

Healthy Wraps & Wholesome Salads

Where Nutrition Meets Indulgence

HIGHWAY STREET FOOD BAR

A Culinary Journey Through India's Iconic Flavors

Aamche Goan

Celebrating the Flavors of Goa

FROM KASHMIR TO KANYAKUMARI

A Culinary Expedition Across India



Holiday Inn Resort

AN IHG HOTEL
60A

SWEET ENDINGS TO REMEMBER



Welcome to ZEST!

Immerse yourself in a world of vibrant flavors and colors, where every dish tells a story of passion, energy, and warmth

Our team is dedicated to crafting an unforgettable dining experience for you.

At ZEST, we believe that food is not just a meal, but a celebration of life's moments.

Our menu is a kaleidoscope of colors depicting the vibrant hues of picturesque streets of Goa amalgamated beutifully with the sounds of sizzling spices of India

The ambience is alive with energy where friends and families come together to savour unforgettable moments

So sit back, relax, and let us regale you with the ZEST experience!



A CULINARY JOURNEY THROUGH INDIA'S ICONIC FLAVORS

Relish the legendary Kirti College Vada Pav, indulge in Chowpatty's tangy Pani Puri, and savor Mithibai College's classic Bombay Sandwich. Take a bite of Chandni Chowk's refreshing Thanda Dahi Bada, enjoy Model Town's tangy Khatte Chole Bhature, and experience the authentic taste of Lucknow with Hazratganj's Aloo Tikki Chaat and Chowk's Anda Tawa Bhurji. Every dish is a flavorful story waiting to be told!

Zest Cafe & Kitchen 04

■ Kirti college vada pav (**) 486 kcal/180g 500 A Legendary street food from Mumbai ■ Gupta ji bhelpuri (**) Ø 376 kcal/180g 475 Legendary bhelpuri with a symphony of crispy puris, fluffy puffed rice and a secret blend of spices 450 ■ Chowpati pani puri (**) 386 kcal/180g A flavorful explosion of crispy puris, tangy tamarind water and spicy chutneys 525 Mithibai bombay sandwich (180g) 285 kcal/180g Sandwich inspired from iconic Mithibai college canteen 475 ■ Aloo chaat papdi (**) 370 kcal/230g A popular street food from Delhi. Chandni chowk ka thanda 450 dahi bada (1) 175 kcal/180g Legendary street food from old Delhi, fried lentil dumpling soaked in chilled yoghurt mix Model town ke khatte 575 chole bhathure (\$\mathbf{\psi}\) 478 kcal/230g Tangy & spicy Chickpea curry with Crispy fried bread Hazratganji wali 525 aloo tikki (1) 334 kcal/230g Lucknowi aloo tikki chaat, a must try





stalls of Lucknow.

Chowk wala anda bhurji

tawa parathai (1) (1) 652 kcal/200g Delicious and satisfying snack, from the











575



















Delight in the Ultimate Falafel with creamy Hummus, savor the zest of Basil Pesto Chicken, or enjoy the smoky Tandoori Chicken Wrap. Pair it with vibrant salads like the Super Antioxidant Bowl, Mexican Grilled Chicken Salad, or the refreshing Chilled Watermelon Feta. Healthy never tasted this good!

■ Ultimate falafel
with hummus ③ 362 kcal/150g
Popular middle east inspired street
food, with crispy falafel and creamy
hummus

Basil pesto (10 400 / 363 kcal/150g 550/575

Paneer/ Chicken Indo- Italian fusion dish. Blend of flovors with freshness of basil.

■ Tandoori paneer (*) (*) 411 kcal/200g Creamy Malai paneer, cooked in clay oven and rolled in lusciously soft bread.

Chipotle hash brown 144 kcal/200g Crispy fried hash brown, Iceberg, tomato salasa, cheese sauce.

■ Garden Veggie burger (1) 586 kcal/220g **525** Earthy green crispy patty packed with veggies, Iceberg, onion, cheddar cheese.

