

KEMS RESTAURANT & BAR



BREAKFAST MENU



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start
fresh
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SPECIALTIES

GRILLED AVOCADO AND TOMATO PANINI 8.5

Grilled tomatoes layered on multigrain bread with avocado and topped with pepper jack cheese. 1050 CAL

MORNING BREAKFAST BURRITO* 9.5

Two eggs scrambled with onion, peppers, bacon, crisp potatoes and shredded cheese stuffed into a warm flour tortilla. 1280 CAL

ALL-AMERICAN SKILLET* 10.5

Two eggs any style, breakfast potatoes with bits of bacon, sausage, ham, mushrooms, peppers and onion. 1010 CAL

STEAK AND EGGS* 14

A 5 oz. Top Sirloin, cooked to order, with two eggs prepared any style. 930 CAL

HAM AND EGGS* 11

A 5 oz. grilled ham steak served with two eggs any style. 720 CAL

PANCAKES 7.5

Griddled pancakes topped with butter and served with warm syrup. 1300 CAL Add blueberries for \$2 more! 1350 CAL

TRADITIONAL FRENCH TOAST* 7.5

Two slices of thick cut bread battered and grilled to a golden brown. 670 CAL

BISCUITS AND GRAVY* 7.5

Freshly baked biscuit topped with sausage gravy and served with two eggs cooked to order and choice of meat. 860 CAL

TEXAS TOAST SANDWICH* 9.50

Scrambled Eggs, American cheese, choice of meat served on Texas toast and Tater Tots 1000 CAL

HOTEL FAVORITES

INNJOYABLE BREAKFAST* 8.5

Two eggs any style served with breakfast potatoes, choice of meat and toast. 870 CAL

SLIDER TRIO* 10

One of each bacon-sausage-ham slider, topped with fluffy scrambled eggs and Cheddar cheese served with breakfast potatoes. 1180 CAL

TAILOR MADE 3 EGG OMELET* 9.5

Made with your choice of sausage, ham, bacon, Cheddar cheese, Swiss cheese, peppers, onions, tomatoes, mushrooms, spinach served with breakfast potatoes and toast. 640+ CAL

START FRESH WRAP* 8.5

Egg whites scrambled with mushrooms, spinach, onions, and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. 820 CAL

MALTED MINI WAFFLES 8

Crispy waffles served with berries, whipped cream and warm syrup. 1010 CAL

BUILD YOUR PERFECT BREAKFAST* 9.5

Choose your eggs, meat and a side. Perfect! 560+ CAL

ROOM SERVICE - Dial Extension: 601

18% gratuity charge and applicable sales tax will be added to the price of all items. Delivery charges \$0

BREAKFAST SERVED

6 AM - 9.30 AM WEEKDAYS

6 AM - 10.30 AM WEEKENDS

SIDES

FRUIT	100 CAL	4
BACON*	160 CAL	4
SAUSAGE*	360 CAL	4
TOAST	120 CAL	3
BREAKFAST POTATOES	290 CAL	3.5
YOGURT	150 CAL	3.5
SHORT STACK OF PANCAKES	650 CAL	4
OATMEAL	450 CAL	5

BEVERAGES

COFFEE	0 CAL	3
JUICE	110 CAL	3
TEA	0 CAL	3
MILK	80-150 CAL	3
ASSORTED SOFT DRINKS	0-160 CAL	3

2,000 calories a day is used for general nutritional advice, but calorie needs vary.
Additional nutrition information available upon request.

*Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. FOR PARTIES OF 5 OR MORE, 18% GRATUITY AND \$0 DELIVERY CHARGE WILL BE AUTOMATICALLY ADDED TO THE BILL

KEMS RESTAURANT & BAR

APPETIZERS

BUFFALO WINGS * 10

Flash-crisped and sauce slathered. With carrot and celery sticks. Buffalo, Coca-Cola BBQ or Honey Sriracha. 1590 CAL

CHICKEN STRIPS 9

Tender chicken breast battered and fried to a golden brown. Served with your choice of honey mustard or barbecue sauce and house made pub chips. 980 CAL

FISH TACOS * 14

Grilled fish, shredded cabbage, fresh Pico de Gallo and a zesty cilantro lime sauce served on warm flour tortillas. 820 CAL

