



Holiday Inn

— BY IHG —

NEW DELHI AEROCITY



lea

Spa & Salon



Ayurveda

The traditional Indian science of holistic medicine (scinece of life & longevity) has been practiced in India for more than 3000 years. Its major premise involves the symbiosis of mind, body & spirit.

Discover the tradition which emphzises on the harmony of body, mind & Soul.

Abhyangam	Hot oil applied to the body in long smooth strokes medium pressure	60 Min	Rs.4700
		90 Min	Rs.5800
Podikhizi	Herbal potlies are prepared with verious herbs & medicated powders	90 Min	Rs.6250
		120 Min	Rs.7000
Lymphatic Drainage	Reduces swelling from Lymphedema.The movements are slow and rhythemic	90 Min	Rs.6700
		120 Min	Rs.7700
Reflexology	Foot pressure points	30 Min	Rs.4000
		60 Min	Rs.4500
Back & stress relief massage	Spine-Line	30 Min	Rs.3500
		60 Min	Rs.4500

Taxes extra as applicable on above services

Western

Massage have been known from ancient times for their calming and rejuvenating properties. The major benefits of massage are cellular rejuvenation, lymphatic detoxification and boosting of the immune system.

Swedish	Normal pressure	60 Min	Rs.4800
		90 Min	Rs.6000
Aroma	French, soft & soothing Fragrant oil massage	60 Min	Rs.4500
		90 Min	Rs.5700
Balinese	Originated from Bali Indonesia (combinaton)	60 Min	Rs.4800
		90 Min	Rs.6000
Hot Stone	Volcanic stone	90 Min	Rs.5800
		120 Min	Rs.6800
Thai massage	Originated from Thailand streching & pressure points	90 Min	Rs.5000
		120 Min	Rs.6000
Lea Signature	Ancient Indian deep pressure sports theraphy	90 Min	Rs.7200
		120 Min	Rs.8000
Jet Lag	Therapy designed to help and alleviate the symptoms of jet lag after a long-haul flight	70 Min	Rs.5800
Couple Massage	Blissful togetherness	120 Min	Rs.15600

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Polish, Scrub, and Wrap

Scrubs are helpful in removing all the dead cells from the upper layer of skin to make you feel completely clean and new, it is highly recommended to have a scrub before a massage to derive the maximum benefits of the oil. Wrares are generally given after an exfoliation to make sure that the nutrients and the therapeutic goodness of the wraps is completely soaked by the body.

Himalayan clay body wrap	30 Min	Rs.3000
Marigold & basil scrub	30 Min	Rs.3500
Seasalt & Rose Crystal Scrub	30 Min	Rs.3500

Facials

Our facials are designed with utmost care & are customised to suit your skin type. They not only pamper your delicate skin but also your complete being.

Brightening & Whitening	60 Min	Rs.5700
Deep Cleansing	45 Min	Rs.4500
Combination skin	60 Min	Rs.5000
Lea Signature	70 Min	Rs.6900
Age Miracle	60 Min	Rs.5700
Face Massage	30 Min	Rs.3500
Face Mask	20 Min	Rs.2000



Hair

Hair Cut Female	Rs.2000
Hair Cut Male	Rs.1200
Hair Cut Child	Rs.800
Shampoo & Conditioner Female	Rs.850
Shampoo Male	Rs.400
Blow Dry	Rs.1100
Ironing	Rs.1200
Curling	Rs.1300
Juda Set	Rs.1600

Hair Colour

Touch Up Female	Rs.2500
Touch Up Male	Rs.2000
Global Ladies*	Rs.5000
Highlight/Streaking*	Rs.6000
Rebonding/Straightening*	Rs.6500
Shave	Rs.800

Ritual

Head Massage	30 Min	Rs.3500
Hair Spa		Rs.3250
Hair Treatment	Dry damaged and color treated hair	Rs.4250

Makeup & Beauty

Bridal Makeup	Rs.16000
Pre-Bridal	Rs.16000
Reception Makeup	Rs.10000
Party Makeup	Rs.6000
Eye Makeup	Rs.3000
Wardrobe Assistance	Rs.800

Waxing

Full Legs	Rs.1350
Half Leg	Rs.900
Full Arms	Rs.1200
Half Arms	Rs.900
Under Arms	Rs.700
Bikni	Rs.1200
Brazilian	Rs.3000
Full Body	Rs.6500
Full Back	Rs.1500
Full Front	Rs.1350

Threading

Full Face	Rs.1500
Eyebrows	Rs.400
Upper Lips	Rs.200
Chin	Rs.200
Forehead	Rs.200
Side	Rs.200



Hand & Feet

Pedicure	Rs.2000
Manicure	Rs.1500
French Manicure	Rs.1600
French Pedicure	Rs.2100
French C.O.P	Rs.700
Change of Polish	Rs.500
Nail Cut & File	Rs.700

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NEW DELHI AEROCITY

Asset Area 12, Hospitality District
Aerocity, Delhi International Airport
New Delhi - 110037, India

Contact: +91 11 42222000, Spa Ext.: 690
Spa/Salon Timing ~ 9:00 AM-10:00 PM