



KEEPING YOU GOING ALL DAY!

BREAKFAST MENU

Continental Breakfast 625

Choice of Fresh juice Orange (9 Kcal) / Watermelon (16 Kcal) / Seasonal
Fresh Fruit Platter (four varieties) (90.5 Kcal) Fresh Morning Bakery (choose any three)
Croissant (197.84 Kcal) / Vanilla muffin (470.38 Kcal) / Chocolate muffin (287.1 Kcal) / Chocolate Danish (809.1 Kcal) / Fruit Danish (816.6 Kcal) / Soft roll (178 Kcal) / Hard multigrain roll (114.61 Kcal) / White toast (266 Kcal) / Multigrain toast (178 Kcal) / Baguette (178 Kcal)

Choose Your Condiments

Butter / Mixed Fruit Jam / Peanut Butter / Orange Marmalade / Honey/Margarine

Freshly Brewed Tea or Coffee

English Breakfast / Assam / Darjeeling/Decaffeinated coffee

American Breakfast 625

Please select your choice from continental breakfast plus two Farm Fresh Eggs cooked to your liking Eggs

Three egg omelette (249.08 Kcal) / Boiled (173 Kcal) / Poached (324.91 Kcal) / Scrambled (317.1 Kcal) / Over easy (324.91 Kcal) / Sunny side-up (324.91 Kcal) / Hash brown potatoes (348 Kcal) / Grilled Tomatoes (90 Kcal) / Mushroom (213 Kcal) / Baked Beans (148 Kcal) / Pork Sausages (236.93 Kcal) / Chicken sausages (175.4 Kcal)

For Omelette choose your filling

Onion, tomato, assorted pepper, green chilli, cheese, ham, bacon Served with your choice of Chicken/Hash Brown Potato / Grilled tomatoes / Pork Sausage

Choice of toast (3 pcs)

Choose from White (266 Kcal) / Multigrain (178 Kcal) / Brown bread (256 Kcal)

Choice of Cereal (choose any one)

Com Flakes (114 Kcal) / Muesli (411 Kcal) / Wheat flakes (356 Kcal) / Chocos (116 Kcal) / Bircher muesli (450 Kcal) / Honey loop (178.6 Kcal)

Served with (Hot or cold)

Full cream milk/low-fat milk / soya milk

Regional Indian Breakfast 625

Choice of fresh juice

Watermelon (628 Kcal) / Orange (9 Kcal) / Seasonal fruit

Choice of Lassi

Sweet (226.2 Kcal) / Salted (124 Kcal) / Plain

Seasonal Fresh Fruit platter

(four varieties) (90.5 Kcal)

Choice of Indian Breakfast Specialties

Idli with coconut chutney and sambhar (695.82 Kcal)

Or

Masala Dosa with coconut chutney and sambhar (768.49 Kcal)

Or

Aloo Paratha with Curd Et pickle (215.46 Kcal)

Or

Poori Bhaji (272.463 Kcal)

Freshly Brewed Tea or Coffee

English breakfast / Assam / Darjeeling / Decaffeinated coffee

Healthy Breakfast 625

Choice of fresh juice

Watermelon (628 Kcal) / Orange (9 Kcal) / Seasonal fruit

Seasonal Fresh Fruit Platter

(four varieties) Or

Fresh Lettuce with Vegetables and

Herb Vinaigrette

Choice of Yoghurt

Low fat / Natural / Fruit

Poached Egg (366.41 Kcal) or Steamed Green Vegetable with

Multigrain Bread (178 Kcal)

Served with low-fat butter, honey, and preserves

Tea / Coffee

Green Tea / Decorticated coffee

A LA-CARTE BREAKFAST

Cheese Platter 655

3 types of cheese served with dry fruit and crackers (1405.5 Kcal)

(Cream Cheese (420 Kcal) / Camembert (150.5 Kcal) Emmental (606.8 Kcal)

