

# BLACK AND GOLD

## BREAKFAST

### SPECIALTIES

<b>All-American Skillet</b>	<b>\$12</b>
Two eggs, cooked any style, served over breakfast potatoes with bits of bacon, sausage, ham, mushrooms, peppers and onion. (1010 CAL)	
<b>Biscuits and Gravy</b>	<b>\$10</b>
Freshly baked biscuit topped with sausage gravy and served with two eggs, cooked any style, and choice of meat. (860 CAL) Add 2 eggs for 1.50	
<b>French Toast Breakfast Sandwich</b>	<b>\$10.50</b>
Texas sized French toast, shaved ham, Swiss, cage free scrambled eggs, pure maple syrup. (947 CAL) Add Sausage or Bacon for 2	
<b>Pancakes</b>	<b>\$10</b>
Golden griddled pancakes served with warm maple syrup. (1120 CAL) Add Bacon for 2.00	
<b>Steak and Eggs</b>	<b>\$15</b>
A 5 oz. top sirloin, cooked to order, with two eggs prepared any style. (930 CAL)	
<b>Sunrise Sandwich</b>	<b>\$11</b>
One egg, cooked any style, Cheddar cheese and choice of meat on an English muffin, served with breakfast potatoes. (840 CAL)	
<b>Texas French Toast</b>	<b>\$10.50</b>
Three pieces of Texas sized French toast topped with vanilla maple cream, caramel, granola, and pure maple syrup. (1205 CAL) Add Bacon or Sausage 2.00	
<b>Traditional French Toast</b>	<b>\$9.50</b>
Four pieces of French toast served with warm maple syrup. (790 CAL) Add Bacon or Sausage for 2.00	
<b>Veggie Skillet</b>	<b>\$11.50</b>
Two eggs, cooked any style, broccoli, mushrooms, peppers, onion and tomatoes served with breakfast potatoes and topped with shredded Cheddar cheese. (850 CAL)	

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutrition information available upon request.

**BREAKFAST HOURS**  
**6:30AM TO 10:00AM**  
**6:30AM TO 10:30AM**

### HOTEL FAVORITES

<b>InnJoyable Breakfast</b>	<b>\$11</b>
Two eggs, cooked any style, served with breakfast potatoes and your choice of meat and toast. (870 CAL)	
<b>Tailor Made 3 Egg Omelette</b>	<b>\$12</b>
Made with your choice of 1 meat (sausage, ham or bacon), 1 cheese (Cheddar, Swiss, American, pepper jack, or provolone) and 3 vegetables (peppers, onions, tomatoes, mushrooms or spinach), served with breakfast potatoes and toast. (640+ CAL)	
<b>Start Fresh Wrap</b>	<b>\$11</b>
Scrambled egg whites with mushrooms, spinach, onion and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. (820 CAL)	
<b>Malted Mini Waffles</b>	<b>\$11</b>
Waffles served with berries, whipped cream and warm syrup. (1010 CAL)	
<b>Build Your Perfect Breakfast</b>	<b>\$13</b>
Choose your eggs, meat and a side. Perfect! (560+ CAL)	
<b>Waffles and Eggs Open Face</b>	<b>\$13</b>
Malted mini waffles and two eggs any style and your choice of meat, served with warm syrup and topped with Berries and powder sugar. (780 CAL)	

### SIDES

<b>Fruit</b> (100 CAL)	<b>\$6</b>
<b>Breakfast Potatoes</b> (290 CAL)	<b>\$6</b>
<b>Bacon</b> (160 CAL)	<b>\$6</b>
<b>Sausage</b> (360 CAL)	<b>\$6</b>
<b>Toast</b> (120 CAL)	<b>\$3.50</b>
<b>Cereal</b> (120 CAL)	<b>\$5</b>
<b>Oatmeal</b> (450 CAL)	<b>\$6</b>
<b>Short Stack of Pancakes</b> 7	<b>\$7</b>

### DRINKS

<b>Assorted Soft Drinks</b> (0-160 CAL)	<b>\$3.50</b>
<b>Coffee</b> (0 CAL)	<b>\$3.50</b>
<b>Juice</b> (110-140 CAL)	<b>\$4</b>
<b>Tea</b> (0 CAL)	<b>\$3.50</b>
<b>Milk</b> (150 CAL)	<b>\$3.50</b>

