# ACADIAN BAR & GRILL



### **BREAKFAST MENU**



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#### **SPECIALTIES**

| PANCAKES  | 7.50  |
|---|-------|
| SUNRISE SANDWICH*   |       |
| TRADITIONAL FRENCH TOAST* Two slices of thick cut bread battered and grilled to a golden brown. 670 CAL                                     | 7.50  |
| BISCUITS AND GRAVY*   | 7.50  |
| EGGS BENEDICT*  A timeless classic of two poached eggs and Canadian bacon atop ar English muffin and topped with Hollandaise sauce. 900 CAL |       |
| HAM AND EGGS*  A 5 oz. grilled ham steak served with two eggs any style. 720 CAL  | 11.00 |

#### HOTEL FAVORITES

fluffy scrambled eggs and Cheddar cheese served with breakfast potatoes. 1180 CAL

TAILOR MADE 3 EGG OMELET\*.....9.50

Made with your choice of sausage, ham or bacon, Cheddar or Swiss cheese, and peppers, onions, tomatoes, mushrooms, spinach served with breakfast potatoes and toast. 640+ CAL

START FRESH WRAP\*......8.50

Egg whites scrambled with mushrooms, spinach, onions, and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit.  $820\ CAL$ 

MALTED MINI WAFFLES......8.00

Crispy waffles served with berries, whipped cream and warm syrup. 1010 CAL

BUILD YOUR PERFECT BREAKFAST\*......9.50

Choose your eggs, meat and a side. Perfect! 560+ CAL

#### ROOM SERVICE - Dial Extension: 163

18% gratuity charge and applicable sales tax will be added to the price of all items. Delivery charges \$3

BREAKFAST SERVED
6 AM TILL 9:30 AM WEEKDAYS
7 AM TILL 10:30 AM WEEKENDS

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#### SIDES

#### FRUIT 100 CAL 4.00 BACON\* 160 CAL 4.00 SAUSAGE\* 360 CAL 4.00 TOAST 120 CAL 3.00 BREAKFAST POTATOES 3.50 290 CAL YOGURT 150 CAL 3.50 EXTRA EGG\* 90 CAL 3.00 TURKEY BACON\* 130 CAL 4.00

#### **BEVERAGES**

| COFFEE 0 CAL         | 2.5 |
|----------------------|-----|
| JUICE 110 CAL        | 3   |
| TEA 0 CAL            | 2.5 |
| MILK 80-150 CAL      | 2.5 |
| ASSORTED SOFT DRINKS | 2.5 |
| 0-160 CAL            |     |
|                      |     |

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Additional nutrition information available upon request.