Classic Tandoori Chicken 416 kcal/200g 575
Tender tandoori chicken infused with
smoky flavors, crisp onions and green
chutney served in roll.

Mutton seekh /chicken seekh/ 595/

■ Holiday inn club house (*) ① 553kcal/230g 550 Bite into the scrumtious goodness of wholesome layers of absolute pleasure

▲ Chicken steak sandwich (1) 453 kcal/200g 600 Bite into the scrumtious goodness of wholesome layers of absolute pleasure

Chicken in hot garlic sauce ⊕ □ 280 kcal/180g
Stir fried chicken cooked in fresh garlic & chillies rolled in soft bread.



Salad Bar

© Chilled watermelon feta, ⓐ № 173 kcal/220g

pumpkin seeds, rocket leaf

Summer in a bowl with revitalizing

watermelon, rocket lettuce and crumbled

feta

Super anti-oxidant salad 295 kcal/220g 350 Millet salad with colourful blast of vegetables and tropical pineapple flair

Mexican grilled chicken

salad 330 kcal/220g

A bold grilled chicken with corn and jalapeno salsa's fiery passion

■ Tangy seafood salad ① ○ 350/400
Zesty blend of ocean bounty in 228 kcal/220g citrus harmony

Caesar Salad (a) (a) 368/385 kcal/ 350/400
Timeless Caesar salad with 220g
crisp lettuce, savoury parmesan
and Caesar dressing

Refreshing flavour of cucumber with sweet coconut, cilantro and spices

350

■ Roasted beetroot caramelised 244 kcal/200g nuts, mesclun feta crumble sweet chilly sauce

Beetroot's earthiness meets crunchy nuts

Beetroot's earthiness meets crunchy nuts with mixed greens and feta's salty kiss



























525

550

525



350

Roasted pumpkin soup topped with crumbled feta crostini (*) (**) 65 kcal/200g

Great earthy flavour, creamy and smooth

Roasted plum tomato soup, melba toast (*) (**) 174 kcal/215g

350 Healthy soup made of ripen plum tomatoes and fresh basil.

Wild mushroom Cappuccino (1) 114 kcal/220g Comforting wholesome and creamy mushroom soup with the goodness of oyster and button mushroom

Pokchoy noodle soup 350/400

▼ veg/ A chicken (*) (*) 223/261 kcal/200g Aromatic ginger broth with pokchoy and thin noodle

Japanese miso soup 350/400

■ veg/ ▲ chicken ● 67 / 103kcal /215g Nourishing and flavourful staple in Japanese cuisine with umami packed punch

Oriental suan la tung 350/400

■ veg/ △ chicken (145 / 180 kcal/220g A soup with Hormonious balance of flavour and texture, traditional Chinese soup.

Lemon coriander 350/400

Invigorating citrus scent of lemon complimented by the earthy and sweet aroma of coriander





















