

Breakfast menu



Rise and shine



Continental breakfast £12.95

Whether you need to get up and go, or you want to sit back and get ready to face the day in a leisurely way, our selection of delicious continental breakfast options offer something for everyone.

Perfect porridge

Made with your choice of
Semi skimmed milk (kcal 153) (V)
Soya milk (kcal 166) (Vg) (Gs)
Water (kcal 58) (Vg) (Gs)

American-style pancakes (V)

Maple syrup (kcal 241)
Golden Syrup (kcal 243)
Chocolate sauce (kcal 229)

Fresh bread (V)

White or wholemeal baguette
White toast (kcal 96)
Brown toast (kcal 88)
Gluten free toast (kcal 77) (Gs)



Jams & spreads

Fruit jam (kcal 49) (V) (Gs)
Low sugar jam (kcal 24) (V) (Gs)
Marmalade (kcal 49) (V) (Gs)
Marmite (kcal 21) (Vg)
Nutella® (kcal 81) (V) (Gs)
Butter (kcal 51) (V) (Gs)
Sunflower spread (kcal 24) (Vg) (Gs)

Our pastries (V)

Croissants (kcal 236)
Pain au chocolat (kcal 107)
Pain au raisin (kcal 100)

Classic cereals (V)

Gluten free cornflakes (kcal 94) (Gs)
Kellogg's Fruit & Fibre (kcal 172)
Kellogg's Corn Flakes (kcal 91)
Kellogg's Special K (kcal 144)
Kellogg's Coco Pops (kcal 136)
Weetabix (kcal 76)
Alpen (kcal 152)

Fresh fruit (Vg) (Gs)

Watermelon (kcal 63), apple (kcal 63),
orange (kcal 47), grapes (kcal 47),
banana (kcal 37).

Fresh fruit salad (Vg) (Gs)

Freshly peeled and chopped water
melon, Galia melon, pineapple,
red & green apples, seedless grapes &
orange segments (kcal 77).

Fresh yoghurt (V) (Gs)

Natural low fat (kcal 57)
Fruit yoghurt (kcal 50)

Dried fruits, nuts & seeds (Vg) (Gs)

Perfect to sprinkle, pumpkin seeds,
sunflower seeds, chopped mixed nuts,
dried apricots & sultanas.

Cheese & charcuterie

Philadelphia (kcal 41) (V) (Gs),
cheese selection (kcal 81) (V) (Gs),
ham (kcal 59) (Gs), turkey (kcal 46) (Gs).

Cooked breakfast £16.95

Create your own plate of warming scrumptiousness to set you up for the day.
We've got all the classics for you to choose from.

Eggs (V) (Gs)

Your choice of fried (kcal 90),
scrambled (kcal 136), poached (kcal 79)
or boiled (kcal 79).

Bacon (Gs)

Freshly grilled back bacon (kcal 93).

Sausages

Your choice of traditional pork (kcal 152)
or vegetarian sausage (kcal 68).

Hash browns (V) (Gs)

Freshly cooked (kcal 116).

Tomatoes (Vg) (Gs)

Lightly browned under the grill (kcal 35).

Baked beans (Vg) (Gs)

It wouldn't be breakfast without them
(kcal 92).

Mushrooms (Vg) (Gs)

Sautéed with cracked black pepper
(kcal 49).



Drinks

A choice of the following
drinks are included in
both breakfast options.

Fruit juice

Orange (kcal 55), apple (kcal 56),
cranberry (kcal 27).

Hot drinks

Selection of teas, Americano (kcal 5)
& hot chocolate (kcal 202).

Starbucks

Our full Starbucks selection is
available at an additional charge,
please ask your server.

If you have a food allergy or intolerance, please inform a member of staff before dining.

All food is prepared in an area where allergens are present. (V) These dishes are suitable for a vegetarian diet. (Vg) These dishes are suitable for a vegan diet. (Gs) These dishes are produced utilising non-gluten containing ingredients. (kcal) Energy content of dish in kilocalories. **Adults need around 2000 kcal a day.** A 10% discretionary service charge will be added to your bill. All prices are inclusive of VAT at the current rate.

Adults need around 2000 kcal a day.

All day menu



Food to make you happy

Drinks

A sample of some of our popular products and an introduction to some of our latest additions to the drinks menu...

