THE J BAR

SHAREABLES

PORK DUMPLINGS - 13

Spicy Lemongrass Sauce, Peanut Slaw, Crispy Skirt

JALAPEÑO FONDUE - 12

Deep Fried Pretzels, Jalapeño Beer Cheese, Maple Salt, Cheddar, Bacon

ONION RINGS - 13

Barbeque Dry Rub, Avocado Ranch, Lime Zest

WINGS - 12

Buffalo, Bourbon BBQ, Jamaican Jerk, Maple-Chipotle Dry Rub

NACHOS - 14

House-Fried Chips, Beer Cheese, Chorizo, Pulled Pork, Charred Jalapeños, Citrus Pickled Onions

HERBED FRIES - 11

Basil & Garlic Oil Pesto, Fresh Parsley, Asiago, Red Pepper Flakes, Truffle Ketchup

CHEESESTEAK EGG ROLLS - 12

Sweet Chile Sauce, Horseradish Cream

GREENS + SOUP

SIDE SALAD - 5 | SIDE CAESAR - 5

CHICKEN WING WEDGE - 16

Buffalo Wings, Iceburg Lettuce, Bleu Cheese Crumbles, Bacon, Tomatoes, Peruvian Peppers, Shaved Red Onion, Bleu Cheese Dressing

GRILLED SALMON* - 19

Mixed Greens, Toasted Walnuts, Caramelized Onions, Green Apples, Dried Cranberries & Apricots, Tarragon Mustard Vinaigrette, Toasted Bread

TEX-MEX CHOPPED SALAD - 14

Seasoned Chicken, Mixed Greens, Queso Fresco, Pico de Gallo, Charred Jalapeños, Roasted Corn, Black Beans, Fried Tortilla Strips, Avocado Ranch Dressing

STEAK SALAD* - 18

Seared Filet Tips, Horseradish Ranch, Mixed Greens, Onion Rings, Steakhouse Tomato, Smoked Bleu Cheese, Sweet Onion Jam, Grilled Bread

GREEK SALAD - 15

Chopped Romaine, Tomato, Cucumber, Black Olive, Red Onion, Feta Cheese, Greek Style Pork Meatballs, Creamy Oregano Dressing, Toasted Bread

MEXICAN STREET CORN SOUP - 5

Creamy Corn Broth, Charred Corm, Herbs & Spices, Queso Fresco, Fried Tortilla

PIZZAS | 10" SINGLE SERVING

SAUSAGE, PEPPERONI OR CHEESE - 14

Mozzarella, Roasted Garlic Marinara, Dried Oregano, Red Pepper Flakes

BUFFALO CHICKEN - 14

Ranch, Buffalo Sauce, Bleu Cheese Crumbles, Bacon, Cheddar, Green Onion

CAPRESE - 14

Marinated Tomatoes, Basil Pesto, Mozzarella, Rosemary Balsamic

JERK CHICKEN - 16

Pineapple, Grilled Chicken, Mozzarella, Homemade Jerk Sauce, Cilantro

BLTQ - 15

Crispy Bacon, Romaine, Marinated Tomatoes, White BBQ, Smoked Cheddar, Mozzarella, Marinara

SMOKEHOUSE - 16

Apple Butter BBQ Sauce, Pulled Pork, Bacon, Smoked Cheddar, Red Onion, Green Apple, Cilantro

ENTRÉES

CHORIZO SHRIMP AND GRITS* - 24

Smoked Cheddar Grits, Onions, Chorizo, Tomato Pan Sauce, Roasted Corn, Chimichurri, Brussels Sprouts

PAN SEARED SALMON* - 27

White Bean Purée, Brussels Sprouts, Smokey Bacon, Spicy Saffron Broth

FRIED CHICKEN RAMEN - 25

Aromatic Broth, Baby Bok Choy, Thai Basil, Green Onions, Jalapeños, Mushrooms, Roasted Corn, Sweet Soy