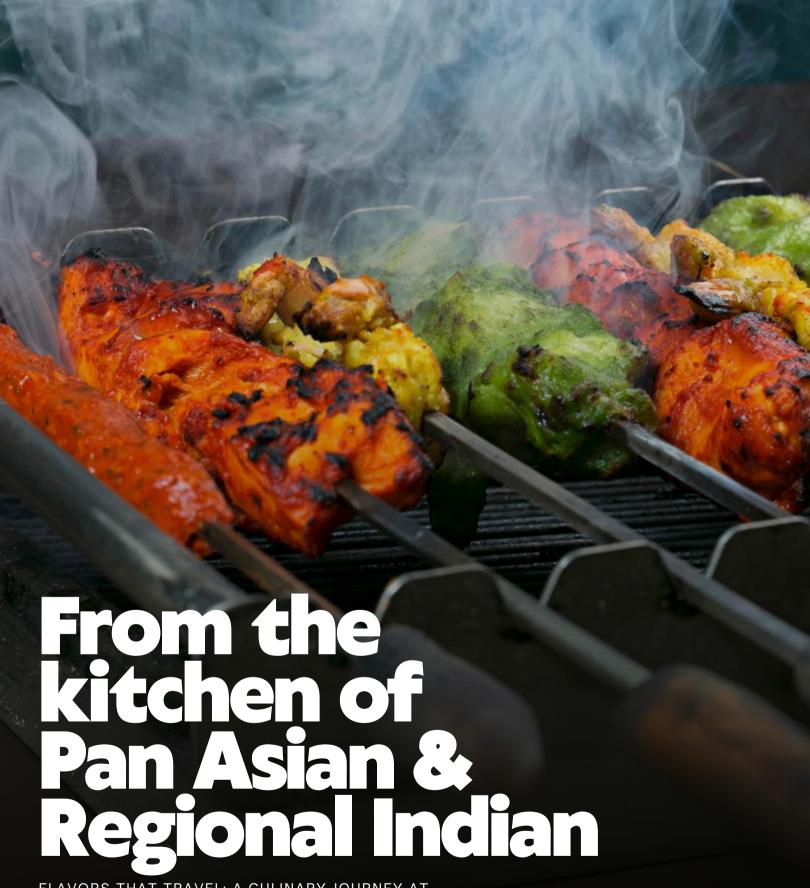












FLAVORS THAT TRAVEL: A CULINARY JOURNEY AT PAN ASIAN & REGIONAL INDIAN

Explore a vibrant fusion of Asian and Indian cuisines at Pan Asian & Regional Indian. From bold spices to delicate flavors, each dish is a celebration of diverse culinary traditions, offering an unforgettable taste of both worlds.

cashewnutty punch

mushroom, soft and tender.

Appetizers

Stir fried sesame paneer (1) (200g 575) Stir fried sesame paneer (1) (1) (200g 575)
Indo meets Chinese with nutty flavours
of sesame, Soy-Ginger.

■ Cheese pimentos rollos (1) 387 kcal/180g	550
Savoury, flaky and crisp golden brown	
cheese rolls	

■ Crispy baby corn and	550
mushroom salt & pepper 361 kcal/200g	
Crispy coated vegetables tossed with	
savoury aroma of salt and pepper	

■ Kung pao paneer dry (1) (2) 316 kcal/200g	575
A delightful indo-chinese fusion	
packed with sweet and spicy	

• Mushroom sukka	123 kcal/200g	550
Umami filled mushroom southern part of India.	from the	

■ Zaffrani paneer tikka (1) (8) 331 kcal/200g	575
Saffron infused cottage	
cheese cooked in clay oven	

•	Mushroom ki galouti (1) (2) 131 kg	al/200g 575
	Earthy, umami aroma of	

■ Dahi aur anjeer kebab ⓐ ﷺ 195 kcal/200g	575
A unique, flavorful and refreshing	
dish with creaminess of yoghurt	
with sweetness of fig.	

■ Dudhiya kebab ⓐ ⑤ 395 kcal/200g	575
Deep fried paneer chunks, stuffed	
with dry fruits.	

,	
▲ Drums of Heaven 🍑 🕲 331 kcal/200g	625
Crispy, juicy chicken Jollypop	

■ Crispy calamari with	600
wasabi mayo 🕯 🖤 295 kcal/180g	
Golden fried squid rings with	

▲ Oriental prawns as இ இ இ இ	700
you like it- cantosese/	
stir fried/salt n pepper 436 kcal/200g	
Bold flavors of orient with succulent	
prawns in your chosen prepration	

■ Spanish garlic	700
chilly prawns 🕸 🗓 😂 232 kcal/180g	
Bold flavors of orient with succulent	
prawns in your chosen prepration.	

▲ ZFC- zest fried ((a) ((a)	625
chicken bbq cream 569 kcal/200g	
Tender and juicy crispy chicken	
pieces with finger licking BBQ cream.	

Kung pao chicken	625
dry (*) (*) (*) (*) 221 kcal/180g	
Spicy sichuan style stir fried	
chicken in savoury sauce.	