Beer, cider, bottle & craft

Stella Artois pint	£6.25
Beck's pint	£6.00
Goose Island Midway pint	£6.25
Orchard Pig Cider pint	£6.25
Camden Hells Lager 330ml bottle	£5.75
Birra Moretti 330ml bottle	£5.65
Old Mout Kiwi & Lime 500ml bottle	£6.15
Brewdog Hazy Jane 330ml can	£5.75
Tiny Rebel Clwb Tropica 330ml can	£5.75

Wine by the glass

Da Luca Prosecco 125ml	£5.00
Italian, pear and peach fruit on a lively, yet soft, palate.	
Luis Felipe Edwards Lot 66 175ml	£6.30
A crisp, white Sauvignon Blanc from Chile.	
Antonio Rubini Pinot Grigio Rosato 175ml	£6.15
A delicate Pinot Grigio rosé from Italy.	
Luis Felipe Edwards Lot 18 175ml	£6.10
A soft, velvety red Merlot from Chile.	

Soft drinks

Pepsi Max pint, post mix (0.4 kcal)	£4.00
Diet Pepsi pint, post mix (0.3 kcal)	£4.00
Lemonade pint, post mix (2 kcal)	£4.00
Mineral water Sparkling/still 750ml	£4.75
Franklin & Sons Valencian Orange & Pink Grapefruit with Lemongrass 275ml	£3.35
Franklin & Sons Rhubarb Lemonade 275ml	£3.35

We proudly serve Starbucks

Caffé Latte Tall (132 kcal)	£3.40
Cappuccino Tall (120 kcal)	£3.40
Flat white Short (119 kcal)	£3.45
Americano Tall (10 kcal)	£3.20

Scan to view our full wine & drinks list



Not all products are available in all locations, a suitable alternative will be offered should this be the case. All calorie information is on the products bottle, as with post mix drinks it is noted by the product by Kcal per 100ml. 125ml wine measures available on request. Unless stated all wines have ABV of between 9-15% beers have ABV 3-7%

Starters & light bites

Crispy fried calamari (426 kcal) £8.25 Garlic & jalapeño aioli.	Garlic mushrooms (435 kcal) (V) £7.95 Creamy garlic sauce, toasted ciabatta.
Tomato & basil soup (274 kcal) (V) (*) 24 £7.25 Warm ciabatta bread.	Panko breaded king prawns (337 kcal) £8.25 Chipotle mayo dip.
Crispy chicken wings (616 kcal) £8.50 Choose from Frank's hot chilli (Gs) or Korean BBQ sauce.	Loaded nachos (674 kcal) (V) (Gs) £7.95 Cheese sauce, sour cream, guacamole, salsa & jalapeños.
Sticky pork belly bites (635 kcal) £8.25 Asian slaw, Korean BBQ sauce.	Harissa houmous (659 kcal) (Vg) £7.50 Sun blushed tomatoes, chilli oil, grilled flatbread.
Crispy Japanese duck & vegetable dumplings (270 kcal) £7.95 Hoisin dipping sauce.	Beetroot, Feta & orange salad (407 kcal) (V) £7.25 Gem lettuce, toasted walnuts, honey & mustard dressing.

Burgers

Our burgers are served in a brioche bun with mayonnaise, lettuce, tomato, red onion & crispy fries.

Gourmet prime beef (1389 kcal) £17.50 Crispy bacon, mature Cheddar & Baconaise.	Sirloin steak (8oz/224g) (934 kcal) (Gs) £25.95 Crispy fries, grilled tomato & dressed rocket.
The bacon rarebit (1598 kcal) £18.95 Crispy bacon, spicy mustard cheese rarebit, onion rings.	Add peppercorn sauce (108 kcal) £3.50 Add two fried eggs (286 kcal) £3.50
Buttermilk chicken (1115 kcal) £17.50 Breaded fillet, grilled bacon, guacamole, Tex Mex cheese & chipotle mayo.	Mixed grill (1434 kcal) £22.50 Sirloin, chicken fillet, Cumberland sausage ring, gammon steak, fried eggs, grilled tomato, garden peas, crispy fries.
Korean chicken (1207 kcal) £18.95 Spiced fillet, Asian slaw, pulled Korean BBQ pork, crispy onions.	Grilled gammon steak (10oz/280g) (1034 kcal) (Gs) £16.95 Fried eggs, grilled tomato, garden peas & crispy fries.
Beetroot, pepper & quinoa (1068 kcal) (Vg) £17.50 Sun blushed tomatoes & harissa houmous.	Cajun spiced chicken fillet (1045 kcal) £17.75 Savoury herb potatoes, corn cobs, Cajun slaw & chipotle mayo dip.
Upgrade to sweet potato fries (Gs) £1.00	Grilled salmon fillet (806 kcal) £18.95 Savoury herb potatoes, fine green beans, chimichurri sauce.
	Upgrade to sweet potato fries (Gs) £1.00



