



The Tea Tree or *Melaleuca Alternifolia* is a small understated shrub that has been used as an alternative medicinal treatment for centuries.

Similarly, the Tea Tree Spa at Holiday Inn Pattaya is an unpretentious, calm and refreshing sanctuary from the stresses of life where you can relax the body, soothe the soul and feel the spirit soar.

Whether you are here for a quick straightforward massage or to pamper yourself silly, our professional therapists are will be sure to engage your senses and ensure a positive uplift and renewal of energy.

**Tea Tree Spa, Level 5, Bay Tower, Holiday Inn Pattaya**

463/68, 463/99 Moo 9 Pattaya Sai 1 Road, Nongprue, Banglamung, Chonburi 20150, Thailand

**T:** +66 (0) 3872 5555 Ext. 3902 **F:** +66 (0) 3872 5562 **E:** [teatreespa.holidayinnpattaya@ihg.com](mailto:teatreespa.holidayinnpattaya@ihg.com)

# Delight

Feeling tense? Relax in the hands of our skilled therapists perfect for those who need to unwind.

<b>Traditional Thai Massage</b> A firm massage practiced for hundreds of years, designed to work the knots out and release energy into the body.	60 min 90 min 120 min	THB 1,100 THB 1,600 THB 2,200
<b>Traditional Thai Massage with Herbal Compress</b> A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles	90 min 120 min	THB 1,800 THB 2,200
<b>Aromatherapy Signature Massage</b> A classic medium pressure massage that harnesses the therapeutic effects of essential oils to bring the body into balance and harmony.	60 min 90 min 120 min	THB 1,700 THB 2,100 THB 2,500
<b>Aromatherapy Massage with Herbal compress</b> A herbal compress, called 'luk pra kob' which includes a selection of therapeutic herbs wrapped in muslin cloth is steamed and applied directly onto the skin to soothe tired muscles	90 min 120 min	THB 2,100 THB 2,500
<b>Deep Tissue Massage</b> Using firm pressure, this massage will reach the deeper layers of the muscle to release tension and re-energize your core.	60 min 90 min	THB 1,900 THB 2,200
<b>Himalayan Hot Stone Massage</b> Himalayan Hot Stones are used as an extension of the therapist's hands to provide a deep sense of relaxation and improve blood circulation.	90 min 120 min	THB 2,200 THB 2,600
<b>Indian Head Massage</b> An ancient practice, Ayurveda focuses on the three 'chakras' - mind, body and spirit. This is a relaxing massage for the head and neck.	60 min	THB 1,400
<b>Head, Back and Shoulder Massage</b> This is a firm massage designed to focus on the head, back and shoulder to release tensed muscles from a day sitting at the desk.	60 min 90 min	THB 1,700 THB 2,100
<b>Foot Massage</b> Take the weight of your feet and enjoy some 'sole pampering' to get back that spring in your step.	30 min 60 min	THB 600 THB 1,000



Prices are inclusive of 10% service charge and 7% government tax.



# Indulge

Satisfy your senses and indulge in our Tea Tree Signatures. Enjoy a complete package with our meticulously put together Tea Tree Signature Experience or create your own!

## Tea Tree Signature Experience

The ultimate experience, this treatment will leave you with a new zest for life. An exfoliation will cleanse and leave the skin ready to receive the maximum benefits of an aromatherapy massage, during which hot stones will be applied to your back, releasing heat and energy into the muscle groups. A quick facial completes the session, leaving you radiant, hydrated and ready to face the day ahead.  
30min Body Exfoliation, 90min Himalayan Hot Stone Massage, 30min Express Facial

150 min      THB 3,500

## Personally Crafted Experience

We want to be sure that you get the most out of your time with us. Tailor a personalized experience to suite your needs with a selection of core body massages and a supplement facial or foot massage, or both!