▲ Murgh angare tikka ⓐ ⑧ ❷ 4	125 kcal/	325
Hot n smoky chicken tikka infused 2	.00g	
with rich flavour of Indian spices.		

▲ Chicken cafreal 273 kcal/200g	625
Spicy Goan styled chicken	
marinated in a zesty blend of	
fresh green herbs and chillies.	

■ Tandoori Lucknowi 334 kcal/200g	625
murgh (1) (8)	
Overnight marinated succulent chicken	
infused with aroma and spices cooked in a	
clay oven.	

▲ Aminabad ki mutton	650
galouti 🗓 462 kcal/200g	
Mouth melting mutton kebabs inspired	
from the streets of lucknow, a must try.	

▲ Goan prawn peri-peri/ 156/358/488 kcal	700
reacheado/ zesty prawns 🗓 🕲	
Seafood delight , packed with protien,	

Seafood delight, packed with protien, flavor & oceanic charm in your fav prepration.

A	Surmai rawa fry/		625
	recaheado (1)	450/365/363 kcal/200g	
	Firm & flaky, oceanic o	aroma of the	
	fish with a delicate fla	vor.	



spicy kick of wasabi.





























From the stirr fries to wok of Pan Asia

WOK WONDERS OF PAN ASIA

From sizzling stir-fries to bold wok flavors, Pan Asia brings the essence of the East to your plate. Each dish is a perfect harmony of fresh ingredients and vibrant spices, crafted to delight your senses in every bite.

625

625

625

625

Pan Asian

- Garden vegetables in garlic sauce 221 kcal/260g Comforting bowl of vegetables in garlic sauce
- Cottage cheese and ① 258 kcal/260g broccoli in thai basil sauce Creamy cottage cheese and broccoli coated in thai basil sauce.
- Tofu carrot onion bell (1) (3)

 pepper in sichaun sauce 282 kcal/260g

 A bowl of vegetables and protein in a complex sauce of bold spicy flavour
- Tofu carrot beans pokchoi in Thai green curry 250 kcal/260g A harmony of coconut, lemongrass chilli in a vibrant green curry along with a combination of nutritious vegetable
- Kung pao vegetables 250 kcal/260g Crisp vegetable smothered in umami flavor kum pao sauce
- Sichuan chicken 571 kcal/290g
 Spicy stir fried chicken with
 the heat of Sichuan pepper
- Kung pao chicken (1) (2) 344 kcal/280g
 with cashewnuts
 Sweet-spicy stir fry from

Sweet-spicy stir fry from Sichuan with cahsews and peanut

- Black pepper chicken 545 kcal/280g
 Deep fried paneer chunks, stuffed with dry fruits.
- Gangnam style prawns
 in hot garlic sauce 411 kcal/280g
 Flavourful punch of sweet spicy
 and garlicy sauce with juicy
 prawns

 750



- Red Thai curry (1) (2) (2) 675/700/750 (Chicken/fish/prawn) 773 / 524 / 450 kcal/350g Spicy, savory and aromatic Thai dish with hint of lemongrass, galangal and thai basil finished with coconut milk.
- Fish in ginger and spring
 onion sauce 365 kcal/350g
 Pan fried fish in a fragrant ginger
 and scallion sauce































700



Embark on a flavorful journey with dishes like Kashmir's aromatic Nadru Yakhni, Awadhi Nargisi Kofta, and Matar Ka Nimona from Uttar Pradesh. Relish the rustic Cooker Chicken Curry and Champaran Mutton, or dive into the fiery flavors of Rajasthan's Laal Maas and Telangana Chicken Curry. End your journey in the South with Kerala Ishtoo, Bengali Machali Tamatari, Prawn Moilee, and flaky Malabar Paratha. Every dish is a regional masterpiece on your plate!