From the grill

Main plates & classics

Classic fish & chips (1198 kcal) (Gs) £18.25 Crispy battered fillet, chips, garden peas, tartar sauce.	Lemon & tarragon sea bass fillets (598 kcal) (Gs) £17.75 Sautéed potatoes, leeks & peas.
Chicken makhani curry (1098 kcal) (*) 24 £17.50 Basmati rice, garlic & coriander naan bread, poppadums, mango chutney.	Sweet potato, chickpea & spinach curry (1038 kcal) (Vg) (*) 24 £16.95 Basmati rice, garlic & coriander naan bread, poppadums, mango chutney.
Slow cooked salt & pepper feather blade of beef (765 kcal) £18.95 Creamy mash, carrots, leeks, garden peas & red wine gravy.	Wild mushroom risotto (532 kcal) (Vg) (Gs) £14.00 Wild mushrooms, shaved Italian cheese, rocket.
Chicken schnitzel (1060 kcal) £17.50 Garlic & parsley butter, crispy fries, rocket & shaved Parmesan salad.	Add grilled chicken breast (205 kcal) (Gs) £4.50 Add grilled salmon fillet (323 kcal) (Gs) £5.50
Steak & kidney pudding (1495 kcal) £17.95 Creamy mash, carrots, leeks, garden peas & onion gravy.	



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Pizza

Diavola (1329 kcal) 24 £15.75 Mozzarella, Milano salami, nduja & pepperoni.	Margherita (1322 kcal) (V) 24 £14.95 Sun blushed tomatoes, mozzarella & basil oil.
Pepperoni (1306 kcal) 24 £15.50 Mozzarella, spicy pepperoni.	Ham & garlic mushroom (1338 kcal) 24 £15.50 Ham, sautéed garlic mushrooms & aioli.

Sandwiches & wraps

Our sandwiches are served on thick white or malted bloomer bread with potato crisps.

Chicken, crispy bacon, avocado & mayonnaise (921 kcal) (*) 24 £8.95	Baked ham, mature Cheddar & caramelised red onion chutney (845 kcal) (*) 24 £8.50
Tuna mayonnaise, cucumber & rocket (685 kcal) (*) 24 £8.50	Tomato, mozzarella, avocado & gem lettuce (517 kcal) (V) (*) 24 £8.50
Chicken Caesar wrap (747 kcal) £8.75 Chicken breast, gem lettuce, Parmesan & creamy Caesar dressing.	Superfood wrap (673 kcal) (Vg) £8.50 Harissa houmous, avocado, gem lettuce & sun blushed tomatoes.

Hot sandwiches

Our hot sandwiches are served with a choice of either crispy fries or a mug of freshly prepared tomato & basil soup.

The Club (1162 kcal) (*) £15.75 Classic triple-decker of grilled chicken breast, crispy bacon, lettuce, hard boiled egg & sliced tomato.	Crispy breaded chicken (837 kcal) £14.50 Warm ciabatta, chicken fillet, melted cheese, BBQ sauce & Cajun slaw.
Ham & cheese melt (978 kcal) £13.50 Sliced bloomer, baked ham & melted Cheddar.	



Finish with a treat

Warm triple chocolate brownie (782 kcal) (V) (Gs) 24 £7.95 Vanilla clotted cream ice cream, chocolate sauce.	White chocolate & red velvet cheesecake (491 kcal) (V) £7.95 Raspberry sauce.
Warm treacle & ginger tart (559 kcal) (V) £7.50 Vanilla clotted cream ice cream, caramel sauce.	

Pasta

Classic beef lasagne (894 kcal) £15.50 Garlic ciabatta bread.	Penne carbonara (998 kcal) £15.50 Bacon, cream, shaved Parmesan & basil oil.
Spicy meatball rigatoni (821 kcal) £15.75 Beef meatballs, arrabiatta & shaved Parmesan.	Spinach & ricotta cannelloni (912 kcal) (V) £15.25 Pomodoro, basil oil dressed rocket leaves & garlic bread.

Seasonal salads

Our super-fresh salads make the perfect choice for a lighter and healthier meal.

Caesar salad (369 kcal) £12.95 Gem lettuce, ciabatta croutes, shaved Parmesan, Caesar dressing.	Superfood salad (566 kcal) (V) (Gs) £13.50 Mixed leaves, kale, tomatoes, cucumber, avocado, Feta cheese, beetroot, red onion, edamame beans, quinoa, brown rice, honey mustard dressing.
Add grilled chicken breast (205 kcal) (Gs) £4.50	Add grilled salmon fillet (323 kcal) (Gs) £5.50
Add panko breaded prawns (174 kcal) £4.95	

On the side

Beer battered onion rings (514 kcal) (V) £4.75	Homemade cheese garlic bread (390 kcal) (V) £4.50
Crispy fries (433 kcal) (V) (Gs) £4.50	Sweet potato fries (430 kcal) (V) (Gs) £4.75
Carrots, leeks & peas (109 kcal) (V) (Gs) £4.50 Tarragon & lemon butter.	Tomato, avocado, red onion & rocket salad (226 kcal) (V) (Gs) 24 £4.75 Basil oil.