Create your own from a combination of the following:

- Express Facial (30min)
- Foot Massage (30min)
- Body Scrub (30min)
- Body Wrap (30min)
- Indian Head Massage (60min)
- Head, Back and Shoulder massage (60min)
- Aromatherapy Massage (90min)
- Traditional Thai Massage (90min)
- Deep Tissue Massage (90min)
- Traditional Thai Massage with Compress (90min)
- Aromatherapy Massage with compress (90min)
- Deep Tissue Massage with compress (90min)

120 min      THB 2,900  
150 min      THB 3,500



Pamper

Everyone needs to be spoiled once in a while. These spa treatments will be sure to wash away all worries and leave you fresh to face a new day.

<b>Siam Signature</b> Tried and tested through the generations, this traditional treatment is a wonderful opportunity to capture the spirit of Pattaya. This treatment combines a traditional Thai herbal hot compress and foot massage. 90min Thai Herbal Hot Compress, 30min Foot Massage	<b>120 min</b>	<b>THB 2,300</b>
<b>Because You Deserve It</b> Because there are times that we should reward ourselves and indulge. Exfoliation will freshen up the skin in preparation for the relaxing aromatherapy massage followed by a rejuvenating facial. 30min Body Scrub, 90min Aroma Massage, 30min Express Facial	<b>150 min</b>	<b>THB 3,500</b>
<b>Time to Glow</b> A medium pressure massage, followed by a rejuvenating facial that will hydrate your skin and leave your face with a soft glow. 60 min Thai or Aroma Massage, 60 min a choice of Facial treatment	<b>120 min</b>	<b>THB 3,000</b>
<b>Hold My Calls</b> Press pause on your hectic day. Regain composure and balance with an exfoliation, followed by a calming aromatherapy massage. 30 min Body Scrub, 60 min a Thai or Aroma Massage	<b>90 min</b>	<b>THB 2,500</b>
<b>Couple's Retreat</b> Pamper yourself and your partner with a complete classic massage, a gentle body scrub to freshen up your skin and get your blood circulation, and finally a facial to leave you glowing. 60 min Thai or Aroma Massage, 30 min Body Scrub, 30 min Express Facial	<b>120 min</b>	<b>THB 6,000 (Per couple)</b>

# Supplements

## FACIAL TREATMENTS BY DERMALOGICA

<b>Express Facial</b> Feel fresh, fast. For those tight on time – this mini facial incorporates a cleanse, tone, exfoliation and moisturize just in 30 minutes so you can look your best	30 min	THB 1,400
<b>Intense Hydrating Facial</b> The classic facial, this intense hydrating facial will leave your face soft and supple as it reverses the effects of harsh air conditioning and modern lifestyles.	60 min	THB 2,000
<b>Anti-Aging Facial</b> To combat your hectic travel, work and social life, this intensive facial is rich in natural antioxidants to nourish the skin and restore vitality.	60 min	THB 2,200
<b>Men’s Purifying Facial</b> A simple no-fuss facial to cleanse, tone and rehydrate the skin.	60 min	THB 2,000

# Body Scrubs

<b>Body Scrub</b> To remove dead, dry skin and restore total balance to your body, mind and spirit. This rejuvenating treatment uses your choice of scrub and is a perfect preparation for other treatments to follow. ***We have four choice of body scrub***	45 min	THB 1,000
<b>Body Masque</b> An Aloe Vera body masque to sooth sun burn, perfect for those who have spent a long day in the sun. A Dead sea Clay body Cleanse to detoxify and moisture your skin. A Smooth Firming Body Mask help to booth you skin getting frim and anti-cellulite	45 min	THB 1,000

# For The Special Little Someone

## KIDS MENU

For children aged 6-11 years, who need a little pick me up.

<b>My First Massage</b> A relaxing oil massage created to introduce your child to their first massage	30 min 60 min	THB 600 THB 1,000
<b>My First Spa Experience</b> <ul style="list-style-type: none"><li>A 30-min aroma massage with a 30-min mini Foot Massage to pamper your little one</li><li>A 45-min aroma Massage with a 15-min mini Facial Fresh Yoghurt treatment to pamper you little one</li><li>A 30-min aroma massage with a 30-min Honey Sesame seed body scrub to pamper your little one</li></ul>	60 min 60 min 60 min	THB 1,000 THB 1,000 THB 1,000

\*\* All children must be accompanied by a parent or guardian during their visit