Classic dal makhani (1) 740 kcal/320g Comforting lentil dish from land of Punjab, rich & creamy	550	■ Handi champaran mutton curry served in handi 814 kcal/350g Tender goat meat in Earthern Pot, From the region of bihar	750
Zesty dal tadka 691 kcal/320g Popular North Indian comfort food, Hint of ghee & garlic	500	Laal maas 767 kcal/350g Fiery Rajasthani mutton curry made with red chilies and blend of spices.	750
• Kashmiri chaman kaliya (1) 626 kcal/ Popular North Indian comfort food, Hint of ghee & garlic	/320g 600	Prawn malai curry (1) (2) 573 kcal/320 Delicious and comforting dish originating from the region of Bengal and Odisha.	9 750
Nadru yakhani 420 kcal/300g Aromatic delight of Kashmir, made with tender lotus stem	600	▲ Telenagana chicken curry 372 kcal/300g Popular dish in telangana, flavourful	675
Malai kofta (1) (280g) Paneer and dry fruit dumplings in rich, creamy onion gravy	625	and spicy. Khade masale ka	700
Namak pyaz mirch ghar wali bhindi 340 kcal/280g Simply traditional Indian delight with	600	gosht (1) 581 kcal/350g Mutton coked with rich blend of whole spices.	
okra, onions & spices. Nargisi kofta (1) (280g)	625	Lagan ka murgh (1) 358 kcal/320g Popular Indian dish originating from the hyderabadi cuisine	675
Inspired from Mughali cuisine, cottage cheese stuffed with greens & dry fruits.	005	Murgh awadhi korma 510 kcal/350g A very popular Lucknowi dish-Tender Chicken, rich, creamy, flavourful	9 675
Qasr-e-pukhtan (1) (2) 628 kcal/320g Awadhi gravy with cottage cheese and dry fruits in rich tomato & cashew gravy.	625	■ Bengali style machli tamatari (a) (b) 553 kcal/320g A Bengal Delicasy, tangy	700
• Matar ka nimona 175 kcal/280g Garden fresh peas in an explosion of onions, ginger and spices	600	tomato curry Meen/prawn moilee (1) (1) (2) (2) (3) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4	700/750
Karele ka dulma 189 kcal/280g A homestyle bengali delicacy.	600	South Indian style, Coconut milk based curry tempered with Mustard & curry leaves.	
Kerala ishtew 253 / 602 kcal/320g ■ Veg/ chicken © Comforting homestyle Coconut curry from land of Gods	600/675	■ Dhaniya murgh 198 kcal/320g Flavourful and aromatic chicken curry made with fresh coriander leaves & spices	675
Cooker chicken curry served in cooker 473 kcal/320g Wholesome Pressure cooked Homestyle Chicken curry.	675		































the unique blend of Indian and Portuguese culinary traditions that define Goa's vibrant food culture.

Xacutti (a) 961 / 179 / 1029 kcal/320g

600/625/675

Veg/ mushroom/ chicken

Flavorful and aromatic coconut base curry dish showcasing the rich culinary heritage of goa.

▲ Goan chorizo 589 kcal/280g chilly fry (*)

650

675

Flavorful and aromatic stir fry made with goan chorizo sausage, spicy and smoky.

■ Portuguese chicken 382 kcal/280g cafreal with poi 🔝 🖾

Marinated chicken cooked in blend of spices and fresh cafreal masala serve with goan bread.

► Prawn balchao (337 kcal/280g

750

Fresh and succulent prawns cooked in blend of spices, vinegar and chillies.

▲ Goan fish curry 🖟 🖾 928 kcal/300g Classic dish from the coastal state of goa, Kingfish cooked in a rich and spicy

700

coconut based curry.

750

■ Baby crab xec 454/227/453 kcal/320g xec/chilli garlic/ butter pepper garlic (1)

Baby Crabs cooked in roasted spices and coconut paste based curry, showcasing the unique cultural heritage of goa.