A 10% discretionary service charge will be added to your bill. All prices are inclusive of VAT at the current rate. Take-in or wait-in room service to suit you. It's free to collect from our 'To Go Café' or we can offer room service for a £3.50 tray charge. Kids stay and eat free means that children under the age of 13 years can enjoy breakfast free of charge. Lunch and dinner are also free when chosen from the kids' menu and the child is accompanied by at least one adult eating at least one main course. This offer applies to the hotel in which the child's family is staying.

Drinks menu



Drinks to make
you smile

White

Luis Felipe Edwards Lot 66 Sauvignon Blanc <i>Rapel Valley, Chile</i> Somewhere between France and New Zealand in style, cool tropical fruit and pears.	175ml	250ml	750ml
	£6.30	£8.90	£26.00
Pontebello Pinot Grigio <i>Australia</i> A dry wine given a taste of the Australian sunshine, packed with juicy ripe fruit flavours.	£5.90	£8.25	£24.50
La Vivienda Verdejo , <i>La Mancha, Spain</i> A zesty wine with lemon and lime flavours and a soft finish.	£5.60	£7.70	£23.00
Waipara Hills Sauvignon Blanc <i>Marlborough, New Zealand</i> Generous and lifted, showing powerful aromas of gooseberry, the palate bursts with fresh citrus, grapefruit and melon notes.			£33.00
Luis Felipe Edwards Gran Reserva Chardonnay <i>Leyda Valley, Chile</i> A top quality Leyda Valley Chardonnay - peach and pineapple palate with a well balanced finish.			£28.50
Cullinan View Chenin Blanc <i>Western Cape, South Africa</i> Deliciously fresh and creamy with peachy fruit character.	£6.00	£8.35	£25.00
Berri Estates Unoaked Chardonnay <i>SE Australia</i> Fresh and fruity with a smooth, rounded finish.	£6.10	£8.55	£25.50
Gavi Ca' Bianca <i>Italy</i> Like an even more exquisite Pinot Grigio - crisp and fresh but with more intense fruit flavours.			£35.00

Red

Granfort Cabernet Sauvignon <i>Pays d'Oc, France</i> Soft and fruity with ripe, mouth-watering blackcurrants, typical of this wine.	£6.35	£9.05	£27.00
Dashwood Pinot Noir <i>Marlborough, New Zealand</i> Light and fresh in style with crunchy, fresh, red fruit flavours.	–	–	£35.00
Luis Felipe Edwards Lot 18 Merlot <i>Rapel Valley, Chile</i> Unoaked style of Merlot which is soft and fruity with a velvety texture.	£6.10	£8.55	£25.50
La Vivienda Tempranillo <i>La Mancha, Spain</i> A soft wine with aromas of cherry and sweet, dark fruits - a touch of warming spice on the finish.	£5.60	£7.70	£23.00
Don Jacobo Rioja Crianza <i>Bodegas Corral, Spain</i> A classic Rioja; perfectly balanced and a versatile wine with food.	–	–	£35.00
FC Portillo Malbec <i>Uco Valley, Mendoza, Argentina</i> Displays a fresh and fruity nose enhanced by hints of plum, black berries and a touch of vanilla.	–	–	£34.00
Lunaris by Callia Malbec <i>San Juan, Argentina</i> Enticing aromas of cherry and plum with a background of warming spice.	£7.50	£10.75	£32.00
Short Mile Bay Shiraz <i>SE Australia</i> Full-bodied with lots of rich berry fruit on the palate and a pinch of pepper spice.	£5.85	£8.20	£25.00

Rosé

Antonio Rubini Pinot Grigio Rosé <i>delle Venezie, Italy</i> The copper skin of grape gives this wine its colour. Delicate strawberry flavours.	£6.15	£8.70	£26.00
Whispering Hills White Zinfandel <i>California, USA</i> Loads of fresh summer-fruit flavours and lively acidity. Medium-bodied to appeal to most palates.	–	–	£24.00

