



Sample Day Delegate Menu

Arrival

Tea and Coffee
Selection of Fruit Juices and Flavoured Water
Mini Croissants and Preserves
Overnight Oats with Fruit and Maple Syrup
Fresh Fruit Bowl

Mid-Morning Break

Tea and Coffee
Selection of Fruit Juices and Flavoured Water
The Big Five Smoothie
Cinamon Swirl
Fresh Fruit Bowl

Lunch

Mini Steak and Ale Pie
Beer Battered Mini Cod and Lemon
Vegetable Lasagne

Triple Cooked Chips
Mushy Peas
White Bloomer Bread
Pancetta & Spinach Salad
Bulgar Wheat Salad
Mixed Leaf Salad, Baby Tomatoes, Sliced Cucumber, Jalapenos, Sweetcorn, Crispy Onions, Sundried Tomatoes, Mayonnaise, Olive Oil and French Dressing

New York Cake
Fresh Fruit Bowl

Afternoon Break

Tea and Coffee
Selection of Fruit Juices and Flavoured Water
Scones with Clotted Cream & Strawberry Jam
Fresh Fruit Bowl