



Holiday Inn

— BY IHG —

NEW DELHI AEROCITY



leea

Spa & Salon



Ayurveda

The traditional Indian science of holistic medicine (science of life & longevity) has been practiced in India for more than 3000 years. Its major premise involves the symbiosis of mind, body & spirit.

Discover the tradition which emphasizes on the harmony of body, mind & Soul.

| | | | |
|------------------------------|---|---------|---------|
| Abhyangam | Hot oil applied to the body in long smooth strokes medium pressure | 60 Min | Rs.4800 |
| | | 90 Min | Rs.6000 |
| Podikhizi | Herbal potlies are prepared with verious herbs & medicated powders | 90 Min | Rs.7000 |
| | | 120 Min | Rs.9000 |
| Lymphatic Drainage | Reduces swelling from Lymphedema.The movements are slow and rhythemic | 90 Min | Rs.7000 |
| | | 120 Min | Rs.9000 |
| Reflexology | Foot pressure points | 30 Min | Rs.4000 |
| | | 60 Min | Rs.5000 |
| Back & stress relief massage | Spine-Line | 30 Min | Rs.4000 |
| | | 60 Min | Rs.5000 |

Taxes extra as applicable on above services

Western

Massage have been known from ancient times for their calming and rejuvenating properties. The major benefits of massage are cellular rejuvenation, lymphatic detoxification and boosting of the immune system.

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|----------------|---|---------|----------|
| Swedish | Normal pressure | 60 Min | Rs.5200 |
| | | 90 Min | Rs.6200 |
| Aroma | French, soft & soothing Fragrant oil massage | 60 Min | Rs.4700 |
| | | 90 Min | Rs.5900 |
| Balinese | Originated from Bali Indonesia (combinaton) | 60 Min | Rs.5200 |
| | | 90 Min | Rs.6200 |
| Hot Stone | Volcanic stone | 90 Min | Rs.6400 |
| | | 120 Min | Rs.7400 |
| Thai massage | Originated from Thailand streching & pressure points | 90 Min | Rs.6400 |
| | | 120 Min | Rs.7400 |
| Lea Signature | Ancient Indian deep pressure sports theraphy | 90 Min | Rs.7500 |
| | | 120 Min | Rs.8500 |
| Jet Lag | Therapy designed to help and alleviate the symptoms of jet lag after a long-haul flight | 70 Min | Rs.6000 |
| Couple Massage | Blissful togetherness | 120 Min | Rs.17500 |

Taxes extra as appliccable on above services

Polish, Scrub, and Wrap

Scrubs are helpful in removing all the dead cells from the upper layer of skin to make you feel completely clean and new, it is highly recommended to have a scrub before a massage to derive the maximum benefits of the oil.

Wrapes are generally given after an exfoliation to make sure that the nutrients and the therapeutic goodness of the wraps is completely soaked by the body.

| | | |
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| Himalayan clay body wrap | 30 Min | Rs.3000 |
| Marigold & basil scrub | 30 Min | Rs.3500 |
| Seasalt & Rose Crystal Scrub | 30 Min | Rs.3500 |

Facials

Our facials are designed with utmost care & are customised to suit your skin type. They not only pamper your delicate skin but also your complete being.

| | | |
|-------------------------|--------|---------|
| Brightening & Whitening | 70 Min | Rs.6000 |
| Deep Cleansing | 50 Min | Rs.4700 |
| Combination skin | 60 Min | Rs.5200 |
| Lea Signature | 75 Min | Rs.7200 |
| Age Miracle | 70 Min | Rs.6000 |
| Face Massage | 30 Min | Rs.3500 |
| Face Mask | 25 Min | Rs.2000 |



Hair

| | |
|------------------------------|---------|
| Hair Cut Female | Rs.2000 |
| Hair Cut Male | Rs.1200 |
| Hair Cut Child | Rs.800 |
| Shampoo & Conditioner Female | Rs.850 |
| Shampoo Male | Rs.400 |
| Blow Dry | Rs.1100 |
| Ironing | Rs.1200 |
| Curling | Rs.1300 |
| Juda Set | Rs.1600 |

Hair Colour

| | |
|--------------------------|---------|
| Touch Up Female | Rs.2500 |
| Touch Up Male | Rs.2000 |
| Global Ladies* | Rs.7000 |
| Highlight/Streaking* | Rs.6000 |
| Rebonding/Straightening* | Rs.6500 |
| Shave | Rs.860 |

Ritual

| | | |
|----------------|------------------------------------|---------|
| Head Massage | 30 Min | Rs.4000 |
| Hair Spa | | Rs.3500 |
| Hair Treatment | Dry damaged and color treated hair | Rs.4250 |

T&C Apply*
Taxes extra as applicable on above services

Makeup & Beauty

| | |
|---------------------|----------|
| Bridal Makeup | Rs.16000 |
| Pre-Bridal | Rs.16000 |
| Reception Makeup | Rs.10000 |
| Party Makeup | Rs.6000 |
| Eye Makeup | Rs.3000 |
| Wardrobe Assistance | Rs.800 |

Waxing

| | |
|------------|---------|
| Full Legs | Rs.1400 |
| Half Leg | Rs.1000 |
| Full Arms | Rs.1250 |
| Half Arms | Rs.1000 |
| Under Arms | Rs.800 |
| Bikni | Rs.1500 |
| Brazilian | Rs.3000 |
| Full Body | Rs.7000 |
| Full Back | Rs.1700 |
| Full Front | Rs.1500 |

Threading

| | |
|------------|---------|
| Full Face | Rs.1000 |
| Eyebrows | Rs.200 |
| Upper Lips | Rs.200 |
| Chin | Rs.200 |
| Forehead | Rs.200 |
| Side | Rs.200 |



Hand & Feet

| | |
|------------------|---------|
| Pedicure | Rs.2300 |
| Manicure | Rs.1750 |
| French Manicure | Rs.1800 |
| French Pedicure | Rs.2400 |
| French C.O.P | Rs.700 |
| Change of Polish | Rs.500 |
| Nail Cut & File | Rs.700 |

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NEW DELHI AEROCITY

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Contact: +91 11 42222000, Spa Ext.: 690
Spa/Salon Timing ~ 9:00 AM-10:00 PM