Bubbles

Da Luca Prosecco <i>Italy</i> Pear and peach fruit, a classic example of the Glera grape.	125ml	750ml	£5.00	–	£26.50
Galanti Prosecco Rosé DOC <i>Italy</i> Fresh and vibrant raspberry and strawberry scented fizz, made from a blend of Merlot and Raboso.			–	–	£26.50
Louis Dornier et Fils Brut, Champagne <i>France</i> A light, fresh, vigorously youthful Champagne with fine and elegant aromas and a long, crisp palate.			–	–	£44.00
Louis Dornier et Fils Brut Rosé, Champagne <i>France</i> Delicious summer-berry fruit aromas with citrus undertones and delicate strawberry and cherry flavours.			–	–	£46.00
Bottega Zero Alcohol Sparkling Wine <i>Italy</i> A non-alcoholic drink that is fruit-filled, delicate and balanced.			£3.50	–	£15.00

Spirits

25ml unless stated

Johnnie Walker Red Label 40%	£5.25
Monkey Shoulder 40%	£5.75
Laphroaig 40%	£6.65
Jameson Irish Whiskey 40%	£5.65
Jack Daniel's Tennessee Whiskey 40%	£5.25
Gentleman Jack Tennessee Whiskey 40%	£6.65
Hendrick's Gin 41.40%	£5.75
Gordon's London Dry Gin & Gordon's Flavoured Gin 37.50%	£5.25
Bombay Sapphire Gin 40%	£5.25
Warner's Rhubarb Gin 40%	£5.75
Absolut Vodka 40%	£5.25
Ciroc Vodka 40%	£5.75
Smirnoff Red Label Vodka 37.50%	£5.25
Bacardi Carta Blanca Rum 37.50%	£5.25
Kraken Black Spiced Rum 40%	£5.75
Captain Morgan Dark Spiced Rum 40%	£5.25
Martel VS Cognac 40%	£5.25

Beer, cider & bottles

Stella Artois pint 4.6%	£6.25
Beck's pint 4.0%	£6.00
Goose Island Midway pint 4.1%	£6.25
Orchard Pig Cider pint 4.5%	£6.25
Guinness pint 4.1%	£6.75
Corona pint 4.5%	£6.25
Birra Moretti 330ml bottle 4.6%	£5.65
Peroni Nastro Azzurro 330ml bottle 5.1%	£5.65
Bombardier 500ml bottle 4.7%	£5.75
Old Mout Cider - Pineapple & Raspberry 500ml bottle 4.0%	£6.15
Old Mout Cider - Kiwi & Lime 500ml bottle 4.0%	£6.15
Brewdog Hazy Jane 330ml can 5.0%	£5.75
Tiny Rebel Clwb Tropica 300ml can 5.5%	£5.75
Camden Town Pale Ale 330ml can 4.0%	£5.75
Purity Session IPA 330ml can 4.5%	£5.75

Hot drinks by Starbucks

	Solo	Doppio
Espresso	£2.50 (5 kcal)	£2.90 (10 kcal)
	Tall	Grande
Caffé Latte	£3.40 (132 kcal)	£3.60 (174 kcal)
Cappuccino	£3.40 (120 kcal)	£3.60 (139 kcal)
Flat White - Short	£3.45 (119 kcal)	
Americano	£3.20 (10 kcal)	£3.40 (16 kcal)

Liqueurs

25ml unless stated

Tia Maria 20%	£5.25
Archers 50ml 18%	£5.25
Sambuca Luxardo 38%	£5.25
Jägermeister 40%	£5.25
Disaronno Amaretto 28%	£5.25
Jose Cuervo Especial Silver 40%	£5.25
Martini Extra Dry 50ml 15%	£5.25
Pernod 40%	£5.25
Pimm's 50ml 25%	£5.25
Baileys 50ml 17%	£5.25
Aperol 50ml 17%	£5.25
Aperol Spritz classic mix with soda & prosecco	£9.95

Low & No...



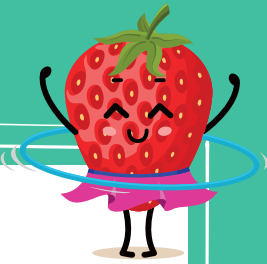
Lucky Saint Unfiltered Lager 330ml bottle	£5.25
Brewdog Punk Alcohol Free IPA 330ml	£5.25
Heineken 0% 330ml bottle	£5.00
Magners Zero Cider 500ml bottle	£5.00
Bottega Zero Alcohol Sparkling Wine 125ml	£3.50
Gordons Alcohol Free 25ml	£3.00