SIRLOIN STEAK* - 29

Matre di Butter, Herb Fries, Truffle Ketchup, Homemade Garlic Aioli

CHICKEN THIGH - 22

Brined & Grilled Chicken Thigh, Bourbon BBQ, Bleu Cheese & Chipotle Mash, Brussels Sprouts, Smokey Bacon

MAC N CHEESE - 20

Cavatappi Pasta, Smoked Cheddar Cheese Sauce, Toasted Bread Crumbs

BURGERS I SERVED WITH FRIES

TAVERN* - 14

Lettuce, Tomato, Onion, Sweet Pickle, Smoked Cheddar, Truffle Mayonnaise, Brioche Bun

MUSHROOM SWISS* - 14

Cremini Mushroom, Sweet Onion Jam, Swiss Cheese, Homemade Garlic Aioli

DIABLO* - 14

Citrus BBQ Sauce, Ghost Pepper Cheese, Onion Rings, BBQ Dry Rub

PATTY MELT* - 15

Caramelized Onions, Smoked French, Smoked Cheddar Cheese, House Baked Dark Rye

J BAR "TRIPPPLE"* - 17

Triple Patty, Secret Sauce, Smoked Bleu Cheese, Red Onion

CHICKEN | SERVED WITH FRIES

FRIED CHICKEN SANDWICH - 15

Deep Fried Chicken Breast, White BBQ, Red Onion, Sweet Pickles, Brioche Bun

BUFFALO CHICKEN WRAP - 14

Grilled Chicken, Buffalo Sauce, Bacon, Green Apple & Bleu Cheese Slaw, Flour Tortilla

GRILLED CHICKEN SANDWICH - 14

Grilled Chicken Breast, Bacon, Cheddar, Lettuce, Tomato, Onion, Pickle, Smoked French Dressing, Brioche Bun

SWEETS

KEY LIME CHEESECAKE - 7

Key Lime Cheesecake, Graham Cracker Crust, Strawberry Reposado Sauce

BLONDIE - 7

Milk Chocolate, Butterscotch, Vanilla Bean Buttercream

KIDS

GRILLED CHEESE - 8 CHEESEBURGER* - 8 CHICKEN TENDERS - 8

MAC N CHEESE - 8



MIXOLOGY CLASSICS

GRANDVIEW MARTINI - 14

Grey Goose, House-made Berry Purée, Lemon Juice, Simple Syrup, Strawberry

THE LOCAL - 14

Hendrick's Gin, Cointreau, Ginger Beer, Lemon Juice, Fresh Thyme, Blueberries

IOWA STATESMAN - 14

Old Elk Bourbon, Demerara Syrup, Plum Bitters, Chocolate Bitters

BLOOD ORANGE GRAPEFRUIT MARGARITA - 14

Casimigos Reposado Tequila, Cointreau Liquor, Grapefruit Juice, Blood Orange Sour, Lime Juice

NEW OLD FASHIONED - 12

Whistle Pig "Piggy Back" Rye Whiskey, J BAR Cherry Cordial, Demerara Syrup, Orange Bitters

SORBET MARTINI - 14

Infused Mixed Berry Vodka, House Made Sour, Lemon Sorbet, Iowa Limoncello

MULBERRY MULE - 12

Revelton Mulberry Gin, Ginger Beer, Lime Juice

RUM BUM - 12

Bumbu Rum, Orange Juice, Coconut Water, Lemon Juice, Salt Rim

ESPRESSO MARTINI - 14

Stoli Vanilla Vodka, Amaro Averna Liqueur, Espresso Syrup, Espresso Beans

DRAFTS

Ask your server about our beers on tap

TALLBOY CANS (16 OZ.)

DOMESTICS - 5.25

Budweiser, Bud light, Miller Lite, Coors light, Busch Light

CORONA - 5.5

MODELO - 5.5

HEINEKEN 0.0 - 5.5

HEINEKEN - 6

MICHELOB ULTRA - 6

GUINNESS - 7

STELLA ARTOIS - 7

VAN GOH I.P.A - 7

Local Brewery

CHERRY BOMB BLONDE - 7

Front Street Brewery

HIGH NOON - 6.5

Grapefruit, Mango, Peach

WHITE CLAW - 5.5

Raspberry, Mango, Black Cherry

RED

BARRICAS Cabernet Sauvignon - Mendoza, Argentina - 11 / 42

Medium body and soft tannins, this red has a round mouthfeel with hints of vanilla and chocolate.