Cold Cuts 655

Chicken salami / pork ham / pork salami / smoked salmon

FLAVOURS AROUND THE WORLD

- **Healthy Garden Green Salad** (108.38 Kcal) **425**
 Assorted greens with tomatoes, cucumber, peppers, onion, carrot, corn, and sprouts
 Choice of Vinaigrette / Lemon or French Dressing
- ▲ **French Toast** (495.5 Kcal) / **400**
American Pancake (136.84 Kcal) / **400**
Waffle (136.84 Kcal)
 With Maple syrup or Honey, Butter & Berry Compote
- **Gulab Jamun** (638 Kcal) **400**
 Indian sweet delicacy of condensed milk dumplings simmered in sugar syrup
- **Choice of Cereals** **250**
 Corn Flakes (114 Kcal) / Muesli (411 Kcal) / Wheat flakes (356 Kcal) / Chocos (116 Kcal) / Oatmeal Porridge (288 Kcal) / Bircher muesli (450 Kcal)
- ▲ **From the Baker's Oven (choose any five)** **550**
 Croissant (197.84 Kcal) / Vanilla muffin (470.38 Kcal) / Chocolate muffin (287.1 Kcal) / Fruit Danish (816.6 Kcal) / Soft roll (114.61 Kcal) / Hard multigrain roll (178 Kcal) / Multigrain toast (178 Kcal)
- **Choice of toast** (3 pcs) **200**
 Choose from White (266 Kcal) / Multigrain (178 Kcal) / Brown bread (256 Kcal)
- **Choice of Loaf Bread** (5pcs) **200**
- **Gluten Free Bread** (3 slices) **175**
 (32.43 Kcal)
- ▲ **Three Farm Fresh Eggs cooked to Your Liking** **400**
 Three Egg Omelette (249.08 Kcal) / Boiled (173 Kcal) / Poached (366.41 Kcal) / Scrambled (317.1 Kcal) / Over easy (324.91 Kcal) / Sunny side-up (324.91 Kcal) / Hash brown potatoes (348 Kcal) / Grilled Tomatoes (90 Kcal) / Mushroom (213 Kcal) / Baked Beans (148 Kcal) / Bacon / Pork Sausages (236.93 Kcal) / Chicken sausages (175.4 Kcal) / Crispy Bacons (402.84 Kcal)
For Omelettes choose your filling
 Onion, tomato, assorted pepper, green chilli, cheese, ham, crispy bacon Served with the choice of any three Chicken / Pork sausage / Hash Brown Potato / Grilled tomatoes
- **Choice of toast** (3 pcs)
 Choose from White / Multigrain / Brown bread
- **Dosa** **400**
 Crispy thin rice pancakes served with sambhar and coconut chutney
Choice of filling
Plain (254 Kcal)
Masala (281.7 Kcal)
 Coconut chutney & sambhar
 Add on Paneer, coconut chutney & sambhar (653.3 Kcal)
- **Poori Bhaji** (272.463 Kcal) **400**
 Amildly spiced curry served with fried puffed Indian bread 'made from whole wheat
- **Tawa Stuffed Paratha** **400**
 (2 pcs) (215.46 Kcal)
 Unleavened Indian bread made from whole wheat flour, cooked on an iron griddle served with curd and pickle
 Choice of filling (Potato / Cottage cheese / Cauliflower)
- **Idli / Medu Vada** **400**
 (270.8 Kcal)
 Steam rice & lentil dumpling/rice & lentil doughnut with Sambhar, coconut chutney & tomato chutney
- **Seasonal Fresh Fruit Platter** **400**
 (90.5 Kcal)
 4 types of sliced seasonal fruit
- Side dishes**
- **Hash brown potatoes** **180**
 (348 Kcal) / **Grilled Tomatoes** (90 Kcal) / **Mushroom** (213 Kcal) / **Baked Beans** (148 Kcal)
- ▲ **Bacon / Pork Sausages** **205**
 (236.93 Kcal) / **Chicken sausages** (175.4 Kcal) / **Crispy Bacons** (402.84 Kcal)
- **Milk** (Full cream / Low fat / Soya) **175**
- **Yoghurt** **250**
 Low fat / Strawberry / Natural / Unsweetened
- **Choice of Compote** **250**
 Pineapple / Berry (124 Kcal) / Mix fruit
Choose your condiments
 Tomato ketchup / Mustard / Mayonnaise / Tabasco sauce

