</b> 95
Grilled 100% Ground Turkey Sautéed Mushrooms & Onions	
Veggie Burger	<b>11.</b> 95
California Style, served with Tomato & Red Onion	

Extras: Cheese 1.50 · Bacon 2.95 · Sautéed Mushrooms 1.25





## SALADS

House Salad	6.95
Mixed Greens, Shredded Carrots, Grape Tomatoes, Cucumbers & Thin Sliced Red Onion	
Caesar Salad8.95 /with Grilled Chicken	12.95
Crisp Romaine Hearts tossed with our Caesar Dressing, Croutons & Shaved Parmesan	
Southwest Chicken Salad	13.95
Grilled Chicken Breast, Mixed Greens, Corn, Green Onions, Black Beans, Grape Tomatoes,	
Avocado, Cilantro & Chipotle Ranch Dressing, topped with Tortilla Strips	
Greek Salad	13.95
Iceberg Lettuce, Tomato, Red Onion, Stuffed Grape Leaves, Olives and Feta Cheese	
Chef's Salad	14.95
Fresh Mixed Greens with Tomatoes, Hard Boiled Eggs, Ham or Turkey, and Cheese	
Spinach Salad	12.95
Tomatoes, Mushrooms, Red Onions, Bacon, and Balsamic Vinegar Dressing	
Waldorf Salad	1/1 05

## BEVERACES

Coffee or Decaf	2.25
Green Tea or Herbal Tea	2.95
Espresso	2.95
Cappuccino	4.50
Milk 3.50 / Chocolate Milk	3.95
Milk Shake	<b>5.</b> 95
Vanilla, Chocolate or Strawberry	
Poland Spring Water	2.00
San Pellegrino Sm. 3.50 Lg.	7.50
Unsweetened Iced Tea	2.50
Bottomless Fountain Drink	2.50
Coke, Diet Coke, Sprite, Ginger Ale, Lemonade, Iced Tea	
Orange or Cranberry Juice	3.95



## DESSERTS

Tartufo	<b>6.</b> 95
New York Cheese Cake	<b>5.</b> 95
Traditional NY Style, served with Fresh Strawberries	
Chocolate Mousse Cake	<b>5.</b> 95
Rich Dark Chocolate Mousse Cake, served with Raspberry Sauce	
Homemade Cannolis	<b>4.</b> 95
Buttery Crumb Crust & Cinnamon Apples, Drizzled with Caramel Sauce	
Triple Chocolate Brownie Sundae	7.95
Warm Chocolate Brownie, Topped with Chocolate Ice Cream, Chocolate Sauce	
and Whipped Cream	
Tiramisu	<b>5.</b> 95

## SIDE ORDERS

Grilled Chicken Breast, Raisins, Fresh Apples, Grapes, Mixed Greens and Honey Dijon Dressing

French Fries	4.95
Sweet Potato Fries	<b>5.</b> 25
Beer Battered Onion Rings	<b>6.</b> 95
Cole Slaw	3.95

Mashed Potatoes3.95Vegetable of the Day4.95Pasta Marinara5.25