Fresh catch as you like it

Srilankan mudcrab, lobster thermidor, pomfret, red snapper, seabass, tiger prawn

Would strongly recommend chef to suggest you the best

As per Weight





















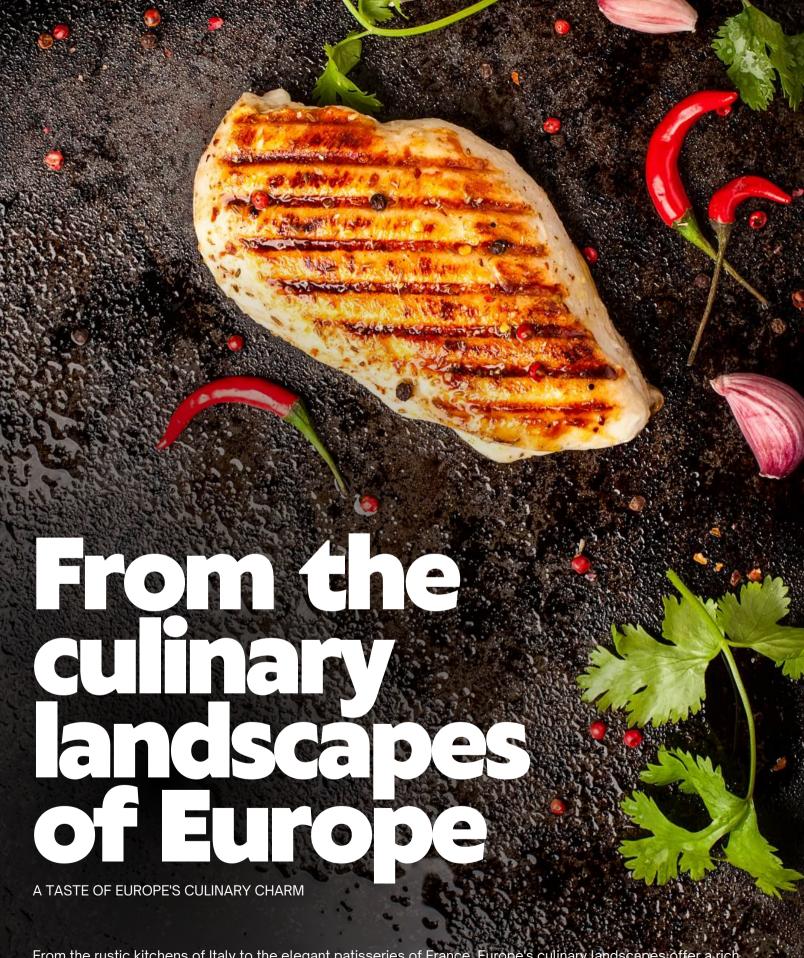












From the rustic kitchens of Italy to the elegant patisseries of France, Europe's culinary landscapes offer a rich tapestry of flavors. Indulge in timeless classics, each dish telling a story of tradition, passion, and artistry that transcends borders.

950

Smoked chilli crusted (1)
cottage cheese steak 463 kcal/280g
Herb Grilled Cottage cheese,
Saute vegetable, Croquettes, Mango

chilli sauce.

■ Grilled seabass in lemon (a) (a) (b) butter sauce 604 kcal/300g
Grilled seabass served with garlic sauted vegies, Mashed potato and lemon butter sauce.

► Classic grilled chicken

breast (1) (2) 655 kcal/300g

Succulent grilled breast pieces served with assorted exotic veggies and mash potato

☐ Grilled prawn, herb dressing, 750 grilled vegetable ☐ 333 kcal/280g
Prawns seasoned with fresh herbs and grilled to perfection