QUESADILLA * 8

Peppers, onions and a blend of cheeses grilled in a buttery tortilla. Served with salsa and sour cream. 1000CAL Add grilled chicken \$3. 1120CAL Add steak \$6. 1305CAL Add shrimp \$7. 1090CAL

SLIDERS * 10

Three mini burgers topped with crisp bacon, Cheddar cheese and a side of our house made pub chips. 1340 CAL

FIRECRACKER SHRIMP* 13

Jumbo shrimp lightly breaded and tossed in a red chili sauce that pops with sweet Asian heat. 850 CAL

HUMMUS & PITA 9

Blended chickpeas seasoned with sea salt, lemon and topped with pesto. Served with warm pita wedges, crisp vegetables, crumbled feta and green olives. 1650 CAL

SPINACH & ARTICHOKE DIP 9

A creamy blend of cheeses, spinach and artichokes served warm with crisp tortilla chips. 720 CAL

BUFFALO CHICKEN SLIDERS 10

Three bite-sized Buffalo chicken sandwiches with blue cheese, lettuce, tomato and house made pub chips. 1000 CAL

STACK OF CHILI NACHOS * 10

Zesty chili topped nachos, , pico de gallo, drizzle of sour cream & shredded Cheddar cheese served with salsa 850 CAL

BURGERS & SANDWICHES

All of our burgers are served with lettuce, tomato, red onion and your choice of one side.

CLASSIC BURGER *11

8 ozs. of char-broiled Angus, seasoned and topped with your choice of cheese. 680 CAL

BBQ BACON CHEDDAR BURGER *14

8 ozs. of char-broiled Angus, seasoned and topped with barbecue sauce, crisp bacon and melted Cheddar. 1380 CAL

BUILD YOUR OWN BURGER *12

8 ozs. of char-broiled Angus topped with your choice of the following toppings, Cheddar, Swiss, or Pepper Jack cheese, grilled onions sautéed mushrooms, jalapeno peppers, Pico de Gallo. Add bacon for an additional \$2. 770+ CAL

TUSCAN CHICKEN SANDWICH.....14

Marinated chicken breast, grilled with Provolone, roasted red pepper, crisp greens and sliced tomato. Served on a grilled Ciabatta with pesto mayonnaise. 1140 CAL

BLT CLUB WRAP *13

Shaved turkey, ham, bacon, lettuce, tomato, Swiss and Cheddar cheese wrapped in a flour tortilla. 1300 CAL

GRILLED SALMON BLT*.....15

A maple-glazed salmon fillet, seasoned and served on a grilled Ciabatta roll with Dijon mustard, thick cut bacon, lettuce and tomato. 1100 CAL

BEAR BURGER *13

8 oz of char- broiled Angus, seasoned & topped with one egg, fresh grilled jalapeno and Pepper Jack cheese 695 CAL

SALADS

CAESAR SALAD.....9

Crisp romaine lettuce, shaved Parmesan cheese and croutons tossed in Caesar dressing and served with grilled Ciabatta. 650 CAL Add grilled chicken \$6. 770 CAL Add steak \$12. 955CAL Add shrimp \$13. 740 CAL

GRILLED SIRLOIN SALAD *15

Sliced grilled sirloin served over mixed greens tossed with balsamic vinaigrette. Topped with blue cheese, tomatoes, red onion and served with grilled Ciabatta. 530 CAL

COBB SALAD.....13

Mixed greens, grilled chicken, bacon, tomato, cucumber, red onion, chopped egg, crumbled blue cheese. 670 CAL

MARKET SALAD.....12

Mixed greens lightly tossed with Mandarin oranges, fresh strawberries, grapes, toasted pecans and raspberry vinaigrette. Topped with crumbled feta and served with grilled Ciabatta. 490 CAL

ENTREES

Most of our Entrees are served with your choice of two sides; Pasta dishes are served with side salad.

