






BREAKFAST

Served from 6:30AM to 10:30AM on weekdays, 7:00AM to 11:30AM on weekends



CLASSICS

CONTINENTAL   18,50
Choice of breakfast pastry, yogurt, and fruit salad

MORNING DELIGHT   22,25
Cottage cheese, fruit salad, grilled sesame bagel and smoothie

HEALTHY  22,00
Egg white omelette served with fruit salad and smoothie
*Add any toppings (Mushroom, spinach, onions, peppers, tomatoes, or cheddar) 2,50/each

BREAKFAST CLUB SANDWICH   21,50
egg, cheese, bacon, tomato with mayo and breakfast potatoes

EGGS  
1 egg served with breakfast potatoes and toast 15,50
2 eggs served with breakfast potatoes and toast 16,75

EXTRAS


Baked beans 1,50
1 egg 2,25
2 eggs 4,00
Bacon, sausage, or ham (1 portion) 5,00


OMELETTES

***All our omelettes are served with juice, breakfast potatoes and toast**




VEGETARIAN 21,00
Tomatoes, onions, mushrooms, spinach

CHEESE  23,50
Cheddar, and Swiss cheese

WESTERN  24,50
Bacon, tomatoes, onions, cheddar cheese


MUSHROOM  22,00
Mushrooms, and Swiss cheese

ORIGINAL

AVOCADO TOAST    19,00
Smoked salmon, poached egg, red onion, capers, spicy Mayonnaise and fruits salad

BAGELS

Sesame seed or plain bagel with cream cheese served with fruit salad 13,95

Sesame seed or plain bagel with cream cheese, smoked Salmon, capers and onions served with fruit salad  25,00

EGGS BENEDICT

***Two poached eggs served on English muffin, hollandaise sauce, served with juice and breakfast potatoes**

Black Forest ham and Swiss cheese 28,00



Smoked salmon and chives  33,00

PANCAKES, FRENCH TOAST OR WAFFLES

Maple syrup, whipped cream and field berries 17,50

Bananas, Nutella, and whipped cream 17,50

EXTRAS

Pancake, French toast, or waffle (1 portion) 5,25
Yogurt parfait  6,50
Fruits salad 6,50
Gâteau aux carottes  6,75

BEVERAGES

Bottled water Naya 600ml 2,00

San Pellegrino (sparkling) or Aqua Panna (still) 500 ml 4,00

Juice (Orange, grapefruit, cranberry, or apple) 180 ml 2,25

Juice (Orange, grapefruit, cranberry, or apple) 300 ml 4,50

Fruit smoothie 7,75

Brewed coffee, tea, or herbal tea 4,00

Espresso 3,00

Chocolat chaud 5,25

Cappuccino 5,25

Café au lait 4,95

Soft Drinks 3,25

					
Dairy	Gluten	Sesame	Eggs	Nuts	Fish





***Prices do not include taxes or gratuities.
15% service charge will be added to all groups of 8 or more, one check or separate checks**

DINNER





OPEN from 5 :00PM to 10 :00PM




TO SHARE

 TRIO OF NUTS Pistachio, roasted almonds, and cashews	17,95
 ANTIPASTO bocconcini and cherry tomatoes skewer, Salami and Parma ham and a bowl of marinated olives	19,75
 TACOS ground beef and red beans, coriander, red onions, sour cream, cheddar cheese	19,75
 NACHOS corn chips, ground beef and red beans, tomatoes, coriander, red onions, mozzarella cheese with guacamole and salsa sauce	19,75

APPETIZERS

 SOUP OF THE DAY from the Chefs cauldron	9,95
 FRENCH ONION SOUP with toasted crouton and grated cheese 	12,95
 BRUSCHETTA tomatoes, basil, red onions, lemon, olive oil	13,50
HOUSE GREEN SALAD Boston lettuce, cherry tomatoes, cucumber and house dressing	12,00
 WALDOF SALAD Mixed mesclun, green apple, red grape, celery, red onions, pecans and house dressing	16,50
 CEASAR SALAD Romaine lettuce, seasoned croutons, Bacon and parmesan, ceasar dressing	18,00
 POUTINE fries with cheese curds and poutine sauce with Rosemary	15,75
 CHICKEN WINGS (6) choice of homemade Ranch, Chipotle mayonnaise or BBQ sauce	20,00

 CHEESES MADE IN QUEBEC assorted cheeses, nuts, onion and Port confit	21,50
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Extra

CHICKEN BREAST	8,95
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PIZZAS











MARGHARITA tomato sauce with fresh basil and fresh Mozzarella	21,60
PEPPERONI homemade pizza dough with tomato sauce, pepperoni, Mozzarella	21,50
CHEESE homemade pizza dough with tomato sauce and cheese	23,00
* Add any toppings (mushrooms, spinach, Kalamata olives, cherry tomatoes, roquette)	2,50/each

Our prices are in CAD and do not include taxes and service, .15% service charge will be added to all groups of 8 or more, one check or separate check




PASTA

PENNE BOLOGNAISE meat sauce	19,95
CHEESE STUFFED MANICOTTI au gratin	21,00
LINGUINE CARBONARA with cream, parmesan cheese, bacon	20,00
CANNELLONI with beef, tomato sauce	21,00

MAINS

CLUB SANDWICH choice of bread, Swiss cheese, chicken, mayonnaise, bacon, tomato and lettuce with fries or salad 	25,95
HAMBURGER CLASSIC brioche bun, house sauce, 7oz beef patty, lettuce, tomatoes, onions with fries or salad	27,00 
CHEESEBURGER as above with Swiss cheese	+4,00 
'BEYOND MEAT BURGER' vegetarian patty and classic garnish 	+4,00
BABY BACK RIBS FROM QUEBEC with fries and BBQ sauce $\frac{1}{2}$ rack	27,00 
Full Rack	38,00
CHICKEN BREAST with pesto, Linguini, Parmesan cheese 	29,00 
ATLANTIC SALMON 8oz grilled with lemon sauce and sundried tomato, Basmati rice, fresh market vegetables	39,95 
BEEF BAVETTE 8oz, marinated with fine herb butter and shallot sauce served with fries or salad	39,95 
STRIPLOIN STEAK 10oz, red Porto sauce with fries or vegetables 	42,50

DESSERT

CHOCOLATE CAKE	10,75 
CHEESECAKE with homemade strawberry coulis	13,50 
DESSERT OF THE DAY	9,95
FRESH FRUIT SALAD	6,75 

BEVERAGES

Bottled water Naya 600ml	2,00
Soft drinks	3,25
San Pellegrino (sparkling) or Aqua Panna (still) 500 ml	4,00
San Pellegrino (sparkling) or Aqua Panna (still) 750 ml	8,00
Coffee, tea, or herbal tea	4,00

						
Dairy	Gluten	Sesame	Eggs	Nuts	Fish	Mustard