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BEVERAGES

Cold	
<ul style="list-style-type: none"> ■ Seasonal Fresh Juice 350 Orange / Pineapple / Watermelon / Sweetlime ■ Preserved Juice 200 Apple / Tomato / Orange / Guava / Mango ■ Smoothie ^① 250 Chocolate / Banana / Mango ■ Lassi / Milkshake / Chaas 250 ■ Cold Coffee ^① 250 	
Hot	
<ul style="list-style-type: none"> ■ Selection of Tea 275 English Breakfast / Assam / Green Tea / Chamomile / Earl Grey / Readymade Indian tea / Masala tea ■ Selection of Coffee 275 Cappuccino Espresso Café latte Black coffee Decaffeinated ■ Bournvita / Horlicks / Hot Chocolate 275 	

SALADS

<ul style="list-style-type: none"> ■ Garden Green Salad (tossed) (108.38Kcal) ^① 495 Mesclun mix, peppers, tomato, red onion, cucumber, olives, Vinaigrette dressing ■ Aloo Papdi Chaat (392.3Kcal) ^⑧ 450 A local street side specialty, tangy potatoes on crispy flour discs ■ Classic Caesar Salad (388.26Kcal) ^{⑧ ①} 575 Crispy Iceberg lettuce in classical Caesar dressing (contains bacon bits and anchovy fish) With choice of <ul style="list-style-type: none"> ▲ Chicken (362.38 Kcal) 575 ▲ Prawns (350.38 Kcal) 685 ■ Som tam (177.88Kcal) ^⑤ 495 Salad of raw papaya, carrots, beans and peanuts with Thai chilli, jaggery and tamarind emulsion 	
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SOUPS

<ul style="list-style-type: none"> ■ Cream of Mushroom Soup (114.987Kcal) ^{① ②} 495 ■ Roasted Tomato With Basil Oil (112.586Kcal) ^① 495 	
Clear Soup Aromatic Oriental flavored broth	
<ul style="list-style-type: none"> ■ Vegetable (43.13Kcal) 495 ▲ Chicken (94.61 Kcal) 525 ▲ Prawn (79.28Kcal) ^⑧ 550 	
Manchow Soup Asian style thick soup with soya and coriander served with fried noodles	
<ul style="list-style-type: none"> ■ Vegetable (57.73Kcal) ^⑧ 495 ▲ Chicken (63.815Kcal) ^{① ②} 525 ▲ Prawn (57.815Kcal) ^{① ② ⑧} 550 	

APPETIZERS (11.00 HRS TO 00.00 HRS)

<ul style="list-style-type: none"> ■ Paneer 65 (380.41Kcal) ^{⑤ ①} 775 Andhra style batter-fried cottage cheese, tossed with yoghurt, curry leaf, red chilli and mustard seeds ■ Spring Rolls (80.943Kcal) ^{⑧ ⑨} 685 Stir fried vegetables, Chinese filo, light soya sauce, sriracha chilli sauce ■ Hummus with Pita ^⑤ 500 (467.03Kcal) Hummus, grilled pita bread, marinated olives ▲ Crispy Garlic Prawns ^{⑧ ⑨ ⑩} (190.49Kcal) Crispy prawns tossed with golden garlic and chillies Jumbo sized prawns 1250 Medium sized prawns 925 ▲ Panko Crusted Fish Fingers (274.697Kcal) ^{① ② ③ ④} 775 Served with tartar sauce ▲ Kung Pao Chicken ^{⑤ ⑥} (198.033Kcal) 885 Crispy fried chicken tossed with light soya sauce, rice wine, ginger, red chilli and peanuts ▲ Chapli Kebab ^{① ②} (340.944Kcal) 895 Hyderabad specialty of flattened minced lamb kebabs cooked on the griddle 	
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*NOTICE: Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Adults need around **2,000 kcal** a day.