CITRUS GRILLED SALMON*.....17

A grilled fillet of salmon finished in a citrus, white wine butter sauce. 610 CAL

MONTEREY GRILLED CHICKEN.....13

Tender grilled chicken breast topped with barbecue sauce, diced tomatoes, crisp bacon and Monterey Jack cheese. 550 CAL

CHICKEN FRIED STEAK *14

Hearty steak fritter, deep fried to a crispy golden brown, topped with country gravy 975 CAL

SRIRACHA SIRLOIN*.....23

A center cut, choice Top Sirloin grilled and topped with a Sriracha glaze. 890 CAL

RIBEYE*.....27

A 12 oz. ribeye steak seasoned and grilled to order. Topped with whiskey au jus or savory blue cheese. 960 CAL

ALFREDO PENNE PASTA.....11

Creamy Alfredo penne with roasted garlic, mushrooms, charred tomatoes and served with grilled Ciabatta 750 CAL

4-CHEESE PIZZA.....15

Rich tomato sauce, Mozzarella, Cheddar, Provolone and Parmesan on oven baked crust 1550 CAL

CATFISH & CHIPS *13

Fried cat fish served with hush-puppies, house fries and tarter sauce 800 CAL

DRINKS

COFFEE 0 CAL

TEA 0 CAL

MILK 150 CAL

ASSORTED SOFT DRINKS 0-160 CAL

DESSERTS

NY CHEESECAKE 800 CAL

BROWNIE SUNDAE 1010 CAL

ICE CREAM 510 CAL

COOKIES AND CREAM 1310 CAL

SIDES

FRENCH FRIES 280 CAL

RICE PILAF 210 CAL

PUB CHIPS 540 CAL

SEASONAL VEGETABLES 30 CAL

RED SKIN

MASHED POTATOES 200 CAL

ONION RINGS 600 CAL

SIDE SALAD 150 CAL

➔ ROOM SERVICE - Dial Ext: 601

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will be added to the price of all items.

Delivery charges \$0

DINNER SERVED

5:00 PM -9:30 PM WEEKDAYS

5:00 PM -10:00 PM WEEKENDS

 **Holiday Inn**
AN IHG® HOTEL

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WINE

WHITES

Pinot Grigio
DANZANTE, ITALY

8

24

Chardonnay
CANYON ROAD, CALIFORNIA

5.50

17

Chardonnay
KENDALL-JACKSON,
CALIFORNIA

10

29

Sauvignon Blanc
MATUA, NEW ZEALAND

9

27

Riesling
CHATEAU STE. MICHELLE,
WASHINGTON

6

16

White Zinfandel
BERINGER, CALIFORNIA

6

16

REDS

Pinot Noir
MONTEREY VINEYARDS,
CALIFORNIA

12

35

Merlot
CANYON ROAD, CALIFORNIA

5.50

17

Merlot
RODNEY STRONG, CALIFORNIA

8

25

Cabernet Sauvignon
CANYON ROAD, CALIFORNIA

5.50

17

Cabernet Sauvignon
KENDALL-JACKSON,
CALIFORNIA

16

45

Red Blend
14 HANDS STAMPEDE,
WASHINGTON

9

27

COCKTAIL DRINKS

APPLETINI.....9

Absolut Citron, DeKuyper Sour Apple Pucker, orange
liqueur and fresh lemon sour mix.

BLOODY MARY.....9

Smirnoff vodka and our zippy Bloody Mary mix.

CLASSIC MARTINI.....9

Smirnoff vodka or Beefeater gin, a splash of M & R dry
vermouth - olive or lemon twist.

COSMOPOLITAN.....9

Absolut Citron vodka, Cointreau, cranberry and fresh
lime juice.

HOLIDAY INN ICED TEA.....10

Vodka, gin, white rum, Blanco Tequila, orange liqueur,
fresh lemon sour, cranberry juice and Sprite.

LYNCHBURG LEMONADE.....9

Jack Daniel's, orange liqueur, Sprite and fresh lemon.

MANHATTAN.....9

Jim Beam Kentucky Straight Bourbon Whiskey, sweet
vermouth, Angostura bitters.

Maker's Mark \$6 more.

MOSCOW MULE.....9

Smirnoff vodka, ginger beer and fresh lime over ice.

BEER

CRAFT

Blue Moon 5

Goose Island
IPA 5

Sam Adams 5

Sam Adams
Seasonal 5

Leinenkugel
Seasonal 5

Angry Orchard
Cider 5

IMPORTS

Corona Extra 5

Heineken 5

Stella Artois 5

Guinness 5

Corona Premier 5

Heineken 5

DOMESTIC

Bud Light 4

Budweiser 4

Coors Light 4

Miller Lite 4

Michelob Ultra 4.50

Dos Equis 5

DRAFTS

Bud Light 4

Miller Lite 4

Shiner Bock 4.50

Bridge St.Wit 5.50

Miller Lite 4

Bridge St. Wit 5.50