Soft drinks & mixers

Red Bull 250ml	£3.50
J20 Orange & Passion Fruit 275ml	£3.10
J20 Apple & Raspberry 275ml	£3.10
Franklin & Sons Valencian Orange & Pink Grapefruit with Lemongrass 275ml	£3.35
Franklin & Sons Rhubarb Lemonade 275ml	£3.35
Dash Sparkling Water - Lemon 330ml	£3.10
Dash Sparkling Water - Raspberry 330ml	£3.10
Britvic Apple 250ml	£3.10
Still / Sparkling Water 330ml	£2.20
Still / Sparkling Water 750ml	£4.75
Fever-Tree Premium Tonic 200ml	£2.60
Britvic Tonic 200ml	£2.40
Pepsi 330ml bottle	£3.50
Diet Pepsi 330ml bottle	£3.50
Diet Pepsi post mix pint	£4.00
Pepsi Max post mix pint	£4.00
Lemonade post mix pint	£4.00

Some of our products on the drinks menu may not be stocked at all locations, where not, a suitable alternative will be offered. All soft drinks will be served with original packaging containing full calorie content information, where calorie content is displayed on the menu it is by Kcal per 100ml. Hot drinks are Kcal per the whole product. Unless stated, all wines on this list have an ABV content of between 9% and 15%. If any wine is not available a suitable alternative will be offered. 125ml measures are available on request. Please drink responsibly. A 10% discretionary service charge will be added to your bill. The service charge is distributed fully between team members. All prices are inclusive of VAT at the current rate. Food allergies and intolerances: Please speak to a member of our team if you have a food allergy or intolerance. All food is prepared in an area where allergens are present. Adults need around **2000 kcal** a day.

Kids' menu



Starters

£4.50

Picky starter plate (254 kcal) **Vg**

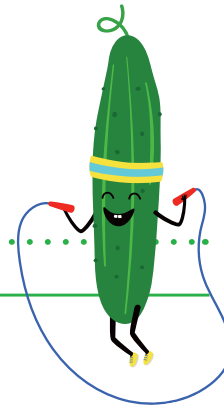
Carrot and cucumber sticks, tortilla chips & ketchup dip.

Tasty soup of the day (210 kcal) **V**

Warm crusty bread.

Cheesy garlic bread (342 kcal) **V**

Toasted garlic bread, melted cheese.



Mains

BUILD YOUR OWN

£5.95

1. Choose a main:

Crispy battered cod fingers (350 kcal)

Grilled chicken fillet (184 kcal) **Gs**

Cheeseburger (862 kcal)
In a brioche bun.

Penne pasta (456 kcal) **V**
Basil pesto & mozzarella.

Crispy battered chicken strips (408 kcal)

Beetroot & chickpea falafels (304 kcal) **Vg**

2. Choose a side:

Skin on fries (358 kcal) **V**

Baked beans (89 kcal) **V**

Garden peas & carrots (87 kcal) **Vg**

Creamy mash (151 kcal) **V**

Mixed salad (84 kcal) **Vg**

Hash browns (288 kcal) **V**

3. Choose a dipping sauce:

Tomato ketchup (37 kcal) **V**

Creamy mayonnaise (114 kcal) **Vg**

Barbecue sauce (56 kcal) **Vg**

Sour cream (75 kcal) **V**



We love staying active and eating healthy!

Sweet treats

£4.50

Seasonal fruit pieces (76 kcal) **Vg**
Chilled raspberry sauce.