FLAVOURS
AROUND
THE WORLD

TANDOOR (12.00 TO 15.00 HRS & 19.00 TO 23.00 HRS)

- ▣ **Subz Tandoori Salad** ① **695**
(186.297Kcal)
Garden fresh vegetables, peppers & pineapple, coated with light tandoori masala , char grilled in the clay oven
- ▣ **Paneer Tikka Pudhina /** ① **775**
(437.924Kcal)
Lal Mirch / Malai
Cottage cheese marinated with hung yoghurt, cooked in clay oven Choose from different flavours-mint/red chilli/creamy
- ▣ **Vegetable Gilafi Seekh** (148.514Kcal)① **685**
Minced vegetables with coloured peppers cooked on a skewer in the clay oven
- ▣ **Chicken Tikka** (217.584Kcal)① **895**
Marinated chicken with hung yoghurt and spices cooked in clay oven

Choose from Malai/Achari Cream cheese/pickled spices
- ▣ **Lamb Seekh Kebab** ① **900**
(311 014Kcal)
Triple minced lamb, roasted whole spices, mint chutney and spices cooked in clay oven
- ▣ **Tandoori Kukkad** ① **925**
(19.907Kcal)
Half a spring chicken(on bone) marinated with hung yoghurt, tandoori masala and cooked in the tandoor
- ▣ **Kasundi Malai]hinga** ①② **1250**
(189.554Kcal)
Jumbo prawns, marinated with mustard pickle and cream cooked in the clay oven
- ▣ **Ajwaini Tandoori** ①② **1250**
Pomfret (275.623Kcal)
(only on availability)
Whole pomfret, marinated with mild spices and flavoured with carom seeds

SANDWICHES, BURGERS & MORE (11.00 HRS TO 00.00 HRS)

(all sandwiches and burgers are served with pickled vegetables and fries)

The Do-It-Yourself Sandwich Board select from Plain/Toasted/Grilled

Choice of freshly baked (white, whole wheat, multigrain)

- ▣ **Tomato & cheese** (327.3Kcal) ①② **650**
- ▣ **Creamy chicken mayo** (249.745Kcal)①② **775**
- ▣ **Ham & cheese** (361.865Kcal) ①② **775**
- ▣ **Saptami Veg Club Sandwich** (274.865Kcal)①②③ **775**
Sliced tomato, cucumber, masala potatoes, chutney, lettuce, and cheese
- ▣ **The Saptami Club Sandwich** (370.646Kcal)①② **885**
Grilled chicken, pork bacon, tomato, fried egg, lettuce a cheese
- ▣ **Veggie Burger** (299.825Kcal) ①② **775**
Panko crusted vegetable patties in sesame bun topped with jalapeno and cheese
- ▣ **Chicken Burger** (328.069Kcal) ①②③ **885**
Home- made chicken patty, lettuce, topped with melted cheese
- ▣ **Lamb Burger** (324.01Kcal) ①②③ **900**
With tomato, lettuce, topped with bacon a cheese
Choose your condiments
Tomato ketchup, HP sauce, Mustard, Mayonnaise, Tobasco sauce, Chilli sauce
- Kathi Roll** (255.74)②
Indian style wraps with choice of filling, served with mint sauce, house salad and french fries
- ▣ **Paneer (cottage cheese)** ① **775**
- ▣ **Chicken** **885**