#### PICK-UP SERVICE

Dial Ext. 113

# COCKTAILS

Passionfruit Martini	\$10
Absolut Vodka, Pineapple Juice, Passionfruit Puree (240 cal)	
Cucumber Basil Smash	\$10
Beefeater Gin, Fresh Cucumber & Basil, Lemon Juice (240 cal)	
The Eastwood	\$10
Redemption Rye Whiskey, Sweet Vermouth, Orange Bitters (240 cal)	
Jack® & Coke® with Cherry	\$10
Jack Daniels Whiskey, Black Cherry Puree, Coca Cola (240 cal)	
Old Fashioned	\$10
House Whiskey, Simple Syrup, Angostura Bitters, Orange Peel (240 cal)	
Mule	\$10
House Vodka or Whiskey, Ginger Beer, Fresh Lime Juice (240 cal)	
Margarita	\$10
Tequila, Cointreau, Fresh Lime Juice, Agave Nectar (240 cal)	

# BEERS

<b>DRAFT:</b>	
Yuengling (148 cal)	\$6.50
Corona Extra (148 cal)	\$6.50
<b>DOMESTIC &amp; IMPORT:</b>	
Miller Light (192 cal)	\$5
Bud Light (192 cal)	\$5
Corona Extra (149 cal)	\$6.50
Heineken (148 cal)	\$6.50
<b>CRAFT:</b>	
Sam Adams Seasonal (160+ cal)	\$6.50
Blue Moon (228 cal)	\$6.50

# WINE

105-125 cal per glass	Glass/Bottle
Chardonnay Kendall-Jackson California	\$13/50
Chardonnay Canyon Road California	\$10/38
Cabernet sauvignon Kendall Jackson California	\$13/50
Cabernet Sauvignon Canyon Road California	\$10/38

# NON-ALCOHOLIC BEVERAGES

Coffee (0 cal)	\$3
Tea (0 cal)	\$3
Milk (150 cal)	\$3
Assorted Soft Drinks (0-160 cal)	\$3.50

HOURS  
7 DAYS A WEEK 5:00PM TO 10:00PM

# SHARE

<b>Crispy Chicken Wings</b> 	\$14
10 wings with choice of Citrus Teriyaki, Buffalo, or Salt & Pepper (895-1000 cal)	
<b>Meat Lovers Flatbread</b>	\$13
Chorizo, Bacon, Pepperoni, Mozzarella (895-1000 cal)	
<b>Doritos™ Nachos</b> 	\$14
Nacho Cheese Doritos™, Black Beans, Queso, Pickled Onion, Pico, Crema, Cilantro (1370-1445 cal)	
<b>Add</b> Roasted Chicken (140 cal) +\$8	
<b>Margherita Flatbread</b>	\$11
Mozzarella, Parmesan, Tomato, Marinara, Basil, Balsamic Drizzle (580 cal)	

# TOSS

<b>Caesar Salad</b> 
Romaine, Parmesan Crisp, Ceasar Dressing (425 cal)

<b>Southwest Salad</b> 
Romaine, Fire Roasted Corn, Black Beans, Cheddar Jack, Pickled Red Onion, Avocado, Jalapeno Ranch (740 cal)

<b>Plus-Ups:</b>	
Roasted Chicken (140 cal)	+\$8
Salmon (350 cal)	+\$10
Fried Chicken (815 cal)	+\$8

# SAVOR

<b>All American Burger*</b>	\$16
Angus Beef, Lettuce, Tomato, Onion, Pickle (545-1225 cal)	

<b>Served with House-Seasoned Fries</b>			
<b>Plus-Ups:</b>			
Double Patty (300 cal)			
Bacon (220 cal)	+\$6	Cheese (90 cal)	+\$1.50
	+\$4	Avocado (60 cal)	+\$3

<b>Spicy Chicken Bacon Ranch</b>	\$14
Fried or Roasted Chicken, Brioche Bun, Bacon, Tomato, Romaine, Jalapeno Ranch (1280 cal)	


Served with House-Seasoned Fries – Non-spicy upon request

<b>Sweet Soy Salmon*</b>	\$24
Yellow Rice, Roasted Broccoli, Sweet Soy Glaze (980 cal)	

# COMPLEMENT

House Fries (425 cal) 	\$5
Side Salad (110 cal) 	\$5
Roasted Broccoli (85 cal) 	\$5

# INDULGE

<b>Blueberry Cheesecake</b> 	\$10
Crumbled Topping, White Chocolate, Lemon Curd (765 cal)	

 Vegetarian  Gluten Free

NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of a food-borne illness, especially if you have certain medical conditions. We avoid gluten-containing ingredients when making our gluten-sensitive items. Our kitchen is not gluten-free. Cross-contact with other food items that contain gluten is possible. We are providing calorie estimates as a courtesy. Occasionally, menu items may be changed or substituted due to availability or supply chain issues.

RISE

& DINE

Visit us for a selection of freshly prepared breakfast favorites served daily.