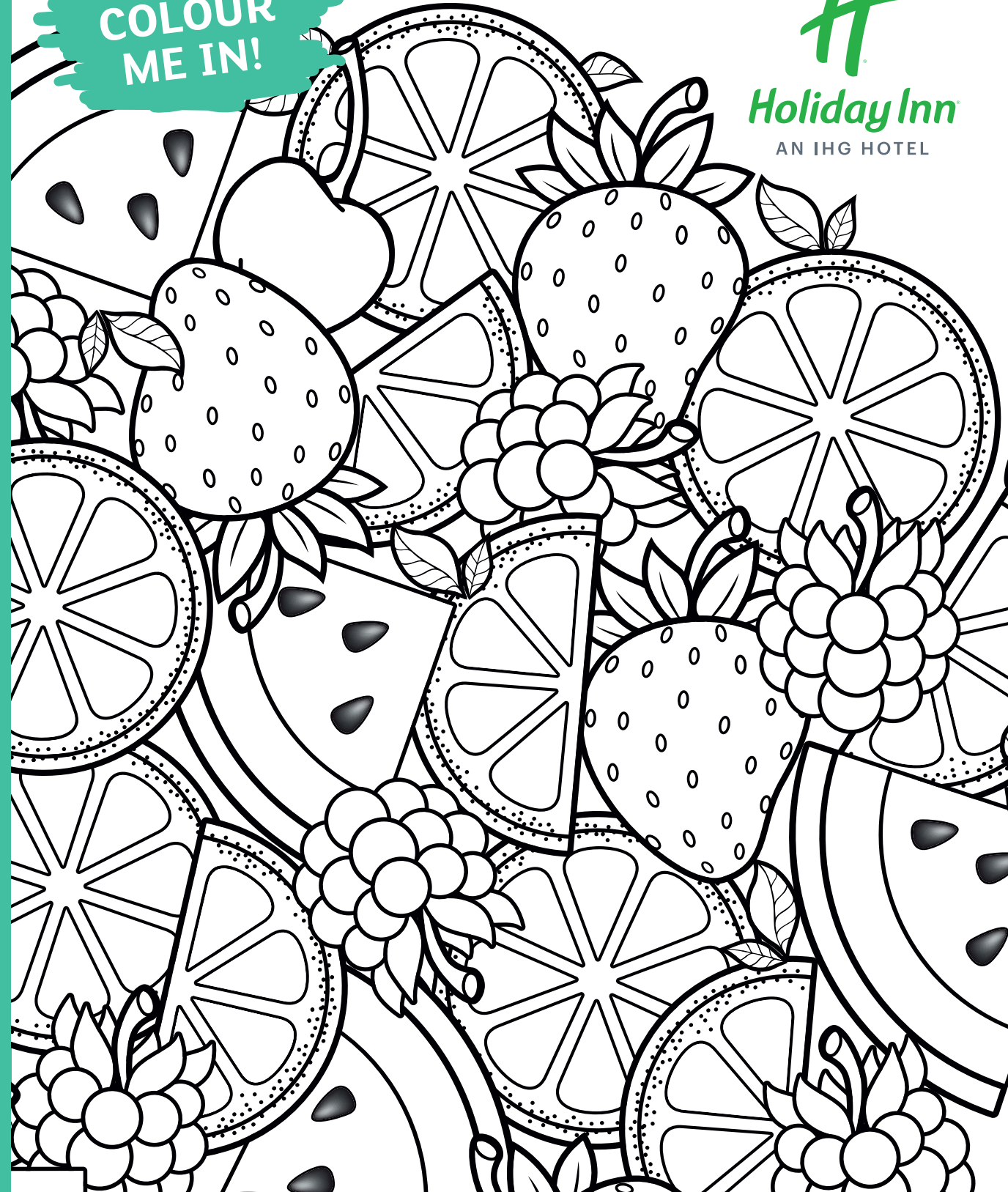
Warm chocolate fudge cake (266 kcal) **V**
Vanilla ice cream.

Ice creams (156 kcal) **V Gs**
Vanilla, strawberry or chocolate.

COLOUR ME IN!



Holiday Inn
AN IHG HOTEL



If you have a food allergy or intolerance, please inform a member of staff before dining. All food is prepared in an area where allergens are present.

V These dishes are suitable for a vegetarian diet. **Vg** These dishes are suitable for a vegan diet. **Gs** These dishes are produced utilising non-gluten containing ingredients. **(Kcal)** energy content of dish in kilocalories. Prices include VAT at the current rate.

Kids Stay & Eat Free means that children under 13 years can enjoy breakfast free of charge when accompanied by at least one adult ordering breakfast. Lunch and dinner are also free when chosen from the Kids' menu and the child is accompanied by at least one adult eating at least one main/large plate from the menu. This offer only applies to the hotel in which the child's family is staying and is limited to 4 children per dining family (maximum two children per one resident adult).

WORD SEARCH

Can you find all of the fruit and vegetables?

B	R	O	C	C	O	L	I
N	W	D	F	A	N	J	B
O	S	V	T	R	I	Q	M
L	I	P	L	R	O	G	H
E	L	E	M	O	N	K	X
M	Q	P	O	T	A	T	O
C	U	C	U	M	B	E	R
E	R	B	A	N	A	N	A

Cucumber | Melon | Broccoli | Banana | Potato |
Lemon | Carrot | Onion

SPOT THE DIFFERENCES

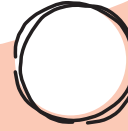
Can you find all 8 differences?