Pasta Laboratory

Choose Your Pasta

Penne / Spaghetti / Fusilli

Choose Your Sauce

Arrabiata / Aglio Olio / Wild Mushroom & Cheese

550

Bolognese / Carbonara

600/650























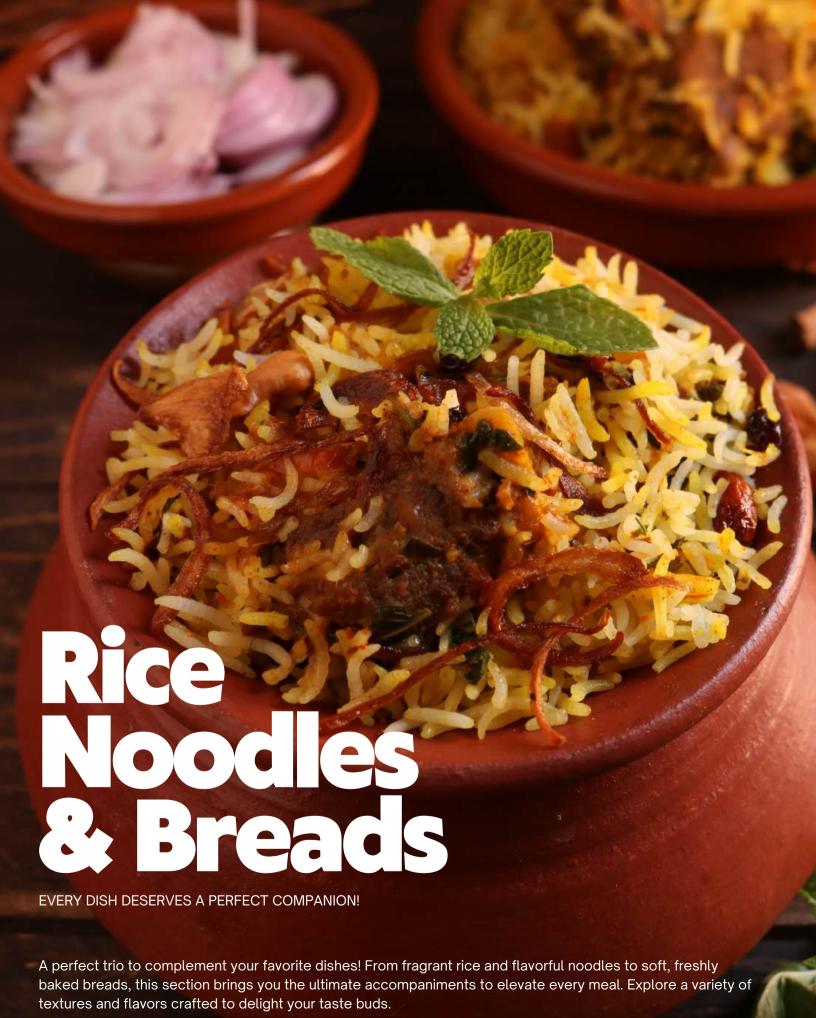












Hakka noodles 🕸 🗓	
 Burnt garlic, vegetables 218kcal/330g Egg © 157kcal/330g Chicken 345kcal/330g Fresh thin wok tossed noodle along with crunchy vegetable's or Chicken finished with burnt garlic 	525 550 575
Fried Rice ⊕ □ • Burnt garlic, vegetables 509kcal/330g • Egg ⊚ 378kcal/330g • Chicken 522kcal/330g Wok toss rice dashing with oriental sizzling and vegetables or chicken finish with burnt garlic	525 550 575
■ Sticky rice/ Steamed rice 584/576 kcal/320g Moist and soft rice with a slightly sweet flavour	300

Chowk Lucknowi biryani (1) (2) Veg/ Chicken/ Mutton 623/927/798 kcal/500g Flavourful biryani with hint of fresh masala and dum cooked in true khansamah style.	700 800 900
Subz pulao 1715 kcal/400g Rice cooked with medley of fresh vegetables and aromatic spices	650
■ Kulcha- aloo pyaz, paneer (1) (2) 337 / 311 kcal/150g Straight form the street of Amritsar with varities of stuffing	250
■ Tandoori roti (♣) (♣) 233 kcal/120g ■ Butter naan (♣) (♣) 446 kcal/120g ■ Plain naan (♣) (♣) 387 kcal/120g ■ Laccha paratha (♣) (♣) 363 kcal/120g ■ Khameeri roti (♣) (♣) 360 kcal/120g Freshly baked in tandoor	200 250 250 300 300































SWEET ENDINGS TO REMEMBER

Treat yourself to a decadent Pull-Up Cake, the creamy layers of Serradura, a rich Bitter Chocolate Tart, and the gooey perfection of Chocolate Fondant. Every bite is a celebration of sweetness and indulgence!