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MAINS WESTERN

▲ Fish n Chips (361.445Kcal) ① ② ③	850
Crumb fried fish fillet, tartar sauce, crispy fries	
▲ Grilled Pink Salmon (261.282Kcal) ① ② ③	1625
With seasonal grilled vegetables, potato mash, lemon parsley butter	
▲ Chicken Rosemary (291.882Kcal) ① ② ③	895
Grilled to perfection chicken breast, garlic potato mash, seasonal grilled vegetables and rosemary jus	
▲ New Zealand Lamb Chops (414.262Kcal) ① ② ③	2450
Lamb chops grilled to perfection and served with thyme red wine jus sauce, garlic mash and seasonal grilled vegetables	
Choice of Pasta Penne Arrabiata (448.716Kcal) ① ② ③	825
Penne tossed with spicy tomato basil sauce, served with garlic toast	
■ Penne Alfredo (491.506Kcal) ① ② ③	825
Penne tossed with cheese sauce and herbs	
With Chicken (65.48Kcal) ①	895
Risotto (Creamy Arborio rice cooked to your choice)	875
■ Mushroom ① ② (396.046Kcal)	
▲ Chicken and aragula (10.9 Kcal) ① ② ③	
▲ Seafood ① ② (With calamari, shrimps, basa and salmon)	
Pizza (222 Kcals) 10" freshly baked pizza with tomato sauce and mozzarella cheese Choose any four toppings	800
▲ Chicken Salami/roasted chicken /(100.8Kcal) ① ② ③ (43.6Kcal)	
chicken tikka/pepperoni (43.9Kcal) (148.2Kcal)	
■ Onions/artichoke/mushrooms/American (15 kcal) (23.7Kcal) corn/ ① ② ③ (37.5Kcal)	
tomato/olives/paneer tikka dices(12.9Kcal) (6Kcal) (23.2Kcal) (61Kcal)	

ASIAN

Stir Fry With your choice of hot garlic sauce / Ginger spring onion (98.82Kcal) / Schezwan (109.61Kcal) / Black bean sauce (107.37Kcal) Chilli basil (107.19Kcal)	
■ Seasonal vegetables (98.82Kcal)	750
■ Tofu,spring onion & pakchoi (15.2Kcal)	750
■ Paneer and coloured peppers (296Kcal)	750
▲ Chicken (163.5Kcal)	895
▲ Fish (Basa) (216Kcal)	895
▲ Prawn (133.5Kcal)	895
Green Thai Curry (238.2Kcal) Fiery coconut based curry with aubergine, lemongrass and galangal served with steam rice	
■ Asian vegetables (238.2Kcal) ③	875
▲ Fish (115.2Kcal) ③	895
▲ Chicken (87.2Kcal) ③	895
▲ Prawns (71.2Kcal) ③	1050
▲ Nasi Goreng (405.613Kcal) ① ② ③ ④ ⑤ Chilli fried rice, chicken satay, fried egg and prawn crackers	895

INDIAN (11.00 HRS TO 00.00 HRS)

■ Paneer Aap ki Pasand ① ② ③ Lababdar/Makhani/Kadai (465.71 Kcal)/(465.71 Kcal)/(390.43Kcal) Creamy cottage cheese in your choice of sauce velvety onion-tomato gravy/rich tomato gravy/with onions, capsicum and coarse spices	885
■ Subz Aap ki Pasand ① ② ③ Choose from Miloni handi/Kolhapuri/Masala (297Kcal)/(174.58Kcal) With creamy spinach gravy/Spicy coconut gravy/onion tomato masala	825
▲ Goan Curry Red chillies, coconut gravy, Goan spices, served with steamed rice Pomfret Prawn	1050 1050

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FLAVOURS AROUND THE WORLD

- ▲ **Murg Aap ki Pasand** (363.866Kcal) **985**
 Choose from Makhni/Handi/Do Pyaza
 Chicken in piquant tomato gravy/cooked with Indian spices in yellow gravy/cooked with robust spices, and onions

- ▲ **Gosht Aap ki Pasand** (435.455, 389.5, 264.2Kcal) **1050**
 Choose from Roganjosh/Pepper fry/Tarivala
 Kashmiri lamb speciality, lamb cooked in red chilli paste, onions and yoghurt/Semi-dry preparation of lamb, tossed with dry coconut and onion masala/Simple home-style preparations

- TawaBiryani**
 Choose from
 - **Vegetables** (188.585Kcal) **885**
 - ▲ **Chicken** (358.4Kcal) **1050**
 - ▲ **Mutton** (460.4Kcal) **1150**

- **Dal Makhani** (503.193Kcal) **630**
 Black dal cooked over night, finished generously with tomatoes, butter and cream