RICH AND SPICY "Bourbon Barrel" Cabernet Sauvignon - California - 12 / 48

Bourbon barrel aging expands the flavor profile of dark cherries, black berries and ripe plums with black velvet chocolate cake and vanilla bean spice.

MCNAB RIDGE Cabernet Sauvignon - Mendocino County, California - 17 / 66

Inviting scents of black cherries, tobacco, and a creamy vanilla with a mouth full of rich fruit and elegant, integrated oak from 10 months of oak aging.

RARE "Platinum" Merlot - North Coast, California - 11 / 45

This full-bodied wine is very ripe-tasting and concentrated with Dried cherry and black plum are accented by cedar and clove.

NAPA by N.A.P.A. Pinot Noir - Napa Valley, California - 13 / 57

Red fruit flavors of raspberry and strawberry with nice richness and balanced acidity.

LOST CHAPTERS Pinot Noir - Napa Valley, California - 13 / 50

Multiple layers of flavor including red fruit notes that grace the palate with broad, well balanced and complex traces of citrus in the back.

FRED'S RED - Mendocino County, California - 11 / 45

A fun red blend from the McNab Ridge Winery of Portuguese grapes married with Zinfandel and Syrah. Deep, juicy flavors of blackberry with great structure.

BIG GUY CELLARS Red Blend - California - 11 / 48

A blend of Cabernet Sauvignon, Zinfandel, Pinot Noir, Petite Sirah and Merlot that is well balanced, with a lovely structure and soft tannins and sweet vanilla oak carry the red fruit

WHITE

IL CUORE Chardonnay - Mendocino County, California - 13 / 49

The cool climate vineyards that produce this white offers fresh apple and pear flavors and a subtle oak finish.

RICH AND CREAMY Chardonnay - North Coast, California - 12 / 48

Bright fruit flavors, creamy vanilla oak accents and the softer, more elegant, soft flavor profiles that come from malolactic fermentation

TOHU Sauvignon Blanc - Marlborough, New Zealand - 14 / 60

This fresh and focused Sauvignon Blanc has flavoirs green apples, lemongrass and passionfruit given focus by some fresh natural acidity.

KONO Sauvignon Blanc - Marlborough, New Zealand - 13 / 57

This classic Marlborough white has intense citrus and gooseberry flavors with a clean, zesty finish.

PASQUA "Black Label" Pinot Grigio delle Venezie -Trentino/Alto Adige, Italy - 11 / 45

Complex, intense, and balanced with striking flavors of white peach with shades of Williams pear and tropical fruit.

TRULLO Riesling - Rheinhessen, Germany - 11 / 42 White blossom and lime zest abound in this zippy, thirst quenching off-dry Riesling.

BUBBLES & BLUSH

SERENA Red Moscato - Piedmont, Italy - 11 / 48Sparkling and bright with sweet summer red fruit flavors.

PASQUA "11 Minutes" Rose - Veneto, Italy - 13 / 68
This dry, elegant Rose is a blend of Corvina with small percentages of Trebbiano, Syrah and Carmenere resulting in a wine that has significant acidy, fruit and spice.

JFJ California Brut Champagne - California - 11 / 33 This dry sparkling has touches of apple and pear with a clean and balanced finish.

JOIOS Brut Cava - Spain - (bottle) 51

This Spanish bubbly undergoes the méthode champenoise which gives it an exquisite, complex palate includes notes of lime and pineapple, with balanced acidity. It is refreshing and smooth on the finish.

BIAGIO Prosecco - Veneto, Italy (187ml - Splits) - 14 Intense pear, peach, and wisteria aromas are mixed with a hint of citrus for a refreshing, bright and balance sparkler.