■ Pull Up Cake (1) (2) (2) 181 kcal/110g
550

Featuring layers of Espresso soaked ladyfinger and creamy mascarpone, delicately dusted with cocoa powder.

A sophisticated and indulgent dessert that will delight the senses with its rich, comlex flavors and textures.

475

Cheesecake (1) (a) (b) 357 kcal/120g 500

Blueberry/raspberry/gulab jamun

A classic treat baked to perfection to capture the authentic taste and creamy texture with choice

Lemon meringue

tart (1) (a) (b) (b) (b) 307 kcal/100g
Classic dessert that combines the
brightness of lemon, the sweetness of
meringue and the crunch of tart to create
a truly unforgettable treat.

Chocolate
fondant (a) (b) (b) 466 kcal/120g
Luxurious, velvety chocolate treat
typically served warm with a scoop
of icecream

Assorted Ice cream 300

































Round the Clock Menu

SAVOR EVERY HOUR, ANY HOUR!

Whether it's a late-night craving or an early morning indulgence, our Round-the-Clock Menu is here to satisfy your hunger anytime. Enjoy a delicious selection of freshly prepared dishes, available 24/7 to keep your taste buds delighted whenever you need a bite!

Wrap & Rolls

- Tandoori paneer (*) (1) 411 kcal/200g Creamy Malai paneer, cooked in clay oven and rolled in lusciously soft bread.
- ▲ Classic Tandoori Chicken (*) 416 kcal/200g 575 Tender tandoori chicken infused with smoky flavors, crisp onions and green chutney served in roll.
- Garden Veggie burger (*) (*) 586 kcal/220g 525 Earthy green crispy patty packed with veggies, Iceberg, onion, cheddar cheese.
- Holiday inn club house (1) 0553kcal/230g 550 Bite into the scrumtious goodness of wholesome layers of absolute pleasure

Soups

- Roasted pumpkin soup topped with crumbled feta crostini (*) (**) 65 kcal/200g Great earthy flavour, creamy and smooth
- Wild mushroom 350 Cappuccino (1) 114 kcal/220g Comforting wholesome and creamy mushroom soup with the goodness of oyster and button mushroom

Rice & Breads

Chowk Lucknowi biryani (1) (2) 700 ■ Veg/Achicken/A mutton 800 623/927/798 kcal/500g 900 Flavourful biryani with hint of fresh masala and dum cooked in true khansamah style. ■ Paratha (*) (1) 363 kcal/120g 250

sserts

▲ Cheesecake (1) (a) (b) (b) 357 kcal/120g 500 Blueberry



550

350

- Cheese pimentos rollos (*) 387 kcal/180a Savoury, flaky and crisp golden brown cheese rolls
- Spanish garlic 700 chilly prawns (*) (1) (232 kcal/180g Bold flavors of orient with succulent prawns in your chosen prepration.
- ▲ ZFC- zest fried (*) ⑥ 625 chicken bba cream 569 kcal/200g Tender and juicy crispy chicken pieces with finger licking BBQ cream.

Main Course

- Classic dal makhani (1) 740 kcal/320g 550 Comforting lentil dish from land of Punjab, rich & creamy
- Zesty dal tadka 691 kcal/320g 500 Popular North Indian comfort food, Hint of ghee & garlic
- Qasr-e-pukhtan (1) (2) 628 kcal/320g 625 Awadhi gravy with cottage cheese and dry fruits in rich tomato & cashew gravy.
- ▲ Laal maas 767 kcal/350g 750 Fiery Rajasthani mutton curry made with red chilies and blend of spices.
- 675 ▲ Dhaniva murgh 198 kcal/320g Flavourful and aromatic chicken curry made with fresh coriander leaves & spices
- Goan fish curry (4) (2) 928 kcal/300g 700 Classic dish from the coastal state of goa, Kingfish cooked in a rich and spicy coconut based curry.