- **Yellow Dal Tadka** (403.14Kcal) **500**
 Yellow lentil tempered with garlic, cumin, onions and chillies

- **Khichdi** (221.71Kcal) **500**
 Mushy rice and lentil tempered with cumin, turmeric, and ghee

- **Pulao** (265.34Kcal) **525**
 Aromatic basmati rice cooked to your choice jeera / vegetables / saffron / dry fruits

- **Steamed Rice** (346Kcal) **425**

- **Curd Rice** (155.98Kcal) **450**

TANDOORI INDIAN

(12.00 TO 15.00 HRS ET 19.00 TO 23.00 HRS)

- **Roti** (104.4Kcal) **150**
- **Naan** (107.8Kcal) **150**
- **Garlic/Butter Naan** (2.9Kcal)/(14.6Kcal) **150**
- **Paneer Kulcha** (5.9Kcal) **150**
- **Paratha** (186.4Kcal) **150**

SIDES

- **French Fries** (144.72Kcal) **355**
- **Green Salad** (108.38Kcal) **495**
- **Sauteed Vegetables** (90Kcal) **375**
- **Asian Wok Tossed Vegetables** (93.42Kcal) **375**

DESSERTS

- **Baked Cheesecake** (Classic cheese cake with blueberry compote) **375**
- ▲ **Black Forest** (Dark German cherries, generously sandwiched between dark chocolate sponge drizzled with rum) **375**
- **Kulfi Falooda** (Condensed milk ice cream, milk, rose syrup, vermicelli, nuts) **375**
- **Gulab Jamun** (Indian sweet delicacy of condensed milk dumplings simmered in sugar syrup) **375**
- **Fresh Fruit Platter** (Selection of fresh seasonal fruits) **375**
- **Selection of Ice-creams** (Choice of 3 scoops Vanilla/Strawberry/Chocolate) **375**
- **Dark Chocolate Brownie with Vanilla Ice Cream** **375**

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BEVERAGES

▣ Seasonal Fresh Juice	350	Hot	
Orange/Pineapple/Watermelon/ Sweetlime/Carrot			
▣ Chilled Juice	200	▣ Selection of Tea	300
Apple/Tomato/Orange/Guava/Mango/ Cranberry(42Kcal)/(28Kcal)/(50Kcal)/ (57Kcal)/(61Kcal)/(57Kcal)		English Breakfast/Assam/Green Tea/Chamomile/ Earl Grey/Readymade Indian Tea/Masala Chai	
▣ Smoothie ⓘ	250	▣ Selection of Coffee	300
Choice of banana or mango (142.9Kcal)/(103.9Kcal)		Cappuccino Café latte Espresso Black coffee (serves two)	
▣ Lassi /Chaas (226.2Kcal)/ⓘ	250	▣ Bournvita/Horlicks/ Hot Chocolate ⓘ	300
(124Kcal)			
▣ Blended Milkshakes ⓘ	250		
Chocolate/StrawberryVanilla (194.3Kcal)/(130.7Kcal)/(70Kcal)			
▣ Cold Coffee (63Kcal) ⓘ ⓘ	250		
Milk	175		
Hot or cold Full cream milk/low fat milk/soya milk (34.4Kcal)			
▣ Aerated Beverages	225		
Soda (0Kcal) Coke/Pepsi (44Kcal) Diet Coke/Diet Pepsi (43Kcal) Tonic Water (32Kcal) Flavoured Soda (Mirinda/7up)			
▣ Iced Tea	250		
Choice of lemon, earl grey or fresh mint			
▣ Fresh lime Soda or Water (59Kcal)	250		
Sparkling water			
Perrier 750 ml	350		
Perrier 330ml	200		
Natural Mineral water	249/149		
1000 ml/500 ml			

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Operation hours:
Mon to Fri 06:30 am – 11:30 pm

Breakfast Menu Timing:
6:30 am to 11:00 am

Holiday Inn[®]

— BY IHG —

MUMBAI
INTERNATIONAL AIRPORT