



## **ENTREES**

Traditional Breakfast \$10.50

870 cal

Scrambled eggs\*, breakfast potatoes, bacon or turkey sausage\*, choice of toast

**Breakfast Bowl \$9.50** 

900 cal

Scrambled eggs\*, cheddar jack cheese, breakfast potatoes, and choice of bacon or turkey sausage\*

Sunrise Sandwich \$9.50

890 cal

Buttermilk biscuit with eggs\*, cheddar cheese, bacon or turkey sausage\*, choice of breakfast potatoes or fresh fruit cup

### Belgian Waffle Plate \$11.50

1510 cal

Belgian waffles topped with powdered sugar; served with scrambled eggs\* and choice of bacon or turkey sausage\*

#### Biscuits & Gravy Plate \$11.50

1440 cal

Buttermilk biscuits topped with sausage gravy; served with scrambled eggs\*, breakfast potatoes, choice of bacon or turkey sausage\*

#### Egg White Wrap \$11.50

800 cal

Scrambled egg whites\*, turkey sausage\*, Swiss cheese, roasted mushrooms, peppers, and onions, served with salsa, choice of breakfast potatoes or fresh fruit cup

# A LA CARTE

Scrambled Eggs\* \$3.00 130 cal **Bacon** \$4.00 90 cal Turkey Sausage\* \$3.00 90 cal **Breakfast Potatoes \$4.00** 240 cal Wheat or White Toast \$2.00 110-115 cal Buttermilk Biscuit \$2.00 280 cal Fresh Fruit Cup \$4.00 100 cal

# KIDS EAT FREE\*\*

Includes choice of orange juice or milk. \$6.00

Scrambled Eggs\* | 320 cal

Served with bacon

Waffles 670 cal

With choice of bacon or turkey sausage\*

\*\*Available at Holiday Inn® Hotels in the US and Canada. Kids Eat Free is available for kids age 11 and under when ordering in the hotel's restaurant from the Kid's Menu. For registered guests only. Limit 2 kids per adult ordering an entrée from the regular menu. Not available for room service or with room rates negotiated for groups of 10 or more rooms, travel industry rates or employee rates.

### BEVERAGES

### SPECIALTY COFFEES

Milk \$2.00 Orange Juice \$2.00 110 cal Cappuccino \$4.00 Apple Juice \$2.00

80-150 cal **Drip Coffee** \$2.00 81-91 cal 110 cal **Latte** \$4.00 141-147 cal Espresso \$3.00 1-86 cal

> Cafe Mocha \$4.00 194 cal

<sup>\*</sup>Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



6:00AM TO 10:00AM 7 DAYS A WEEK