



BREAKFAST

TOAST TO TOAST

ENTREES

Traditional Breakfast \$12.50 870 cal
Scrambled eggs*, breakfast potatoes, bacon or turkey sausage*, choice of toast

Breakfast Bowl \$12.50 900 cal
Scrambled eggs*, cheddar jack cheese, breakfast potatoes, and choice of bacon or turkey sausage*

Sunrise Sandwich \$11.50 890 cal
Buttermilk biscuit with eggs*, cheddar cheese, bacon or turkey sausage*, choice of breakfast potatoes or fresh fruit cup

Belgian Waffle Plate \$13.50 1510 cal
Belgian waffles topped with powdered sugar; served with scrambled eggs* and choice of bacon or turkey sausage*

Biscuits & Gravy Plate \$14.00 1440 cal
Buttermilk biscuits topped with sausage gravy; served with scrambled eggs*, breakfast potatoes, choice of bacon or turkey sausage*

Egg White Wrap \$13.50 800 cal
Scrambled egg whites*, turkey sausage*, Swiss cheese, roasted mushrooms, peppers, and onions, served with salsa, choice of breakfast potatoes or fresh fruit cup

GREAT ON THE GO

A LA CARTE

Scrambled Eggs* \$4.00 130 cal
Bacon \$4.50 90 cal
Turkey Sausage* \$4.50 90 cal
Breakfast Potatoes \$4.00 240 cal
Wheat or White Toast \$3.50 110-115 cal
Buttermilk Biscuit \$3.50 280 cal
Fresh Fruit Cup \$5.00 100 cal

KIDS EAT FREE**

Includes choice of orange juice or milk. \$6.50

Scrambled Eggs* | 320 cal
Served with bacon

Waffles | 670 cal
With choice of bacon or turkey sausage*

**Available at Holiday Inn® Hotels in the US and Canada. Kids Eat Free is available for kids age 11 and under when ordering in the hotel's restaurant from the Kid's Menu. For registered guests only. Limit 2 kids per adult ordering an entrée from the regular menu. Not available for room service or with room rates negotiated for groups of 10 or more rooms, travel industry rates or employee rates.

BEVERAGES

Milk \$4.00 80-150 cal
Orange Juice \$4.50 110 cal
Apple Juice \$4.50 110 cal

SPECIALTY COFFEES

Drip Coffee \$2.50 100 cal
Cappuccino \$3.50 180 cal
Latte \$3.50 180 cal
Espresso \$2.50 100 cal
Cafe Mocha \$4.50 140 cal

* ASK YOUR SERVER ABOUT MENU ITEMS THAT ARE COOKED TO ORDER OR SERVED RAW
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS *

6:30AM to 10:30AM WEEKDAYS | 7:00AM to 11:00AM WEEKENDS

DINNER

TOAST TO TOAST

SMALL PLATES

Wings \$12.50 1050 cal

BBQ | Spicy Buffalo | Original

6 wings* served with celery, carrots, choice of ranch or blue cheese

Quesadilla \$12.50 770 cal

Grilled chicken*, roasted peppers onions, cheddar jack cheese served with salsa and sour cream

Pepperoni Flatbread \$11.00 750 cal

Oven-baked flatbread with pepperoni, marinara, mozzarella & provolone cheese

Hummus Plate \$10.50 540 cal

Roasted red pepper hummas topped with feta cheese, served on toasted naan, celery, carrots, cucumbers

SIDES

Fries 290 cal

Side Salad 60 cal

KIDS EAT FREE**

Includes choice of milk or soft drink. \$3.00

Grilled Cheese with fruit | 320 cal

Cheese Quesadilla with salsa and fruit | 320 cal

Cheese Flatbread with salsa and fruit | 320 cal

**Available at Holiday Inn® Hotels in the US and Canada. Kids Eat Free is available for kids age 11 and under when ordering in the hotel's restaurant from the Kids Menu. For registered guests only. Limit 2 kids per adult ordering an entrée from the regular menu. Not available for room service or with room rates negotiated for groups of 10 or more rooms, travel industry rates or employee rates.

ENTREES

Sandwiches and wraps served with a pickle spear

Caesar Salad \$12.00 500 cal

Add Chicken* + \$4.50 +130 cal

Romaine, parmesan cheese, croutons, Caesar dressing

Cobb Salad \$14.00 830 cal

Grilled chicken*, bacon, hard-boiled egg*, cucumbers, tomato, feta cheese, spring mix, blue cheese dressing

All-American Burger 1140-1430 cal

Single \$15.50 **Double** \$19.50

1/3 lb. fresh beef patty*, bacon, cheddar cheese, lettuce, tomato, onion, mayonnaise, served on toasted brioche bun, choice of side

Turkey Club \$14.00 900-1190 cal

Oven-roasted turkey, bacon, Swiss cheese, lettuce, tomato, mayonnaise on wheat toast, choice of side

Vegetarian Wrap \$14.50 960-1250 cal

Roasted red pepper hummus, hard-boiled egg*, mushrooms, feta cheese, spring mix, tomato, peppers, onions, choice of side

DESSERTS

Chocolate Lava Cake

Pineapple Upside Down Cake

* ASK YOUR SERVER ABOUT MENU ITEMS THAT ARE COOKED TO ORDER OR SERVED RAW
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS *

5:00PM to 9:00PM SUN-THURS | 5:00PM to 10:00PM FRI-SAT