What's small, round and giggles a lot?
A TICKLED ONION



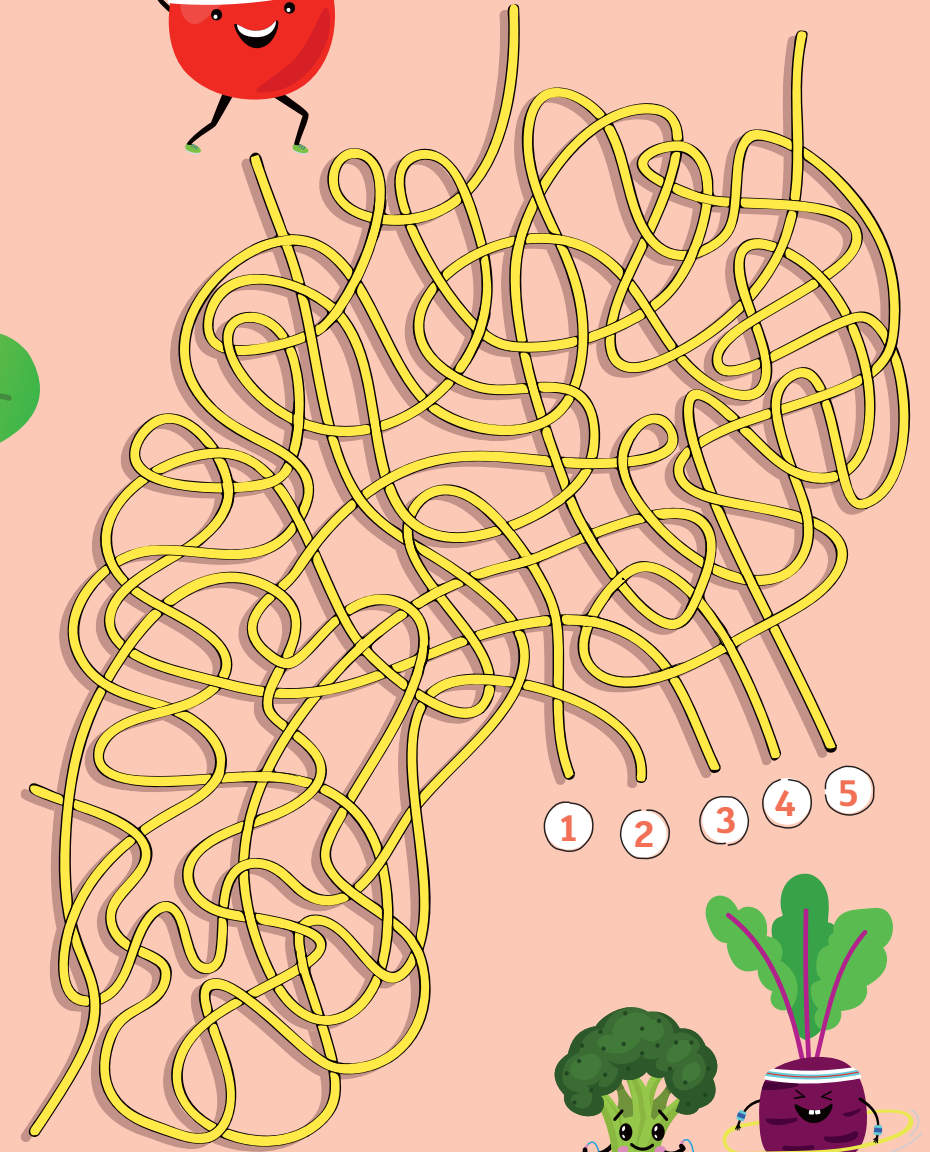
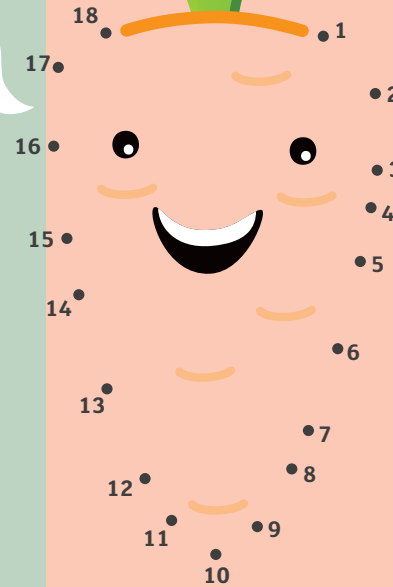
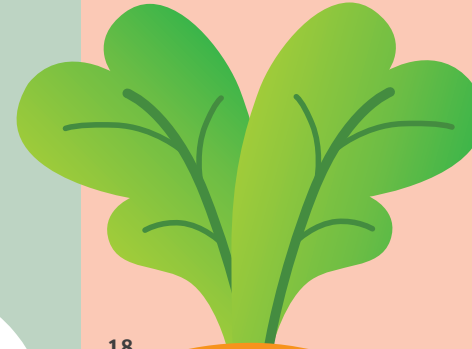
How many fruit & vegetables were in your meal today?



JOIN THE DOTS

Can you see what vegetable appears when joining all of the dots together?

What vegetable am I?
.....



Which route will reunite us with our friend Mr Tomato?

What do you call two rows of vegetables?
A DUAL CABBAGE WAY